



## Levy Pickleball Workshops Fall 24

### Important Information!

All levels of play require side-to-side mobility and hand/eye coordination. Those who have experience playing racquet sports will enjoy and develop more quickly. All workshops are limited to 12 participants. If your desired class is full, we recommend joining the waitlist. In the case of inclement weather, workshops will take place in the Levy Senior Center Gym if available.

**Instructor:** Carl Rosenthal

**Location:** James Park

**Fee:** 5 sessions: \$135 LM/\$176 NM

### Beginners

Basic fundamentals are taught learning positioning, the rules of play, and keeping score as your skills and knowledge of the game along with your confidence will improve. We will continue to review and practice at a slow and fun pace with instructional drills and open play to practice what we have learned. No experience required. All equipment will be provided.

<b>Class#</b>	<b>Dates</b>	<b>Days</b>	<b>Time</b>
534801A4	Sept 9-Oct 7	M	12p-1:15p
534801B4	Sept 11-Oct 9	W	12p-1:15p
534801C4	Oct 14-Nov 11	M	12p-1:15p
534801D4	Oct 16-Nov 13	W	12p-1:15p

### Advanced Beginners

This workshop is a continuation of the beginners class. This is for players with some knowledge but lack confidence in hitting the ball consistently. We will reinforce strategy with serves and returns, better shot placements, dinking, punching, lobs, footwork and movement, and communicating with your partner. Some may need to repeat this workshop several times before advancing to the next level.

**Instructor:** Carl Rosenthal

**Location:** James Park

**Fee:** 5 sessions \$135LM/\$176

<b>Class#</b>	<b>Dates</b>	<b>Days</b>	<b>Time</b>
534801E4	Sept 11-Oct 9	W	2:30p-3:45p
534801F4	Oct 16-Nov 13	W	2:30p-3:45p

### **Intermediate/Easy Play**

For players with more court experience, looking to improve the consistency of their shots and game strategy. This clinic will help players to develop and maintain a solid serve and return of serve shots. In addition, we will review stroke mechanics and footwork for ground strokes and volley shots. There will be an emphasis on the dink and ways to develop this very important skill. All learning will be reinforced through gameplay.

<b>Class#</b>	<b>Dates</b>	<b>Days</b>	<b>Time</b>
534802A4	Sept 9-Oct 7	M	1:15p-2:30p
534802B4	Sept 11-Oct 9	W	1:15p-2:30p
534802C4	Oct 14-Nov 11	M	1:15p-2:30p
534802D4	Oct 16-Nov 13	W	1:15p-2:30p

### **Advanced Intermediate**

This workshop is for the more mobile, competitive, and experienced pickleball players designed to improve your play with strategy drills, dinks, better shot placements, punching, lobs, and deeper serves. Players will practice and understand the drive and 3rd shot drop importance. We will follow our instructional drills with competitive and fun open play. Must have previous Pickleball playing experience.

<b>Class#</b>	<b>Dates</b>	<b>Days</b>	<b>Time</b>
534802E4	Sept 9-Oct 7	M	2:30p-3:45p
534802F4	Oct 14-Nov 11	M	2:30p-3:45p