

Youth Mental Health First Aid

Identify.
Understand.
Respond.



What?

Internationally recognized, evidence-based training course for adults who work with teens.

Why?

Provides adults who work with teens a deeper understanding and action plan to respond to:

- Common signs and symptoms of mental illness and substance abuse
- Children in crisis and trauma
- Connect a person to help

How?

Josselyn provides on-site or virtual training for any school staff and/or students

Partner with Josselyn

- Receive MHFA action plan
- Create administration buy-in
- Identify student leaders

FREE Training

- 2 hours of prework*
- 4.5 hours of in-person training

*Prework sent 2 days after registering

FREE Training
December 13th
9am – 2:30pm
1135 Skokie Blvd.



**MENTAL
HEALTH
FIRST AID™**
www.MentalHealthFirstAid.org



Funding provided by
the Helle Family,
and Healthy Minds,
a division of Americorps

Register today: mnash@josselyn.org



847-441-5600 | josselyn.org



Mental health for all.