



Office of Judicial Administration

Justin Forkner, Chief Administrative Officer • 317-232-2542 • courts.in.gov

Your Honors,

On behalf of the Indiana Supreme Court and Office of Judicial Administration, I am excited to invite you to the 2021 Annual Meeting of the Judicial Conference of Indiana, beginning on September 1 and running through September 3. We will once again be together in person, and we will once again be at the historic French Lick Springs Hotel. After the struggles of the last eighteen months, I know this will be an opportunity to not only receive top-quality education but also socialize together in a relaxing atmosphere.

Please know that your health and safety are of the utmost importance to us, and our staff will be monitoring safety guidelines and recommendations up to, and through, the Annual Meeting. We will not hesitate to adjust our protocols if necessary to keep us all safe, but as of right now:

- If you are fully vaccinated, you do not need to wear a mask.
- If you are not fully vaccinated, you must wear a mask. We will have masks available.
- If you have any COVID symptoms in the week before the Annual Meeting, we ask that you please stay home. We will be recording some of the sessions and providing those through the Indiana Courts Education Network; this will fulfill your statutory attendance requirement and ensure you receive the same great CJE.

Your Judicial Education Committee and the Indiana Office of Court Services have crafted a superb educational program that I hope you'll find both enjoyable and informative. Featured guest speaker Jonathan Shapiro will return for an encore appearance, following the success of his presentation at our 2018 Annual Meeting. Mr. Shapiro is a former federal prosecutor, law professor turned author, and award-winning television writer and producer of *Goliath*, *The Blacklist*, *Life*, *Boston Legal*, and *The Practice*. And in addition to the educational sessions, we will also feature a reception and buffet dinner; wellness events such as run/walk groups and yoga; and an optional movie night with the documentary, "The Definition of Insanity."

We will convene on September 1 at 1:00 p.m. I look forward to seeing you all there!

Respectfully,

Indiana Supreme Court

Office of Judicial Administration • 251 N. Illinois Street, Suite 1600 • Indianapolis, IN 46204

Participants & Attendance

The 2021 Annual Meeting on September 1-3 is open to appellate judges, trial court judges, magistrates, full-time referees and commissioners (who do not practice law), certified senior judges, and Marion County Small Claims Court judges. Office of Judicial Administration staff attorneys may attend as well.

The conference is not mandatory this year. Video-replays of most sessions will be available on the Indiana Courts Education Network (ICEN) after the conference.

Location

The French Lick Springs Hotel in French Lick, Indiana will host the Annual Meeting. A link for driving directions will be included in your confirmation notice. For road construction that will impact your travel route, visit the Indiana Department of Transportation [website](#) for more information.

Registration

Submit an [electronic registration form](#) by Thursday, August 26, to reserve your place and meals. Also, take a few minutes to indicate which of the concurrent sessions you might be interested in attending. The information will be used solely to make meeting room assignments.

Hotel

A room block is available at French Lick Springs Hotel (the conference site) with a smaller room block at West Baden Springs and French Lick Valley Tower. Book reservations under the attending judicial officer's name (not a spouse's name). The rate may increase after the block sells out or after the rate deadline.

RESERVE YOUR ROOM

- **Deadline: Tuesday, August 9, 2021**
- **Phone 888-936-9360 for hotel reservations**
- **Group Name for Room Rate: Indiana Office of Court Services (Group Code: 0821IOC)**
- **Online at [Book at French Lick Springs Hotel](#)**

GROUP RATES

- **French Lick Springs Hotel (FL): \$130 + taxes**
- **French Lick Valley Tower (VW): \$130 + taxes**
- **West Baden Springs (WB): \$180 + taxes**

Judicial Officer Expenses

IOCS will reimburse round-trip mileage from county seat to county seat **and** \$110 of the hotel overnight for the evening of 9/1 & 9/2 to State-paid trial judges and magistrates, to Marion County Small Claims Court judges, and to certified senior judges. IOCS will send an online roundtrip mileage request form. IOCS will not reimburse hotel and mileage expenses to appellate judges, to Orange County judges, or to commissioners and referees who are paid solely by the county.

Meals

The Indiana Office of Court Services will provide dinner on Wednesday. Thursday's lunch is in conjunction with the Indiana Judges Association Annual Meeting. A breakfast buffet will be offered on Thursday and Friday mornings. Guests are welcome to attend the meals at cost by prior arrangement. Indicate meal requests when registering online. All guest meals are payable in advance. Mail checks payable to "Judges Conference Activities" to the Indiana Office of Court Services.

Meal Cancellation Policy

Attendees who make meal reservations and fail to attend will be invoiced for the missed meal. Conferee and guest meal cancellations must be received no later than noon (EDT) on August 26 to avoid being billed.

Materials

Materials will be posted to the INcite conference materials application by August 30. You will receive an email when materials are available for download. Contact the Trial Court Technology Help Desk at helpdesk@courts.in.gov or 888-275-5822 if you need help accessing your account or experience any problems logging on to INcite.

Benefit Information

Representatives from the Office of Judicial Administration, state benefit providers, and retirement plan administrators will be onsite Thursday to answer questions about judicial officer benefits.

Judicial Health & Wellness

Your health and wellness are of paramount importance. Plan to participate in a run or walk on

Thursday and Friday mornings or one of the yoga classes on Thursday.

Internet Access

Complimentary Wi-Fi is available in all guest rooms and meeting rooms.

Office of Court Technology

Internet Café & Demo Room

On Wednesday and Thursday, visit the Office of Court Technology Internet Café and Demo Room to meet with staff members, get answers to your technology questions, or use the computers to check email, access Odyssey, and read the news.

Judicial Officer Photos

On Wednesday and Thursday, photos will be taken for the next judicial officer directory and court-issued Judicial Officer ID Badges. Stop by our "photo studio" and update your photo!

Credit Hours

A total of 11 hours of Continuing Judicial Education (CJE)/Continuing Legal Education (CLE) credit, including at least 4.5 hours of ethics credit, is available for attending the entire conference. Session descriptions indicate if ethics credit is available.

Eleven (11) hours of Judicial College/Master's Judicial College Credit is available for attending the entire meeting. CJE/CLE and Judicial College Credit attendance credit can be claimed by submitting the online form. A link to the evaluation form and CJE/CLE form will be emailed to registered conference participants.

To check your CJE/CLE credit hours, sign in at portal.courts.in.gov, or call the Office of Admissions & Continuing Education at (317) 232-2552.

Recorded Sessions

We will be video recording many of the Annual Meeting sessions and making the video replays available on the Indiana Courts Education Network (ICEN). If you cannot attend due to court calendar or comfort level in attending in-person events, watching the video replays will satisfy the attendance requirement this year. The recordings will be made available 4-6 weeks after the conference. For assistance logging into the Network, contact education@courts.in.gov.

The following sessions will be recorded:

- Self-Represented Litigants
- Benefits and Retirement 101
- Criminal Law Update
- Family Law Update
- Civil Law Update
- Ethics Across the Nation
- Ethics Medley
- New Rules and Amendments
- Recognizing and Responding to Traumatized Children, Adolescents, and Adults: What Courts CAN Do and Why
- Improving Court & Community Response to Mental Health and Co-Occurring Disorders
- Co-Occurring Disorders

Room Set-up, Safety Precautions & Health Safety and Safety Protocols

Plenary session room set-up is rounds of six to seven people per table and breakout session rooms will be theatre style seating. Participants may select different colored lanyards to display proximity comfort level; hand sanitizing stations will be available, and the program includes extended break times.

Your health and safety are of utmost importance. We will monitor WHO, CDC, State, and local safety guidelines until the last minute, changing policies if necessary.

Our health and safety protocols currently include:

- Masks optional for the fully vaccinated,
- Masks are required if not vaccinated,
- Masks will be available, and
- Self-monitoring for any COVID symptoms before attending and not attending if any symptoms occur.

Visit the website [French Lick Safety](http://FrenchLickSafety.com) for the health and safety protocols implemented by French Lick Hotel which includes suspended daily housekeeping services and nightly turn-down service.

ADA Accommodation

If you need an Americans with Disabilities Act accommodation for purposes of attending this training, contact Heather Falks at heather.falks@courts.in.gov.

Tentative Dates

2022 Annual Meeting, Sept. 7-9
Century Center, South Bend

Wednesday, September 1

11:00 a.m. Registration with lunch on your own

11:00 a.m. Board of Managers Meeting

1:00 p.m. Opening Session

Annual Meeting Convenes

- Call to Order and Color Guard, Indiana National Guard
- Remarks by Mary Kay Hudson, Executive Director, Indiana Office of Court Services, Indiana Supreme Court
- Remarks by the Hon. Loretta H. Rush, Chief Justice of Indiana
- Remarks by Jonathan Shapiro returning for a “home again in Indiana” appearance for our Annual Meeting. Mr. Shapiro is a former federal prosecutor and law professor turned author and award-winning television writer and producer of *Goliath*, *The Blacklist*, *Life*, *Boston Legal*, and *The Practice*.

2:45 p.m. Break

3:15 p.m. Concurrent Sessions

- Benefits and Retirement 101
- Judicial Ethics
- Self-Represented Litigants
- What Stands in the Way Becomes the Way: Overcoming Obstacles to Judicial Well-being

4:45 p.m. Adjourn

5:00 p.m. “Late-Bird” Meetings

- Magistrates, Commissioners & Referees
- Senior Judges

5:45 p.m. Reception, Cash Bar, & Buffet Dinner

Come and fellowship with your colleagues and meet new judicial officers. Dinner will be served at 6:15 p.m.

Thursday, September 2

6:30 a.m. Judicial Wellness Activities: Run, Walk, Yoga

7:30 – 8:30 a.m. Breakfast Buffet

8:30 a.m. Plenary Session

- Call to Order by Justin P. Forkner, Chief Administrative Officer, Office of Judicial Administration (OJA), Indiana Supreme Court
- Presentation, The Office of Judicial Administration—Why, What, and Who with Justin P. Forkner
- Guest Speaker, James Bell, Paganelli Law Group

10:00 a.m. Break

10:30 a.m. Concurrent Sessions

- Civil Law Update
- Court Technology Essentials: Updates, Tips and Tricks and Previews of Coming Attractions
- Criminal Law Update
- Ethics Across the Nation

12:00 – 1:15 p.m.

Lunch, 86th Annual Meeting of the Indiana Judges Association

1:15 p.m. Concurrent Sessions

- Criminal Law Update

- Ethics Across the Nation
- Family Law Update
- Improving Court & Community Response to Mental Health and Co-Occurring Disorders

2:45 p.m. Break

3:15 p.m. Concurrent Sessions

- Civil Law Update
- Court Technology Essentials: Updates, Tips and Tricks and Previews of Coming Attractions
- Ethics Medley
- Family Law Update

4:45 p.m. Adjourn

Dinner is on your own.

5:15-5:45 p.m. Yoga

8:00 p.m. Optional: Movie Night “The Definition of Insanity” Documentary

Friday, September 3

6:30 a.m. Judicial Wellness Activities—Run, Walk

7:30– 8:30 a.m. Breakfast Buffet

Movie Discussion Tables, 7:30-8:00 a.m.

8:30 a.m. Award Ceremony & Closing Session

- Call to Order by the Hon. Kelly S. Benjamin
- Remarks by Vicki Davis, Deputy Director, Indiana Office of Court Services, Indiana Supreme Court
- Recognitions: Hon. Nanette K. Raduenz Award from ISBA, Judicial College Awards, Master’s Certificate Award & 24-year Awards
- Judicial Officer Spotlight: Hon. James S. Kirsch, Indiana Court of Appeals
- Behavioral Health Summit, Hon. Christopher M. Goff, Justice, Indiana Supreme Court
- Celebrating our 21st Century Statewide Case Management System, Hon. Steven H. David, Justice, Indiana Supreme Court
- Closing remarks by the Hon. Loretta H. Rush, Chief Justice of Indiana

10:00 a.m. Break

10:30 a.m. Concurrent Sessions

- Co-Occurring Disorders
- New Rules and Rule Amendments
- Recognizing and Responding to Traumatized Children, Adolescents, and Adults: What Courts CAN Do and Why
- When Acceptance isn’t Enough: Moving Through Grief and Loss Toward Meaning

12:00 p.m. Conference Adjourns

Other Essential Information

- Benefits Room & Office of Court Technology Café available on Wednesday and Thursday.
- Directory/ID Photos taken on Wednesday & Thursday
- JLAP, ICEN & Judicial Family Institute tables available during the conference

Wednesday at 3:15 p.m.

Benefits & Retirement 101

This informational session will include presentations from Anthem; INPRS; Key Benefit; HSA Authority, Active Health; and SHIP. Representatives will be discussing various benefit topics to include health insurance, Health Savings Account (HSA), Medicare, Retirement Medical Benefits Account and Judicial Retirement. This session is highly recommended for those near retirement and those looking to learn more about benefits and retirement. *No CLE/CJE credit will be offered for this session.*

Faculty to include: Valerie Brooks, Benefits Manager, Fiscal, Operations & Personnel Office, Indiana Supreme Court.

Self-Represented Litigants

Are you aware of all the initiatives and research regarding self-represented litigants (SRLs)? Have you considered the impact of remote hearings on SRLs? This group will provide updates on IndianaLegalHelp.org, Online Dispute Resolution and Navigator Pilot Project. In addition, this session will discuss the research on SRLs and remote hearings. This dynamic session will conclude with a panel discussion addressing how we could continue to use Zoom/remote hearings to help with pro bono and SRLs.

Faculty to include: Hon. Kimberly S. Dowling, Delaware Circuit Court #2; Hon. David J. Dreyer, Senior Judge; Kate Guerrero, Director of Indiana Legal Help, Indiana Bar Foundation; Robert Rath, Chief Innovation Officer, Office of Judicial Administration, Indiana Supreme Court; Marilyn Smith, Vice President & Director of Civil Justice Programs, Indiana Bar Foundation; and Professor Victor Quintanilla, Indiana University Maurer School of Law.

Judicial Ethics

► Ethics and Professionalism Credit

Members of the Ethics and Professionalism Committee bring you a medley of important ethical issues facing judicial officers today. Panelists will explore scenarios and common inquiries and analyze their ethical implications according to the Code of Judicial Conduct and other relevant Rules and Opinions.

Faculty to include: Members of the Ethics and Professionalism Committee.

What Stands in the Way Becomes the Way: Overcoming Obstacles to Judicial Well-being

In this follow-up to the Spring Judicial College well-being session, we will take a deeper look at the National Judicial Stress and Resilience Survey, particularly in the area of resilience activities. This interactive session will explore the connection between well-being and judicial ethics, identify specific resilience activities of interest to participants as well as barriers to participation in those activities, and brainstorm solutions to bridge the gap between interest and participation. Participants will leave with tools to increase their overall resilience and well-being and with an increased knowledge of resources available to them through JLAP and other sources of support.

Faculty: Loretta Oleksy, Deputy Director, Judges and Lawyers Assistance Program, Indiana Supreme Court; and Jill Carnell, J.D.

Thursday at 10:30 a.m.

Civil Law Update

► [Session Repeats at 3:15 p.m.](#)

This session discusses significant cases in the areas of civil torts, adoption, negligence, evidence, and many other issues related to your civil docket. After attending this session, judges will be able to: recall important appellate civil law cases from the past 12 months, describe how the holdings in those cases affect civil case processing as well as substantive matters in a civil caseload, and recognize cases on their dockets that will be influenced by the new cases.

Faculty: Hon. Marianne L. Vorhees, Delaware Circuit Court #1 and Hon. Bruce D. Parent, Lake Superior Court, Civil Division #7.

Court Technology Essentials: Updates, Tips and Tricks and Previews of Coming Attractions

► [Session Repeats at 3:15 p.m.](#)

This session will highlight what is new and updated in Odyssey, e-filing, and court technology generally, including the new version of Odyssey coming in October. The session will provide Odyssey tips and tricks and will address the potential impact of legislative changes on court technology applications. Attendees will learn how to utilize some basic tools and functions that will be especially beneficial to newer judges while providing an excellent review for more experienced judges. In addition to addressing current and ongoing programs, judges will learn about some additional projects and initiatives that are in the technology pipeline.

Faculty: Indiana Office of Technology Staff.

Criminal Law Update

► [Session Repeats at 1:15 p.m.](#)

Attend the Criminal Law Update to learn what is new, what has changed, and what has stayed the same since last year. The panel will describe recent case law covering speedy trials, guilty pleas, the charging information, motions to suppress, search & seizure, self-represented litigants, double jeopardy, and sentence enhancements. After attending this session, participants will be able to: recall important appellate criminal law cases from the past 12 months and recognize cases on their dockets that will be influenced by the new cases.

Faculty: Hon. Vicki L. Carmichael, Clark Circuit Court #4; Hon. Darrin M. Dolehanty, Wayne Superior Court #3; Hon Kimberly S. Dowling, Delaware Circuit Court #2; and Hon. Mark E. Spitzer, Grant Circuit Court.

Ethics Across the Nation

► [Ethics and Professionalism Credit](#)

► [Session Repeats at 1:15 p.m.](#)

This session examines judicial discipline decisions over the past year in the other 49 states, focusing on cases that created new law in the field of judicial ethics and cases that garnered significant public attention or were otherwise noteworthy. After attending this session, judges will be able to: summarize judicial ethics cases from other states, indicate how the facts and decisions in those implicate the Code of Judicial Conduct, and identify situations in their own courts and professional and personal activities that will be influenced by these decisions.

Faculty: Adrienne L. Meiring, Executive Director, Disciplinary Commission, Indiana Supreme Court.

Thursday at 1:15 p.m.

Criminal Law Update

► Repeat Session

Attend the Criminal Law Update to learn what is new, what has changed, and what has stayed the same since last year. The panel will describe recent case law covering speedy trials, guilty pleas, the charging information, motions to suppress, search & seizure, self-represented litigants, double jeopardy, and sentence enhancements. After attending this session, participants will be able to: recall important appellate criminal law cases from the past 12 months and recognize cases on their dockets that will be influenced by the new cases.

Faculty: Hon. Vicki L. Carmichael, Clark Circuit Court #4; Hon. Darrin M. Dolehanty, Wayne Superior Court #3; Hon Kimberly S. Dowling, Delaware Circuit Court #2; and Hon. Mark E. Spitzer, Grant Circuit Court.

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Faculty: Adrienne L. Meiring, Executive Director, Disciplinary Commission, Indiana Supreme.

Family Law Update

► Session Repeats at 3:15 p.m.

This session will recap important decisions from the past year in the family law areas of dissolution, property division, child custody, child support, and parenting time. After attending this session, judges will be able to: recall important appellate family cases from the past 12 months and recognize cases on their dockets that will be influenced by the new cases.

Faculty: Andrew Z. Soshnick, Partner, Faegre Drinker Biddle & Reath LLP.

Improving Court & Community Response to Mental Health and Co-Occurring Disorders

People with mental health issues present in all case types on your docket. This session will address the current mental health landscape in Indiana and what is being done to address local needs. The session will also address why this topic matters and why judges should be invested in developing solutions. This session is highly recommended for Judicial Officers involved with their local Justice Reinvestment Advisory Council (JRAC) and any judicial officer who encounters those with mental health needs. Indiana will have a multi-disciplinary Behavioral Health Summit in October 2022 to assist counties in making system improvements for Hoosiers with mental health needs. Judicial officers serve as the primary conveners in their communities and will have a major role in convening teams for the summit.

Faculty: Jay Chaudhary, Director of the Division of Mental Health and Addiction, Indiana Family and Social Services Administration; Brett Clark, Sheriff of Hendricks County and President of the Indiana Sheriff's Association; Hon. Christopher M. Goff, Justice, Indiana Supreme Court; and Mary Kay Hudson, Executive Director, Indiana Office of Court Services, Indiana Supreme Court.

Thursday at 3:15 p.m.

Civil Law Update

► Repeat Session

This session discusses significant cases in the areas of civil torts, adoption, negligence, evidence, and many other issues related to your civil docket. After attending this session, judges will be able to: recall important appellate civil law cases from the past 12 months, describe how the holdings in those cases affect civil case processing as well as substantive matters in a civil caseload, and recognize cases on their dockets that will be influenced by the new cases.

Faculty: Hon. Marianne L. Vorhees, Delaware Circuit Court #1 and Hon. Bruce D. Parent, Lake Superior Court, Civil Division #7.

Court Technology Essentials: Updates, Tips and Tricks and Previews of Coming Attractions

► Repeat Session

This session will highlight what is new and updated in Odyssey, e-filing, and court technology generally, including the new version of Odyssey coming in October. The session will provide Odyssey tips and tricks and will address the potential impact of legislative changes on court technology applications. Attendees will learn how to utilize some basic tools and functions that will be especially beneficial to newer judges while providing an excellent review for more experienced judges. In addition to addressing current and ongoing programs, judges will learn about some additional projects and initiatives that are in the technology pipeline.

Faculty: Indiana Office of Technology Staff.

Ethics Medley

► Ethics and Professionalism Credit

This dynamic session has two parts. The first part will focus on transgender competency: we will define and use terminology related to gender identity and gender expression; discuss best practices for the courtroom and courthouse toward those who are transgender, non-binary, and gender non-conforming; and address the ethical responsibilities of judicial officers who encounter cases involving individuals whose identities are not cisgender. The second part examines pertinent judicial discipline decisions in Indiana and discusses ethical issues that affect judges' daily professional lives. This part of the session will focus on cases that created new law in the field of judicial ethics or were otherwise noteworthy.

Faculty: James Bell, Paganelli Law Group and Ethan Rice, Fair Courts Project Attorney, Lambda Legal.

Family Law Update

► Repeat Session

This session will recap important decisions from the past year in the family law areas of dissolution, property division, child custody, child support, and parenting time. After attending this session, judges will be able to: recall important appellate criminal law cases from the past 12 months and recognize cases on their dockets that will be influenced by the new cases.

Faculty: Andrew Z. Soshnick, Partner, Faegre Drinker Biddle & Reath LLP.

Thursday at 8:00 p.m.

Optional Movie Night: “The Definition of Insanity” Documentary

The documentary follows a diverse group of people committed to the common goal of helping people with mental illness who enter through the courthouse doors. The film reveals a humane criminal justice approach to mental illness that is orchestrated from the court

outwards into the community. From court dates to group therapy, the film follows Miami's community-based experiment to solving the mental health crisis, where incarceration becomes the last resort and everyone from the police to prosecutors works together to support the notion that "recovery is possible." Run time is approximately one (1) hour and 15 minutes. CLE/CJE credit will not be granted for watching the film but will be given for attending the movie discussion tables on Friday morning.

Friday at 7:30 a.m.

"The Definition of Insanity" Movie Discussion Tables

Come and discuss the movie while eating breakfast and earn .5 hours of general CLE/CJE. Facilitators will be at each tables leading the conversation about the movie.

Table Facilitators to include: Hon. Kelly S. Benjamin, Bartholomew Circuit Court; Hon. A. Christopher Lee, Fulton Circuit Court; Hon. Bruce D. Parent, Lake Superior Court, Civil Division #7; and Hon. Thomas J. Felts, Senior Judge.

Friday at 10:30 a.m.

Co-Occurring Disorders

Indiana has made great strides in addressing substance use disorders. Indiana is currently working on addressing mental health disorders and is preparing for a multi-disciplinary Behavioral Health Summit in 2022. Considering the importance of these two topics, this session will provide judicial officers with an overview of the intersection between substance use disorders and mental health disorders, which are known as Co-Occurring Disorders.

Faculty: Dr. Allyson Dir, Assistant Professor, Indiana University School of Medicine.

New Rules and Rule Amendments

Our Indiana Rules of Court change every year, sometimes multiple times in a single year. What the rules were 5, 10, or 20 years ago is not what the rules are today. Knowing today's rules is essential! Attend this informative session to learn the new rules, rule amendments, and how court rules were interpreted by our appellate courts in cases decided this year.

Faculty: Hon. Paul A. Felix, Hamilton Circuit Court.

Recognizing and Responding to Traumatized Children, Adolescents and Adults: What Courts CAN Do and Why

Does appearing in your court add to a person's trauma, or reduce it? Why should you care? Studies have shown that trauma plays a prevalent role in the lives of the individuals coming into our courtrooms. This session builds on the basics about trauma—Adverse Childhood Experiences, Adverse Community Environments, and traumatic events—and offers judges practical, relevant suggestions on incorporating appropriate practices and responses to trauma into your daily work. Retired Judge Lynn Tepper will explain how to make your court trauma-informed without sacrificing efficiency, accountability, or fairness. In time, your outcomes may be critical in transforming your communities and stop the return of families, one generation after another. After attending this session, judges will be able to: explain why judges should strive to operate their courts in a manner that is sensitive and responsive to trauma, summarize the elements of a trauma-informed court, reduce the stress of the courtroom environment and its impact on trauma survivors, and identify changes they can make to respond to and reduce the effects of trauma among court users.

Faculty: Hon. Lynn Tepper, Retired, Sixth Judicial Circuit Court of Florida, Pasco and Pinellas Counties.

When Acceptance Isn't Enough: Moving Through Grief and Loss Toward Meaning

Our human instinct is to move away from pain, both physical and emotional. We touch a hot stove and quickly remove our hand. We experience difficult emotions and want to push them away or numb them. The problem with that approach is that pain is a messenger. We learn something useful for the future when we pay attention to the pain we feel from touching the hot stove. Our emotions work the same way, and grief is no exception. This session will explore the five stages of grief originally described by grief specialists Dr. Elizabeth Kubler-Ross and David Kessler – denial, anger, bargaining, depression, and acceptance – as well as the sixth stage more recently added by Kessler, finding meaning. Participants will leave with improved understanding of the impact ignoring or getting stuck in our emotions can have on our health, our relationships, and our professional conduct, increased awareness of the supportive resources available to them through JLAP, and an introductory experience with practices to help them find meaning in the aftermath of loss.

Faculty: Loretta Oleksy, Deputy Director, Judges and Lawyers Assistance Program, Indiana Supreme Court; and Jill Carnell, J.D.



SPOUSE & GUEST INFORMATION

Informative handouts from the Judicial Family Institute (JFI) may be found at the conference.

Spouses/Guests may attend designated sessions, space permitting, but must report their own attendance hours directly to the Indiana Office of Admissions & Continuing Education.

Conference Events for Spouses & Guests

French Lick Springs Resort and West Baden offer a variety of leisure activities for families and guests. Due to social distance room capacities, spouses and guests may be able to attend the plenary sessions, the following concurrent sessions, the run/walk, and yoga classes, space permitting.

Wednesday at 3:15 p.m.

- Benefits & Retirement 101
- Self-Represented Litigants
- What Stands in the Way Becomes the Way: Overcoming Obstacles to Judicial Well-being

Thursday at 10:30 a.m.

- Ethics Across the Nation

Thursday at 1:15 p.m.

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- Improving Court & Community Response to Mental Health and Co-Occurring Disorders

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- Ethics Medley

Thursday at 8:00 p.m.

- Optional Movie Night: "The Definition of Insanity"

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- "The Definition of Insanity" Movie Discussion Tables

Friday at 10:30 a.m.

- When Acceptance Isn't Enough: Moving Through Grief and Loss Toward Meaning