

# August 2025



**Evanston™**  
Parks & Recreation

| Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                    | Wednesday                                                                                                                                   | Thursday                                                                                                                                                             | Friday                                                                                                                                                  |
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| The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act. |                                                                                                                                                            |                                                                                                                                             |                                                                                                                                                                      | <b>1</b><br>POTATO CRUSTED FISH FILET<br>AU GRATIN POTATOES<br>PEAS<br>WHOLE WHEAT BREAD<br>APPLESAUCE<br>*diced potatoes                               |
| <b>4</b><br>MEATBALL MARINARA SUB<br>SANDWHICH<br>POTATOES ITALIANO<br>ITALIAN GREEN BEANS<br>WHEAT FRENCH ROLL<br>WHOLE ORANGE<br>*lean beef patty marinara                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>5</b><br>SALISBURY STEAK<br>MASHED POTATOES/ GRAVY<br>CABBAGE AND CARROTS<br>MULTI GRAIN BREAD<br>MIXED FRUIT<br>OATMEAL RAISIN COOKIE<br>*diabetic sub | <b>6</b><br>ROASTED TURKEY BREAST<br>AND WISCONSIN CHEDDAR<br>WHEAT KAISER<br>LETTUCE AND TOMATO<br>PEA SALAD<br>PINEAPPLE TID BITS         | <b>7</b><br>LEMON BASIL CHICKEN<br>GARDEN VEGETABLES<br>CORN AND BLACK BEANS<br>MULTI GRAIN DINNER ROLL<br>APPLE SAUCE<br>BANANA                                     | <b>8</b><br>VEAL PARMESAN<br>PENNIE PASTA W/ MARINARA<br>SAUCE<br>BROCCOLI<br>WHEAT VIENNA BREAD<br>FRESH MELON                                         |
| <b>11</b><br>CHICEKN ALA ORANGE<br>VEGETABLE RICE PILAF<br>NORTHERN BEANS<br>BRAN MUFFIN BREAD<br>CHILLED PEACHES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>12</b><br>FRENCH DIP OF BEEF W/<br>MUSHROOMS AND ONIONS<br>OVEN FRIES<br>CORN<br>WHEAT FRENCH ROLL<br>WHOLE APPLE<br>CHEF CHOICE                        | <b>13</b><br>CLASSIC LASAGNA W/ MEAT<br>SAUCE<br>SQUASH MEDLEY<br>ITALIAN GREEN BEANS<br>WHOLE WHEAT BREAD<br>CHILLED PEARS                 | <b>14</b><br>SURIMI CRAB SALAD<br>MIXED SALAD GREENS W/ TOMATO<br>WEDGES<br>CILLED CUCUMBERS<br>APPLE CINNAMON MUFFIN<br>FRUIT CUP<br>*diabetic sub                  | <b>15</b><br>ALL BEEF HOT DOG<br>TWICE BAKE POTATO CASSE-<br>ROLE<br>OEAS AND CARROTS<br>WHEAT HOT DOG BUN<br>BANANA<br>*pulled pork w/ light bbq sauce |
| <b>18</b><br>BBQ RIBLET<br>SWEET POTATO MASHED<br>CHEFS VEGETABLE<br>WHEAT SANDWICH BUN<br>STRAWBERRY YOGURT<br>*low sodium sauce                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>19</b><br><b>LEVY IS CLOSED<br/>           TODAY FOR STAFF<br/>           TRAINING— NO<br/>           LUNCH WILL BE<br/>           SERVED</b>           | <b>20</b><br>BLT CHICKEN SALAD<br>MIXED SALAD GREENS W/ TO-<br>MATO WEDGES<br>TRI BEAN SALAD<br>CORN BREAD<br>MANDARIN ORANGES<br>*no bacon | <b>21</b><br>SPAGHETTI AND MEATBALLS W/<br>MARINARA SAUCE<br>CAPRI BLEND VEGETABLES<br>WHEAT VIENNA BREAD<br>CHILLED PEARS<br>*meatsauce                             | <b>22</b><br>BAKED POLLOCK BELLA VISTA<br>RED SKIN POTATOES<br>CALIFORNIA BLEND VEGGIES<br>MULTI - GRAIN DINNER ROLL<br>WHOLE APPLE                     |
| <b>25</b><br>BAKED MEATLOAF W/ COUN-<br>TRY GRAVY<br>MASHED POTATOES<br>STEWED TOMATOES<br>WHOLE WHEAT BREAD<br>WHOLE ORANGE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>26</b><br>EGGS W/ WHOLE WHEAT<br>BISCUIT AND GRAVY<br>DICED HASH BROWNS<br>APPLE COBBLER<br>JUICE<br>BANANA                                             | <b>27</b><br>SLOW ROASTED BEEF<br>AU GRATIN POTATOES<br>CARROTS AND CHIVES<br>MULTI GRAIN DINNER ROLL<br>MIXED FRUIT                        | <b>28</b><br>ASIAN GLAZED CHICKEN<br>CITRUS BROWN RICE<br>LETUCE/TOMATO<br>BROCCOLI<br>MULTI GRAIN BREAD<br>MANDARIN ORANGE JELLO<br>FORTUNE COOKIE<br>*diabetic sub | <b>29</b><br>TURKEY PASTA SALAD W/<br>SHELL RIGATE<br>LETTUCE/TOMATO<br>TRI BEAN SALAD<br>WHOLE WHEAT BREAD<br>PINEAPPLE TID BITS                       |