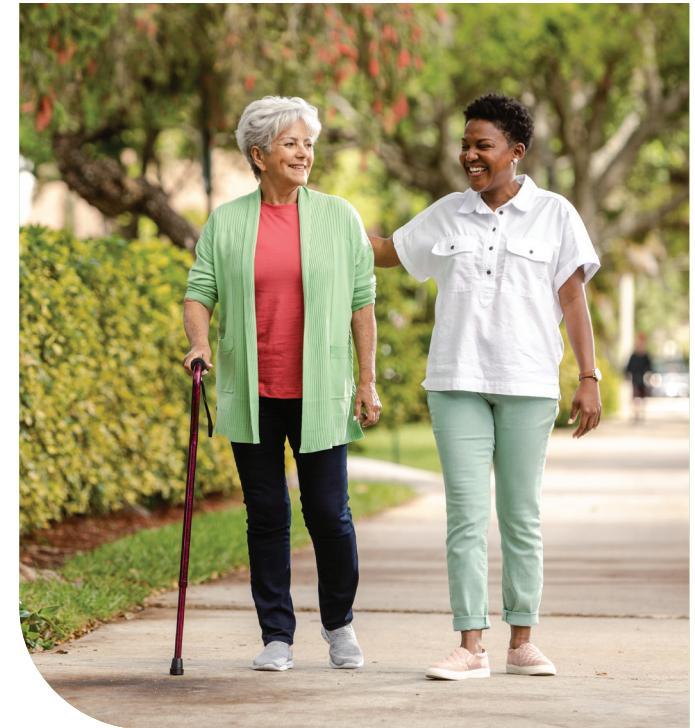


MAY 2025

Explore our classes, events and more, right in your community

The Humana Neighborhood Center® is a friendly place to connect in person or online through no-cost health and lifestyle classes. Meet new people, learn from our health educators, and take steps toward your healthiest life. Activities may include an agent and/or customer service support (where available).



IN-PERSON HEALTH CLASSES AND ACTIVITIES

THURSDAY, MAY 1

2 p.m.

Tips to boost your energy and Bingo
Centerwell Outer Loop
4521 Outer Loop, Louisville, KY
40219
RSVP with Seth Mick 502-918-0088

QUESTIONS ABOUT YOUR HUMANA PLAN?

Call 502-494-5316 to
Schedule a Virtual Appointment!

HAPPY OAKS AND DERBY!

MONDAY, MAY 5

11 a.m. and 1 p.m.
Tips to boost energy and Bingo
Jencare Newburg
1918 Hikes Ln, Louisville, KY
40218
RSVP with Donna Brown 502-536-1479

TUESDAY, MAY 6

11 a.m.
10 tips to boost your energy
Centerwell New Albany
305 New Albany Plaza, New Albany, IN 47150
RSVP with Steven Condy 502-792-6384

TUESDAY, MAY 6

1 p.m.
Fruit and Veggie Bingo
Catholic Enrichment Center
3146 W Broadway, Louisville, KY 40211
RSVP with Janice Mulligan 502-776-0262 or jmulligan@archlou.org

FRIDAY, MAY 9

11 a.m. and 1 p.m.
Tips to boost energy and Bingo
Jencare Valley Station
8019 Dixie Hwy, Louisville, KY 40258
RSVP with Lynn Willing 502-260-2183

MONDAY, MAY 19

11 a.m. and 1 p.m.
Stretch your groceries and Bingo
Jencare Newburg
1918 Hikes Ln, Louisville, KY
40218
RSVP with Donna Brown 502-536-1479

TUESDAY, MAY 20

11 a.m.
Fruit and Veggie Bingo
Centerwell New Albany
305 New Albany Plaza, New Albany, IN 47150
RSVP with Steven Condy 502-792-6384

TUESDAY, MAY 20

1 p.m.
Technology 101
Catholic Enrichment Center
3146 W Broadway, Louisville, KY 40211
RSVP with Janice Mulligan 502-776-0262 or jmulligan@archlou.org

WEDNESDAY, MAY 21

12 p.m.
Tips to boost energy and Bingo
Centerwell West Louisville
2950 W Market St, Louisville, KY 40212
RSVP with Tiffany Ellis 502-224-3886

THURSDAY, MAY 22

11:30 a.m.
Simple steps to prevent falls
Ken Ellis Senior Center
1425 Bates-Bowyer Ave,
Jeffersonville, IN 47130

FRIDAY, MAY 23

11 a.m. and 1 p.m.
Nutrition Class and Bingo
Jencare Shively
3939 7th Street Rd, Louisville, KY 40216
RSVP with Lynn Willing 502-260-2183

HAPPY MEMORIAL DAY!



Scan to register for online classes



Or visit HumanaNeighborhoodCenter.com

Can't make it in person?

Attend a live online class or explore our on-demand video library at HumanaNeighborhoodCenter.com. You can also schedule a one-on-one appointment with a health educator or our Customer Care specialists.

Humana®

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Class times and dates are subject to change.

All product names, logos, brands and trademarks are property of their respective owners, and any use does not imply endorsement.

For accommodations of persons with special needs at meetings, call **502-479-6585 (TTY: 711)**.

Important

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion, or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

- The following department has been designated to handle inquiries regarding Humana's non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**.

Auxiliary aids and services, free of charge, are available to you.

877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m., Eastern time.

Español (Spanish): Llame al número indicado para recibir servicios gratuitos de asistencia lingüística.
877-320-1235 (TTY: 711). Horas de operación: 8 a.m. a 8 p.m. hora del este.

繁體中文 (Chinese): 本資訊也有其他語言版本可供免費索取。請致電客戶服務部：
877-320-1235 (聽障專線: 711)。辦公時間：東部時間上午 8 時至晚上 8 時。