

Cyril Allgeier Community/Athletic Center

Louisville Parks and Recreation Athletics Department

2025	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Winter Schedule	Programming	Programming	Programming	Programming	Programming	Programming
January - March	Hours	Hours	Hours	Hours	Hours	Hours
*Subject to Change	9:00a – 8:00p	9:00a – 8:00p	9:00a – 8:00p	9:00a – 8:00p	9:00a – 6:00p	9:00a – 6:00p
Recreation Supervisor Sam Hennegan samantha.hennegan@louisvilleky.gov	OPEN Beginner Pickleball 9am – 11:30am	Senior Chair Yoga 10am – 11am	OPEN Beginner Pickleball 9am – 11:30am	101 Pickleball League 10am–11:30am (Ends March 21 st)	Pickleball League 8:30am– 12:30pm (Ends March 28 th)	OPEN Beginner Pickleball 9am – 11:30am
Recreation Supervisor J Scruggs jalana.scruggs@louisvilleky.gov	OPEN Intermediate Pickleball 11:30am – 2:00pm	55+ Senior Basketball 11:30am-1:30pm	OPEN Intermediate Pickleball 11:30am – 2:00pm	55+ Senior Basketball 11:30am-1:30pm	OPEN Advanced Pickleball 12:30pm – 2:00pm	Konnected Thru Karate 10am - 12pm OPEN Intermediate
						Pickleball 11:30am – 2:00pm
Recreation Assistant Erin Lang erin.lang@louisvilleky.gov	Open Volleyball 3pm – 5pm	Adult 5 v 5 Basketball 1:30pm–6pm	Open Volleyball 3pm – 5pm	Adult 5 v 5 Basketball 3pm-5:30pm Youth Basketball Games 6pm-8pm	All Ages Basketball 2pm – 6pm	Louisville Visual Arts 12:30pm – 2:30pm
Gym & Multipurpose Room available for rental Rental Rate starting at \$50 per hour	Have an activity you want to host at the Center? Come talk to us!	Konnected Thru Karate 7pm - 8pm	Yoga 6:30pm – 7:30pm	Capoeira 5:30-7pm Konnected Thru Karate 7pm - 8pm		All Ages Basketball 2pm – 6pm

All programs are currently free of charge. A one-time registration is required. League Play requires a fee.



<u>55+ Senior Basketball</u>**+: 55 or older? Come and join us for half court pickup games. Play as little or as much as you'd like!

Adult 5 v 5 Basketball**+: Full court pickup games. Bring your competitive side and leave it on the court. Bring your own ball or check out one of ours.

Advanced Pickleball**+: Very comfortable with your skills in Pickleball? Rate yourself a 4.0 or higher? Come out for a competitive session on one of our courts. Players rotate through to compete against various players. Bring your own paddle and ball.

All Ages Basketball**+: Open for ages 12+. Come work on your skills or bring your friends and play a pickup game.

Beginner Pickleball**+: Still learning the rules of Pickleball? Want to play at a slower pace? Join us for Beginner Pickleball in this self-lead activity. Please bring your own paddle and ball.

<u>Capoeira</u>**+: Capoeira is an Afro-Brazilian Martial Art done to music. Students learn the movements, which are combine elements of dance, gymnastics, and other martial arts. Students learn to play a variety of instruments that accompany movements. Class is taught by Jessa Henry of Volta Ao Mundo.

Intermediate Pickleball**+: Already familiar with the rules of Pickleball? Come out for a semi-competitive session on one of our courts. Players rotate through to compete against various players. Bring your own paddle and ball.

Konnected Thru Karate**+: Join Instructor Terry to be introduced to Karate in a fun way. All participants 5 and older are welcome, adults are encouraged. Prior registration is required for this free program.

<u>Louisville Visual Arts</u>+: This class requires a registration with Louisville Visual Arts. Contact them at 502-584-8166 to see the youth classes they are offering near you.

<u>Open Volleyball</u>**+: Come and work on your skills or get with a few friends and play a pickup match. Ne ts and balls will be provided.

<u>Pickleball Leagues</u>+: Groups for Level 1, Level 2 and Level 3. Requires a registration and there is a fee to participate. Bring your own paddle, balls will be provided. Registration is required PRIOR to league start.

<u>Senior Chair Yoga</u>**+: Join us each Tuesday for a gentle yoga class lead by Melissa.

<u>Yoga</u>**+: Come and relax with us and instructor Melissa. Class requires prior registration. Class is free of charge.

⁺Sign in for each visit

^{**}Programs are free of charge. A one-time registration is required. Visit www.bestparksever.com to register for our programs