



Eric J. Holcomb
Governor

Kristina M. Box, MD, FACOG
State Health Commissioner

CORRECTED AMENDED ORDER TO EXPEDITE CERTIFIED NURSE AIDE TRAINING FOR PERSONAL CARE ATTENDANTS AND TEMPORARY NURSE AIDES DURING THE COVID-19 PUBLIC HEALTH EMERGENCY

Pursuant to the “Declaration of Public Health Emergency for Coronavirus Disease 2019 Outbreak” issued by Governor Eric Holcomb on March 6, 2020 as extended and supplemented (the “Governor’s Declaration”) and IC 4-21.5-4-1, and as authorized by IC 16-28-1-10 and the September 18, 1991 resolution of the Executive Board of the Indiana Department of Health (the “Department”), the State Health Commissioner hereby **ORDERS** as follows, retroactive to October 24, 2020:

1. Any person (a “candidate”) who
 - a. became a registered Personal Care Attendant (“PCA”) under the Department’s March 21, 2020 “Emergency Order Authorizing Temporary Personal Care Attendant Positions and Training for Nursing Homes” as amended, extended, and ultimately reissued September 23, 2020, or under the Department’s March 23, 2020 “Emergency Order Authorizing Temporary Personal Care Attendant Positions & Training for Residential Care Facilities” as amended, extended, and ultimately reissued September 23, 2020; or
 - b. became a registered Temporary Nurse Aide (“TNA”) under the Department’s April 18, 2020 “Sixth Emergency Order Granting Temporary Blanket Waivers for Comprehensive Care Facilities” as extended and ultimately reissued September 23, 2020, or under the Department’s April 20, 2020 “Fifth Emergency Order Granting Temporary Blanket Waivers for Residential Care Facilities as extended and ultimately reissued September 23, 2020;

may fulfill the training to become a Certified Nurse Aide (“CNA”) on an expedited basis as set forth and described in this Order.

2. A candidate may fulfill the 75 hours of modified CNA training permitted by the Department’s October 29, 2020 “Amended Order to Facilitate Certified Nurse Aide Training During the Covid-19 Public Health Emergency” (the “Order to Facilitate”) on a modified basis as follows:
 - a. The candidate will be credited eight (8) hours for the training completed to become a PCA or TNA, which training is deemed to provide basic proficiency in 34 of 72 “Resident Care Procedure” (“RCP”) skills required for CNAs in Indiana.

To **promote**, **protect**, and **improve** the health and safety of all Hoosiers.



- b. The candidate must complete eighteen (18) hours of additional training, consisting of fifteen (15) hours of classroom instruction and three (3) hours of clinical and competency checkoffs. This training must follow the “Expedited CNA Training for PCAs and TNAs” outlined in Appendix A to this Order and keyed to the existing Indiana Nurse Aide Curriculum approved by the Department. Completion of these eighteen (18) hours will be deemed to provide basic proficiency in the remaining 38 RCP skills required for CNAs and adequate preparation for the final CNA testing and skills examination.
 - c. When the candidate has (i) completed all the foregoing training and (ii) accrued at least 49 hours of facility-based work experience as a registered PCA or TNA, the candidate will be deemed to have completed the 75 hours of CNA training required under the Order to Facilitate. The candidate must present sufficient documentation that all training has been completed and all required hours worked before the candidate may attempt the final CNA testing and skills examination.
3. Any person who completes modified CNA training under this Order is authorized to work legally as a CNA, once eligible to do so, only in Indiana-licensed comprehensive care facilities and residential care facilities.
4. The limitation set out in the paragraph 3 above does apply to a person who (i) on October 23, 2020 was already eligible to work legally as a CNA or (ii) after October 23, 2020 becomes eligible to work legally as a CNA after completing the full 105-hour training detailed at 410 IAC 16.2-3.1-14(c). Such a person may work as a CNA for any health care provider or facility.
5. Pursuant to paragraph 13(B) of the Governor’s March 19, 2020 Executive Order 20-05, the waivers and actions authorized by this Order shall expire no earlier than the date the Governor’s Declaration is withdrawn or expires, including any extensions thereof.

SO ORDERED as of the date set forth below.

Kristina Box, MD, FACOG
State Health Commissioner

By: 

Matthew Foster, Assistant Commissioner
Consumer Services & Health Care Regulation

Date: November 6, 2020

Expedited CNA Training for PCAs and TNAs

Approved by emergency order on October 24, 2020

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II. The Role of the Nurse Aide	
III. The Care Team and the Chain of Command	
IV. Communication and Interpersonal Skills	
V. Resident-Centered Care (Person-Centered Care)	
Lesson 2	
Resident Rights	
<i>Covered in initial PCA/TNA training</i>	
Lessons 3&4	15-25
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I. Reintroduction to Infection Control	
II. Hand Hygiene	
III. Personal Protective Equipment (PPE)	
IV. Precautions	
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APPENDIX A

Lesson/Content

Curriculum Pages

Lesson 6 32-36

Fire Safety and Other Resident Safety Concerns [15 minutes]

- I. Fire Safety
- II. Side rails/Entrapment
- III. Resident Elopement
- IV. Smoking

RCP#10 Fire

RCP#11 Fire Extinguisher

Lesson 7 37-40

Basic Nursing Skills (Vital Signs, Height and Weight) [60 minutes]

- I. Initial Steps
- II. Final Steps
- III. Vital Signs
- IV. Measuring and Recording Height and Weight

RCP#14 Pulse and Respirations

RCP#15 Blood Pressure

RCP#16 Height

RCP#17 Weight

Lesson 8

Activities of Daily Living (Positioning/Turning, Transfers)

Covered in initial PCA/TNA training

Lesson 9 48-50

Activities of Daily Living (Devices Used for Transfer) [30 minutes]

- I. Using Mechanical Lifts
- II. Transfer Resident to Stretcher/Shower Bed
- III. Transfer – Two Person Lift

RCP#29 Assist with Cane

*RCP#30 Transfer to Stretcher/Shower Bed**

*RCP#31 Transfer: Two Person Lift**

Lesson 10 51-53

Activities of Daily Living (Bathing, Shampoo, Perineal Care) [30 minutes]

- I. Shower/Shampoo/Drape-Undrape/Bed Bath/
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RCP#32 Shower/Shampoo

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Lesson 11

54-57

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I. Grooming/Personal Hygiene

RCP#37 Oral Care for Unconscious

RCP#38 Denture Care

RCP#39 Electric Razor

RCP#40 Safety Razor

RCP#41 Comb/Brush Hair

RCP#42 Fingernail Care

RCP#43 Foot Care

Lesson 12

58-62

Activities of Daily Living (Dressing, Toileting) [45 minutes]

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II. Toileting

RCP#44 Change Gown

*RCP#47 Bedside Commode**

RCP#48 Bedpan/Fracture Pan

*RCP#50 Empty Urinary Drainage Bag**

*RCP#51 Urine Specimen Collection**

*RCP#52 Stool Specimen Collection**

Lesson 13

Resident Environment

Covered in initial PCA/TNA training

Lesson 14

67-75

Activities of Daily Living (Nutrition/Hydration) [30 minutes]

I. Promoting Proper Nutrition and Hydration

II. Promoting the Use of Proper Feeding Technique/Assisting a Resident with Special Needs

III. Caring for a Resident with a Tube Feeding and the Resident at Risk for Aspiration

RCP#56 Thickened Liquids

RCP#58 Feeding

Lesson 15

76-82

Skin Care/Pressure Prevention [45 minutes]

I. Understanding the Integumentary System and Basic Skin Care

II. Risk Factors for Skin Breakdown

III. Development

IV. Prevention

RCP#60 Inspecting Skin

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<u>Lesson/Content</u>	<u>Curriculum Pages</u>
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II. Types of Prosthetic Devices	
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IV. Role of CNA regarding Hearing Aids	
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Lesson/Content**Curriculum Pages**

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