

Resource Guide

Updated July 2023

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Advocacy

AARP KY

10401 Linn Station Rd, Suite 121 A national organization with local chapters with various volunteer opportunities.

www.aarp.org/ky

800,295,7275

Advocacy Action Network

Includes the Kentucky Mental Health Coalition, United 874K Coalition and Behavioral Health Technical Advisory Committee

<u>www.advocacyactionnetwork.wildapricot.org</u> 877.894.0222

Alzheimer's Association-Greater KY & Southern IN Chapter

Advocates for people with Alzheimer's and related disorders, caregivers, friends, and families.

www.alz.org/kyin 800.272.3900

The Arc of Kentucky

706 E Main Street, Ste A Frankfort, Ky Provides services and supports that will

promote a life of value for Kentuckians with intellectual and developmental disabilities.

www.arcofky.org

502.875.5225 or 800.281.1272

American Council of the Blind

148 Vernon Ave www.kentucky-acb.org 502.895.4598

Brain Injury Association of Kentuckiana

7321 New LaGrange Rd, Suite 100 BIAK seeks to share its philosophy, experience and skills with survivors, family members, students, caregivers, administrators, health professionals, legislators, the lay community and all those who desire to make a difference in the life of individuals with brain injuries and their families.

www.biak.us 502.493.0609

The Coalition for the Advancement of Regional Transportation

The CART is a community service organization serving Kentucky and Southern Indiana.

www.cartky.org

Center for Accessible Living

501 S. 2nd Street, Suite 200 A disability resource and advocacy organization. Advocates to promote issues, laws, and legislation that assures the community is accessible to all.

www.calky.org 502.598.6620 or 844.689.6620 (VIDEO) 502.413.2689

Coalition for the Homeless

1300 S. 4th St, Suite 250 To advocate for people who are homeless and for the prevention and elimination of homelessness.

www.louhomeless.org 502.636.9550

Commonwealth Council on Developmental Disabilities

656 Chamberlin Ave, Suite C Frankfort, KY To create change through visionary leadership and advocacy so that people have choices and control over their own lives.

www.kentucky.gov 502.564.7841

The Council on Developmental Disabilities

2214 Dundee Rd, Suite A A nonprofit serving the intellectual and developmental disabilities community in the greater Louisville area.

www.the-council.org 502.584.1239

Epilepsy Foundation of Kentuckiana

982 Eastern Parkway

The Epilepsy Foundation of Kentuckiana will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through advocacy, education, services and research. www.efky.org

502.637.4440 or 866.275.1078

Foundation for a Healthy Kentucky

1640 Lyndon Farm Ct, Suite 100 A non-profit, philanthropic organization working to address the unmet health care needs of Kentuckians.

www.healthy-ky.org 502.326.2583 or 877.326.2583

Hearing Loss Association of America

Kentucky Chapter

www.hearinglosskentucky.org

502.233.5774

KY Senior Living Association (KSLA)

133 Evergreen Rd, Suite 212 KSLA is solely dedicated to representing assisted living and other senior housing communities throughout the Commonwealth.

https://kentuckyseniorliving.org/ 502.938.5102

Kentucky Association of Health Care Facilities

9403 Mill Brook Rd
KAHCF /KCAL provides a wide variety of
services to member facilities including
legislative and regulatory activities,
professional development, statewide
recognition programs, publications, media
relations, research, and advocacy relations.
www.kahcfkcal.org

502.425.5000

Kentucky Home Care Association

Providing advocacy, education and leadership for home care providers and those they serve.

www.khca.net

Kentucky Protection & Advocacy

5 Millcreek Park Frankfort, KY

To protect and promote the rights of Kentuckians with disabilities through legally based individual and systemic advocacy, and education.

www.kypa.net

502.564.2967 or 800.372.2988

KIPDA

11520 Commonwealth Drive
Serves as the public advocate for the
development of community based systems
of services, monitors and evaluates
programs, hearings and community actions
which affect older adults and persons with
disabilities; represents the interests of older
adults and persons with disabilities.

www.kipda.org

502.266.5571 or 888.737.3363 TDD 800.648.6056

Kentuckians for Single Payer Healthcare

Coalition of individuals and organizations working to pass universal, single payer health insurance as embodied in the plan of the Physicians for a National Health Program.

www.kyhealthcare.org

Louisville Metro Government Office of Resilience & Community Services

701 W. Ormsby Ave, Suite 201 Provides access to information and resources. Advocates for rights, policies and funding.

www.louisvilleky.gov

Homeless Services Division 502.574.4377

Office for Aging and Disabled Citizens

502.574.5092

Office for Veterans 502.574.5758

Metro Disability Coalition

Independent disability advocacy organization.

Metro Housing Coalition

Advocates for affordable, decent housing policies in the metropolitan region, state and nation.

www.metropolitanhousing.org 502.384.6368

National Alliance on Mental Health (NAMI)

Offers support groups and educational programs for mentally ill citizens and their families.

800.950.6264

www.namilouisville.org

New Directions Housing Corp

1617 Maple Street

Develops and maintains affordable housing and vital communities in partnership with neighborhoods and other stakeholders.

https://www.ndhc.org/ 502.589.2272

Southeast ADA

1525 Bull Lea Rd Lexington, Ky

The Southeast ADA Center is the regional information, guidance, and training center on the Americans with Disabilities Act and associated disability rights laws.

Information specialists answer questions about the ADA and provide referral information via a national toll-free hotline.

www.adasoutheast.org

800.949.4323 or 404.541.9001

Care for Older Adults and Persons with Disabilities

Adult Day Health Centers

Access Care

908 Dupont Road
Access Care is dedicated to elongating and improving the quality of life of our most vulnerable populations. Access Care provides a true alternative to a nursing home and allows families to rest easy

knowing their loved ones are being taken care of with the utmost care.

www.accesscareadhc.com 502.891.0029

Active Day

At Active Day, every day is dedicated to the independence and dignity of seniors and disabled members of all abilities. While members enjoy themselves in our adult day care centers, their families experience a renewed sense of security and fulfillment. www.activeday.com

Hikes Point

3403 Breckenridge Ln, Suite C 502.491.3302

Watterson Park

1920 Goldsmith Lane, Unit 100 502.360.5777

Caring Adult

1015 Dispatchers Way Lagrange, Ky 40031 Our seasoned staff of caring individuals received ongoing specialized training geared to the needs of individuals affected by Alzheimer's and Parkinson's.

www.tccaaky.org 502.222.1349

Cedar Lake

9505 Williamsburg Plaza, Suite 200
The Cedar Lake Enrichment Center provides a person-centered, structured environment for individuals with intellectual and developmental disabilities. CLEC offers a choice of scheduled classes with curriculum designed to enhance the quality of life. Vocational training and community inclusion are offered as well.

www.cedarlake.org 502.495.4946

Fern Creek-Highview United Ministries

9300 Beulah Church Rd
The adult day center balances cognitive
activities with physical activities in a
structured fun-filled day. An optional
breakfast is offered, along with a hot lunch
and an afternoon snack. Activities include
exercise, games, music and other
entertainment, intergenerational activities,
pet visits, and much more.

www.fchum.org 502.762.9612

Harbor House

2231 Lower Hunters Trace

The Adult Day Training services, provide person centered, goal-oriented day services for adults with disabilities. ADT staff encourages each participant to live up to their full potential. The ADT program provides life skills activities such as daily living skills, communication, budgeting, learning to count money, learning to write, learning computer skills, arts & crafts, cooking, gardening, friendship building and much more.

www.hhlou.org

502.719.0072

Heartsong

9260 Stonestreet Rd

A licensed health care program specializing in care for persons with dementia and Alzheimer's. We also offer programs of care for those recently dismissed from a medical facility as well as socialization for the elderly.

www.heartsong-mc.com

502.935.3300

Horizon

960 S. 4th Street

Compassionate, experienced licensed nurses and assistive personnel are on staff. Our goal is keeping families together while ensuring the best possible quality of life for our clients.

www.forhorizon.com

502.815.6465

Kaleidoscope, Inc

10330 Bunsen Way

A fully accredited and licensed facility through the Kentucky Division of Licensing and Regulation for the Cabinet of Health and Human Services.

www.kaleidoscopeservices.org

502,495,1662

Mariposa

1520 Baxter Ave

Our adult day health center is a unique and exciting program that provides life-enhancing services to individuals with intellectual and developmental disabilities. We integrate individual choice and need with supportive-community based opportunities while offering experiences in the creative arts.

www.Princecaregroup.com

503.896.8147

Geriatric Care Managers

Dr. Ed Wunsch

2321 Lime Kiln Lane, Suite A
Services to Kentuckiana's elderly and their
families include the following: Nursing
Home placement, counseling,
Medicare/Medicaid, and Power of Attorney.
www.dredwunsch.com
502.423.0909

ElderCare 4 Families

13806 Lake Point Circle, #200 Geriatric care management services by a licensed social worker or registered nurse. www.eldercare4families.com 502.244.8446

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Jewish Family & Career Services Klein Older Adult Services

2821 Klempner Way www.jfcslouisville.org 502.452.6341

U of L Trager Institute

Flourish Program
The Flourish Program delivers
interdisciplinary patient-centered care
coordination to adults with multiple chronic
conditions living in rural Kentucky. This
program uses health care navigation to link
patients' clinical & behavioral health care
plans with comprehensive community care
plans.

www.optimalagininstitute.org/flourish 502.852.5629

Luken Associates

5110 MacIntosh Ave

Luken Associates was established in 1981. We are an independent, professional, elderly care management consulting firm providing practical and innovative services to families, hospitals, nursing homes, and care facilities.

www.lukenassociates.com 502.222.2065

Senior Helpers

4043 Taylorsville Rd Providing personal and companion care by experienced, insured, and bonded caregivers.

www.seniorhelpers.com 502.208.3023

Home Health, Personal Care and Home Management Agencies: Medical In-Home Care

Affiliated Nursing Service

2932 Breckenridge Ln, Suite 2
Affiliated Nursing Services provides
exceptional care within the home setting,
designed to fit your unique needs or the
needs of your loved one. We provide
assistance with activities of daily living,
personal care and skilled nursing services.
www.affiliatedbaptist.com
502.634.0918

Allways Caring Home Care

806 Stone Creek Pkwy, Suite 9
Personal care and support services.
www.allwayscaring.com
502.871.4901

Amedisys Home Health Services

Provider of home health care and hospice services.

www.amedisys.com

833 Valley College Drive, Suite 5 502.933.1311

9000 Wessex Place, Suite 304 502.429.4550

13101 Magisterial Drive, Suite **101** 502.244.5441

Apria Healthcare

10500 Bluegrass Pkwy
Offering a comprehensive range of home respiratory therapy, diabetic supplies, medications and equipment, home infusion therapy and home medical equipment services.

www.apria.com 502.499.9099

Baptist Health Home Care

6420 Dutchman's Parkway, Suite 360 Experienced nurses, therapists and other health professionals provide the expert, compassionate home care that makes a difference to people who are recovering at home or have a chronic medical condition. Medicare and Medicaid certified in-home healthcare agency.

www.baptisthealth.com 502.454.5656

Caretenders and Almost Family

Medicaid Waiver program, nursing care, therapy, personal care and homemaking. www.lhcgroup.com

4545 Bishop Ln, Suite 200 502.238.5150

972 Stonestreet Rd 502.933.2785

Hosparus, Inc.

3532 Ephraim McDowell Drive A fully accredited non-profit organization, provides care, comfort and counseling for people facing life-limiting illness.

www.hosparushealth.org 800.264.0521

Kentuckiana Nursing Service

5001 Crown Manor Place, Suite 200 Personal Care, companionship, respite care and support for individuals with intellectual and developmental disabilities.

502.540.1482

Kindred @ Home

Staff will help you learn to manage your condition and maintain your independence by surrounding you with the care and support you need to gain the confidence to get back to doing the things you love.

www.kindredathome.com
866.227.3524

Norton Home Health

Home health professionals specially trained to deliver high-quality care that helps patients recover and regain strength, health, and independence. Specialized providers help with recovery or managing chronic conditions so that you can live your best life.

www.nortonhealthcare.com 502.423.4336

Veterans Administration Medical Center

800 Zorn Ave Home and community-based services for veterans.

www.louisville.va.gov 502.287.4000

VNA Health at Home

5111 Commerce Crossing Drive, Suite 110 The VNA Health at Home team provides the care and services you need to recover, all in the comfort of your home.

www.chisaintjosephhealth.org/vnahealthathome 502.584.2456

Home Care, Personal Care and Home Management Agencies:

Non-Medical In-Home Care

Affiliated Nursing Service

2932 Breckenridge Ln, Suite 2
Affiliated Nursing Services provides exceptional care within the home setting, designed to fit your unique needs or the needs of your loved one. We provide assistance with activities of daily living, personal care and skilled nursing services.

www.affiliatedbaptist.com 502.634.0918

All Best In-Home Care

1114 E. 10th Street
Jeffersonville, IN
Professional assistance with activities of daily
living, companionship, mediating depression,
implementing prescribed orders and
treatments, free consultation for senior living
placement, respite care, veterans benefits, and
long-term care financing information.
www.allbesthomecare.com

Assurance Home & Convalescent Care

3004 Taylorsville Rd

502.456.2273

Trained, attentive caregivers who provide support for all activities of daily living including: Bathing, grooming, meal planning, light house keeping, assistance with scheduling and much more.

www.assurancecare.com 502.479.1906

Capacity Care

4033 Taylorsville Rd, Suite 100
As our parents and grandparents age, we want them to remain as independent as possible while also being safe. Capacity Care provides a highly trained, insured staff that offers individualized in-home care to meet each individuals needs while providing their families the peace of mind and comfort they desire for their loved one.

www.capacitycare.com

502.893.8414

Caretenders and Almost Family

Medicaid Waiver program, nursing care, therapy, personal care and homemaking. www.lhcgroup.com

4545 Bishop Ln, Suite 200 502.238.5150

972 Stonestreet Rd 502.933.2785

Center for Accessible Living

Personal Care Attendant Program 501 S 2nd Street, Suite 200 For adults who have at least two nonfunctional limbs and who are capable of managing the program.

www.calky.org 502.589.6620

Comfort Keepers

4113 Oechsli Ave, Suite A
By combining a caring spirit with the
highest standards, we strive to offer an
unsurpassed level of service, value and
quality to our clients and to the Northern
Kentucky community. We are proud to have
established a new standard in the quality of
home care services provided to seniors and
disabled individuals in our community.

www.comfortkeepers.com 502.721.0101

002.721.0101

ElderCare 4 Families

13806 Lake Point Cir #201

ElderCare 4 Families provides dedicated and warm-hearted local in-home care to Southern Indiana and Louisville. Delivering the best elder care Louisville has seen day and night for you and your family. We're proud to offer industry-leading in-home elder care services and around-the-clock inhome elderly care to seniors and those in need. Our services include personal care, companion care, homemaking services, 24 hour care, respite care, Alzheimer's, dementia and memory care, transportation and much more.

www.eldercare4families.com

502.244.8446

Granny Nannies

3044 Breckenridge Lane, Suite 101 Home, Alzheimer's, and stroke recovery care; Accident or surgery recovery, hospice care assistance.

www.grannynannies.com 502.454.9134

Helping Hands

2301 Hurstbourne Village Dr, Suite 100 Homemaking, transportation, and errands. www.home-companions.com 502,426,9783

Home Instead Senior Care

4101 Taylorsville Rd, Suite 200 Provides reliable, compassionate, well trained caregivers to assist with: bathing, dressing, meal preparation, medication reminders, light housekeeping, laundry, and errands. Alzheimer's respite and endof-life care also available.

www.homeinstead.com

502.230.9682

Homewatch CareGivers of Louisville

2001 Stanley Gaulty Pkwy, Ste C Homewatch CareGivers provides in-home care for seniors. Our services include companion care, help with activities of daily living such as toileting and bathing, meal preparation, light housekeeping, and transporation to doctors' appointments and social events. We can also remind our clients to take their medicine and run errands for them if needed. Our caregivers are all dementia trained and vetted. www.homewatchcaregivers.com/louisville

502.244.1212

Jewish Family and Career Services

Senior Concierge HomeCare 2821 Klempner Way

This non-medical service offers personal care and grooming, meal planning and preparation, light housekeeping, laundry, medication reminders, respite, companionship and socialization. A comprehensive assessment is completed and a care plan is established to support safety and comfort in your preferred living situation.

www.jfcslouisville.org 502.452.6341

Kallykare Personal Home Care

101 N. 7th Street

Our in-home care services can provide Louisville, Kentucky seniors with the following services: personal care, light housekeeping, Dementia/Alzheimer's, Respite care, transportation, discharge care, companionship, meal preparation, and more.

www.kallykare.com 502.572.5952

KIPDA

11520 Commonwealth Drive www.kipda.org 502.266.5571 or 888.737.3363 TDD 800.648.6056

Consumer Directed Options

CDO allows eligible Medicaid Waiver members to choose their own providers/staff/employees for non-medical waiver services. Home and Community based waiver (HCB), Supports for Community Living (SCL) or Acquired Brain Injury (ABI) and Michelle P waiver participants are eligible for CDO services.

In-Home Emergency Services

Temporary in-home services to persons 60+ to prevent premature or inevitable nursing home placement. The service is limited and will not extend beyond 8 weeks. Services may include homemaking, personal care, and respite.

In-Home Services

Assists persons 60+ who are either at risk of becoming institutionalized or who are already in a facility but could live at home with assistance.

Services may include home delivered meals, homemaking, personal care, escort and respite. Fees are on a sliding scale.

Personal Care Attendant Program

Attendant services for severely physically disabled persons age 18+. The consumer must be mentally alert with permanent temporary or recurring functional loss of two or more limbs. The consumer has the management responsibility of hiring, supervising, and dismissing attendant.

Maxim Health Care

Home health and companion care. www.maximhealthcare.com 888.917.7962

Right at Home

500 Executive Park
Companion, Personal and Specialty care.
www.rightathome.net
502.897.0580

Senior Helpers

4043 Taylorsville Rd

One on one personal and companion care provided in the home from 1 hour to 24 hours per day. Alzheimer's and dementia care, respite, transportation, food prep and light housekeeping by skilled and screened nurses aides.

www.seniorhelpers.com 502.208.3023

Veterans Administration Medical Center

800 Zorn Ave Home and community based services for veterans.

www.louisville.va.gov 502.287.4000

Visiting Angels

126 S Sherrin Ave

Our comprehensive home care is customized for seniors based on their individual needs and preferences. If you have a loved one who needs personalized in-home care, contact us today to schedule a free consultation.

www.visitingangels.com 502.897.6547

Residential Support

Day Spring

2210 Meadow Dr Staffed residences and family homes, community living supports, respite, personal care, therapy services and case management.

www.dayspringky.org 502,636,5990

Pillar

7408 Hwy 329 Crestwood, Ky Provides Residential supports for Clients on the Medicaid SCL Waiver. We have 17

homes in our residential area. We also offer Behavior Supports, Case Management, and have 3 Adult Day Training Centers.

www.pillarsupport.org

502.657.0103

Caregiver Resources

Alzheimer's Association

Family caregiver dementia training, resources and support groups. www.alz.org/kvin

800.272.3900

Jewish Family & Career Services

2821 Klempner Way Counseling, individual and group training, support groups for caregivers.

www.jfcslouisville.org

502.452.6341

KIPDA

11520 Commonwealth Drive

Provides services to family caregivers such as information, assistance, training, support groups, respite, and supplemental services.

www.kipda.org

502.266.5571 or 888.737.3363

TDD 800.648.6056

Clothing

Baptist Fellowship Center

1351 Catalpa Street Serves residents of Louisville by appointment only. www.bfcenter.org

502.774.2734

Fern Creek Highview United Ministries 9300 Beulah Church Road

Serves residents living in the areas of 40291 and 40228.

www.fchum.org 502.762.9611

Disabled American Veterans Thrift Store

1701 Berry Blvd Small fee charged at all locations. www.davlouisville.com 502.368.6431

Goodwill Industries of KY

Small fee charged at all locations. www.goodwillky.org

Downtown

909 East Broadway 502.584.8821

Jeffersontown

12616 Taylorsville Rd 502.456.4735

Shively

4840 Dixie Hwy 502.448.5010

Northfield

4950 Hwy 42 502.425.1365

Hillview

5117 Antle Drive 502.964.6150

Hurstbourne

133 S. Hurstbourne Pkwy 502.412.9374

Okolona

5601 Outer Loop 502.964.4900

St. Matthews

4224 Shelbyville Rd 502.895.7842

Middletown

100 Huntington Ridge 502.253.9213

Hikes Point

4201 Goodwill Way 502.456.4735

Fern Creek

5230 Bardstown Rd 502.491.9336

Newburg (2nd Chance Outlet)

6210 Preston Hwy 502.434.5100

Immanuel Baptist Church

850 S. 4th Street www.immanuelky.org 502.585.2733

Ministries United of South Central Louisville (MUSCL)

1207 Hart Ave Serves zip codes 40213, 40217, 40219 and 40229. Must call ahead.

www.muscl.org 502.363.9087

Nearly New Shop

Mid-City Mall, Lower Level #24 1250 Bardstown Road Small fee.

www.ncjwlou.org 502.454.6633

The Salvation Army Center of Hope

911 S. Brook Street Call for appointment. www.salvationarmylouisville.org 502.671.4900

Schuhmann Center

730 E Gray Street
Must have ID; providing clothing to homeless or anyone in service area.

www.stmartinoftourslouisville.org
502.589.6696

Shively Area Ministries

4415 Dixie Hwy
Serves residents of Shively.
www.shivelyareaministries.com
502.447.4330

Sister Visitor Center

2235 W Market Serves residents of western Louisville. Call to confirm eligibility.

www.cclou.org 502.776.0155

St. Vincent de Paul Thrift Stores

www.svdplou.org

10280 Shelbyville Road

502.253.2901

248 E Market

502.583.1370

2217 Hikes Lane

502.473.8856

Walnut Street Baptist Church

1143 S. 3rd Street <u>www.walnutstreet.org</u> 502.589.5290

Wayside Christian Mission Bargain Center

9125 Galene Drive <u>www.waysidechristianmission.org</u> 502.297.8784

Shop Well with You

Clothing for Cancer patients. www.shopwellwithyou.org

Specially for You LLC

Adaptive clothing. www.speciallyforyou.net 605.765.9396

Wardrobe Wagon

pecial needs clothing store www.wardrobewagon.com 800.221.8929

Community Ministries

The Association of Community Ministries (ACM) is an umbrella organization bringing 13 Louisville, KY based Community Ministries together to serve residents on a neighborhood level. The ACM network is proud to be a national model providing emergency assistance to neighbors in crisis across the entirety of our community. www.louisvilleministries.org

Central Louisville Community Ministries

809 S 4th Street 502.587.1999

Serving Zip Codes: 40202 and portions of

40203 and 40208

Eastern Area Community Ministries

9104 Westport Road 502.426.2824

Serving Zip Codes: 40027, 40059, 40222, 40223, 40241, 40242, 40243, 40245

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Fern Creek/Highview Ministries

9300 Beulah Church Road 502.762.9608

Serving Zip Codes: 40218, 40228 and

40291

Highlands Community Ministries

1228 E. Breckinridge Street 502.451.3695

Serving Zip Codes: 40204 and 40205

J-Town Area Ministries

10617 Taylorsville Road 502.267.1055

Serving Zip Codes: 40023, 40299 and

portions of 40220

Ministries United South Central Louisville

1207 Hart Ave 502.363.9087

Serving Zip Codes: 40213, 40217 and portions of 40218, 40219 and 40229

Shively Area Ministries

4415 Dixie Highway 502.447.4330

Serving Zip Code: 40216

St. Matthews Area Ministries

201 Biltmore Road 502.893.0205

Serving Zip Codes: 40207 and portions of

40220

Sister Visitor Center (West of 9th St)

2235 W Market 502.776.0155

Serving Zip Codes: 40203 and portions of

40211 and 40212

South Louisville Community Ministries

415 ½ W Ashland Ave 502.367.6445

Serving Zip Codes: 40118 and portions of 40208, 40209, 40214, 40215 and 40219.

Southwest Community Ministries

8504 Terry Road 502.935.0310

Serving Zip Codes: 40177, 40258, 40272

United Crescent Hill Ministries

150 State Street 502.893.0346

Serving Zip Code: 40206

West Louisville Community Ministries

3146 W. Broadway 502.409.7371

Serving Zip Codes: 40210 and portions of

40211

Consumer Protection and Complaints

Consumer Protection

Better Business Bureau

844 S. 4th Street

Issues reports to consumers requesting information on a particular firm. Handles consumer complaints and offers arbitration program to resolve disputes. Provides information on charitable solicitations.

www.bbb.org

502.583.6546 or 800.388.2222

Equal Employment Opportunity Commission

600 Martin Luther King Jr. Place, Suite 268 Handles complaints of employment discrimination that violates Federal Law.

www.eeoc.gov

502.694.3940

Kentucky Board of Embalmers and Funeral Directors

9114 Leesgate Road, Suite 4 Licenses embalmers, funeral directors and funeral establishments. Answers consumer questions and concerns about ethical practices.

www.kentucky.gov

502.426.4589

Kentucky Commission on Human Rights

332 W. Broadway, Suite 1400 Handles complaints of violations of State Civil Rights Legislation in the areas of employment, housing and public accommodations.

www.kentucky.gov

502.595.4024

Kentucky Department of Insurance

500 Mero Street

Frankfort, KY

The Kentucky Department of Insurance regulates the Commonwealth's insurance market, licenses agents and other insurance professionals, monitors the financial condition of companies, educates consumers to make wise choices, and ensures Kentuckians are treated fairly in the marketplace.

www.kentucky.gov

502.564.3630

Kentucky Office of the Attorney General

Consumer Protection Division

1024 Capital Center Drive, Suite 200
Protecting Kentuckians from bad actors in
the marketplace. The Office has the power
to civil investigative demands and civil
subpoenas in order to investigate conduct
alleged to violate Kentucky's consumer
protection laws.

www.kentucky.gov

502.696.5389

Louisville Metro Government Human Relations Commission

745 W Main Street

The Louisville Metro Human Relations Commission seeks to bridge the many ethnic, racial, and religious groups in Louisville Metro through a combination of civil law enforcement and education & outreach.

www.louisvilleky.gov

502.574.3631

National Association for the Advancement of Color People (NAACP)

The mission of the NAACP is to ensure the political, educational, social, and economic equality of rights for all persons and to eliminate racial hatred and racial discrimination.

www.lounaacp.org 502.776.7608

Senior Medicare Patrol

400 E Gray Street
SMP helps Medicare beneficiaries,
their families and caregivers who have
questions about billing issues or believe they
may be a victim of healthcare fraud or
scams. SMP empowers and assists Medicare
beneficiaries, their families, and caregivers to
prevent, detect, and report health care fraud,
errors, and abuse through outreach,
counseling, and education.

www.louisvilleky.gov 502.574.6960

US Department of Housing and Urban Development (HUD)

Gene Snyder Courthouse 601 W. Broadway, 1st Floor Handles complaints of housing discrimination that violates federal law. www.hud.gov

502.582.5251

Legal Services

Jefferson County Attorney

600 W. Jefferson Street, 2nd Floor Provides advocacy to crime victims. www.louisvilleky.gov 502.574.6336

Legal Aid Society

416 W. Muhammad Ali Blvd, Suite 300 Assists low-income persons with civil matters.

www.laslou.org 502.584.1254

Louisville Bar Association

600 W. Main Street, Suite 110 www.loubar.org 502.583.5314

Call-A-Lawyer

Talk directly with a volunteer attorney who will provide information based on a brief description of legal issues, including suggestions of where you may go for legal assistance. Held the third Tuesday of each month 6-8pm.

502.583.1801

Neighborhood Problem

MetroCall 311

To report unsafe conditions in the Louisville Metro and Jefferson County area, such as unsafe housing, trash, sewage problems, traffic control signals and other safety hazards.

311 or 502.574.5000

Metro Council

601 W. Jefferson Street www.louisvilleky.gov 502.574.1100

Nursing Home Complaints and Problem Resolution

KIPDA Region -Long Term Care Ombudsman

Catholic Charities 2911 S. 4th Street

Investigates complaints and helps nursing home residents resolve problems. Operates certified volunteer program in area nursing homes to promote quality care for all residents.

www.cclou.org/long-term-careombudsman 502.637.9786

Kentucky Long Term Care Ombudsman

Cabinet for Health and Family Services 3138 Custer Drive, Suite 110 Advocates for residents of nursing homes, personal care homes and family care homes. Ombudsman work to resolve problems of individual residents and to bring about improvements in care through changes at the local, state and national levels.

www.kentucky.gov 859.277.9215

Counseling and Mental Health Services

Call/text <u>988</u> or chat <u>988lifeline.org</u> for yourself or if you are worried about a loved one who may need crisis support.

Baptist Health Louisville Behavioral Health

4000 Kresge Way

At Baptist Health Louisville, we understand the difficulty of living with a behavioral health condition. Even simple tasks can feel like significant challenges. That's why we offer a comprehensive program of treatment options for persons with behavioral health issues, including depression, anxiety, schizophrenia, bipolar disorders, and substance use disorder.

www.baptisthealth.com 502.896.715

Bridgehaven Inc

950 S. 1st Street

Psychosocial rehabilitation services for adults with mental illness with impaired ability to work and/or manage daily activities.

www.bridgehaven.org 502.585.9444

The Center for Women and Families

927 S. 2nd Street

Empowers domestic and sexual violence victims to establish violence-free lives via supportive services including crisis intervention, emergency shelter, counseling and therapy.

www.thecenteronline.org

844.237.2331

Center for Behavioral Health @ Spalding

851 S. 4th Street

a trainee-led community mental health clinic. Clinicians are comprised of clinical psychology doctoral students who receive supervision from licensed clinical psychologists. Mental health services are provided to clients across all ages, backgrounds, and gender with a focus on the clients needs and presenting issues. Services are provided through therapy in person and/or virtually. Services are also provided on a sliding scale fee based on the clients income and resources. www.behavioralhealth.spalding.edu

Jewish Family & Career Services

2821 Klempner Way

502,792,7011

Individual, relationship, family and group counseling. Crisis intervention. Sliding scale and KIPDA funding available.

www.jfcslouisville.org 502.452.6341

Kentucky Counseling Center

1169 Eastern Parkway, Unit 3328
Kentucky Counseling Center is one of the largest Mental Health Private Practices in the state, with nearly 100+ mental health professionals providing telehealth and office-based services with little to no waitlists. We offer outpatient therapy, psychiatry, and case management to clients ages 5 and up. We accept Medicaid, Medicare, and more than 40 commercial insurance plans.

<u>www.kentuckycounselingcenter.com</u> 855.591.0092

Ministries United of South Central Louisville (MUSCL)

1207 Hart Ave

Counseling and services for persons age 60 and over. Serving zip codes 40213, 40217, 40219, 40229

www.muscl.org

502.363.9087

Seven Counties Services

Adult, developmental disabilities, prevention and addiction services. www.sevencounties.org

502.589.8600

24/7 Adult Crisis Line 502.589.4313 **First Appointment Line**

502.589.1100

University of Louisville Peace Hospital

2020 Newburg Road
Inpatient and outpatient services. 24-hour assessment and referral line.

www.uoflhealthnetwork.org 502.451.3333

Veterans Administration Medical Center

800 Zorn Ave

If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care.

www.louisville.va.gov 502.287.4000

Wellspring

225 Breckenridge Street Rehabilitation and support services for person with severe mental illness.

www.wellspringky.org

502.637.4361

Drug and Alcohol Dependency Treatment

Above & Beyond Counseling Services

5330 S. 3rd Street, Suite 234 Outpatient counseling center for substance abuse.

http://www.aboveandbeyondcounselingservice.com/502.896.8006

Center for Behavioral Health

1402 Browns Ln, Suite A
Our outpatient facility offers comprehensive substance abuse treatment programs to assist people addicted to opiates such as OxyContin, Lortab, Vicodin, Oxycodone, Hydrocodone and Heroin through MMT, OBOT, and Vivitrol. We offer assessments and addiction counseling. Walk-in's welcome Monday through Friday. Accepted insurances include KY Medicaid, Medicare, VA Benefits, Aetna, Anthem, and UHC.

www.bhgrecovery.com 502.894.0234

COPES-Council on Prevention and Education: Substances

845 Barret Ave Alcohol and drug prevention training, referrals for alcohol and drug abuse treatment.

www.copes.org 502.583.6820

The Healing Place

The Healing Place truly is where hope is found. Every day, we provide food, shelter, clothing, and our nationally-recognized recovery program to nearly 1,000 men and women at no cost to the client. All a person has to have is a desire to get sober. We want there to be no barriers to recovery. www.thehealingplace.org

Men's and Women's Campus 502.585.4848

Outpatient Services 502.357.1972

The Morton Center

1028 Barret Ave
Outpatient treatment for substance abuse.
Family involvement and support.
www.themortoncenter.org
502.451.1221

Seven Counties Services

Substance Use Disorders are a chronic illness that can destroy families, end careers and ultimately, ruin lives. The Seven Counties Services Addiction Recovery Center is an 80-bed inpatient and outpatient facility for adults specializing in the effective treatment of substance use disorders.

www.sevencounties.org 502.589.8600

24/7 Addiction Help

502.583.3951

Talbot House

520 W. Saint Catherine Street Short-term detox and treatment for addicted men.

www.talbothouselouisville.org 502.587.0669

Hospital Inpatient and Outpatient Treatment: Mental Health and Dependency

Baptist Health Louisville Behavioral Health

4000 Kresge Way

At Baptist Health Louisville, we understand the difficulty of living with a behavioral health condition. Even simple tasks can feel like significant challenges. That's why we offer a comprehensive program of treatment options for persons with behavioral health issues, including depression, anxiety, schizophrenia, bipolar disorders, and substance use disorder.

www.baptisthealth.com 502.896.7105

Complete Neuropsychology Services

845 South Third Street
The CNS at Spalding University is the premier site for neuropsychological testing conveniently located in downtown Louisville. Here we conduct neuropsychological evaluations for clients with concerns for cognitive, emotional, and behavioral changes that are due to neurological causes. Additionally, the CNS provides supervised training for doctoral level clinical psychology students. Here you will find compassionate clinicians from a wide range of backgrounds who will listen to you and your concerns. www.behavioralhealth.spalding.edu/cns

Norton Behavioral Health NLPCC

720 West Hill Street www.nortonhealthcare.com 502.636.3164

502.873.4191

University of Louisville Peace Hospital

2020 Newburg Road Inpatient and outpatient services. 24-hour assessment and referral line.

www.uoflhealthnetwork.org 502.451.3333

The Brook Hospital

Since 1985, The Brook Hospitals have been providing quality mental health and addiction treatment services. The Brook Hospitals have two outstanding facilities located in Louisville, Kentucky.

www.thebrookhospitals.com

KMI

8521 LaGrange Road 502.426.6380

Dupont

1405 Browns Lane 502.896.0495

University of Louisville Psychiatry and Depression Center

401 E Chestnut Street, suite 610 www.uoflphysicians.com 502.588.4450

Veterans Administration Medical Center

800 Zorn Ave

If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care.

www.louisville.va.gov 502.287.4000

Crime and Personal Safety

Crime, personal safety, and Victim Assistance

Adult Protective Services Cabinet for Health and Family Services

908 W. Broadway, 6W

Investigates allegations of abuse, neglect or exploitation of persons age 18 & over. Provides case management services. Works with law enforcement agencies to protect abused, neglected or exploited adults.

www.kentucky.gov

502.595.4803 or 877.597.2331 (reporting)

Alzheimer's Association 24/7 Wandering Support

The Alzheimer's Association, in collaboration with MedicAlert® Foundation, provides membership plans with 24/7 Wandering Support.

www.alz.org 800.272.3900

The Center for Women and Families

927 S. 2nd Street

Empowers domestic and sexual violence victims to establish violence-free lives via supportive services including crisis intervention, emergency shelter, counseling and therapy.

www.thecenteronline.org 502.581.7222

Crime Victim Services

JFCS-Klein Older Adults Program
Help for adults 60 and older in Jefferson
County who have experienced crimes like:
financial exploitation, abuse, domestic
violence, sexual abuse, robbery, burglary,
or caregiver neglect. The program supports
older adults as they recover from crime
by ensuring access to the criminal justice
system, legal advocacy, and education.

www.jfcslouisville.org 502.452.6341

Jefferson County Attorney
600 W Jefferson Street 2nd F

600 W. Jefferson Street, 2nd Floor Provides advocacy to crime victims. Prosecutes all crimes at the misdemeanor level.

www.louisvilleky.gov 502.574.6336

Louisville Metro Police Department

633 W Jefferson Street www.louisville-police.org 502.574.7060

Downtown Area Patrol

224 S. 2nd Street 502.574.3370

First Division

416 N 29th Street 502.574.7167

Second Division

3419 Bohne Ave 502.574.2478

Third Division

7219 Dixie Hwy 502.574.2135

Fourth Division

1340 S. 4th Street 502.574.7010

Fifth Division

2301 Douglass Blvd 502.574.7636

Louisville Metro Police Department

Continued...

Sixth Division

5600 Shepherdsville Rd 502.574.2187

Seventh Division

7201 Outer Loop 502.574.2133

Eighth Division

2927 Goose Creek Rd 502.574.2258

Louisville Metro Police Department Victim Services Unit

The VSU supports crime victims and witnesses by helping them to navigate the criminal justice system and by responding to their emotional, physical, and financial needs.

502.574.8788

Office of the Attorney General Office of Senior Protection

1024 Capital Center Drive, Suite 200 Frankfort, KY

The Office of Senior Protection was established to protect senior citizens. The office is responsible for administering and offering a variety of services and training to equip senior Kentuckians, and collaborating senior stakeholders in protecting seniors against fraud, scams and financial exploitation.

www.kentucky.gov 502.696.5300

Office of the Attorney General Office of Victims Advocacy

1024 Capital Center Drive, Suite 200 Frankfort, KY 40601

The Office of Victims Advocacy (OVA) was formally established in 1985 to provide enhanced assistance to crime victims. OVA staff represent the Attorney General's Office throughout the state, providing a direct conduit with local victim service organizations to promote awareness of victims' rights.

www.kentucky.gov 502.573.1009

Office of the Commonwealth's Attorney 30th Judicial Circuit

514 W. Liberty Street Provides information and support services at the circuit court level to victims of felony crimes.

www.louisvilleprosecutor.com 502.595.2300

Emergency and Transitional Shelter

Reserve a bed/Single Point of Entry # 502.637.2337

American Red Cross

510 E. Chestnut Street Provides shelter to victims of disaster or fire.

www.redcross.org 502.589.4450

The Center for Women and Families

927 S. 2nd Street

Empowers domestic and sexual violence victims to establish violence-free lives via supportive services including crisis intervention, emergency shelter, counseling and therapy.

www.thecenteronline.org 844.237.2331

Choices, Inc

419 S. Shelby Street

The head of household must be homeless, and someone in the household must be suffering from a mental or physical disability. Residents receive case management, other supportive services, and life skills programming, which help them to succeed in housing and make healthy life choices.

www.choiceshome.org 502.585.3780

The Healing Place

The Healing Place truly is where hope is found. Every day, we provide food, shelter, clothing, and our nationally-recognized recovery program to nearly 1,000 men and women at no cost to the client. All a person has to have is a desire to get sober. We want there to be no barriers to recovery. www.thehealingplace.org

Men's and Women's Campus 502.585.4848

Outpatient Services 502.357.1972

House of Ruth

607 E. St. Catherine Residential program for up to 10 homeless persons affected by HIV/AIDS. Case management, drug counseling and advocacy.

https://houseofruth.net/ 502.587.5080

Jefferson Street Baptist Community at Liberty

800 E. Liberty Street
Day shelter for the homeless that provides coffee, phones, medical, clothing and shelter referrals. Provide a warm and safe place for anyone to be from 7-10am every weekday.

www.jeffstbaptist.weebly.com 502.585.3737

Rhonda's Another Chance

710 S. 31st Street

Our mission is to guide women toward permanent lifestyle changes and self dependency. We aim to lend a hand to any woman who requests our assistance. We provide a short-term (6 months to a year) transitional home for homeless women. We generously offer our service of love, time and talent. We develop programs tailored to work one-on-one with each resident. Women can develop life skills, build their self-esteem and self worth, all while learning to build healthy relationships. www.rhondasanotherchance.org 502.776.8830

Salvation Army The Center of Hope

911 S. Brook Street

The Center of Hope provides homeless people and poverty-stricken families with a safe, secure alternative to living in the streets or parks, and to help these men and women develop and implement realistic goal plans that lead toward employment, housing, and self-sufficiency. We provide a healthy, substance-free environment that promotes healing and growth.

www.salvationarmylouisville.org 502.671.4900

Society of St. Vincent de Paul

1015 Preston Street

Programs offering emergency shelter to permanent housing for approximately 300 homeless or formerly homeless individuals. The downtown Louisville campus also operates the Open Hand Kitchen which serves two meals a day to guests and residents.

www.svdplou.org 502.584.2480

Volunteers of America Mid-States

570 S. 4th Street, Suite 100
Family Housing Services provides shelter, individualized care and goal-setting for families experiencing homelessness. Theirs is an accredited, comprehensive program with a commitment to serving the whole family in one location. Building on their individual needs and strengths, the staff of professional case workers help clients to develop a specific plan with short-term and long-term goals for ending homelessness and returning to self-sufficiency.

www.voamid.org 502.636.9550

Wayside Christian Mission

432 E. Jefferson Street
Programs and facilities include: emergency
shelter, day shelter, permanent supportive
housing, family emergency shelter,
transitional shelter and more.
www.waysidechristianmission.org

Wellspring

502.584.3711

225 Breckenridge Street Offer permanent supportive housing, transitional housing, and psychiatric crisis stabilization services.

www.wellspringky.org 502.637.4361

YMCA of Greater Louisville Chestnut Street Branch

930 W. Chestnut St. Long term shelter for men age 18 & over. Sliding scale fees.

www.ymcalouisville.org/chestnut/
502.587.7405

Guardianship

In Kentucky, guardianship is a legal relationship between a court appointed adult who assumed the role of guardian for a ward. A ward is a person who has been declared "legally disabled" by the court and is unable to care for personal needs and/or unable to manage his/her financial needs.

Department of Aging and Independent Living Division of Adult Guardianship

Metro Section 1 908 W. Broadway, Suite 4W www.kentucky.gov 502.595.4052 Ext 5327

Jefferson County Attorney's Office Mental Inquest and Disability Division

Hall of Justice File for Guardianship www.louisvilleky.gov 502.574.6333

Before starting the Petition process for Guardianship, it is first important to consider these other options:

Power of Attorney

A competent individual may sign a document called a Power of Attorney. This allows another adult to handle their financial affairs while still maintaining personal rights. This may be done through a private attorney and does not require court involvement.

Health Care Surrogate

The law also allows an adult to designate another adult to make medical decisions for him or her. This is similar to a Power of Attorney but focuses on medical issues versus financial affairs.

Representative Payee

A representative of a consenting adult may become payee of government benefits like Social Security Income and Veterans' benefits. This person then is able to manage these funds on behalf of the individual. Payees are established through the specific agencies and not through the court system.

Curator

An aged or infirmed person may request a curator through the Probate court. The curator, appointed by the court, is responsible for managing the individual's monies. The Curator must be insured or bonded and is accountable to the Probate court

Driving Assessment

Norton Neurosciences & Spine Rehabilitation Center

Norton Healthcare Pavilion, Suite 90 315 E Broadway

The Norton Hospital Driving Assessment Program is a service of Norton Neurosciences & Spine Rehabilitation Center. The program is for individuals affected by neurological, orthopedic or developmental conditions, and those who have experienced age-related changes in function. Our goals are to evaluate and help restore driving ability so you can return to safe, independent driving.

The program provides driving evaluations and training for:

- Aging drivers, including those with early-onset Alzheimer's disease, Parkinson's disease or dementia
- Drivers with disabilities, including physical or visual impairments from brain or spinal cord injury, stroke, multiple sclerosis and other medical conditions

The driving assessment program is not covered by health insurance at this time. There is a charge for services. Contact our office to discuss pricing.

www.nortonhealthcare.com

502.629.2501

Educational Opportunities

Adult and Continuing Education Programs

American Red Cross

510 E. Chestnut Street First aid, safety and health.

www.redcross.org 502.589.4450

Jefferson County Public Schools

VanHoose Education Center 3332 Newburg Road Vocational, adult & continuing education, GED classes.

www.jefferson.kyschools.us/adult-students 502.313.4357

KIPDA

Family Caregiver Support Program

11520 Commonwealth Drive Vouchers for supplies and respite care, education conferences, community resources, training, support groups and information.

www.kipda.org 502.266.5571 or 888.737.3363 TDD 800.648.6056

UK College of Agriculture, Food and Environment

Jefferson County Cooperative Extension

4200 Gardiner View Avenue, Suite 101 Kentucky's two land-grant universities, the <u>University of Kentucky</u> and <u>Kentucky</u> State University, serve as partners in conducting educational programs through Cooperative Extension. The program delivery process involves Extension faculty, county agents, advisory council members, volunteer leaders and the general public. https://jefferson.ca.uky.edu/

502.569.2344

The Salvation Army **Culinary Arts Training Program**

911 S. Brook Street

The program is designed to provide an accessible, practical and cost-free training opportunity for homeless and low-income men and women who have a passion for cooking. Students are provided 10 weeks of classroom and hands-on kitchen training that leads to living wage employment opportunities and a life of dignity, purpose and self-sufficiency. At the end of the course instruction, students are given an opportunity to apply for an internship in a local restaurant as well as apply for a culinary scholarship offered by Sullivan University.

www.salvationarmylouisville.org 502.671.4900

Books and Library Services

Louisville Free Public Library

www.lfpl.org

Services:

Printed materials, DVDs, Music, audio books, reference services, bookmobile, book discussion kits, computer classes, speakers/presentations, books to you and more.

Locations:

Main Library

301 York Street 502.574.1781

Bon Air

2816 Del Rio Pl. 502.574.1795

Crescent Hill

2762 Frankfort Ave. 502.574.1793

Fairdale

10620 W. Manslick Road 502.375.2051

Highlands-Shelby Park

1250 Bardstown Road #4 502.574.1672

Iroquois

601 W. Woodlawn Ave 502.574.1720

Jeffersontown

10635 Watterson Trail 502.267.5713

Middletown

12556 Shelbyville Road 502.245.7332

Newburg

4800 Exeter Ave 502.479.6160

Northeast Regional

15 Bellevoir Circle 502.394.0379

Portland

3305 Northwestern Pkwy 502.574.1744

St. Matthews

3940 Grandview Ave 502.574.1771

Shawnee

3912 West Broadway 502.574.1722

Shively

3920 Dixie Hwy 502.574.1730

South Central Regional

7300 Jefferson Blvd 502.964.3515

Southwest Regional

9725 Dixie Hwy 502.933.0029

Western

604 South Tenth street 502.574.1779

Emergency Services

Emergency Financial Assistance

American Red Cross

510 E. Chestnut Street Disaster assistance; assistance to Military families.

www.redcross.org 502.589.4450

Community Ministries

The Association of Community Ministries (ACM) is an umbrella organization bringing 13 Louisville, Kentucky-based Community Ministries together to serve residents on a neighborhood level. The ACM network is proud to be a national model providing emergency assistance to neighbors in crisis across the entirety of our community. If you need assistance, please contact the Community Ministry that serves your area.

See Pgs 16-17 for the ACM directory

Louisville Metro Government Office of Resilience & Community Services

Low-Income Home Energy Assistance Program

LIHEAP is a federally funded program to assist low-income households by offering seasonal financial assistance to prevent disconnection of utility service. Crisis assistance is available until funds run out for people facing disconnection of utilities; copayment may be required for those who apply.

www.louisvilleky.gov

502.589.1444

See pg 45 for a list of locations

Louisville Water Company

www.louisvillewater.com 502.583.6610

Drops of Kindness

Whether you're a resident or business owner, Drops of KindnessSM offers a customized approach to manage through these difficult times and reduce future financial obligations.

Senior Citizen Discount

Senior citizens who are age 65 or older and have a gross annual household income of \$35,000 or less may request an application for a 30 percent discount on MSD wastewater charges and the consent decree surcharge.

The Salvation Army

911 S. Brook Street

The Salvation Army provides support for households who find themselves in a crisis that requires financial help and case management to overcome. The short-term goal of the program is to alleviate a household's crisis threatening their housing stability. The long-term goal is to guide households on a path to stable housing and reduce the likelihood of homelessness.

www.salvationarmylouisville.org

502.671.4904

Emergency Food

Cathedral of the Assumption

443 S. 5th Street Serves lunch at 12:15, 7 days a week. <u>www.cathedraloftheassumption.org</u> 502.582.2971

Dare to Care Food Bank Main Office

5803 Fern Valley Road Distributes food to neighborhood distribution centers located throughout the Metro area. 4-7 day food boxes are distributed based on need.

www.daretocare.org 502.966.3821

The Lord's Kitchen

2732 S. 5th Street Food Boxes 1 x per month serving zip codes 40210,40211 and 40216. Daily lunch served.

www.thelordskitchen.com 502.413.0198

The Salvation Army

Center of Hope 911 S. Brook Street Hot meals and food boxes. www.salvationarmylouisville.org 502.671.4900

Wayside Christian Mission

The mobile feeding van can be found serving breakfast outside St. John Day Center each morning from 7:00 - 8:00 AM. Folks can get lunch at the mobile feeding van outside Jefferson Street Baptist Community at Liberty from 11:30 AM until Noon, and also outside St. John Day Center from 12:15 PM to 1 PM. Supper is served from the mobile feeding van outside Jefferson Street Baptist Community at Liberty from 4:30 - 5:30 PM.

www.waysidechristianmission.org

Emergency Home Repairs and Weatherization

Louisville Metro Government Home Repair Program

The Home Repair Programs are committed to providing repairs to help stabilize the home for low- to moderate-income individuals who own and are currently living in single-family homes. These programs are funded by a U. S. Department of Housing and Urban Development (HUD) grant. Funding varies, check website for availability.

www.louisvilleky.gov 502.574.5850

New Directions Housing Corporation Repair Affair

Repair Affair makes critical improvements to homes of the elderly or disabled, allowing them to stay in their homes longer. Repair Affair provides free home repair for homeowners 60 and over or with a verified disability who own and live in their home, and make less than 50% of the Area Median Income.

www.ndhc.org 502.371.4906

Project Warm

800 S. Preston Street

Provide energy conservation services and education to promote energy-saving practices in the community. Project Warm delivers free services to low-income households, seniors, and the disabled living in Jefferson county.

www.projectwarm.org 502.636.9276

WeCare (Weatherization, Conservation Advice and Recycling Energy) LG&E-KU Customers

A voluntary program designed to create savings through weatherization and energy education to help income-eligible customers in need. The WeCare Program helps provide a more efficient, safe and comfortable home.

www.lge-ku.com/wecare 800.356.5467

Emergency Security Response Services

ADT Medical Alert System

Get protection while you're at home, or wherever you go. Add features to your medical alert system like Fall Detection*, which can get you help even if you can't push the button. Fees range from \$30-40 per month.

www.adt.com/health 800.453.4108

Guardian Medical Monitoring

Whether you are looking to extend your independence, protect a loved one or provide continued care for a patient, Guardian Medical Monitoring is here to help. From Personal Emergency Response Systems (PERS) that summon emergency help in an instant to smart RX dispensers that help manage medication, Guardian's professionally trained experts have the perfect plan for every senior to feel safe and supported 24/7.

www.guardianmedicalmonitoring.com 888.349.2400

Employment Services

Center for Accessible Living Work Incentives Planning and Assistance

501 S. 2nd Street

This program helps SSI and SSDI disability beneficiaries, ages 14 through full retirement age, to understand their work options so that they may make more informed choices about going to work. The program provides information about federal, state and local work incentive and related programs.

Coalition for Workforce Diversity

8412 Westport Road

Helps supply local businesses with the help they need, while helping individuals with disabilities lead more productive and fulfilling lives.

www.coalitionfwd.com 502.955.7271

Harbor House Supported Employment

2231 Lower Hunters Trace
Employment Coordinators work with the
Kentucky Department of Vocational
Rehabilitation to help candidates find jobs in
the community based on their skills and
interests. Harbor House also provides onthe-job training and educational services to
help participants further their skills for the
work force.

www.hhlou.org 502.719.0072

Kelly Services

8104 National Turnpike, Unit 103 Places persons age 55 and older in jobs at all skill levels.

www.kellyservices.com 502.966.2303

Kentuckiana Works

The regions workforce development board. That means we help job seekers in Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, and Trimble counties find jobs, education and training and we connect employers with skilled, qualified workers. www.kentuckianaworks.org
502.388.3010

Kentucky Career Center

600 W. Cedar Street Services provided include job seeker, employer, training, disability, veterans and SNAP.

www.kentucky.gov 502.595.4003

Kentucky Office for the Blind Charles W. McDowell Center

8412 Westport Rd

The vision of the McDowell Center is to provide high quality services and resources to Kentuckians who are blind or visually impaired in order to prepare them for employment, economic self-sufficiency and independence with complete integration into society.

www.kentucky.gov 502.429.4460

Louisville Central Community Center

1300 W. Muhammad Ali Blvd LCCC's working solutions program provides workforce development services such as job readiness skills training, on-the-job training, and job search and placement support.

www.lcccnews.org 502.583.8821

Louisville Urban League Urban Senior Jobs Program

1535 W. Broadway
USJP provides subsidized, service-based
training for low-income persons 55 or older.
Participants receive training that helps them
to upgrade their current skills for re-entry
into the workplace. Participants work an
average of 20 hours a week, and are paid
the highest of federal, state or local
minimum wage.

www.lul.org 502.585.4622

The Zoom Group

410 W. Chestnut Street, Suite 900 Provides vocational support for adults with developmental disabilities through services & small business operation.

www.zoomgroup.org 502.581.0658

Financial Matters

Assistance Preparing Tax Returns

AARP

AARP Foundation Tax-Aide offers free tax preparation help to anyone, if you are 50 and older and cannnot afford a tax preparation service. With the help of our team of IRS-certified volunteers we make it easy for you.

www.aarp.org/ky

888.687.2277

Internal Revenue Service

Taxpayer Assistance Center 600 Dr. Martin Luther King Jr. Place Assists persons with tax law questions, tax preparation and general problems.

www.irs.gov

502.912.5060 or 844.545.5640

Kentucky Department of Revenue

Taxpayer Assistance Center 600 W. Cedar Street, 2nd Floor W Assists persons with tax law questions, tax preparation and general problems.

www.revenue.ky.gov

502.595.4512

Louisville Asset Building Coalition

A 501(c)(3) organization that is a broad public/private collaborative dedicated to promoting financial stability and asset building for individuals and families. By providing direct services and linkages to other community resources, LABC strives to build an economic foundation that will allow members of our community to reach their highest potential.

www.labcservices.org

502.574.5687

Estate Planning

Kentucky ElderLaw

920 Dupont Road, Suite 200 We are a life care planning firm offering elder care coordination, asset protection planning, Medicaid and VA Aid and Attendance applications, and estate planning.

www.kyelderlaw.com

502.581.1111

Financial Management Services

Consumer Credit Counseling Service

Helps people learn to manage money, balance their budgets and get out of debt through comprehensive personal finance education and credit counseling. Also provides educational programs on budgeting, credit and home ownership.

www.credit.org/cccs/

800.431.8157

Kept, Inc

4229 Bardstown Rd, Suite 216 We provide representative payee services and care coordination services. Our representative payee services are for individuals who are disabled and unable to manage their personal finances and affairs. Kept ensures all household expenses and basic needs are paid and provides money in manageable increments for those individuals to purchase food and personal items throughout the month. For individuals we serve who need more than representative payee services to remain housed and healthy, we offer care coordination. Our mobile care coordinator meets with individuals, completes an assessment, develops a person-centered care plan with measurable goals and brings in additional services and support as necessary. Our care coordinator ensures an adequate "team" of support is in place and stable.

www.keptinc.org

502.465.5378

Louisville Metro Government Office of Financial Empowerment

701 W. Ormsby Ave, Suite 201
The Office of Financial Empowerment is part of the Office of Resilience and Community Services tasked with equipping residents of Louisville with the knowledge, skills and access they need to achieve greater financial security. Empowered people create and expand businesses, raise healthy families, support their community, and contribute to the tax base so critical to a sustainable city.

www.louisvilleky.gov 502.574.4377

Louisville Urban League Financially In Tune (FIT)

A 2.5-hour orientation of the Center for Housing & Financial Empowerment services in addition to a budget and credit presentation. This class is free and open to the public but you must RSVP ahead of time. The FIT is a recommended comprehensive, classroom-based consumer education curriculum that provides you with the building blocks to financial management.

www.lul.org 502.585.4622

Funeral Planning

Cremation Society of Kentucky

4059 Shelbyville Road www.kycremation.com 502.897.5898

Dignity Memorial-Arch L Heady & Son Funeral Home and Cremation Services

7410 Westport Road
We have been providing funeral and cremation services for Louisville, Kentucky, families since 1932. We are known for our personal and sincere service and for always responding to the changing needs of the Louisville community. Services include elegant, spacious funeral home facility, personalized funeral service, trusted provider, and a level two founding community partner with *We Honor Veterans*. Pre-planning options are available.

www.dignitymemorial.com 502.426.9351

Funeral Consumers Alliance of Greater Louisville

The purpose of FCAGL is to educate funeral consumers of the Greater Louisville area. The local Funeral Consumers Alliance is a not-for-profit organization run entirely by volunteers. We publish a newsletter that is usually mailed out in May and November.

www.funerals.org

502.454.4855

Kentucky Board of Embalmers and Funeral Directors

9114 Leesgate Road, Suite 4 Licenses embalmers, funeral directors and funeral establishments. Answers consumer questions and concerns on ethical practices. www.kentucky.gov

502.426.4589

National Funeral Directors Association Funeral Service Helpline

Representatives are here to listen and to assist you with any questions or concerns you have regarding funeral services.

www.nfda.org 800.228.6332

Food

Dare to Care Food Bank Main Office

5803 Fern Valley Road
Distributes food to neighborhood
distribution centers located throughout
the Metro area. 4-7 day food boxes are
distributed based on need.

www.daretocare.org 502.966.3821

Department for Community Based Services

Supplemental Nutrition Assistance Program (SNAP)

Helps low-income people buy food for healthy meals at participating stores. SNAP benefits increase household food buying power when added to the household's income.

www.kentucky.gov 855.306.8959

Home Delivered Meals

Eastern Area Community Ministries

9104 Westport Road

This program provides an affordable meal, home-delivered by volunteers to over 100 vulnerable seniors per day. It is also the only alternative in Jefferson County to the government-sponsored Meals-on-Wheels program for seniors. If meal preparation has become a challenge for you or a loved one, let our team of local chefs prepare them. This program is open to seniors age 60+ as well as those under age 60, with a demonstrated need such as living with a disability.

www.eacmonline.org 502.896.2316

KIPDA-Meals on Wheels

This program can provide meals at home for older adults who are unable to cook for themselves; have no one to cook for them or are unable to attend a senior meal center. This service is commonly referred to as "Meals on Wheels."

www.kipda.org 502.266.5571

Congregate Nutrition Sites offer an opportunity for seniors age 60 and older to come to one of the neighborhood locations for a nutritious lunch, socialization and activities. Most sites are open from 9am to 1pm Monday through Friday. Reservations are required one day in advance. Please call the branch directly for hours of operation. 502.574.6325

Buechel Park

2403 Hikes Lane

Beechmont Community Center

205 Wellington

Fairdale Playtorium

10616 W Manslick Road

Highlands Community Ministries

1228 E. Breckinridge Street

Hillebrand House

1235 S. 3rd Street

Kling Center

219 W Ormsby Ave

Lourdes Hall

735 Eastern Parkway

Metro East

9212 Taylorsville Road

Neighborhood House

201 N. 25th Street

Okolona/Wilderness Rd

8111 Blue Lick Rd

Shawnee Community Center

607 South 37th Street

Shively

1875 Farnsley Rd

Sun Valley Community Center

6505 Bethany Lane

UCHM Senior Center

150 S. State Street

Watson Powell

1340 Heafer Rd

Rural Counties

Multi-Purpose Community Action

(Bullitt, Spencer, Shelby) 502.633.7162

Tri-County Community Action

(Henry, Oldham, Trimble) 502.222.1349

Geriatric Evaluation and Treatment

Advanced Care House Calls

At Advanced Care House Calls of Kentucky, our goal is to provide primary care services for patients in rural and under-served areas, or for patients who cannot leave their home to see their primary care physician.

www.lhcgroup.com 502.327.9100

CenterWell Primary Care

We focus on physical, emotional and social wellness - with safe, quality care that's completely centered on you. Our senior primary care is individualized and easily accessible. You'll get a dedicated care team of doctors, care coaches, behavioral health specialists, social workers and clinical pharmacists to support you in reaching your health goals without additional cost or need to leave our center. Services include: primary care, case management, medication management, behavioral health, social and educational activities, and translation services.

www.centerwellprimarycare.com

4521 Outer Loop 502.325.3238

3151 South 2nd Street

502.325.3281

JenCare Senior Medical Center

Medical centers that are led by compassionate, expert doctors who coordinate all aspects of their patients' care and hold themselves accountable for their results. Services include: primary care, behavioral health, case management, Nutrition, Social work, Translation services and many other medical specialties.

www.jencaremed.com

Newburg

1918 Hikes Lane, Suite 102 502,473,4067

Shively

3939 S. 7th Street 502.883.6800

Valley Station

8019 Dixie Hwy, Suite 101 502.333.3121

West Broadway

2406 W. Broadway 502.775.1211

Norton Neuroscience Institute Memory Center

4915 Norton Healthcare Blvd, Medical Plaza III Our specialists are leaders in neuroscience offering a broad range of treatment and services for brain and spinal cord conditions. Specialty clinics include but not limited to Memory Disorders, Movement Clinic, Headache Clinic, Stroke, Neuromuscular Disorders.

www.nortonhealthcare.org 502.446.4664

Oak Street Health

5743 Preston Hwy At Oak Street Health, we don't just see you as a patient, we see you as family, and the care and support we provide is a reflection of that. From dedicated doctors and care team members who take the time to know and understand your individual health needs and goals to our 24/7 support line, our personalized, preventive care is designed to help you stay active and healthy. Maintaining your health is about making sure you have access to comprehensive quality care when you need it. Patients who qualify can also access our clinical programs, including mental healthcare, advanced care planning, disease management, and mail-order Rx and overthe-counter delivery service. www.oakstreethealth.com

502.444.6008

U of L Trager Institute **Republic Bank Foundation Optimal Aging Clinic**

We are your one-stop-shop health and wellbeing by providing everything you and your family need to maintain your health as you age as well as be your source of expert care. This clinic is grounded in our trademark FlourishCare service, an integrated life-long wellness care approach that is focused on lifestyle and preventative medicine for adults of all ages. We also provide specialized and acute care for those patients 65 and older.

www.tragerinstitute.org 502.588.4340

Government Programs

Disabled Parking Permits

Persons whose mobility, flexibility, coordination, respiration, or perceptiveness is significantly reduced by a permanent or temporary disability to the arms, legs, lungs, heart, ears, or eyes, may obtain a permit with a licensed physician, chiropractor, or advanced practice registered nurse's original signature on the <u>application</u> for the permit. You may submit a request for a disabled placard by mail or drop box (available at the Motor Vehicle Branch locations). The application can be placed inside of a provided sealed envelope with the applicant's contact information listed on the outside. Only one form will be needed for up to two requested placards. In addition, if you will be mailing in or dropping off the request, the applicant's signature will also need to be notarized prior to being submitted. All mailed/dropped off applications should also include a \$2 processing/mailing fee as the Disabled placard would be returned to the applicant via USPS mail once the request has been completed.

ATTN: Disabled Parking Permits

P.O. Box 33033

Louisville, KY 40232-3033

www.jeffersoncountyclerk.org/disabled-parking-permits

502.574.5700

Dixie Branch

4919-F Dixie Hwy 502.448.8499

Downtown Branch

First Trust Centre 200 S. 5th Street, Suite 228 South 502.584.3908

Highview Branch

7813 Beulah Church Road 502.239.5724

Jeffersontown Branch

10420 Watterson Trail Bremer Ehrler Bldg. 502.267.9001

East Branch

12312-A Shelbyville Road Middletown Plaza 502.244.1864

Fairdale Branch

10616 West Manslick Road Fairdale Playtorium 502.368.3410

West Branch

2900 W. Broadway, Suite 109 NIA Center 502.772.0464

Westport Branch

9451 Westport Road, Suite 117 502.425.7861

Medicare

www.medicare.gov

Medicare is federal health insurance for anyone age 65 and older, and some people under 65 with certain disabilities or conditions.

Part A-Hospital Insurance: Helps cover inpatient care in hospitals, skilled nursing facility care, hospice care, and home health care.

Part B-Medical Insurance: Helps cover services from doctors and other health care providers, outpatient care, home health care, durable medical equipment, and many preventative screenings.

Supplemental Insurance-Medigap: Extra insurance you can buy from a private company that helps pay your share of costs in Original Medicare. Policies are standardized, and in most states name by letters, like Plan G or Plan K. The benefits in each lettered plan are the same, no matter which insurance company sells it.

Part D-Drug Coverage: Helps cover the cost of prescription drugs (including recommended shots or vaccines).

Medicare Advantage-Part C: A Medicare approved plan from a private company that offers an alternative to Original Medicare for your health and drug coverage. These "bundled" plans include Part A, Part B, and usually Part D.

KIPDA

State Health Insurance Assistance Program 11520 Commonwealth Drive Provides information, benefits counseling, and assistance to persons regarding Medicare, Medicaid and Social Security. www.kipda.org 502.266.5571 or 888.737.3363 TDD 800.648.6056

Social Security Administration

601 W. Broadway, Room 101 www.ssa.gov 866.716.9671

Senior Medicare Patrol

400 E Gray Street
SMP helps Medicare beneficiaries,
their families and caregivers who have
questions about billing issues or
believe they may be a victim of
healthcare fraud or scams. SMP empowers
and assist Medicare beneficiaries, their
families, and caregivers to prevent, detect,
and report health care fraud, errors, and
abuse through outreach, counseling, and
education.

www.louisvilleky.gov 502.574.6960

Medicaid

www.kynect.ky.gov

855.459.6328

Kentucky Medicaid is a state and federal program authorized by Title XIX of the Social Security Act to provide health care for eligible low-income residents including children, families, pregnant women, the aged and the disabled. Eligibility is determined by a number of factors, including family size, income and the federal poverty level. Eligibility for Supplemental Security Income recipients, the aged, blind and disabled are based on additional requirements. Medicaid offers a number of programs and services directed at specific eligibility and medical needs.

Additional Programs:

QMB (Qualified Medicare Beneficiary)-For those who qualify, this Medicaid program pays for Part A, Part B and Medicare deductibles and coinsurance amounts on Medicare services.

SLMB (Specified Low-Income Medicare Beneficiary)-For those who qualify, this Medicaid program pays for Part B Premiums.

QI (Qualified Individual)- For those who qualify, this Medicaid program pays for Part B Premiums.

Waiver Program-Can provide Medicaid coverage for seniors to help them stay in their homes. To qualify you must meet nursing facility level of care criteria and Medicaid resource eligibility. You must have a physician's order.

Metropolitan Sewer District (MSD)

Senior Citizens Discount Program

700 W. Liberty Street

Attn: Senior Citizens Discount Program

A 30% Senior Citizen Discount of the amount billed for sanitary sewer service and the EPA Consent Decree Surcharge. You must print the application and return. You must be able to provide documentation verifying:

- you are the legal title/leaseholder/renter of the property
- you are 65 years of age or older
- your household gross income is \$35,000 or less per year

www.louisvillewater.com

502.583.6610

Neighborhood Place

Neighborhood Place works with communities to provide blended and accessible health, education, employment and human services that support children and families in their progress toward self-sufficiency www.louisvilleky.gov

First Neighborhood Place

1503 Rangeland Road (Door # 16) 502.313.4700

Bridges of Hope

1411 Algonquin Parkway 502.634.6050

L&N Site

908 W. Broadway

Charmoli

9100 Marksfield Rd, Ste 100 502.574.5787

Greater Cane Run Area

3410 Lees Lane 502.485.6810

Northwest

4018 W. Market 502.485.7230

South Central

4255 Hazelwood Ave 502.485.7130

South Jefferson

1000 Neighborhood Place 502.363.1424

Valley High Site

10200 Dixie Hwy 502.485.7310

Ujima

3610 Bohne Ave 502.485.6710

Social Security Administration

Main Office

601 W. Broadway, Room 101 866.716.9671

East Office

10503 Timberwood Circle, Suite 50 888.280.5851

Apply for these Services at a local office or www.ssa.gov

Retirement-Social Security is part of the retirement plan for almost every American worker. It provides replacement income for qualified retirees and their families.

SSI-The Supplemental Security Income (SSI) program pays benefits to adults and children with disabilities who have limited income and resources.

SSDI-The SSDI program pays benefits to you and certain family members if you are "insured." This means that you worked long enough – and recently enough - and paid Social Security taxes on your earnings.

Medicare- Medicare is our country's health insurance program for people age 65 or older. Certain people younger than age 65 can qualify for Medicare too, including those with disabilities and those who have permanent kidney failure.

Vital Statistics

Office of Vital Statistics

275 E Main Street 1E-A Frankfort, KY

The Office of Vital Statistics (OVS) collects, preserves and protects certificates for all births, deaths, marriages, divorces and stillbirths and issues certified copies. The Office of Vital Statistics records and provides for each person born in Kentucky a means of establishing legal identity, age, parentage and nationality. It also makes available a legal document of the date, place and cause of every death occurring in the state and provides a central repository for records of certain other vital events.

www.kentucky.gov

502.564.4212

Grandparents Raising Grandchildren

Hope's Closet

3936 Taylorsville Rd Hope's Closet relies entirely on donations and volunteers to provide foster, adoptive, and kinship families with clothing and other necessities free of charge.

www.hopesclosetky.com 502.299.2397

Jewish & Family Career Services

2821 Klempner Way Supportive services for grandparents and older relative caregivers of children to prepare for the health, educational, nutritional, and other needs of the children in their care, while maintaining their own physical, mental, and emotional well-being.

www.jfcslouisville.org 502.452.6341

KIPDA

11520 Commonwealth Drive
The Kentucky Caregiver Program was
established to assist Grandparents Raising
Grandchildren who meet the low-income
requirement and whose grandchildren
reside in their homes without the
parent. KIPDA's mission is to serve
grandparents of any age who are caring for
their grandchildren.

Services Available:

Counseling, Training, Vouchers (clothing and some other supplies), Information and Referral, Support Groups, and Access.

www.kipda.org

502.266.5571 or 888.737.3363 TDD 800.648.6056

Legal Aid Society

416 W. Muhammad Ali Blvd, Suite 300 Assists low-income persons with civil matters. Direct legal advice for grandparents by qualified individuals.

www.yourlegalaid.org

502.584.1254

Health and Fitness

Dental Care

Family Health Centers

Provides services to anyone, regardless of the ability to pay. FHC accepts most insurance plans. FHC uses a sliding fee scale to determine "discounts" based on your family size and income. The sliding-fee-scale determines how much you will be asked to pay on the day of your visit, and how much you may be billed afterward. FHC's minimum fee for Dental Services is \$30.00.

www.fhclouisville.org 502.774.8631

East Broadway

502.569.7332

Portland

502.772.8160

Phoenix (must be homeless)

502.569.1667

Kentucky Dental Association

1920 Nelson Miller Parkway Referrals to dentists that offer reduced income rates to eligible patients.

www.kyda.org 502.489.9121

Park Duvalle Community Health Center

PDHC is committed to your health care and endeavors to provide the highest quality, culturally sensitive, prompt and effective care to each and every patient regardless of race, religion, creed, ethnic origin, disability, age or economic or social status. www.pdchc.org

Main Office

3015 Wilson Ave 502.774.4401

Newburg

2237 Hikes Lane 502.479.8930

Russell Neighborhood

1425 W. Broadway 502.584.2992

U of L School of Dentistry

501 S. Preston Street
Provides dental care at reduced rates.
General appointments and orthodontics.
www.louisville.edu/dentistry
502.852.5096

Fitness and Wellness Programs

Baptist Health/Milestone Wellness Center

750 Cypress Station Drive www.baptistmilestone.com 502.896.3900

Community Fitness and Wellness Gym

250 E. Liberty Street
A fully accessible gym for people with
disabilities. It has an extensive array of
wheelchair accessible cardiovascular and
strength training equipment as well as
specially trained staff to assist members,
reasonable membership, and activity fees.
Financial assistance may be available for
eligible members.

www.uoflhealth.org 502.582.7411

MUSCL Senior Wellness Center

1016 E. Burnett Street

Our wellness center is open to anyone 55 or over and is free of charge. Seniors can learn computer skills, take an art class, work out in our fully-equipped fitness center, participate in handbells or chorale, bowl on the Wii, watch a movie, play cards, work a puzzle or simply enjoy a cup of coffee with friends.

www.muscl.org

502.363.9087

Trager Family JCC

3600 Dutchman's Lane

The J seniors enjoy a multitude of enriching and fulfilling programs in fitness, cultural events, the arts, Jewish life, education and more.

www.jewishlouisville.org

502,459,0660

YMCA of Greater Louisville

Offers membership based on a sliding-scale. Programming for Active Older Adults.

www.ymcalouisville.org

Bullitt County Family YMCA

409 Joe B Hall Avenue 502.955.6433

Chestnut Street Family YMCA

930 W. Chestnut Street 502.587.7405

Clark County Family YMCA (IN)

4812 Hamburg Pike 812.283.9622

Downtown Family YMCA

555 S. 2nd Street 502.587.6700

Floyd County Family YMCA (IN)

33 State Street 812.206.0688

Northeast Family YMCA

9400 Mill Brook Road 502.425.1271

Oldham County Family YMCA

20 Quality Place 502.222.9358

Republic Bank Foundation YMCA

1720 W. Broadway 502.935.9622

Southeast Family YMCA

5930 Six Mile Lane 502.491.9622

Southwest Family YMCA

2800 Fordhaven Road 502.933.9622

YMCA at Norton Commons

11000 Brownsboro Road 502.882.9622

Health Centers and Clinics

Family Health Centers

Provides services to anyone, regardless of the ability to pay. FHC accepts most insurance plans. FHC uses a sliding fee scale to determine "discounts" based on your family size and income. The sliding-fee-scale determines how much you will be asked to pay on the day of your visit, and how much you may be billed afterward.

www.fhclouisville.org

West Market

2500 W. Market Street 502.778.8400

Portland

2215 Portland Ave. 502.774.8631

East Broadway

834 E Broadway 502.583.1981

Family Health Centers Continued...

Fairdale

1000 Neighborhood Place 502.361.2381

Americana

4805 Southside Drive 502.772.8860

Iroquois

4100 Taylor Blvd 502.366.4747

Southwest

9702 Stonestreet Rd Medical Office Building 1, Suite 220 502.995.5051

Phoenix Health Care for the Homeless

712 E. Muhammad Ali Blvd. 502.568.6972

Louisville Metro Department of Public Health and Wellness Clinics

Clinics provide preventative health services and health education to community members regardless of their residency status or ability to pay.

www.louisvilleky.gov

Dixie Health Center

7219 Dixie Hwy WIC, Immunizations on Thursdays 502.574.7975

Fairdale

1000 Neighborhood Place WIC 502.574.7975

L&N

908 W. Broadway WIC 502.574.7975

Newburg Health Center

4810 Exeter Ave WIC, Immunizations on Tuesdays 502.574.7975

Specialty Clinic

914 E. Broadway, Suite 102 Tests, diagnoses, and treats STIs. 502.574.6699

Syringe Services Program (SSP)

10 Locations across Jefferson County. 502.574.6520

Tuberculosis (TB) Clinic

400 E. Gray Street 502.574.6617

Park Duvalle Community Health Centers

PDHC is committed to your health care and endeavors to provide the highest quality, culturally sensitive, prompt and effective care to each and every patient regardless of race, religion, creed, ethnic origin, disability, age or economic or social status. www.pdchc.org

Main Office

3015 Wilson Ave 502.774.4401

Newburg

2237 Hikes Lane 502.479.8930

Russell Neighborhood

1425 W. Broadway 502.584.2992

@ Central High School

1130 W. Chestnut 502.916.7573

Hospice and Pallative Care

Hosparus Health

6200 Dutchman's Lane Provides care, comfort and counseling for people facing lift-limiting illnesses. www.hosparushealth.org

800.264.0521 or 502.456.6200

Kindred at Home

Our hospice care provides medical, emotional and spiritual support, allowing patients and families to focus on what's truly important when life matters most. www.kindredathome.com 866.227.3524

Norton Palliative Program

The Norton Palliative Care Program provides a special kind of care and extra layer of support for people experiencing serious illness. Palliative care addresses your emotional, physical, spiritual, cultural and social needs. Available at Norton Audubon Hospital and Norton Hospital.

www.nortonhealthcare.org 502,629,2806

Pallitus Health Partner

6200 Dutchman's Ln Pallitus Health Partners serves patients with serious illnesses such as cancer, heart failure, COPD, etc. whose disease has significantly impacted their daily living and functional abilities, and puts them at risk for increased ER visits and hospitalization.

Our team enhances the patient's quality of life by managing symptoms, educating about them about their disease and its trajectory, connecting them with the appropriate community resources, and assessing their goals to guide the plan of care. Pallitus Health team members provide care wherever a patient calls home and works in coordination with other doctors to help them navigate all the challenges of serious illness — physical, medical, social and emotional.

www.pallitushealth.org 502.814.5408

Outpatient Care Clinic

3950 Kresge Way, Suite 100 The clinic serves patients with complex medical conditions such as cancer, heart failure, COPD, dementia, and other neurologic disorders. Patients with serious illnesses impacting their daily lives and functional abilities are at a greater risk for ER visits and hospitalizations. Palliative care services, which emphasize closer monitoring of patients and engaging earlier in symptom control, allows individuals the opportunity to discuss their goals and options, as well as identify a meaningful healthcare plan that can improve their quality of life for a longer period of time. 50

Hospitals

Baptist Health Louisville

www.baptisthealth.com

502.897.8100

4000 Kresge Way 502.897.8100

1025 New Moody Lane 502.222.5388

Norton Healthcare

www.nortonhealthcare.com

Audubon

One Audubon Plaza 502.636.7111

Brownsboro

4960 Norton Healthcare Blvd 502.446.8000

Downtown

200 E. Chestnut Street 502.629.8000

Women's and Children's

4001 Dutchman's Lane 502.893.1000

U of L Health Network

www.uoflhealthnetwork.org

Jewish

200 Abraham Flexner Way 502.587.4011

Mary & Elizabeth

1850 Bluegrass Ave 502.361.6000

UofL

530 S. Jackson Street 502.562.3000

Veterans Affairs Medical Center Robley Rex

800 Zorn Avenue www.louisville.va.gov 502.287.4000

In-Home Medical Care

Advanced Care House Calls

At Advanced Care House Calls of Kentucky, our goal is to provide primary care services for patients in rural and under-served areas, or for patients who cannot leave their home to see their primary care physician.

www.lhcgroup.com 502.327.9100

Dispatch Health

9100 Marksfield Road # 300 Dispatch Health provides advanced ondemand, in-home healthcare. Our board certified medical teams can treat common to complex injuries and illnesses in the comfort of your home.

www.dispatchhealth.com 502.206.2703

Medical Equipment

Gould's Discount Medical

www.gouldsdiscountmedical.com

Dutchman's

502.491.2000

Dixie

502.935.1100

National Seating & Mobility

11003 Bluegrass Pkwy, Suite 460 www.nsm-seating.com 502.266.5213

Kentucky Assistive Technology Loan Corporation (KATLC)

500 Mero Street, 4th Floor NE Frankfort, KY
Offers low interest loans for qualified applicants with disabilities who need assistive technology.

www.kentucky.gov 877.675.0195

Project CARAT

(Coordinating & Assisting the Reuse of Assistive Technology) supports the reuse of assistive technology that is no longer needed or used by its original owner and is acquired by a new owner at no cost. www.katsnet.org/services/at-reuse/502.992.2448

Lincare

4518 Robards Lane www.lincare.com 502.238.4454

Rehab Medical

2519 Data Dr

Rehab Medical is a mobility equipment provider that specializes in Complex Rehab Technology (CRT). Rehab Medical strives to improve lives through CRT with its team of experienced assistive technology professionals (ATPs) who utilize innovative technology to help patients regain their independence through custom wheelchairs. www.rehabmedical.com
502.297.0361

Mobility Plus

6402 Westwind Way, Ste 6
Provides life-enhancing equipment to people with disabilities, injuries or illness. We sell, rent and install a wide range of scooters, ramps and lifts that help our customers stay mobile and safe in their home and community 502.466.7000

Superior Van and Mobility

1506 Lake Shore Court www.superiorvan.com

Organ Donation

Kentucky Organ Donor Affiliates

10301 Linn Station Road KODA is dedicated to saving lives through organ and tissue donation and transplantation. KODA was formed to establish a statewide educational and procurement network. KODA is an independent, non-profit organ and tissue procurement agency.

www.donatelifeky.org

502.581.9511

UofL School of Medicine

Willed Body Program www.louisville.edu 502.852.5744

Support Groups

Alcoholics Anonymous

332 W. Broadway, Room 1204 A fellowship of people who come together to solve their drinking problem. Membership is open to anyone who wants to do something about their drinking problem.

www.loukyaa.org 502.582.1849

The ALS Association

13102 Eastpoint Park Blvd, #101 ALSA covers research, patient and community services, public education, and advocacy, providing help and hope to those facing the disease.

www.alsaky.org

877.916.6045 or 502.495.3672

Alzheimer's Association

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

www.alz.org/kyin 800.272.3900

American Cancer Society

The American Cancer Society is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem. www.cancer.org 800.227.2345

American Heart Association

Louisville Division 240 Whittington Parkway www.heart.org 877.693.6208

American Lung Association

The leading organization working to save lives by improving lung health and preventing lung disease through education, advocacy and research.

www.lung.org 800.586.4872

Arthritis Foundation

Live Yes! Connect Groups bring together people with arthritis, friends, loved ones and caregivers for fun social and informative educational events and activities focused on mutual support and positive coping strategies for living well.

www.arthritis.org 800.282.7800

Baptist Health

various support groups. www.baptisthealth.com

Better Breathers Club (COPD)

502.896.3900

Brain Injury Support Group

502.896.7620

Diabetes Support Group

502.897.8831

Friends for Life Cancer Support

502.893.0643

Living Beyond

(Advanced Breast Cancer) 502.897.0075

Living Beyond

(Lymphoma) 502.897.1166 or 502.719.0542

Moving Forward

(Limb Loss Support Group) 502.509.6780

Sharing Our Stories

(Newly Diagnosed Breast Cancer) 502.896.7325

Stroke Club

502.896.7441

Brown Cancer Center M. Krista Loyd Resource Center

529 S. Jackson Street Provides a peaceful environment for cancer patients to learn, relax and heal emotionally.

www.uoflbrowncancercenter.org 502.562.7092

Center for Accessible Living

501 S. 2nd Street, Suite 200 Information, support groups and other services for persons with disabilities.

www.calky.org

502.589.6620 (VIDEO) 502.413.2689

The Center for Women and Families

927 S. 2nd Street

Empowers domestic and sexual violence victims to establish violence-free lives via supportive services including crisis intervention, emergency shelter, counseling and therapy.

www.thecenteronline.org

844.237.2331

The Compassionate Friends

Supporting families after a child dies. St. Matthew's City Hall 3940 Grandview Ave www.compassionatefriends.org 502.889.1629

Depressed Anonymous

Incarnation Church 2229 Lower Hunter's Trace Thursdays 6:30-7:30pm www.depressedanon.com 502.569.1989

Epilepsy Foundation of Kentuckiana

982 Eastern Parkway

The Epilepsy Foundation of Kentuckiana leads the fight to overcome the challenges of living with epilepsy, and helps accelerate therapies to stop seizures, find cures and save lives.

www.efky.org 502.637.4440

Gamblers Anonymous

UofL Health Peace Hospital 2020 Newburg Road Thursdays 7:00-8:30pm www.uoflhealthnetwork.org 502.451.3330

Gilda's Club of Kentuckiana

2440 Grinstead Dr

Our mission is to ensure no one faces cancer alone. We provide psychosocial support to anyone with any kind of cancer connection, at any stage of life. Programs include: support & networking groups for those living with cancer, in survivorship & bereaved, along with special groups for family, friends & caregivers; social events; educational programs; health & wellness programs; & resource/referral assistance.

www.gck.org 502.583.0075

Hosparus Grief Counseling

3526 Ephraim McDowell Drive
Hosparus Health is so committed to grief
counseling that we offer services at no cost
for up to 13 months after the death of a
loved one previously in our care. This
includes pre-death counseling for
anticipated deaths. Grief counseling is also
available for anyone in the community,
regardless of a previous engagement with
Hosparus Health.

www.hosparushealth.org 502.456.5451

Resource Center @ Republic Bank Y

1720 W. Broadway

Dealing with the loss of another can be difficult. Many individuals barely pause to feel the loss, while others feel overwhelmed and stuck. Individuals coping with the stress of loss and grief could benefit from additional support. A place to gather for support, education, and fellowship is available to help you get through the loss and grief.

Huntington's Disease Society of America

Kentucky Chapter
982 Eastern Parkway
The premier nonprofit organization
dedicated to improving the lives of
everyone affected by Huntington's disease.
From community services and education to
advocacy and research, HDSA is the world's
leader in providing help for today, hope for
tomorrow for people with Huntington's
disease and their families. In the battle
against Huntington's disease no one fights
alone.

www.hdsa.org/ky

Jewish Family & Career Services

2821 Klempner Way Older Adult Services www.jfcslouisville.org 502.452.6341

Kentucky Hemophilia Foundation

1850 Taylor Ave, Suite 2
The mission of this Chapter is to assist persons with hemophilia or related inherited bleeding disorders by providing education, advocacy, support services, and promoting research toward a cure.

www.kyhemo.org 502.456.3233

Leukemia & Lymphoma Society

Ohio River Valley Region
The Leukemia & Lymphoma Society's Ohio
River Valley Region offers a wide range of
free educational and support programs for
patients, their families, caregivers and
healthcare professionals.

www.lls.org 317.519.3593

Lupus Foundation

The Lupus Foundation of America is the largest nonprofit organization that is dedicated to finding the causes and cure for lupus, as well as, providing support, services and hope to all the people affected with lupus in the United States.

www.lupus.org

877.865.8787

The Mended Hearts

To inspire hope and improve the quality of life of heart patients and their families through ongoing peer-to-peer support, education, and advocacy.

www.mendedhearts.org 888.432.7899

Muscular Dystrophy Association

Families are at the heart of MDA's mission. We wake up every morning to create more hope and answers for families living with muscular dystrophy and related neuromuscular diseases that take away physical strength and mobility. We fund groundbreaking research for promising treatments and provide families with the highest quality care from the best doctors in the country.

www.mda.org 800.572.1717

Narcotics Anonymous

Support groups for persons who are drug dependent. Meetings are held at various times and locations.

www.nalouisville.net

502.569.1769

National Alliance on Mental Health (NAMI)

Support groups for families of mentally ill persons.

www.namilouisville.org 800.950.6264

National Kidney Foundation

12468 LaGrange Road, #207 Support groups, counseling and other services.

www.kidney.org 502.585.5433 or 855.653.2273

National Multiple Sclerosis Society

We will cure MS while empowering people affected by MS to live their best lives.

www.nationalmssociety.org 800.344.4867

Norton Cancer Institute Resource Centers

www.nortonhealthcare.com

Brownsboro

4955 Norton Healthcare Blvd 502.636.8308

Downtown

234 E. Gray Street, Suite 164 502.629.5500

St. Matthews

3991 Dutchman's Lane, Suite 111 502.899.6888

Pat Harrison Center (IN)

1206 Spring Street Jeffersonville, IN 812.288.1156

Norton Neuroscience Institute Resource Centers

Help to educate patients and their families about new diagnoses, available treatments and ways to manage their disease. Diseases include: ALS, dementia, movement disorders, MS, Parkinson's, stroke and many more.

www.nortonhealthcare.com

Brownsboro

4915 Norton Healthcare Blvd, Suite 400 502.559.3221

St. Matthews

3991 Dutchman's Lane, Suite 302 502.559.3230

Oley Foundation

Information regarding ostomy care. www.oley.org

Sex Addicts Anonymous

Support for persons recovering from sexual and/or relationship addictions.

www.saalouisville.org 502.438.8722

Southeast Christian Church

920 Blankenbaker Pkwy
Support groups and meetings for seniors,
widowers, grief counseling, family of
children with disabilities and more.
www.southeastchristian.org
502.253.8411

Uplift

2022 Bonnycastle Ave Self-help and support for persons with depression, fear, anxiety and more. www.upliftmentalhealthsupport.org 502.458.8016

Veterans Administration Medical Center

800 Zorn Ave

If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help.

www.louisville.va.gov 502.287.4000

Widower Club

Maloney Center: Archdiocese of Louisville 1200 S. Shelby Street www.archlou.org 502.637.2379

Homeless Resources

Day Centers for Homeless Persons

Jefferson Street Baptist Community at Liberty

800 E. Liberty Street
Day center open 7am-10am Monday-Friday.
www.jeffstbaptist.weebly.com
502.585.3787

St. John Center

700 E. Muhammad Ali Blvd Day center for homeless men. Must have proof that they are free and clear of TB disease.

www.stjohncenter.org 502.568.6758

Daily Food Sites

Cathedral of the Assumption

443 S. 5th Street Serves Lunch at 12:15, 7 days a week. <u>www.cathedraloftheassumption.org</u> 502.582.2971

The Lord's Kitchen

2732 S. 5th Street Food Boxes 1 x per month serving zip codes 40210,40211 and 40216. Daily lunch served.

www.thelordskitchen.com 502.413.0198

The Salvation Army

Center of Hope 911 S. Brook Street Hot meals and food boxes. www.salvationarmylouisville.org 502.671.4900

St. Vincent de Paul Open Hands Kitchen

1026 South Jackson St. Serves free meals to shelter clients as well as the poor and working poor in our community. Two nutritious meals each day, at 12 pm and 5 pm.

www.svdplou.org 502.584.2480

Wayside Christian Mission

The mobile feeding van can be found serving breakfast outside St. John Day Center each morning from 7:00 - 8:00 AM. Folks can get lunch at the mobile feeding van outside Jefferson Street Baptist Community at Liberty from 11:30 AM until Noon, and also outside St. John Day Center from 12:15 PM to 1 PM. Supper is served from the mobile feeding van outside Jefferson Street Baptist Community at Liberty from 4:30 - 5:30 PM.

www.waysidechristianmission.org

Emergency and Transitional Shelters

Adult Protective Services

Provides protective services including assistance with emergency placement for abused, neglected or exploited adults. www.kentucky.gov
502.564.7043 or 877.597.2331

American Red Cross

510 E. Chestnut Street Provides shelter to victims of disaster or fire.

www.redcross.org 502.589.4450

The Center for Women and Families

927 S. 2nd Street

Empowers domestic and sexual violence victims to establish violence-free lives via supportive services including crisis intervention, emergency shelter, counseling and therapy.

www.thecenteronline.org 844.237.2331

Choices, Inc

419 S. Shelby Street

The head of household must be homeless, and someone in the household must be suffering from a mental or physical disability. Residents receive case management, other supportive services, and life skills programming, which help them to succeed in housing and make healthy life choices.

www.choiceshome.org 502.585.3780

The Healing Place

The Healing Place truly is where hope is found. Every day, we provide food, shelter, clothing, and our nationally-recognized recovery program to nearly 1,000 men and women at no cost to the client. All a person has to have is a desire to get sober. We want there to be no barriers to recovery. www.thehealingplace.org

Men's and Women's Campus 502.585.4848

Outpatient Services 502.357.1972

House of Ruth

607 E. St. Catherine Residential program for up to 10 homeless persons affected by HIV/AIDS. Case management, drug counseling and advocacy.

https://houseofruth.net/ 502.587.5080

Jefferson Street Baptist Community at Liberty

800 E. Liberty Street
Day shelter for the homeless that provides coffee, phones, medical, clothing and shelter referrals. Also provide a warm and safe place for anyone to be from 7-10am every weekday.

www.jeffstbaptist.weebly.com 502.585.3737

Rhonda's Another Chance

710 S. 31st Street

Our mission is to guide women toward permanent lifestyle changes and self dependency. We aim to lend a hand to any woman who requests our assistance. We provide a short-term (6 months to a year) transitional home for homeless women. We generously offer our service of love, time and talent. We develop programs tailored to work one-on-one with each resident. Women can develop life skills, build their self-esteem and self worth, all while learning to build healthy relationships. www.rhondasanotherchance.org 502.776.8830

Salvation Army The Center of Hope

911 S. Brook Street

The Center of Hope provides homeless people and poverty-stricken families with a safe, secure alternative to living in the streets or parks, and to help these men and women develop and implement realistic goal plans that lead toward employment, housing, and self-sufficiency. We provide a healthy, substance-free environment that promotes healing and growth.

www.salvationarmylouisville.org 502.671.4900

Society of St. Vincent de Paul

1015 Preston Street

Programs offering emergency shelter to permanent housing for approximately 300 homeless or formerly homeless individuals. The downtown Louisville campus also operates the Open Hand Kitchen which serves two meals a day to guests and residents.

www.svdplou.org

502.584.2480

Volunteers of America Mid-States

570 S. 4th Street

Family Housing Services provides shelter, individualized care and goal-setting for families experiencing homelessness. Theirs is an accredited, comprehensive program with a commitment to serving the whole family in one location. Building on their individual needs and strengths, the staff of professional case workers help clients to develop a specific plan with short-term and long-term goals for ending homelessness and returning to self-sufficiency.

www.voamid.org 502.636.9550

Wayside Christian Mission

432 E Jefferson Street

Programs and facilities include: emergency shelter, day shelter, permanent supportive housing, family emergency shelter, transitional shelter and more.

www.waysidechristianmission.org 502.584.3711

Wellspring

225 Breckenridge Street Offers permanent supportive housing, transitional housing, and psychiatric crisis stabilization services.

www.wellspringky.org 502.637.4361

YMCA of Greater Louisville Chestnut Street Branch

930 W. Chestnut St.

Long term shelter for men age 18 & over. Sliding scale fees.

www.ymcalouisville.org/chestnut/502.587.7405

Housing

Downsizing and Organizing

Harmony Home Organizers

Packing & Unpacking - moving preparation (especially downsizing) Legacy Services - organize and earmark items for physical estate planning. Home Organization: most popular areas include master closet, kitchen/pantry, garage, & more. Hoarding Help: sorting items for disposal, donation, and sale.

www.harmonyhomeorganizers.com 513.675.2656

Smooth Transitions

Household downsizing, estate dispersal, and moving services for seniors.

https://louisville.smoothtransitions.com/ 502.724.2987

Help Finding a Place to Live

Center for Accessible Living

501 S. 2nd Street

Educating and assisting individuals in securing affordable, accessible housing options.

www.calky.org

502.589.6620 or (VIDEO) 502.413.2689

Community Ministries

The Association of Community Ministries (ACM) is an umbrella organization bringing 13 Louisville, Kentucky-based Community Ministries together to serve residents on a neighborhood level. If you need assistance please contact the Community Ministry that serves your area.

See Pgs 16-17 for the ACM directory

KIPDA

11520 Commonwealth Drive Provides information and assistance regarding housing options for seniors in Louisville and the surrounding Counties. www.kipda.org

502.266.5571 or 888.737.3363 TDD 800.648.6056

Oasis Senior Advisor

12468 Lagrange Rd, #338

At Oasis, we focus on our five step process when assisting you with senior housing services. Our five step process involves: (1) Initial, No-Obligation Consultation (2) Identifying Lifestyle Needs (3) Review Your Monthly Costs (4) Personalized List of Local Housing Options (5) Touring Communities. Our services are privacy protected and unbiased. If you have questions, concerns or challenges, feel free to call. We will gladly support you on your journey.

www.oasissenioradvisors.com/louisville 502.547.9164

Senior Home Transitions

Deciding what's best for an aging parent or loved one is an overwhelming process. Senior Home Transitions is a FREE senior living placement assistance service that works with you to navigate the choices, costs, and process of finding the senior community best suited for you or your loved one.

www.seniorht.com 502.386.3361

Home Design, Repairs, Modifications, Universal Design and Ramps

Amramp

A national provider of modular wheelchair ramps and portable roll-in wheelchair showers. The team meets with each Amramp client/family to design a safe and usable wheelchair ramp for people using wheelchairs and scooters. But Amramp offers more than just wheelchair ramps.

Capable Living LLC

4033 Taylorsville Road, #100
Home remodeling and modifications,
handicap accessibility, aging in place, home
evaluations, consulting and project design.

www.capablelivingllc.com

502.309.4231

Center for Accessible Living

501 S. 2nd Street

The Rampbuilders Program has been providing custom-designed home access ramps and railings to persons with disabilities since the incorporation of the Center for Accessible Living in 1981. Whenever possible, ramps are provided at no cost to the recipient.

www.calky.org

502.589.6620 or (VIDEO) 502.413.2689

Custom Home Elevator and Lift Co

10200 Forest Green Blvd, Suite 112 www.customhomeelevator.com 502.357.1094 or 800.730.5438

New Directions Housing

Repair Affair 1617 Maple Street

Makes critical improvements to homes of the elderly or disabled, allowing them to stay in their homes longer. Repair Affair provides free home repair for homeowners

provides free home repair for homeowners 60 and over or with a verified disability who own and live in their home and make less than 50% of the Area Median Income.

www.ndhc.org 502.371.4906

RampUp! Ky

Portable ramp loaner program www.katsnet.org 800.327.5287

Hart Supported Living

Hart-Supported Living is a program that is based on individually designed plans for support. These plans provide people with disabilities the help they need to live successfully in a home of their choice. The individual with a disability (and the people who support him or her) plan and design a set of services which meets the person's needs and is consistent with the principles of Supported Living.

Examples of one-time requests: Adaptive and therapeutic equipment, home modifications, vehicle modifications, startup grants.

Examples of on-going requests: Personal Care service, community resource developers, homemakers' services, respite, recreation/leisure, live-in support, trainer in home management and independent living skills, support broker or personal agent, consultation, transportation, employment related expenses.

https://chfs.ky.gov/agencies/dail/Pages/hslp.aspx

Applications and supporting documents are due by April 1st of each year Region 3 Coordinator

PO Box 206037 Louisville, Ky 40250 502.229.6500

Fill out the application **HERE**

Homestead Exemption

Kentucky's Constitution allows property owners who are 65 or older to receive the Homestead Exemption on their primary residence. If you are eligible to receive the Homestead Exemption, the exemption amount is subtracted from your property's assessed value, reducing your property tax liability.

To qualify for the Homestead Exemption a property owner must:

Be 65 years or older and Own and Occupy the property as your primary residence on January 1 of the year in which you apply for the exemption

Mail the completed <u>Homestead Application</u>, along with a copy of your valid Jefferson County Driver's License, Real ID or other valid Jefferson County ID to:

Jefferson County PVA Attn: Homestead 815 W. Market Street, Suite 400 Louisville, KY 40202-2654

Insurance and Long-Term Care Insurance

Imagine Insurance Advisors

3036 Breckenridge Lane, Suite 101
At Imagine Insurance we specialize in making the complicated, uncomplicated.
We work hard to provide easy to understand information that helps you to make the best choices for your insurance needs.
As independent insurance agents we offer products from many companies to meet these personal needs.

www.imagineinsadv.com 502.742.4979

KY Department of Insurance

The Kentucky Department of Insurance regulates the Commonwealth's insurance market, licenses agents and other insurance professionals, monitors the financial condition of companies, educates consumers to make wise choices, and ensures Kentuckians are treated fairly in the marketplace.

www.kentucky.gov 502.564.3630

KIPDA

State Health Insurance Assistance Program 11520 Commonwealth Drive The SHIP Mission is to empower, educate, and assist Medicare-eligible individuals, their families, and caregivers through objective outreach, counseling, and training to make informed health insurance decisions that optimize access to care and benefits.

www.kipda.org 502.266.5571 or 888.737.3363 TDD 800.648.6056

International Services and Resources

Americana World Community Center

4801 Southside Drive

Americana's mission is to provide holistic services to Louisville's refugee, immigrant, and underserved population to build strong and healthy families, create a safe and supportive community and help every individual realize their potential.

www.americanacc.org 502.366.7813

Catholic Charities

2911 S. 4th Street

Migration and Refugee Services "welcomes the stranger" with open arms, helping those escaping persecution begin new lives with dignity. Our multilingual, multicultural staff offers comprehensive services and begins assisting refugee clients pre-arrival by finding suitable housing and stocking the home with food and furnishings. They also assist with employment search and placement, school registration, English language training, and cultural orientation classes.

www.cclou.org 502.637.9786

Centro Latino

120 Main Street Shelbyville, KY Provides services to the Latino Community including but not limited to: resource referrals, advocacy, crisis intervention, health prevention programs etc.

www.centro-latino.org 502.647.3349

Kentucky Refugee Ministries

969-B Cherokee Road
Together as a community, we resettle
refugees and welcome immigrants. Through
KRM, you encourage hope, advocate for
newcomers, and transform the lives of those
seeking safety. Services include ESL &
cultural orientation, employment, family &
youth, immigration & citizenship,

www.kyrm.org 502.479.9180

interpretation and more.

Recreational and Social Activities

Baptist Health Milestone

750 Cypress Station www.baptistmilestone.com 502.896.3900

Louisville Free Public Library

www.lfpl.org 502.574.1611 See Branch Listings on Pg 29

Trager Family JCC

3600 Dutchman's Lane www.jewishlouisville.org 502.459.0660

Louisville Metro Government Public Health & Wellness

Senior Medicare Patrol (SMP) 400 E. Gray Street Recruits residents 55 and older to educate Medicare beneficiaries on how to protect, detect and report Medicare errors, fraud and abuse.

www.louisvilleky.gov 502.574.6960

Louisville Metro Government Office of Resilience and Community Services

701 W. Ormsby Ave, Suite 201 www.louisvilleky.gov

Foster Grandparent Program

As a Foster Grandparent, you're a role model, a mentor, and a friend. Serving at local organizations—including faith-based groups, Head Start Centers, schools, day care centers and other youth facilities that serve children with exceptional needs—you help children learn to read, provide one-on-one tutoring, and guide children at a critical time in their lives. Put simply, you give the kind of comfort and love that sets a child on the path toward a successful future.

502.574.1529

Retired Senior Volunteer Program

RSVP recruits, supports, and promotes recognition of adult volunteers age 55 and better for their volunteer service with local agencies. 502.574.1530

Louisville Metro Parks

P.O. Box 37280 Community Centers www.louisvilleky.gov 502.574.7275

Beechmont

205 West Wellington Ave 502.361.5484

Berrytown

1300 Heafer Road 502.456.8148

California

1600 West Saint Catherine Street 502.574.2658

Cyril Allgier

4101 Cadillac Court 502.456.3261

Douglass

2305 Douglass Blvd 502.456.8120

Metro Arts

8360 Dixie Hwy 502.937.2055

Newburg

4810 Exeter Ave 502.456.8122

Parkhill

1703 S. 13th Street 502.637.3044

Louisville Metro Parks

Continued....

Portland

640 N. 27th Street 502.776.0913

Shawnee

607 S. 37th Street 502.775.5268

South Louisville

2911 Taylor Blvd 502.574.3206

Southwick

3621 Southern Ave 502.775.6598

Sun Valley

6505 Bethany Lane 502.937.8802

Wilderness Road

8111 Blue Lick Rd 502.964.5151

Louisville Tennis Center

3783 Illinois Ave www.louisvilleky.gov 502.456.8140

Olmsted Parks Conservancy

1299 Trevillian Way
The mission is to restore, enhance and
preserve one of Louisville's most valued
treasures, the historic Olmsted Parks and
Parkways.

www.olmstedparks.org 502.456.8125

Mary T. Maegher Aquatic Center

201 Reservoir Road Year-round swim and fitness opportunities. www.louisvilleky.gov 502.987.9949

Walnut Street Baptist Church

220 W. Saint Catherine Street
OASIS (older adults still in service) an
exciting luncheon club, meets monthly
except in December. \$5
www.walnutstreet.org
502.589.5290

Cultural Opportunities

21C Museum Hotel

700 W. Main Street
A 90-room hotel dedicated to world-class luxury, southern-style hospitality and contemporary art from living artists.

www.21cmuseumhotels.com
502.217.6300

Actors Theatre of Louisville

316 W. Main Street Actors Theatre of Louisville unlocks human potential, builds community and enriches quality of life by engaging people in theatre that reflects the wonder and complexity of our time.

www.actorstheatre.org 502.584.1265

American Printing House for the Blind

1839 Frankfort Ave www.aph.org 502.895.2405

Belle of Louisville

401 W. River Road
Public sightseeing cruises and special events
available May through October.
www.belleoflouisville.org
502.574.2992

Carnegie Center for Art & History

201 E. Spring Street New Albany, IN www.carnegiecenter.org 812.944.7336

Cathedral of the Assumption

433 S. 5th Street <u>www.cathedraloftheassumption.org</u> 502.582.2971

Cave Hill Cemetery

701 Baxter Ave www.cavehillcemetary.com 502.451.5630

Commonwealth Theatre Center

1123 Payne Street
To develop youth and community through excellence in comprehensive theatre education and performance.

www.commonwealththeatre.org
502.589.0084

The Conrad-Caldwell House Museum

1402 St. James Court
Tours and special programs. Wheelchair accessible. Open Wednesday-Sunday.

www.conrad-caldwell.org
502.636.5023

Derby Dinner Play House

525 Marriott Drive Clarksville, IN A 500 seat dinner theater in-the-round featuring Broadway musicals and comedies. Performances Tuesday through Sunday. www.derbydinner.com 812.288.8281

Falls of the Ohio Interpretive Center

201 W. Riverside Drive Clarksville, IN www.fallsoftheohio.org

Farmington Historic Plantation

3033 Bardstown Road Tours Tuesday through Saturday www.farmingtonhistoricplantation.org 502.452.9920

Filson Historical Society

1310 S. 3rd Street Nationally recognized center for the study of the Ohio Valley region's history and culture. www.filsonhistorical.org 502.635.583

Flame Run Hotshop & Gallery

815 W. Market Street Visitors can watch as teams of artists blow and shape 1,500 degree glass into vessels, sculptures and decorative art.

www.flamerun.com 502.584.5353

Frazier History Museum

829 W. Main Street www.fraziermuseum.org 502.753.5663

Historic Homes Foundation

3110 Lexington Road Three historic homes all owned and managed.

www.historichomes.org 502.899.5079

Iroquois Amphitheater

1080 Amphitheater Road Providing an attractive, safe, unique, outdoor theater venue in which to experience outstanding cultural, artistic entertainment and educational opportunities.

www.iroquoisamphitheater.com 502.368.5865

Jeffersontown Museum

10635 Watterson Trail www.jeffersontownky.com 502.261.8290

Kentucky Center for African American Heritage

1701 W. Muhammad Ali Blvd KCAAH's mission is to enhance the public's knowledge about the history, heritage and cultural contributions of African-Americans in Kentucky.

www.kcaah.org 502.583.4100

Kentucky Derby Festival

1001 S. 3rd Street <u>www.kdf.org</u> 800.928.3378

Kentucky Derby Museum

704 Central Ave www.derbymuseum.org 502.637.1111

Kentucky Museum of Arts & Crafts

715 W. Main Street

Dedicated to promoting the art and craft heritage of Kentucky. KMAC has four exhibition galleries, a permanent collection and a gallery shop featuring artwork from over 400 artists. Open Wednesday through Sunday.

www.kmacmuseum.org 502.589.0102

Kentucky Opera

708 Magazine Street www.kyopera.org 502.584.4500

Kentucky Performing Arts

www.kentuckyperformingarts.org 502.584.7777

Kentucky Center

501 W. Main Street

Brown Theater

315 W. Broadway

Old Forester's Paristown Hall

724 Brent Street

Little Loom House

328 Kenwood Hill Road www.littleloomhouse.org 502.367.4792

Kentucky Science Center

727 W. Main Street www.kysciencecenter.org 502.561.6100

Locust Grove

561 Blankenbaker Lane
A national historic landmark on 55 acres of the original 694-acre farm established in 1790. Open Tuesday through Saturday.

www.locustgrove.org
502.897.9845

Louisville Art Gallery-Main Library

301 York Street
Free and open to the public www.lfpl.org
502.574.1611

Louisville Ballet

315 E. Main Street www.louisvilleballet.org 502.583.2623

Louisville Nature Center

3745 Illinois Ave www.louisvillenaturecenter.org 502.458.1328

Louisville Orchestra

620 W. Main Street, Suite 600 www.louisvilleorchestra.org 502.587.8681

Louisville Slugger Museum & Factory

800 W. Main Street www.sluggermuseum.com 877.775.8443

Louisville Visual Arts Association

1538 Lytle Street
Workshops and exhibits of sculpture,
paintings and prints.
www.louisvillevisualart.org
502.584.8166

Louisville Zoo

1100 Travilian Way www.louisvillezoo.org 502.459.2181

Middletown Museum

11700 Main Street www.cityofmiddletownky.org/historical-sites 502.254.4303

The Muhammad Ali Center

144 N. 6th Street An international cultural and educational

center that is guided and inspired by the ideals of Muhammad Ali.

www.alicenter.org 502.584.9254

Portland Museum

2308 Portland Ave

Housed in an 1852 italiante mansion with a modern addition, the Portland Museum uses long-term and temporary exhibits to tell the story of Portland. Open Wednesday through Saturday.

www.portlandky.org

Riverside, The Farnsley-Moremen Landing

7410 Moorman Road 300 acre historic site in Louisville. www.riverside-landing.org 502.935.6809

Speed Art Museum

2035 S. 3rd Street <u>www.speedmuseum.org</u> 502.634.2700

Thomas Edison House

729 E. Washington Street
Tours Tuesday through Saturday.
www.edisonhouse.org
502.585.5247

Waterfront Botanical Gardens

1435 Frankfort Ave www.waterfrontgardens.org 502.276.5404

Whitehall

3110 Lexington Road Tours Monday through Friday. www.historicwhitehall.org 502.897.2944

Yew Dell Gardens

6220 Old LaGrange Road www.yewdellgardens.org 502.241.4788

Youth Performing Arts Schools

1517 S 2nd Street https://ypas.jcps-ky.com/ 502.485.8355

Services for the Blind

American Printing House for the Blind

1839 Frankfort Ave www.aph.org
502.895.2405

Charles W McDowell Center 8412 Westport Road

State government rehabilitation agency that offers assistance to person who are blind or visually impaired. Also provides services for employers interested in hiring or accommodating workers who have a vision loss. Opportunities for employment and independence to individuals with visual disabilities.

www.kentucky.gov

502.429.4460 (VIDEO) 866.761.0818

Kentucky Assistive Technology Services

KATS

8412 Westport Road

Network for individuals with any type of disability. Information referral regarding funding and listing of statewide resource centers.

www.katsnet.org 800.327.5287

Kentucky Council for the Blind

148 Vernon Ave www.kentucky-acb.org 502.895.4598

Kentucky Lions Eye Foundation

301 E. Muhammad Ali Blvd A charitable non-profit organization whose mission is to provide vision services through education, detection, prevention, treatment and empowerment.

www.kylionseye.org

502.583.0564

Kentucky School for the Blind

1867 Frankfort Ave

The mission of the Kentucky School for the Blind is to provide comprehensive services to all Kentucky students who are blind and visually impaired, birth to 21.

www.ksb.kyschools.us 502.897.1583

MyVision

Offers medically reviewed articles about all things related to your vision and eye health. Learn all you need to know about eye conditions, glasses & contacts, eye surgery, and more.

www.myvision.org

Radio Eye

1906 Goldsmith Lane

Radio Eye broadcasts the reading of current news, public service and general interest programming to people who are blind and print-disabled, with the vision of producing quality programming designed to help our listening audience lead enriched, productive, and independent lives. All services and listening devices are provided free of charge.

www.radioeye.org 502.509.5184

Veterans Administration Medical Center

800 Zorn Ave

Comprehensive blind and low vision rehabilitation services for veterans.

www.louisville.va.gov 502.287.4000

Services for Deaf, Hard of Hearing and Speech Difficulties

American Sign Language Interpreter (ASL)

Center for Accessible Living Provides certified ASL interpreter for nonprofit, government and public events.

www.calky.org 502.792.0626

Catholic Deaf Society

Epiphany Catholic Church 914 Old Harrods Creek Road To provide ministry to the deaf and hard-ofhearing and their families. 9am mass in ASL Interpreted.

www.archlou.org 502.245.9733

CapTel

Captioned telephone services. Multiple models and variations.

www.captel.com 888.233.9130

Hearing Loss Association of Kentucky

Information, virtual meetings and helpline. www.hearinglosskentucky.org
502.233.5774

Heuser Hearing Institute

Heuser Hearing & Language Academy is a comprehensive educational community that exists to empower those with hearing loss or speech, language and communication disorders to reach their full potential and effectively participate in the community. www.thehearinginstitute.org

502.584.3573

Academy

111 E Kentucky Street 502.636.2084

Downtown Clinic

117 E Kentucky Street 502.584.3573

Dupont Clinic

3900 Dupont Square S, Suite D 502.584.3573

Lyndon Clinic

417 Benjamin Lane, Suite 202 502.584.3573

Masonic Homes Care Clinic

240 Masonic Home Drive 502.584.3573

Kentucky Commission on Deaf and Hard of Hearing

KCDHH 632 Versailles Road Frankfort, KY www.kcdhh.ky.gov 502.573.2604 (VIDEO) 502.416.0607

Kentucky Relay Services

A public service which guarantees all citizens access to prompt, professional and accurate communication through the telephone. Consumers of these specialized services, specifically individuals who are deaf, deaf-blind, hard of hearing or have difficulty speaking, can communicate on the telephone via TTY, Voice Carry Over (VCO) hearing Carry Over (HCO), Speech-to-Speech (STS), Spanish and Captioned Telephone.

www.tgtel.com 606.785.9500

Transportation Services

Able Care

10488 Bluegrass Parkway Wheelchair and ambulatory transportation for seniors or disabled citizens. Door to door service for medical appointments, social events, errands and more. Jefferson county only.

www.ablecaretransport.com 502.267.1911

Federated Transportation Services of the Bluegrass

Medicaid eligible transportation for Jefferson and surrounding counties.

www.ftsb.org 859.258.2722

JenCare Senior Medical Center

JenCare Senior Medical Center offers doorto-doctor, non-emergency transportation for our Medicare Advantage patients who qualify. Contact the office staff to learn more.

www.jencaremed.com 855.845.9333

Jewish Family & Career Services PALS Transportation Service

2821 Klempner Way PALS provides seniors with an affordable and convenient transportation option for non-emergency medical appointments, personal appointments, grocery shopping, general errands and more.

www.jfcslouisville.org 502.452.6341

Louisville WHEELS Transportation

1134 S. Preston Street Medical transportation for persons age 60 and over or disabled. 502.561.3690

Park DuValle Community Health Center

Transportation for health center patients to and from the center.

www.pdchc.org 502.774.4401

TARC 3

Door to door shared ride service for eligible, disabled citizens. Advanced registration required. Must live within 34 mile of a fixed bus route.

www.ridetarc.org Eligibility Office 502.213.3217 Reservations 502.560.0333 TTY 502.213.3240

Veteran's Services

Veterans Crisis Line 800.273.8255

American Legion of KY

State Headquarters 970 S. 4th Street www.kylegion.org 502.587.1414

Disabled American Veterans

VA Regional Office, Suite 390 321 W. Main Street, Room 322 Advocacy organization and office for those disabled during military service.

www.dav.org 502.566.4482

Louisville Metro Government Office for Veterans

701 W. Ormsby Ave, Suite 201
The Louisville Metro Office for Veterans strives to promote community awareness of the sacrifices our Veterans have made, and provides Veterans in need with knowledge and access to services needed to achieve self-sufficiency and a better quality of life. The Office for Veterans connects homeless Veterans and honorably discharged Veterans with local resources; and provides information on available services through local nonprofit, federal and community business partners to include referrals for housing, financial assistance, training and education.

www.louisvilleky.gov 502.574.5748

Louisville Vet Center

1347 S. 3rd Street Counseling and support groups.

www.va.gov 502.287.6710

Paralyzed Veterans of America

A congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members – veterans of the armed forces who have experienced spinal cord injury or dysfunction.

www.pva.org 800.424.8200

Veterans Affairs Regional Office

321 W. Main Street, Suite 390 Veterans benefits www.benefits.va.gov 502.566.4356 or 800.827.1000

Veterans Affairs Medical Center Robley Rex

800 Zorn Ave

The Robley Rex VAMC, located in Louisville, KY, is a tertiary care facility classified as a Clinical Referral Level 1b Facility. The Robley Rex VAMC is pleased to offer hospital-based and outpatient care to Veterans residing in 35 counties in Kentucky and southern Indiana.

www.louisville.va.gov 502.287.4000

Veterans Affairs Medical Clinics:

Local primary care clinics for veterans and dependents.

Newburg

3430 Newburg Road, Suite 200 502.287.6223

Greenwood

7410 Dixie Highway 502.287.6000

Stonybrook

9208 Taylorsville Road 502.287.6986

New Albany (IN)

4347 Security Parkway 502.287.4100

Veterans of Foreign Wars

State headquarters 3031 Poplar Level Road www.vfwky.orq

Vietnam Veterans of America

www.vva.org 800.882.1316

Volunteer Opportunities

AARP Kentucky

A national organization with local chapters and various volunteer opportunities.

www.aarp.org/ky 866.295.7275

Cedar Lake

9505 Williamsburg Plaza, Suite 200 Volunteers are the backbone of our organization. They serve in many capacities within Cedar Lake by contributing time and talent to help us fulfill our mission and enrich the lives of those we support.

www.cedarlake.org 502.495.4946

The Center for Women and Families

927 S. 2nd Street

Volunteers are at the heart of The Center's mission. All volunteers must complete an application, background check, sign a pledge of confidentiality and complete required training and orientation.

www.thecenteronline.org 502.581.7200

Dare to Care

5803 Fern Valley Road www.daretocare.org 502.966.3821

KIPDA

State Health Insurance Assistance Program 11520 Commonwealth Drive Volunteers are an integral part of providing assistance and benefits counseling to those who receive Medicare and Medicaid.

www.kipda.org 502.266.5571 or 888.737.3363 TDD 800.648.6056

Louisville Asset Building Coalition (LABC)

Assists persons with tax prep, asset building opportunities and financial education classes.

www.labcservices.org 502.305.0005

Louisville Metro Government Office of Resilience and Community Services

www.louisvilleky.gov

Foster Grandparent Program

As a Foster Grandparent, you're a role model, a mentor, and a friend. Serving at local organizations—including faith-based groups, Head Start Centers, schools, day care centers and other youth facilities that serve children with exceptional needs—you help children learn to read, provide one-on-one tutoring, and guide children at a critical time in their lives.

502.574.1529

Retired Senior Volunteer Program

RSVP recruits, supports, and promotes recognition of adult volunteers age 55 and older for their volunteer service with local agencies.

502.574.1530

Senior Nutrition Program

Volunteers provide essential assistance at congregate meal sites and in delivering Meals on Wheels to homebound clients.

502.574.6325

Metro United Way

334 E. Broadway Various corporate and community volunteerism opportunities. www.metrounitedway.org

502.583.2821

Neighborhood Place Council

Multiple locations.

Click **HERE** to access the application.

New Directions Housing Corporation

1617 Maple Street

Volunteering is the essence of showing that you care about your fellow citizens and the city's neighborhoods. It's also an opportunity to work side-by-side with your own neighbors, further strengthening the bonds that are critical to a community's success.

www.ndhc.org 502.589.2272

The Salvation Army

From its inception, The Salvation Army has relied heavily on volunteers who support its programs and play a crucial role in the Army's ability to provide quality social services for the entire community. Through the skills and experience they bring, volunteers make significant contributions to society by positively impacting the lives of those they assist.

www.salvationarmylouisville.org 502.671.4900

Service Corp of Retired Executives

614 W. Main Street, Suite 6000 Volunteer retired executives counsel businesses about loans, business plans and problems.

www.score.org 502.888.4543

Seven Counties Services

10401 Linn Station Road, Suite 100
You can help make a difference by providing the most personal gift you can give, your time and talent. Each year, thousands of volunteers generously give of themselves to a variety of our programs in order to help our community flourish. We provide a number of opportunities for individuals, groups and families.

www.sevencounties.org 502.589.8600

Voting

Jefferson County Clerk Election Center

1000 East Liberty Street

Voter registration for residents of Jefferson County, absentee ballots, party changes, and help finding polling locations.

www.elections.jeffersoncountyclerk.org 502.574.6100

The OADC Resource Guide will be updated on a bi-annual basis. To submit a new service or to edit a current service listed in the Resource Guide click <u>HERE</u>. The Resource Guide was created and is maintained by the Office for Aging and Disabled Citizens, a Division of Resilience and Community Services with Louisville Metro Government.

Office for Aging and Disabled Citizens

Mission:

The Office for Aging & Disabled Citizens provides leadership to and participates in community activities, advocating for rights, policies and funding that can enhance the lives and independence of seniors and disabled individuals.

What we do:

- The office works to ensure efficient and timely access to information and resources by and for aging and disabled citizens. We do this by providing information on community resources to the community at large.
- We educate the community on the needs of aging and disabled citizens; serve as a resource for giving information and referrals to individual citizens and provide consultation to community groups on aging and disability issues.
- We participate in community initiatives to sustain and improve services and funding to aging and disabled citizens.

Contact:

Alli Woosley, OADC Coordinator 701 W. Ormsby Ave, Suite 201 Allison.woosley@louisvilleky.gov 502.574.5092