

M	T	W	TH	F
1	2  NATIONAL STROKE AWARENESS MONTH MAY	3	4	5 Kentucky Oaks Day! 
8	9 Tai Chi 11:00 AM Learn this ancient Chinese tradition based in martial arts to stay active! 	10 Medicare 101 11:00 AM Have questions about Medicare? Have them answered at our free Medicare 101 class! 	11	12
15	16	17  Fruit & Veggie Bingo 1:00 PM Bingo time with our friends at Elevance Health! 	18	19 Kentuckiana Stroke Association Awareness & Prevention Training 2:00 PM 
22	23 Tai Chi 11:00 AM Learn this ancient Chinese tradition based in martial arts to stay active! 	24	25	26
29 Memorial Day! 	30	31  May Birthday Bingo Celebration! 1:00 PM Celebrate May birthdays with fun bingo and prizes! 	All activities in our center are FREE! So, bring your friends and family to enjoy with you! Complimentary snacks and drinks are always provided. We can't wait to see you!	
				



For more information or to RSVP, call or text Stephanie Severance at 502-599-9786.

CenterWell Outer Loop

4521 Outer Loop | Louisville, KY 40219