

# Seconds Save Lives

The Essential Guide to Stroke Savvy *with Endeavor Health*

**Stroke strikes swiftly, making every second count.**

With someone in the U.S. suffering a stroke every 40 seconds, knowledge and swift action are our strongest defenses. Join experts from Endeavor Health in a crucial webinar that will arm you with essential insights into stroke prevention, the subtleties of its symptoms, and life-saving response techniques. Transform your understanding and readiness into action, safeguarding the health of you and your loved ones.

Wednesday, May 8, 2024  
1:00 – 2:00pm  
Virtual | Free

Register by scanning the QR code or online at [EEHealth.org/classes-events/](https://EEHealth.org/classes-events/).

