

Positive School Discipline Institute (PSDI) 2022

A Culturally-Responsive, Trauma-Informed Training for School Discipline Reform
Registration is now open for the Spring 2022 Cohort.

PSDI is a 9-month Training Initiative on:

- ACES, Trauma and Toxic Stress, Regulation/Deregulation and Resilience
- Administrators and Systems
- Teachers and Strategies
- Relationships Through Accountability
- Comprehensive Plan for Implementing the Trauma-Informed School
- Adult and Youth Regulation Strategies
- Adult Self-Care
- School and Home as Partners: Understanding Trauma and Strategies for Building Resilience
- Students' Understanding Trauma and Resilience and How The Brain Works

For more information or to attend a Virtual PSDI Information Session on August 12, Noon-1 pm, please contact Fiona Makowski, fmakowski@cpliind.org.

Training Sessions	Spring 2022 Cohort
Session 1: Creating A Culturally-Responsive, Trauma-Informed School	Jan. 5-6, 2022, 9 am-4 pm EST, <i>In-person</i>
Session 2: Master Trainer Program (MTP) for School Trauma Lead Coaches	May 19-20, 2022, 9 am-4 pm EST, <i>Virtual</i>
Session 3: Positive School Discipline Strategic Plan	Aug. 12, 2022, 9 am-4 pm, <i>Virtual</i>

OVERVIEW OF THE PSDI TRAINING

The Children's Policy and Law Initiative of Indiana will train two cohorts of schools¹ through the Positive School Discipline Institute during the 2021-22 School Year. This training is built on a national best practice model, *The Trauma-Informed School*, led by Jim Sporleder, the featured former principal in the award-winning film *Paper Tigers*. The Institute targets educators and school safety personnel serving Kg through 12th grades. It provides the training, tools and strategies to help school administrators, teachers, and school resource officers reduce high suspension rates and excessive exclusionary disciplinary practices that undermine student academic success. A 7-member Core Team will be trained in culturally-responsive, trauma-informed practices. The team engages in a school-wide planning process to advance positive school discipline and helps lead reform of school disciplinary practices in their own school.

Additionally, the PSDI Master Trainer Program (MTP) offers additional training for one (1) designated team member to become the School Trauma Lead Coach, who coordinates the implementation of school-wide training on culturally-responsive, trauma-informed practices, and conducts professional development using the online MTP curriculum and resources.

¹ 54 School Teams throughout Indiana have been trained to date.

The Core Team receives 2 days of live training on foundational concepts in Session 1. The Institute also includes three (3) pre-recorded series with six (6) 1-hour presentations in each series for Administrators, Teachers, and School Resource Officers, as well as monthly technical assistance opportunities. Additionally, the School Trauma Lead Coach receives 2 days of train-the-trainer instruction in Session 2, and in Session 3, helps lead the development of their school's strategic plan to implement disciplinary reforms.

LIVE TRAINING SESSIONS

Session 1: Creating A Culturally-Responsive, Trauma-Informed School. This 2-day training session for the Core Team will include a screening of the nationally acclaimed film *Paper Tigers*, and a full-day training on the *Trauma-Informed School* with Jim Sporleder. Other training topics include: Neuroscience and Adolescent Development, Implicit Bias, Culturally-Responsive Practices, and Cross-Training on the Juvenile Justice System.

Session 2: Master Trainer Program (MTP) for School Trauma Lead Coaches. The MTP equips the School Trauma Lead Coach to support their schools with intensive knowledge of evidence-based, positive school discipline practices grounded in *The Trauma-Informed School* model, and provides them with the tools to conduct professional development opportunities in their buildings. A Capstone Project Requirement involves completing a 20-hour Online Curriculum Course; facilitating the development of a Positive School Discipline Strategic Plan with school leadership using an online template; and developing a personal plan to advance professional development on culturally-responsive, trauma-informed practices schoolwide.

Session 3: Positive School Discipline Strategic Plan. The School Trauma Lead Coach, along with the Principal, participate in a strategic planning session using the template plan provided by PSDI. Jim Sporleder and other best practice experts offer input on implementation plans, information on community resources, and funding sources for continued plan implementation.

PRE-RECORDED ON-LINE TRAINING SERIES

Pre-Recorded On-Line Series for Administrators (Six 1-hour Sessions): Training topics include specific systemic issues, such as working collaboratively and leading change, data collection, school code of conduct and discipline policies, defining the role of law enforcement, alternatives to suspension and school-based arrest, and issues related to implementing a culturally-responsive, trauma-informed model school-wide. Information on best practice resources is provided to promote positive discipline strategies and professional development opportunities for inclusion in future planning. Peers from previously-trained schools will be invited to share their experiences and insights.

Pre-Recorded On-Line Series for Teachers (Six 1-hour Sessions): Training topics include classroom management strategies and supports to: engage all students, reduce out-of-classroom referrals, and effectively manage classroom behavior through a culturally-responsive, trauma-informed lens. Additional topics include de-escalation skills, restorative practices, and teacher self-care.

Pre-Recorded On-Line Series for Law Enforcement/School Resource Officers (Six 1-hour Sessions): The training topics include discussion of model policies defining the role of law enforcement, law enforcement working effectively on the education team and with special education requirements, law enforcement and crisis in the classroom, culturally-responsive practices, implicit bias and de-escalation skills.