

May 2023 | You're invited—bring a friend!



M	T	W	TH	F
1	2 Tai Chi 11:00 am Learn this ancient Chinese tradition based in martial arts to stay active!	3	4	5
8	9	10 Mother's Day Bingo! 02:00pm- 3:00pm Celebrating all special mother figures in our lives! 	11	12
15	16 Tai Chi 11:00 am Learn this ancient Chinese tradition based in martial arts to stay active!	17	18	19
22	23	24 Stay Active Bingo! 02:00pm- 3:00pm Find different & fun ways to stay active this Spring/Summer season with Stay Active Bingo! 	25	26
29	30	31	<p>All activities in our center are free! So, bring your friends and family to enjoy with you! Complimentary snacks and drinks always provided. We can't wait to see you!</p> <div style="background-color: black; color: white; padding: 10px; text-align: center;"> </div>	



For more information or to RSVP, call or text Seth Mick at 502-918-0088.

CenterWell South 2nd

3151 S. 2nd St. | Louisville, KY 40208