

April 2024



Evanston™
Parks & Recreation

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 MEATBALL/MARINARA SUBSANDWICH POTATOES ITALIANO ITALIAN GREEN BEANS WHEAT FRENCH ROLL WHOLE ORANGE</p>	<p>2 SALISBURY STEAK MASHED POTATOES & GRAVY CABBAGE & CARROTS MULTI-GRAIN BREAD MIXED FRUIT OATMEAL RAISIN COOKIE</p>	<p>3 ROASTED TURKEY BREAST & WISCONSIN CHEDDAR WHEAT KAISER LETTUCE & TOMATO PEA SALAD PINEAPPLE TID BITS</p>	<p>4 LEMON BASIL CHICKEN GARDEN VEGETABLES CORN & BLACK BEANS MULTI - GRAIN DINNER ROLL APPLE SAUCE BANANA</p>	<p>5 VEAL PARMESAN PENNE PASTA MARINARA BROCCOLI WHEAT VIENNA BREAD FRESH MELON</p>
<p>8 CHICKEN ALA ORANGE VEGETABLE RICE PILAF NORTHERN BEANS BRAN MUFFIN BREAD CHILLED PEACHES</p>	<p>9 FRENCH DIP OF BEEF W/ MUSHROOMS & ONIONS OVEN FRIES CORN WHEAT FRENCH ROLL WHOLE APPLE CHEF CHOICE</p>	<p>10 CLASSIC LASAGNA W/ MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT BREAD CHILLED PEARS</p>	<p>11 SURIMI CRAB SALAD MIXED SALAD GREENS W/ TOMATO WEDGES DILLED CUCUMBERS WHOLE WHEAT BREAD APPLE CINNAMON MUFFIN FRUIT CUP</p>	<p>12 HOT DOG TWICE BAKE POTATO CASSEROLE PEAS & CARROTS WHEAT HOT DOG BUN BANANA</p>
<p>15 BBQ RIBLET SWEET POTATO MASHED CHEF'S VEGETABLE WHEAT SANDWICH BUN STRAWBERRY YOGURT</p>	<p>16 HAMBURGER BEAN CASSEROLE MIXED VEGETABLE WHEAT SANDWICH BUN FRUIT SUNBURST FRESH MELON</p>	<p>17 BLT CHICKEN SALAD MIXED SALAD GREENS W/ TOMATO WEDGES TRI-BEAN SALAD CRACKERS MANDARIN ORANGES</p>	<p>18 SPAGHETTI & MEATBALLS W/ MARINARA SAUCE CAPRI BLEND VEGETABLES WHEAT VIENNA BREAD CHILLED PEARS</p>	<p>19 HERBED BAKED CHICKEN MASHED POTATOES/ GRAVY GREEN BEAN CASSEROLE BRAN MUFFIN BREAD WHOLE APPLE</p>
<p>22 BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES STEWED TOMATOES WHOLE WHEAT BREAD WHOLE ORANGE</p>	<p>23 EGGS W/BISCUIT & GRAVY DICED HASH BROWNS APPLE COBBLER JUICE BANANA</p>	<p>24 SLOW ROASTED BEEF AU GRATIN POTATOES CARROTS & CHIVES MULTI - GRAIN DINNER ROLL MIXED FRUIT</p>	<p>25 ASIAN GLAZED CHICKEN CITRUS BROWN RICE BROCCOLI MULTI GRAIN BREAD MANDARIN ORANGE JELLO FORTUNE COOKIE</p>	<p>26 TURKEY PASTA SALAD W/SHELL RIGATE LETTUCE/ TOMATO TRI-BEAN SALAD WHOLE WHEAT BREAD PINEAPPLE TID BITS</p>
<p>29 PRIME RIB OF PORK BAKED POTATO PARSLIED CAULIFLOWER RYE BREAD MIXED FRUIT</p>	<p>30 ITALIAN SAUSAGE/MARINARA SCALLOPED POTATOES BRUSSELS SPROUTS WHEAT SAUSAGE BUN JUICE FRESH MELON</p>		<p>The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Old-Age, Blindness and Disability Act.</p>	