

May 2024



Evanston™
Parks & Recreation

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act.</p>		<p>1 BBQ PULLED CHICKEN CHEESY MASHED POTATO BROCCOLO WHEAT SANDWICH BUN CHILLED PEARS</p>	<p>2 DILLED TUNA SALAD SANDWICH LETTUCE AND TOMATO GARBANZO BEAN KIDNEY BEAN SLIVERED CARROTS BALSAMIC WHEAT KAISER. BANANA FRUIT CUP</p>	<p>3 CHICKEN MARBELLA RICE FLORENTINE COUNTRY BLEND WHOLE WHEAT BREAD WHOLE ORANGE</p>
<p>6 KIELBASA DILLED POTATOES BEAN CASSEROLE RYE BREAD FRUIT CUP * LOW SODIUM ITALIAN PORK</p>	<p>7 CHICKEN W/ GARDEN ROTINI PASTA SALAD MIXED SALAD GREENS HERBED TOMATO WEDGES MULTI GRAIN BREAD, PINEAPPLE TIDBITS. CHEF CHOICE</p>	<p>8 EGGS LORRAINE POTATOES O'BRIEN FRUIT CUP BLUEBERRY MUFFIN WHOLE ORANGE</p>	<p>9 BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES CARROTS AND CHIVES WHOLE WHEAT BREAD CHILLED PEACHES FRESH MELON</p>	<p>10 POTATO CRUSTED FISH FILET AU GRATIN POTATOES PEAS WHOLE WHEAT BREAD APPLE SAUCE *DICED POTATOES</p>
<p>13 MEATBALL MARINARA SUB POTATOES ITALIANO ITALIAN GREEN BEANS WHEAT FRENCH ROLL WHOLE ORANGE *LEAN BEEF PATTY. DIABETIC SUB</p>	<p>14 SALISBURY STEAK MASHED POTATOES AND GRAVY CABBAGE AND CARROTS MULTI GRAIN BREAD MIXED FRUIT. OATMEAL RAISIN COOKIE. *DIABETIC</p>	<p>15 ROASTED TURKEY BREAST & WISCONSIN CHEDDAR WHEAT KAISER LETTUCE AND TOMATO PEA SALAD PINEAPPLE TIDBITS</p>	<p>16 LEMON BASIC CHICKEN GARDEN VEGETABLES CORN & BLACK BEANS MULTI GRAIN DINNER ROLL APPLE SAUCE BANANA</p>	<p>17 VEAL PARMESAN PENNE PASTA W/ MARINARA BROCCOLO WHEAT VIENNA BREAD FRESH MELON</p>
<p>20 CHICKEN ALA ORANGE VEGETABLE RICE PILAF NORTHERN BEANS BRAN MUFFIN BREAD CHILLED PEACHES</p>	<p>21 FRENCH DIP OF BEEF W/ MUSHROOMS AND ONIONS OVEN FRIES CORN WHEAT FRENCH ROLL WHOLE APPLE. CHEF'S CHOICE</p>	<p>22 CLASSIC LASAGNA W/ MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT BREAD CHILLED PEARS</p>	<p>23 SURIMI CRAB SALAD MIXED SALAD GREENS W/ TOMATO WEDGES DILLED CUCUMBERS APPLE CINNAMON MUFFIN FRUIT CUP. * DIABETIC SUB</p>	<p>24 HOT DOG TWICE BAKED POTATO CASSEROLE PEAS AND CARROTS WHEAT HOT DOG BUN BANANA *PULLED PORK W/ LIGHT BBQ SAUCE</p>
<p>27 CLOSED FOR MEMORIAL DAY</p>	<p>28 HAMBURGER BEAN CASSEROLE MIXED VEGETABLE WHEAT SANDWICH BUN FRUIT SUBNUST FRESH MELON *WHITE BEANS</p>	<p>29 BLT CHICKEN SALAD MIXED SALAD GREENS W/ TOMA- TO WEDGES TRI-BEAN SALAD CORN BREAD MANDARIN ORANGES *NO BACON</p>	<p>30 SPAGHETTI AND MEATBALLS MARINARA SAUCE CAPRI BLEND VEGETABLES WHEAT VIENNA BREAD CHILLED PEARS *MEAT SAUCE</p>	<p>31 HERBED BAKED CHICKEN MASHED POTATOES W/ GRAVY GREEN BEAN CASSEROLE BRAN MUFFIN BREAD WHOLE APPLE</p>