

## Levy Pickleball Workshops Fall 22

### Important Information

All levels of play require side to side mobility and hand/eye coordination. It's a fun sport, but you need flexibility and coordination. Those who have experience playing racquet sports will enjoy and develop more quickly.

### Beginners

This workshop consists of 45 minutes of instruction, followed by 45 minutes of open play. After the basics are taught with rules of play, keeping score and positioning, learn to improve your play individually improving your skills and confidence. Strategy with serves and returns, better shot placements, dinking, punching, lobs, footwork and movement and communicating with your partner. All equipment is provided. No class 9/26 and 10/5.

**Instructor:** Carl Rosenthal

**Location:** Lovelace Park

**Fee:** 5 weeks \$125LM/\$145

<b>Class#</b>	<b>Dates</b>	<b>Days</b>	<b>Time</b>	<b>Type</b>
534801A2	Sept 12-Oct 17	M	11a-12:30p	In-Person
534801B2	Sept 14-Oct 19	W	11a-12:30p	In-Person
534801C2	Oct 24-Nov 21	M	11a-12:30p	In-Person
534801D2	Oct 26-Nov 23	W	11a-12:30p	In-Person

### Advanced Beginners

This workshop is a continuation of the beginners class. This is for players with some knowledge but lack confidence in hitting the ball consistently. Some may need to repeat this workshop several times before advancing to the next level. advancing until the next level. No class 10/5.

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534801E2	Sept 14-Oct 19	W	2p-3:30p	In-Person
534801F2	Oct 26-Nov 23	W	2p-3:30p	In-Person

### **Intermediate/Easy Play**

For players with some court experience, looking to improve consistency of their shots and game strategy. This clinic will help players to develop and maintain a solid serve and return of serve shots. In addition, we will review stroke mechanics and footwork for ground strokes and volley shots. There will be emphasis on the dink and ways to develop this very important skill. All learning will be reinforced through game play or game play scenarios. No class 9/26 and 10/5.

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<b>Class#</b>	<b>Dates</b>	<b>Days</b>	<b>Time</b>	<b>Type</b>
534802A2	Sept 12-Oct 17	M	12:30p-2p	In-Person
534802B2	Sept 14-Oct 19	W	12:30p-2p	In-Person
534802C2	Oct 24-Nov 21	M	12:30p-2p	In-Person
534802D2	Oct 26-Nov 23	W	12:30p-2p	In-Person

### **Competitive/Aggressive Play**

This workshop is for the more mobile, competitive and experienced pickleball players designed to improve your play with strategy drills, dinks, better shot placements, punching, lobs, deeper serves and by the end of the clinic, players will understand the importance of the 3<sup>rd</sup> shot drop and have practiced some of the mechanics of this shot.. 45 minutes of instruction, followed by 45 minutes of open play. Must have previous Pickleball playing experience. No class 9/26.

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534802E2	Sept 12-Oct 17	M	2p-3:30p	In-Person
534802F2	Oct 24-Nov 21	M	2p-3:30p	In-Person