

## Resources for Schools and Districts Providing Support for Families Affected by Recent Flooding

In addition to the [Governor's Flood Resources webpage](#), the Kentucky Department of Education has compiled resources that schools can use to provide supports to students, families and staff who have experienced the recent flooding in our state.

The Kentucky Department of Education (KDE) has a trauma-informed toolkit to guide universal supports for students and staff as well as more intensive supports, if needed. A link to the trauma-informed toolkit can be found on the [School Safety and Resiliency Act](#) webpage. KDE's [School Crisis and Emergency Response/Recovery](#) page has a variety of resource focused on how schools can help individuals and the community recover from disaster events.

Resources linked below are specific to flooding and can be used by schools or other agencies to support children following the recent flooding. These resources can be used in conjunction with existing emergency operations and trauma-informed plans that are in place at the local level.

### Other Resources:

- The [Center for Disease Control and Prevention](#) provides guidance on Helping Children Cope with severe weather emergencies.
- Child Trends has created a [Toolkit for Child Welfare Agencies to Help Young People Heal and Thrive During and After Natural Disasters](#).
- The [Managing the Stress of Children After a Disaster](#) and [Restoring a Sense of Well-Being in Children After a Disaster](#) documents created by the [Center for the Study of Traumatic Stress](#) provides care givers with guidance following a disaster.
- [Help Kids Cope](#) is an app designed to assist parents in talking to their children about different disasters they may experience or have already experienced.
- A handout from [Psychological First Aid Field Operations Guide \(PFA\)](#). This handout provides parents with common reactions after a disaster, ways to respond to those reactions, and examples of things you can say to your adolescent.
- Everyone reacts differently to traumatic events. The [National Child Traumatic Stress Network](#) has resources to help families and communities in response to [floods](#), including a [resource that describes how young children, school-age children, and adolescents](#) react to traumatic events and offers suggestions on how parents and caregivers can help and support them.
- The Readiness and Emergency Management for Schools Technical Assistance Center (REMS TA) provides an extensive library of resources and support for schools. Below are links to their most applicable resources for flooding.
  - [Preparing for Floods at K-12 Schools and School Districts](#)
  - [Supporting Displaced Students and Families During and After Emergency Events Webinar](#)
  - [Planning to Recover from Emergencies at Districts and Schools Webinar](#)