



ROAD TO WELLNESS

Health Center & Pharmacy

with



Marathon
Health™

High-Quality Care at Your Fingertips

ELIGIBILITY

All employees of the Unified Government have access to the Road to Wellness Health Center & Pharmacy.

Spouses and dependent children ages 2 and up who are covered under one of UG's medical plans are eligible to be seen.

For Behavioral Health visits, dependent children must be ages 5 and up.

COST

Preventive Services: **\$0**

Non-preventive Services:

Traditional Plan - \$25 or \$15 after completing HRA

HDHP/HSA Plan Members- \$50 or \$40 after completing HRA

Employees w/ Waived Coverage- \$50

HEALTH CENTER ACCESS

Address:

800 Ann Ave
Kansas City, Kansas 66101

Hours of Operation:

Mon-Thu 7:30am-6pm
Friday 7:30-5:30pm

Phone:

Health Center: 913-573-WELL
Pharmacy: 913-573-5290

Healthcare Services Available

Primary and Preventive Care

Health Coaching

Chronic Condition
Management

Acute Care

Incentive Program

On-Site Pharmacy



To schedule an appointment:
Call 913-573-WELL or visit
my.marathon.health

Erin Bass, Mental Health Counselor

Erin is now available to see patients!

- ☐ Hours 8 am - 5 pm (lunch 12-1 pm)
- ☐ Appointments on-site
- ☐ Includes dependents ages 5+

Services Include:

Anxiety

Crisis

Depression

Post
Traumatic
Stress

Disordered
Eating

Grief

Relationship
Challenges

Self-image

Stress

Substance
misuse

Mood
Disorders

Road to Wellness Care Team



Dr. William Greiner
Physician



Kim Bogart
Physician
Assistant



Erin Bass
Mental Health
Counselor



Gaby Caballero
RN Health Coach



Christy Cruse
Pharmacist in
Charge

Shameca Blankenship, Medical
Assistant

Cynthia Garcia, Practice
Support Specialist

2025: UG Road to Wellness Incentive Program

Check out the exciting updates for 2025!

- ☐ 2 Steps vs. 3 Steps
 - Step 1: Core Activities (must complete to receive additional rewards)
 - Step 2: Quarterly Pillars of Well-being Activities (125 points can be earned each quarter)
- ☐ All full and part-time employees enrolled in the medical plan are eligible to participate
- ☐ The pillars of Well-Being include:
 - Physical,
 - Community
 - Financial
 - Emotional
- ☐ New activities and classes