

# Covid-19 Bulleted Guidelines for Determining Exposure and Risks

**Initial reviews or screening must include all factors involved to complete an objective determination if a Close Contact Exposure by CDC definition has actually occurred or not.**

The CDC defines a Close Contact Exposure creating High Risk as:

- Within the last 14 days, were you within approximately 6 feet **or** in the room **or** care area **for a period of 10 minutes or more** with a known COVID-19 case **while not wearing recommended personal protective equipment?**  
**OR**
- Did you have **direct contact with infectious secretions** of a known COVID-19 case (being coughed on) **while not wearing recommended personal protective equipment?**  
**OR**
- Living in the same household with a person with symptomatic laboratory-confirmed COVID-19 and they have not utilized recommended precautions for home care and isolation.

Medium Risk:

- Having traveled to an area of concern for COVID-19 spread in the last 14 days (Foreign travel or to New York, Washington State, etc.).
- Living in the same household as or an intimate partner of or caring for a person in a non-healthcare setting with someone with COVID-19 or symptomatic while using recommended precautions for home health care and isolation.

Low Risk:

- Being in the same indoor environment (classroom, waiting room, etc.) as a person with laboratory confirmed COVID-19 for a prolonged period of time, but **not** meeting the definition of Close Contact Exposure.

No Identifiable Risk:

- Only brief interaction with a person with laboratory confirmed COVID-19 that does not meet any of the conditions above, such as walking past the person or briefly being in the same room.

COVID-19 SYMPTOMS: Fever, cough, and shortness of breath. (Fever = body temperature greater than or equal to 100.5F)

Q; Who should be tested?

A: Only those persons in the High and Medium Risk categories or those with the COVID-19 symptoms listed above should be tested.

Those being tested should inquire if their sample can be sent directly to the Indiana State Department of Health laboratory for processing. If not, seek a facility that will send the sample directly to ISDH.

## Returning to Duty

Stay home for 14 days. A medical provider note is needed to return to work for:

- Positive COVID-19 test
- Close Contact Exposure
- High or Medium Risk **with** symptoms

Remain on duty. Monitor your health daily for COVID-19 for:

- Low or no identifiable risk **without** symptoms

Sources: CDC COVID-19 Risk Assessment for All and CDC What LE Personnel Need to Know About COVID-19