

K-12 Schools Telebriefing: Q&A Report

August 26, 2025

This report includes questions submitted by telebriefing attendees that were answered during the [K-12 Schools Telebriefing](#) via the Q&A function. **Answers are accurate as of August 26, 2025.** If you have a specific question or need clarification, please email us at LiveWellEducation@sdcounty.ca.gov.

| Topic | Question | Answer |
|--------------------------------------|--|---|
| COVID-19 | What are the requirements for notifying staff about COVID exposure from a student? | There are no longer employee COVID exposure or close contact notification requirements. The Cal/OSHA COVID-19 Non-Emergency Regulation and Prevention Requirements expired in Feb. 2025. |
| Communicable Disease Guidance | Is there a printout of guidelines school health personnel should be using to determine when students with fevers or other symptoms of infection should be required to stay home from school? | When students are ill, school personnel should follow guidance from the California Department of Public Health (CDPH) to support informed and proactive decision-making. Additional resources and guidance can be found here: CDPH School Symptom Guidance |
| Childhood Obesity Initiative | Will Jackie's contact information be shared? | Jackie's contact information is jcresnick@health.ucsd.edu . |
| Childhood Obesity Initiative | Where can all the 5210+ program resources be accessed? | All of the information and resource links shared during the presentation will be included in the follow-up email. All downloadable 5210+ materials are available at sdcoi.org/resources/5210-everyday , with Spanish versions of the one-pagers available by the end of the week. |
| Childhood Obesity Initiative | Is COI currently working with anyone from San Diego Unified School District? | The primary school contacts are Deirdre Kleske with the County and Paige Metz with the San Diego County Office of Education. |
| Nature Unplugged | Are the monthly hikes open to participants of all ages? | Yes, participants of all ages are welcome to join the hikes. We value the intergenerational mix, and while some hikes may be more moderate, most are designed to be accessible and family-friendly. |

