

M	T	W	TH	F
<p>Welcome! All activities in our center are FREE! You do not have to be a patient to enjoy, so bring your friends and family with you! Complimentary beverages and snacks are always provided. We can't wait to see you!</p> <p>Free! <i>You're Invited</i> Free!</p>			<p>1</p>  <p>NATIONAL PAIN AWARENESS MONTH SEPTEMBER</p>	
<p>4</p> <p>Labor Day!</p> 	<p>5</p> <p>Tai Chi! 11:00AM-12:00 PM Ancient Chinese tradition based in martial arts to keep you active & healthy!</p> 	<p>6</p>	<p>7</p>	<p>8</p>
<p>11</p>	<p>12</p>	<p>13</p> <p>BINGO</p> <p>Breakfast Bingo! 02:00PM-03:00 PM Sept. is better breakfast month! Win some healthy alternatives to start your day!</p> 	<p>14</p>	<p>15</p>
<p>18</p> 	<p>19</p> <p>Tai Chi! 11:00AM-12:00 PM Ancient Chinese tradition based in martial arts to keep you active & healthy!</p>	<p>20</p>	<p>21</p>	<p>22</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>



For more information or to RSVP, call or text Seth mick at 502-918-0088.

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