

# September 2023



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act.</p>				
<p>4 <b>CLOSED FOR THE HOLIDAY</b>  <b>Labor Day</b></p>	<p>5 Italian Sausage/ Marinara Scalloped Potatoes Brussel Sprouts Wheat Sausage Bun Fresh Melon *Italian ground park marinara</p>	<p>6 BBQ PULLED CHICKEN CHEESY MASHED POTATOES BROCCOLI WHEAT SANDWICH BUN CHILLED PEARS</p>	<p>7 DILLED TUNA SALAD SANDWICH LETTUCE/TOMATO GARBANZO &amp; KIDNEY BEAN W/ SLIVERED CARROTS BALSAMIC WHEAT KAISER BANANA &amp; FRUIT CUP</p>	<p>8 CHICKEN MARBELLA RICE FLORENTINE COUNTRY BLEND WHOLE WHEAT BREAD WHOLE ORANGE</p>
<p>11 KIELBASA DILLED BABY RED POTATOES BEAN CASSEROLE RYE BREAD FRUIT CUP *LOW SODIUM ITALIAN PORK</p>	<p>12 CHICKEN W/ GARDEN ROTINI PASTA SALAD MIXED SALAD GREENS HERBED TOMATO WEDGES MULTIGRAIN BREAD PINEAPPLE TID BITS, CHEF CHOICE*</p>	<p>13 SOUFFLE LORRAINE POTATOES O'BRIEN FRUIT CUP BLUEBERRY MUFFIN BREAD WHOLE ORANGE</p>	<p>14 BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES CARROTS &amp; CHIVES WHOLE WHEAT BREAD CHILLED PEACHES FRESH MELON</p>	<p>15 POTATO CRUSTED FISH FILET AU GRATIN POTATOES COLE SLAW WHOLE WHEAT BREAD HOT APPLESAUCE *DICED POTATOES</p>
<p>18 MEATBALL MARINARA SUB POTATOES ITALIANO ITALIAN GREEN BEANS WHEAT FRENCH ROLL WHOLE ORANGE</p>	<p>19 SALISBURY STEAK MASHED POTATOES W/GRAVY CABBAGE &amp; CARROTS MULTIGRAIN BREAD MIXED FRUIT</p>	<p>20 ROASTED TURKEY BREAST &amp; WISCONSIN CHEDDAR WHEAT KAISER LETTUCE &amp; TOMATO PEA SALAD</p>	<p>21 CHICKEN &amp; MINI DUMPLINGS GARDEN VEGETABLES CORN &amp; BLACK BEANS MULTI-GRAIN DINNER ROLL APPLE SAUCE</p>	<p>22 VEAL PARMESAN PENNE PASTA W/ MARINARA SAUCE BROCCOLO WHEAT VIENNA BREAD FRESH MELON</p>
<p>25 CHICKEN ALA ORANGE VEGETABLE RICE PILAF BEAN SALAD WHEAT CRANBERRY BREAD HOT PEACH CRUMBLE</p>	<p>26 FRENCH DIP OF BEEF W/ MUSHROOMS &amp; ONIONS OVEN FRIES CORN WHEAT FRENCH ROLL FRESH MELON CHEFS CHOICE</p>	<p>27 CLASSIC LASAGNA W/ MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT BREAD CHILLED PEARS</p>	<p>28 SURIMI CRAB SALAD MIXED SALAD GREENS W/TOMATO WEDGES DILLED CUCUMBERS WHOLE WHEAT BREAD APPLE CRISP FRUIT CUP. *DIABETIC SUB</p>	<p>29 HOT DOG TWICE BAKED POTATO CASSE-ROLE PEAS &amp; CARROTS WHEAT HOT DOG BUN BANANA</p>