

February 2024



Evanston™
Parks & Recreation

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act.</p>			<p>1 CHEESE OMELETTE HASH BROWNED POTATOES WHOLE WHEAT BISCUIT APPLE JUICE FRUIT YOGURT FRESH ORANGE</p>	<p>2 SWEDISH MEATBALLS/GRAVY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH MELON</p>
<p>5 ROAST PORK & GRAVY AU GRATIN POTATOES PEAS & CARROTS WHEAT BREAD WHOLE APPLE</p>	<p>6 CHEDDAR BROCCOLI CHICKEN RICE CASSEROLE CAULIFLOWER WHOLE WHEAT ROLL WARM PEAR AND CRANBERRY CRUMBLE</p>	<p>7 SALISBURY STEAK & GRAVY MASHED POTATOES CORN MULTI-GRAIN DINNER ROLL PINEAPPLE TIDBITS</p>	<p>8 HOT DOG OVEN FRIES BEAN CASSEROLE WHEAT HOT DOG BUN BANANA FRESH MELON</p>	<p>9 SHAVED PORK W/MEDITERRANEAN SAUCE SCALLOPED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD APPLE SAUCE</p>
<p>12 ROAST TURKEY & GRAVY BAKED SWEET POTATOES MIXED VEGETABLES BREAD STUFFING CHEF'S FRUIT</p>	<p>13 SPAGHETTI AND MEATBALL MARINARA MIXED SALAD GREENS MULTI GRAIN BREAD WARM PEACE COBBLER FRUIT CUP *MEAT SAUCE</p>	<p>14 LASAGNA W/ MEAT SAUCE BROCCOLI CHEFS CHOICE VEGETABLE WHEAT BREAD OATMEAL RAISIN COOKIE *DIABETIC SUB</p>	<p>15 BAKED CHICKEN & GRAVY POTATOES CAULIFLOWER & RED PEPPER WHEAT BREAD MANDARIN ORANGES CHEF'S CHOICE</p>	<p>16 CITRUS ALASKAN POLLOCK VEGETABLE RICE PILAF COUNTRY BLEND VEGETABLE MULTI GRAIN DINNER ROLL CHICK PEA SALAD FRESH MELON</p>
<p>19 HOT ROAST BEEF MASHED POTATOES & GRAVY PEAS & CARROTS WHEAT BREAD FRESH ORANGE</p>	<p>20 BBQ RIBLET OVEN FRIES BLACK BEANS & CORN WHEAT SANDWICH BUN WHOLE APPLE CHEF'S CHOICE</p>	<p>21 ROAST TURKEY W/ CHEDDAR ALE SAUCE VEGETABLE RICE PILAF BROCCOLI BISCUIT OATMEAL RAISIN COOKIE</p>	<p>22 WESTERN EGGS HASH BROWN POTATOES MAPLE GLAZED PEARS RAISIN BREAD CRANBERRY JUICE BANANA</p>	<p>23 EGGPLANT PARMESAN PENNE PASTA W/ MARINARA SQUASH MEDLEY WHEAT VIENNA CHILLED PEACHES</p>
<p>26 SLICED BAVARIAN STYLE BRAT- WURST DISCED PARSLIED POTATOES CARROTS RYE BREAD FRESH MELON</p>	<p>27 CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESF ORANGE CHOCOLATE PUDDING *DIABETIC SUB</p>	<p>28 TEXAS CHILI MAC & CHEESE COUNTRY BLEND VEGETABLES MULTI GRAIN BREAD FRUIT CUP</p>	<p>29 VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS BEET SALAD</p>	