

# May 2023



**Evanston™**  
Parks & Recreation

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> PRIME RIB OF PORK BAKED POTATO PARSLIED CAULIFLOWER RYE BREAD MIXED FRUIT</p>	<p><b>2</b> ITALIAN SAUSAGE/MARINARA SCALLOPED POTATOES BRUSSEL SPROUTS WHEAT SAUSAGE BUN JUICE FRESH MELON</p>	<p><b>3</b> BBQ PULLED CHICKEN CHEESY MASHED POTATO BROCCOLO WHEAT SANDWICH BUN CHILLED PEARS</p>	<p><b>4</b> DILLED TUNA SANDWICH LETTUCE &amp; TOMATO. GARBANZONO &amp; KIDNEY BEAN W/ SLIVERED CARROTS BALSAMIC WHEAT KAISER BANANA FRUIT CUP</p>	<p><b>5</b> CHICKEN MARBELLA RICE FLORENTINE COUNTRY BLEND WHOLE WHEAT BREAD WHOLE ORANGE</p>
<p><b>8</b> KIELBASA DILLED BABY RED POTATOES BEAN CASSEROLE RYE BREAD FRUIT CUP *LOW SODIUM ITALIAN PORK</p>	<p><b>9</b> CHICKEN W/ GARDEN ROTINI PASTA SALAD MIXED SALAD GREENS HERBED TOMATO WEDGES MULTI-GRAIN BREAD PINEAPPLE TID BITS *Chefs Choice</p>	<p><b>10</b> SOUFFLE LORRAINE POTATOES O'BRIEN FRUIT CUP BLUEBERRY MUFFIN BREAD WHOLE ORANGE</p>	<p><b>11</b> BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES CARROTS &amp; CHIVES WHOLE WHEAT BREAD CHILLED PEACHES FRESH MELON</p>	<p><b>12</b> POTATO CRUSTED FISH FILET AU GRATIN POTATOES COLE SLAW WHOLE WHEAT BREAD HOT APPLE SAUCE *DICED POTATOES</p>
<p><b>15</b> MEATBALL MARINARA SANDWICH POTATOES ITALIANO ITALIAN GREEN BEANS WHEAT FRENCH ROLL WHOLE ORANGE *LEAN BEEF PATTY MARINARA</p>	<p><b>16</b> SALISBURY STEAK MASHED POTATOES W/ GRAVY CABBAGE &amp; CARROTS MULTI-GRAIN BREAD MIXED FRUIT OATMEAL RAISIN COOKIE</p>	<p><b>17</b> ROASTED TURKEY BREAST &amp; WISCONSIN CHEDDAR WHEAT KAISER LETTUCE &amp; TOMATO PEA SALAD PINEAPPLE TID BITS</p>	<p><b>18</b> CHICKEN &amp; MINI DUMPLINGS GARDEN VEGETABLES CORN &amp; BLACK BEANS MULTI-GRAIN DINNER ROLL APPLE SAUCE BANANA</p>	<p><b>19</b> VEAL PARMESAN PENNE PASTA W/ MARINARA BROCCOLI WHEAT VIENNA BREAD FRESH MELON</p>
<p><b>22</b> CHICKEN ALA ORANGE VEGETABLE RICE PILAF WHEAT CRANBERRY BREAD HOT PEACH CRUMBLE</p>	<p><b>23</b> FRENCH DIP OF BEEF W/ MUSHROOMS &amp; ONIONS OVEN FRIES CORN WHEAT FRENCH ROLL FRESH MELON &amp; CHEF CHOICE</p>	<p><b>24</b> CLASSIC LASAGNA W/ MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT BREAD CHILLED PEARS</p>	<p><b>25</b> SURIMI CRAB SALAD MIXED SALAD GREENS W/ TOMATO WEDGES DILLED CUCUMBERS WHOLE WHEAT BREAD APPLE CRISP &amp; FRUIT CUP</p>	<p><b>26</b> HOTDOG TWICE BAKED POTATO CASSEROLE PEAS &amp; CARROTS WHEAT HOTDOG BUN BANANA *PULLED PORK W/ LIGHT BBQ SAUCE</p>
<p><b>29</b> <b>CLOSED FOR MEMORIAL DAY</b></p>	<p><b>30</b> HAMBURGER BEAN CASSEROLE MIXED VEGETABLE WHEAT SANDWICH BUN FRUIT SUBNUST FRESH MELON *WHITE BEANS</p>	<p><b>31</b> BLT CHICKEN SALAD MIXED SALAD GREENS W/ TOMATO WEDGES TRI-BEAN SALAD CRACKERS MANDARIN ORANGES *NO BACON</p>	<p>The City of Evanston does not discriminate in admission to programs, activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) for this publication were provided through an award from Age Options through grants from the Illinois Department on Aging and/or Administration on Aging, US Department of Health and Human Services under Title III of the Older Americans Act.</p>	