

M	T	W	TH	F
<p>Welcome! All activities in our center are FREE! You do not have to be a patient to enjoy, so bring your friends and family with you! Complimentary beverages and snacks are always provided. We can't wait to see you!</p> <p><b>You're Invited</b></p> <p><b>Free!</b> <b>Free!</b></p>				<p><b>1</b></p> <p></p> <p>NATIONAL <b>PAIN</b> AWARENESS MONTH SEPTEMBER</p>
<p><b>4</b> Labor Day!</p> <p></p>	<p><b>5</b> Tai Chi! 11:00AM-12:00 PM Ancient Chinese tradition based in martial arts to keep you active &amp; healthy!</p>	<p><b>6</b></p> <p></p>	<p><b>7</b></p>	<p><b>8</b></p>
<p><b>11</b></p>	<p><b>12</b></p>	<p><b>13</b> </p> <p>Breakfast Bingo! 02:00PM-03:00 PM Sept. is better breakfast month! Win some healthy alternatives to start your day!</p>	<p><b>14</b></p> <p></p>	<p><b>15</b></p>
<p><b>18</b></p> <p></p>	<p><b>19</b> Tai Chi! 11:00AM-12:00 PM Ancient Chinese tradition based in martial arts to keep you active &amp; healthy!</p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b></p>
<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>



For more information or to RSVP, call or text Seth Mick at 502-918-0088.

CenterWell South 2nd

3151 S. 2nd St. | Louisville, KY 40208