

Your mental health matters

Mental health services (ages 5+)

Did you know almost one in five people struggle with mental health issues? It's totally normal to find it tough to talk about, but remember, your brain is just as important as your body. Let's take care of both.

Need someone to talk to? We're here for you. Marathon Health offers mental health counseling exclusively for United Government employees and their families. Whether you are feeling stressed, have anxiety and/or depression, relationship issues, trauma or other mental health concerns, our mental health providers are here to support you. We're here to listen.

*For the High Deductible plan, the visit fee is \$50 until the HRA is complete, then drops to \$40 for the rest of the year. For the PPO plan, the visit fee is \$25 until the HRA is complete, then drops to \$15 for the remainder of the year.

Meet your mental health Provider



Erin Bass, Licensed Counselor

Erin Bass became a Licensed Clinical Social Worker in Missouri in 2014 and in Kansas in 2015. Born and raised in Kansas, she earned her Bachelor of Social Work in 2008 and her Master of Social Work in 2011 from the University of Kansas. To develop her clinical skills, Erin has worked in various settings including community mental health, hospital-based services, and within the school system, gaining invaluable exposure to people from all walks of life. Regardless of the setting, Erin is dedicated to providing client-centered care and fostering personal resiliency.



Schedule an appointment

Call 913-573-Well (9355)
or visit my.marathon.health



Mental health services

- Anxiety, excessive worries
- Depressed mood, sadness
- Grief
- Irritability
- Stress
- Trauma
- Relationship concerns
- Substance or alcohol misuse

Suicide & crisis lifeline:

Call or text 988

Crisis text line:

Text the phrase HOME to 741741