April 2026

Evanston Parks & Recreation

Monday	Tuesday	Wednesday	Thursday	Friday
The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act.		1 PEPPERONI PIZZA CALZONE BROCCOLI SICILIAN BLEND VEGETABLES MIXED SALAD GREENS DRESSING, ITALIAN MIXED FRUIT	2 LEMON BASIL CHICKEN CHICKEN, BONELESS COOKED- SAUCE, LEMON BASIL CREAM- GARDEN VEGETABLES CORN AND BLACK BEANS MULTI-GRAIN DINNER ROLL APPLESAUCE	3. SURIMI CRAB SALAD MIXED SALAD GREENS TOMATO WEDGES CUCUMBER SALAD MULTI-GRAIN DINNER ROLL FRUIT CUP
6 CHICKEN ALA ORANGE CHICKEN THIGH SAUCE, ORANGE BROWN RICE VEGETABLE PILAF BEANS, GREAT NORTHERN MUFFIN, RAISIN BRAN CHILLED PEACHES	**7** FRENCH DIP OF BEEF BEEF, ROASTED FRENCH DIP SAUCE, FRENCH DIP WITH MUSH- ROOMS AND ONIONS OVEN FRIES SWEET CORN WHOLE WHEAT FRENCH ROLL WHOLE APPLE	**8** CLASSIC LASAGNA WITH MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT VIENNA BREAD CHILLED PEARS	**9** ROASTED TURKEY AND CHED- DAR SANDWICH CHEESE SLICED, CHEDDAR LETTUCE AND TOMATO PEA SALAD PINEAPPLE TID BITS WHOLE WHEAT KAISER ROLL	**10** ALL BEEF HOT DOG WHOLE WWHEAT HOT DOG BUN TWICE BAKED POTATO CASSE- ROLE PEAS AND CARROTS BANANA
13 BBQ RIBLET W/BBQ SAUCE SWEET POTATO MASHED CHEF'S CHOICE VEGETABLE WHOLE WHEAT SANDWICH BUN STRAWBERRY YOGURT	**14** HAMBURGER BAKED BEAN CASSEROLE MIXED VEGETABLES WHOLE WHEAT HAMBURG- ER BUN MANDARIN ORANGE JELLO	**15** BLT CHICKEN SALAD MIXED SALAD GREENS AND TOMATO TRI BEAN SALAD CORN BREAD MANDARIN ORANGES	**16** SPAGHETTI AND MEATBALLS MARINARA CAPRI BLEND VEGETABLES WHOLE WHEAT VIENNA BREAD CHILLED PEARS	**17** BAKED POLLOCK BELLA VISTA BELLA VISTA SAUCE RED SKIN POTATOES CALIFORNIA VEGETABLES MULTI-GRAIN DINNER ROLL WHOLE APPLE
20 BAKED MEATLOAF WITH COUNTY GRAVY MASHED POTATOES STEWED TOMATOES WHOLE ORANGE	**21** EGGS WITH WHOLE WHEAT BIS- CUIT AND GRAVY EGGS, PLAIN OMELET TURKEY SAUSAGE GRAVY DICED HASHBROWN POTATOES WARM APPLE COBBLER JUICE BANANA	**22** SLOW ROASTED BEEF BEEF GRAVY AU GRATIN POTATOES CARROTS AND CHIVES MULTI-GRAIN DINNER ROLL MIXED FRUIT	**23** ASIAN GLAZED CHICKEN SAUCE, ASIAN GLAZE CITRUS BROWN RICE BROCCOLI MULTI-GRAIN BREAD MANDARIN ORANGE JELLO FORTUNE COOKIE	**24** TURKEY PASTA SALAD LETTUCE AND TOMATO TRI BEAN SALAD MULTI-GRAIN CRANBERRY ROLL PINEAPPLE TID BITS
27 PRIME RIB OF PORK PORK GRAVY BAKED POTATO CAULIFLOWER, PARSLIED MARBLE RYE BREAD MIXED FRUIT	**28** ITALIAN SAUSAGE WITH MARI- NARA SAUCE WITH ONIONS AND PEPPERS SCALLOPED POTATOES BRUSSELS SPROUTS WHOLE WHEAT SAUSAGE ROLL FRESH MELON	**29** BBQ PULLED CHICKEN BBQ SAUCE CHEDDAR MASHED POTA- TOES BROCCOLI WHOLE WHEAT SANDWICH BUN CHILLED PEARS	**30** DILLED TUNA SALAD SAND- WICH LETTUCE AND TOMATO GARBANZO AND KIDNEY BEAN SALAD WHOLE WHEAT KASIER ROLL FRUIT CUP	