

JUNE 2025

# Explore our classes, events and more, right in your community

The Humana Neighborhood Center® is a friendly place to connect in person or online through no-cost health and lifestyle classes. Meet new people, learn from our health educators, and take steps toward your healthiest life. Activities may include an agent and/or customer service support (where available).



## IN-PERSON HEALTH CLASSES AND ACTIVITIES

### JUNE 2, 2025

**11:00 a.m. - 1:00 p.m.**  
**BINGO/steps healthy habits**  
JenCare Newburg  
1918 Hikes Lane Louisville KY.  
40218  
RSVP with Donna Brown at 502-536-1479

### JUNE 10, 2025

**2:00 - 3:00 p.m.**  
**BINGO / Stretch your grocery dollar**  
CenterWell Outer Loop  
4521 Outer Loop Louisville, KY.  
40219  
RSVP with Seth Mick 502-918-0088

### JUNE 16, 2025

**11:00 a.m. - 1:00 p.m.**  
**BINGO / Eating out healthy**  
JenCare Newburg  
1918 Hikes Lane Louisville KY.  
40218  
RSVP with Donna Brown at 502-536-1479

### JUNE 23, 2025

**11:00 a.m. - Noon**  
**Healthy habits jumpstart**  
CenterWell Dixie  
4917 Dixie Highway Suite E  
Louisville KY. 40216  
RSVP with Stephanie Bowles at 502-889-1795

### JUNE 3, 2025

**1:00 -2:00 p.m.**  
**Fruit and veggie BINGO**  
Catholic Enrichment Center  
3146 W. Broadway Louisville KY.  
40211  
RSVP with Janice 502-776-0262

### JUNE 11, 2025

**10:00 a.m. - 1:00 p.m.**  
**Senior Expo**  
Holiday Inn East  
1325 S. Hurstbourne Parkway  
Louisville KY. 40222

### JUNE 17, 2025

**1:00 - 2:00 p.m.**  
**Simple steps to prevent falls**  
Catholic Enrichment Center  
3146 W. Broadway Louisville KY.  
40211  
RSVP with Janice 502-776-0262

### JUNE 24, 2025

**Noon - 1:00 p.m.**  
**Boosting your mood with food**  
Wilderness Senior Center  
8111 Blue Lick Rd. Louisville KY.  
40219

### JUNE 4, 2025

**11:00 a.m. - Noon**  
**Eating healthy when eating out**  
CenterWell Clarksville IN.  
1020 Veterans parkway #700  
Clarksville IN. 47129  
RSVP with Steven Condry at 812-226-9466

### JUNE 12, 2025

**11:00 a.m. - 1:00 p.m.**  
**Music in the park**  
ALberto O Jones Park  
744 S. 23rd St. Louisville KY.  
40211

**HUMANA CUSTOMER SERVICE AVAILABLE**  
**Schedule an appointment today at 502-494-5316**

### JUNE 27, 2025

**10:30 - 11:30 a.m.**  
**Jumpstart healthy habits**  
CenterWell West  
2950 W. Market St. Louisville KY.  
40212  
RSVP with Tiffany Ellis at 502-224-3886

### JUNE 6, 2025

**11:00 a.m. - 1:00 p.m.**  
**BINGO/steps healthy habits**  
JenCare Shively  
3939 S. 7th St. Louisville KY.  
40216  
RSVP with Lynn Willing at 502-260-2183

**HUMANA CUSTOMER SERVICE AVAILABLE**  
**Schedule an appointment today at 502-494-5316**

### JUNE 20, 2025

**11:00 a.m. - 1:00 p.m.**  
**BINGO / Eating out healthy**  
JenCare Shively  
3939 S. 7th St. Louisville KY.  
40216  
RSVP with Lynn Willing at 502-260-2183

## ONLINE CLASSES



Scan to register for online classes



Or visit [HumanaNeighborhoodCenter.com](https://HumanaNeighborhoodCenter.com)

### Can't make it in person?

Attend a live online class or explore our on-demand video library at [HumanaNeighborhoodCenter.com](https://HumanaNeighborhoodCenter.com). You can also schedule a one-on-one appointment with a health educator or our Customer Care specialists.



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For accommodations of persons with special needs at meetings, call **502-479-6585 (TTY: 711)**.

## Important ---

### At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion, or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

- The following department has been designated to handle inquiries regarding Humana’s non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**.

### Auxiliary aids and services, free of charge, are available to you. 877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

### This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m., Eastern time.

**Español (Spanish):** Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

**繁體中文 (Chinese):** 本資訊也有其他語言版本可供免費索取。請致電客戶服務部：**877-320-1235 (聽障專線：711)**。辦公時間：東部時間上午 8 時至晚上 8 時。