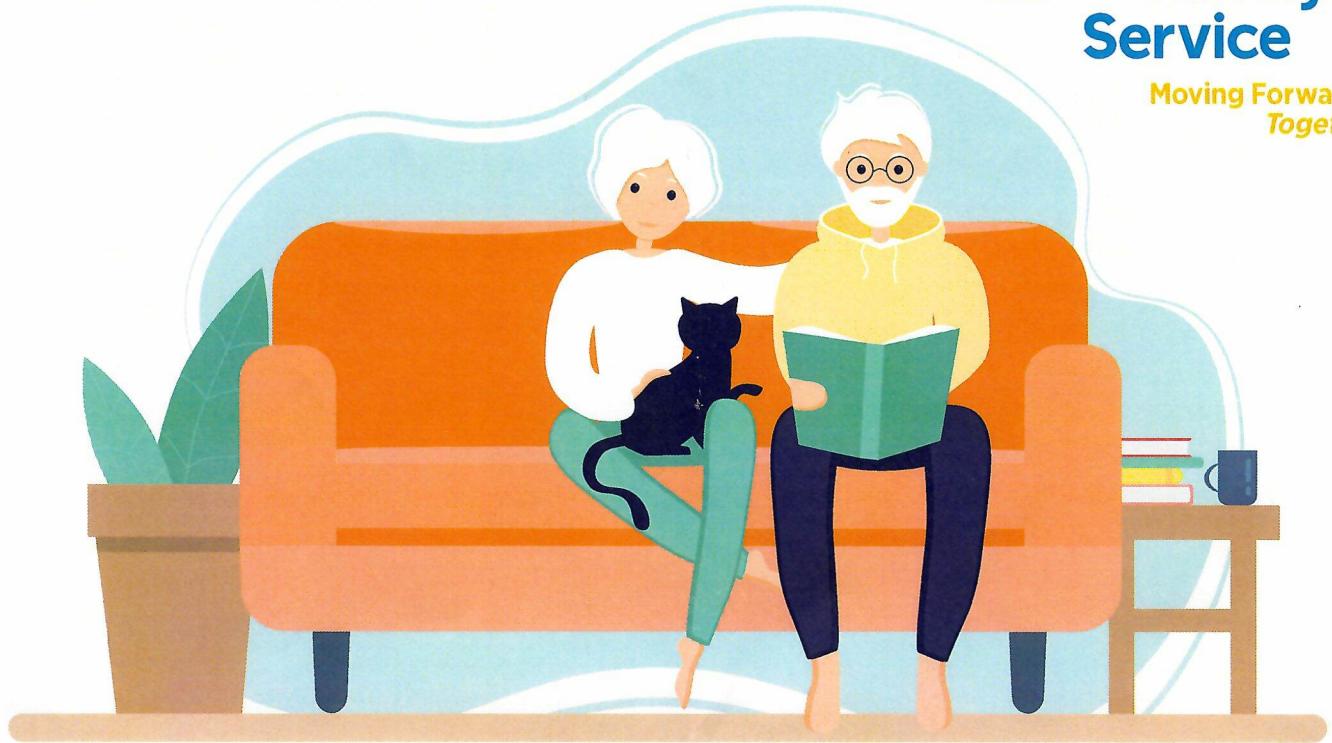


# JFS Fix-It Programs



## Helping You Lead a Safe and Independent Life at Home

According to the Center for Disease Control and Prevention, falls are the leading cause of injury for older adults, and 60% of those falls happen at home. Jewish Family Service is dedicated to keeping older community members safe at home by taking steps to prevent accidents and injury.

**In partnership with Aging and Independent Services and HUD, we offer the following items at no cost for low-income older adults in San Diego**

- Bathroom safety non-install items, such as shower chairs, nightlights, nonslip rugs, and support rails
- Canes and rollators
- Carts for transporting groceries and laundry
- Ramps, handrails, easy to use hardware on doors and cabinets
- Portable heating and cooling units, such as room fans and small heaters
- Improved lighting



**To request a safety assessment and to learn how we can make living at home even safer, call (858) 637-3210.**



**LIVE WELL  
SAN DIEGO**