


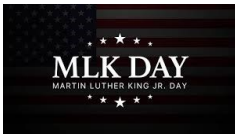
February 2025



Evanston™
Parks & Recreation

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act.</p>				
3 ROAST PORK & GRAVY AU GRATIN POTATOES PEAS & CARROTS MULTI GRAIN BREAD WHOLE APPLE	4 CHEDDAR BROCCOLI CHICKEN RICE CASSROLE CAULIFLOWER WHOLE WHEAT ROLL WARM PEAR AND CRANBERRY CRUMBLE PEA SALAD	5 SALISBURY STEAK/GRAVY MASHED POTATOES CORN WHOLE WHEAT ROLL PINEAPPLE TIDBITS	6 HOT DOG OVEN FRIES BEAN CASSEROLE WHOLE WHEAT HOT DOG BUN BANANA FRESH MELON	7 CLASSIC LASAGNA W/ MEAT SAUCE BROCCOLI CHEF'S CHOICE VEGETABLE MULTI GRAIN BREAD OATMEAL RAISIN COOKIE *diabetic sub
10 ROAST TURKEY & GRAVY BAKED SWEET POTATOES MIXED VEGETABLES BREAD STUFFING CHEF'S FRUIT	11 SPAGHETTI & MEATBALL MARINARA MIXED SALAD GREENS MULTI GRAIN BREAD WARM PEACH COBBLER FRUIT CUP *meatsauce	12 HAMBURGER GERMAN POTATO SALAD GREEN BEANS WHOLE WHEAT HAMBURGER BUN APPLE SAUCE	13 CHICKEN VESUVIO MASHED POTATOES CAULIFLOWER & RED PEPPERS MULTI GRAIN BREAD MANDARIN ORANGES CHEF'S CHOICE	14 CITRUS ALASKAN POLLOCK VEGETABLE RICE PILAF COUNTRY BLEND VEGETABLE WHOLE WHEAT ROLL CHICK PEA SALAD FRESH MELON
17 HOT ROAST BEEF MASHED POTATOES/GRAVY PEAS & CARROTS MULTI GRAIN BREAD FRESH ORANGE	18 BBQ RIBLET OVEN FRIES BLACK BEANS & CORN WHOLE WHEAT SANDWICH BUN WHOLE APPLE CHEF'S CHOICE	19 ROAST TURKEY W/ CHEDDAR ALE SAUCE VEGETABLE RICE PILAF BROCCOLI WHOLE WHEAT BISCUIT CHEF'S FRUIT OATMEAL RAISIN COOKIE *diabetic sub	20 BREAKFAST WESTERN EGGS HASH BROWNED POTATOES MAPLE GLAZED PEARS RAISIN BREAD CRANBERRY JUICE BANANA	21 CHICKEN BREAST PARMESAN PENNE PASTA / MARINARA SQUASH MEDLEY WHOLE WHEAT VIENNA CHILLED PEACHES
24 BAVARIAN BRATWURST DICED PARSLIED POTATOES CARROTS RYE BREAD FRESH MELON	25 CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE CHOCOLATE PUDDING *diabetic sub	26 TEXAS CHILI MAC & CHEESE COUNTRY BLEND VEGETABLE MULTI GRAIN BREAD FRUIT CUP	27 VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS BEET SALAD	28 BAKED POLLOCK PICCATA BAKED POTATO CALIFORNIA BLEND MULTI GRAIN BREAD LEMON MANDARIN PUDDING *diabetic sub

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
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<p>6 HOT ROAST BEEF MASHED POTATOES/GRAVY PEAS & CARROTS WHEAT BREAD FRESH ORANGE</p>	<p>7 BBQ RIBLET OVEN FRIES BLACK BEANS & CORN WHEAT SANDWICH BUN WHOLE APPLE CHEF'S CHOICE</p>	<p>8 ROAST TURKEY W/ CHEDDAR ALE SAUCE w/VEGETABLE RICE PILAF BROCCOLI. BISCUIT & CHEF'S FRUIT. OATMEAL RAISIN COOKIE. *diabetic sub</p>	<p>9 BREAKFAST WESTERN EGGS HASH BROWNED POTATOES MAPLE GLAZED PEARS RAISIN BREAD CRANBERRY JUICE BANANA</p>	<p>10 CHICKEN BREAST PARMESAN PENNE PASTA / MARINARA SQUASH MEDLEY WHEAT VIENNA CHILLED PEACHES</p>
<p>13 BAVARIAN BRATWURST DICED PARSLIED POTATOES CARROTS RYE BREAD FRESH MELON</p>	<p>14 CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE CHOCOLATE PUDDING *diabetic sub</p>	<p>15 TEXAS CHILI MAC & CHEESE COUNTRY BLEND VEGETABLE MULTI GRAIN BREAD FRUIT CUP</p>	<p>16 VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS BEET SALAD</p>	<p>17 BAKED POLLOCK PICCATA BAKED POTATO CALIFORNIA BLEND WHEAT BREAD LEMON MANDARIN PUDDING *diabetic sub</p>
<p>20 MLK DAY LEVY CENTER WILL BE CLOSED!</p> 	<p>21 TURKEY POT ROAST/GRAVY BAKED POTATO PEAS & CARROTS MULTI GRAIN BREAD CHEF'S FRUIT BANANA</p>	<p>22 SPAGHETTI & MEATBALL MARINARA BROCCOLI WHEAT VIENNA CHILLED PEACHES *meatsauce</p>	<p>23 CHICKEN TENDERS IN COUNTRY CHICKEN GRAVY & BREAD STUFFING SWEET POTATO MASHED NORTHERN BEAN & TOMATO MEDLEY PEA SALAD APPLE</p>	<p>24 SURIMI CRAB ALFREDO PENNE PASTA ZUCCHINI W RED PEPPERS & ONIONS CHEF'S CHOICE VEGETABLE MULTI-GRAIN DINNER ROLL FRUIT CUP</p>
<p>27 BAKED MEATLOAF W/ COUNTRY GRAVY CAULIFLOWER MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT ROLL PINEAPPLE TID BITS</p>	<p>28 BBQ PULLED PORK OVEN FRIES CARROT RAISIN SALAD WHEAT SANDWICH BUN WARM APPLE CRUMBLE CHEF'S CHOICE</p>	<p>29 MISO GLAZED CHICKEN THIGH SCALLOPED POTATOES BAKED BEAN CASSEROLE WHEAT BREAD FRUIT JELLO *diabetic sub</p>	<p>30 CHEESE OMELETTE HASH BROWNED POTATOES WHOLE WHEAT BISCUIT APPLE JUICE FRUIT YOGURT FRESH ORANGE</p>	<p>31 SWEDISH MEATBALLS/ GRAVY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH MELON</p>