

# Catholic Charities' CalFresh Healthy Living Presents:

## SAVING MONEY AND TIME WITH SHOPPING STRATEGIES



- **Dates:** August 25
- **Time:** 1:30 PM
- **Where:** Molina Healthcare Chula Vista  
689 Palomar St, Chula Vista, CA 91911



Discover easy ways to stretch  
your food budget and boost  
your meals.



**JOIN THE FUN!**



This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.

This institution is an equal opportunity provider and employer.  
Visit [CalFreshHealthyLiving.org](http://CalFreshHealthyLiving.org) for healthy tips.