State of Illinois Illinois Department of Public Health



Small Social Gatherings Safety Tips

Get your flu-shot prior to visiting friends and family during the flu season.



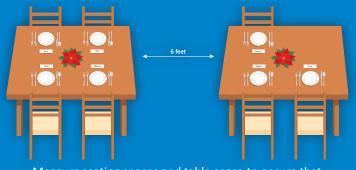
Influenza activity begins in the month of October and often peaks in the winter months so the time to get your flu shot is now.

Allow about 2 weeks for the flu shot to be active in protection.

Consider sharing your seating chart with guests in advance. Maggie, you will be sitting at Table 3 with your spouse, Jorge and your daughter Ximena.

Plan with care where each household will be seated before, during, and after the meal.

COVID-19



Measure seating spaces and table space to ensure that households are 6 feet apart.

Consider creating additional ventilation by opening windows slightly where possible.



Remember to be sure that food is served with utensils or individually prepared.



Having one household at a time approach the food serving area will prevent congregating or gathering in the kitchen/serving area.

Provide paper towels in the bathroom in place of a communal/shared hand towel.



Consider placing hand sanitizer throughout the house as well as disinfectant/wipes.



Questions about COVID-19? Call 1-800-889-3931 or email dph.sick@illinois.gov Illinois Department of Public Health - www.dph.illinois.gov