



LIVE WELL
SAN DIEGO

Central Region Community Leadership Team
Education & Economic Development Work Group
Summer Youth Community Workshop Series

Career Readiness Workshops

Mission & Purpose

To empower youth through community partnerships and practical tools in career readiness, wellness, and life skills that support their growth as future leaders.



Saturdays July 11 - August 1, 2026

09:00 AM–1:00 PM

Optional wellness activities 1:00PM-2:00PM



Elementary Institute of Science

**608 51st Street, San
Diego, CA 92114**



Workshop Topics

- Strengths exploration
- Financial Literacy
- Resume Building, Interview Skills, and Soft Skills
- Social media & professional presence
- Health and wellness tools
- Technology

Important Details

- Ages: 16–24
- Registration required
- Assessment (to explore interests and strengths)



Register Today! Scan
the QR Code to Save
Your Spot

