

# Levy Senior Center

## Spring 2022 – Art, Dance, and Music Classes

### **Clay Hand Building and Glazing**

Using a variety of clay, tools, methods and imagination, learn how to hand build. Slab roller and extruder are available for use. Fee includes instruction, firing and supplies. Space is limited. In-person program only. Instructor: Vivian Visser. No class Monday, May 30.

Fee: 9 Sessions: \$104 Levy Member/\$124 Non-Member

8 Sessions: \$92 Levy Member/\$112 Non-Member

Mondays, February 28 – April 25, 9:30am-12:30pm, Code: 514606A2

Mondays, February 28 – April 25, 1-4pm, Code: 514606B2

Mondays, May 2 – June 27, 9:30am-12:30pm, Code: 514606C2

Mondays, May 2 – June 27, 1-4pm, Code: 514606D2

### **Advanced Clay Hand Building & Glazing**

This program is for students who have taken previous clay hand building classes and have prior experience working with clay. Students will continue to learn clay building and create with advanced molds. Instructor: Vivian Visser. In-person program only.

Fee: 9 sessions: \$117 Levy member; \$137 Non-Member

Wednesdays, March 2 – April 27, 9:30am-12:30pm, Code: 514601A2

Wednesdays, May 4 – June 29, 9:30am-12:30pm, Code: 514601B2

### **Mosaic Tile - Stained Glass**

Discover the art of mosaic using stained glass. Learn about basic techniques, tools and materials involved in creating mosaic art. This class covers cutting, adhesives, substrates, design layout, and grouting. Experienced students can do glass on glass mosaic. Fee includes materials, just bring yourself. Participants will pick up and take home materials from the Levy Senior Center. Instructor: Vivian Visser. This program will be held in-person and virtually.

Fee: 9 week session, \$90 Levy Member, \$110 Non-Member

Fridays, March 4 – April 29, 9:30-11:30am, Code: 514626A2

Fridays, May 6 – July 1, 9:30-11:30am, Code: 514626B2

### **Clay animals and masks**

Lions and Tigers and Chickens. Oh My! Learn to create realistic animals out of clay as figurines or wall hanging masks. Completed projects will be fired and glazed. I will walk you through the process step by step. All levels are welcome. Instructor: Vivian Visser

Fee: 9 sessions: \$104 Levy member; \$112 Non-Member

Dates: Tuesdays, May 3 – June 28, Code: 514633B2

Time: 1pm-4pm

### **Crafters Unite**

Join our group of intermediate level crafters for the step by step creation of handmade home decor. Skills required are cutting with scissors and xacto knives, use of hot glue gun, measuring, and following directions. Supplies are included.

Fee: \$72 Levy Member / \$92 Non-Member

Wednesdays, May 4 – June 29, 1pm-3pm, Code: 514634B2

### **Continuing Line Dancing**

Wednesdays, 2:15pm-3:15pm

This class is for dancers with previous line dance experience. The dance level of this class is "high beginner." This class is being offered in-person only. Instructor: Judith Grubner.

Fee, 8 sessions: \$64 Levy Senior Member / \$84 Non-member

Wednesday, March 9 – April 27, Code: 514616A2

Wednesday, May 11 – June 29, Code: 514616B2

### **Line Dance Practice**

Wednesdays, 1-2pm

If you haven't danced for a while and would like a refresher class or if you just prefer less complicated choreography - this is the class for you. NOTE: If you have never line danced before you are welcome to attend this class. It might take you a few weeks to get up to speed with the other members of the class but I think you'll enjoy it and find it is worth it. Basic knowledge of steps and terminology and previous line dance experience would be helpful. This class is being offered in-person only. Instructor: Judith Grubner

Fee, 8 sessions: \$64 Levy Senior Member / \$84 Non-Member

Wednesday, March 9 – April 27, Code: 514618A2

Wednesday, May 11 – June 29, Code: 514618B2

### **Adult and Senior Ballet Class**

Regain your ballet technique or try for the first time. Come and practice your plies and tendus. We will enjoy a classical ballet class format with barre, center adagio and allegro. All exercises are encouraging our bodies to explore grace and strength. Ability to modify. This program is being offered in-person and virtually. Instructor: Nichola Goss. Location: Dance Room.

Time: 10:30-11:15am

Fee: 9 sessions, \$63 Levy Member / \$83 Non-Member

Wednesdays, March 2 – April 27, 10:30am-11:15am

Code In-Person: 514623A2

Code Virtual: 514623B2

Wednesdays, May 4 – June 29, 10:30am-11:15am

Code In-Person: 514623C2

Code Virtual: 514623D2

### **Adult and Senior Modern Dance**

Improving your coordination, muscle tone, and flexibility through Modern Dance. Class contains warm ups, isolations, progressions across the floor, improv from personal response to stimuli, and learn choreography. Clothing with freedom to move, no shoes or socks with grip soles. Instructor: Nichola Goss. Location: Dance Room

Time: 11:30am - 12:15pm

Fee: 9 sessions, \$63 Levy Member / \$83 Non-Member

Wednesdays, March 2 – April 27,

Code In-Person: 514635A2

Code Virtual: 514635B2

Wednesdays, May 4 – June 29,

Code In-Person: 514635C2

Code Virtual: 514635D2

### **BeMoved**

BeMoved(R) Dance Class: BeMoved inspires participants to embrace dance as a lifelong path to health, joy and fulfillment. We believe that movement, expressed through dance and music, has a transformative power that enriches a person's wellbeing above and beyond the well-known physical benefits. In a full class, you will experience BeMoved's Warm-Up, Genre, and Cool-Down. The Warm-Up infuses breath and movement in artistically choreographed sequences that activate core strength and balance while improving flexibility and coordination. The Genre section of class uses continuous and engaging dance combinations to inspire anyone from first-time dancers to professionals. Finally, the Cool Down brings your workout full circle, leaving you balanced in mind, body and soul – feeling rejuvenated. The class is a 50 minute, standing class that will take you dancing through the decades! Some styles you will explore are Backup Singer Moves (1950's), Stylized 60's, Disco, Latin, Bollywood, World Beat Fusion, Steps That Swing, and many more! This class will be held in-person only. Instructor: Heidi Mokrzycki. No Class April 12.

Date: Tuesdays, March 1 – April 26, Code: 514017A1

Tuesdays, May 3 – June 28, Code: 514017B1

Time: 10:30am – 11:20am

Fee: 9 Sessions: \$90 Levy Member / \$110 Non-Member

8 Sessions \$80 Levy Member / \$100 Non-Member

### **Ukulele for Seniors**

This class is for beginner level students and those with some experience who want to refresh and improve their skills. Come and learn the fundamentals and basic chords of the ukulele so that you can play songs you love. Folk, country, Motown, pop, we play it all! All types of Ukuleles are welcome but you should talk with the instructor before registering for the class if you own a baritone. Don't own a Ukulele, but want to learn? Pre-register for this class at least one week in advance, pay a \$50 instrument siedeosit and we will order a ukulele for you. If you decide that you are unable to continue the course, you will be refunded the amount of \$40 as long as the ukulele is returned in good condition.

Instructor: Lorraine Williams

Age Level: 55 yrs and up

Fee: 10 sessions, \$80 LM/\$100 NM

<u>Class#</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Type</u>
514610A2	Mar 24 – May 26	Th	12-1pm	In-person/Virtual

### **SENIOR UKULELE ENSEMBLE**

Looking for some fun people to play ukulele with? If you already know 2-3 strum patterns and 10-12 chords you will be able to have a lot of fun with this group. We play a wide variety of music from the 40s to the 70s and hold ukulele sing-along concerts at the Levy Center 3-4 times a year. (Participation in these concerts is not required in order to be in the ensemble) Drop-in available for \$10 for Levy members and \$12 for non-members. Class will be held virtually and in-person.

Instructor: Lorraine Williams

Location: Levy Senior Center

Fee, 10 sessions: \$80 LM/\$100 NM

<u>Class #</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Type</u>
514608A2	Mar 24-May 26	Th	1-2pm	In-person/virtual

### **Showers Singers**

The Shower Singers and Choraleers have joined forces! Have you ever wanted to sing? Join us this great group of talent at the Levy Senior Center. No experience necessary. Shower singers perform at several annual Levy Senior Center events throughout the year.

Instructor: Evelyn Binz

Dates: Tues., March 1 – April 26      Code: 514636A2

Tues., May 3 – June 28              Code: 514636B2

Time: 10:30am-Noon

Fee: \$34 Levy Member / \$54 Non-Member

### **Piano Lessons**

Have you ever wanted to learn to play the piano? You're never too old to learn something new. Piano instructor Evelyn Binz will teach students the basics, all the way to advanced piano. Evelyn offers piano lessons at the Levy Senior Center on Mondays, Tuesdays and Fridays. To schedule an appointment for piano lessons, please contact Tim Carter at 847-448-8293. Four, one (1) hour sessions of piano lessons costs \$100. Please pay at the beginning of each month. No refunds for missed appointments.