








May 2023 | You're invited—bring a friend!



CenterWell™

M	T	W	TH	F
1	2 Tai Chi 11:00 am Learn this ancient Chinese tradition based in martial arts to stay active! 	3	4	5
8	9	10  Mother's Day Bingo! 02:00pm- 3:00pm Celebrating all special mother figures in our lives! 	11	12
15	16 Tai Chi 11:00 am Learn this ancient Chinese tradition based in martial arts to stay active! 	17	18	19
22	23	24  Stay Active Bingo! 02:00pm- 3:00pm Find different & fun ways to stay active this Spring/Summer season with Stay Active Bingo! 	25	26
29	30	31	All activities in our center are free! So, bring your friends and family to enjoy with you! Complimentary snacks and drinks always provided. We can't wait to see you! 	



For more information or to RSVP, call or text Seth Mick at 502-918-0088.

CenterWell South 2nd

3151 S. 2nd St. | Louisville, KY 40208