

ENCOURAGE | EMPOWER | ENGAGE

B2M

BOYS TO MEN
MENTORING

JANUARY IS

NATIONAL MENTORING MONTH



**SUPPORT SAN DIEGO'S BOYS ON THEIR
JOURNEY TO BECOMING GOOD MEN!**



**SCAN THE CODE OR EMAIL FOR MORE DETAILS:
MENTOR@BOYSTOMEN.ORG**



+



YOUTH WITH A MENTOR ARE:

92%

**MORE LIKELY TO VOLUNTEER REGULARLY
IN THEIR COMMUNITIES.**

75%

**MORE LIKELY TO HAVE HELD A LEADERSHIP
POSITION IN A CLUB OR SPORTS TEAM.**

22%

**MORE LIKELY TO HAVE EXPERIENCED A STRONG
SENSE OF BELONGING WHILE GROWING UP.**

ADULTS THAT WERE MENTORED AS YOUTH REPORT LASTING EFFECTS:

74%

**SAY THAT THEIR MENTOR CONTRIBUTED
SIGNIFICANTLY TO THEIR SUCCESS LATER IN LIFE.**

69%

**OF YOUNG ADULTS SAY THAT THIS RELATIONSHIP
HELPED THEM WITH ISSUES RELATED TO THEIR
EDUCATION.**

58%

**SAY THEIR MENTOR HAS SUPPORTED THEIR
MENTAL HEALTH.**