

Personal Training at Levy Center

Ages 18+

Take the road to a healthier tomorrow and find a personal trainer at the Levy Center who is right for you! You don't have to be a Levy Center member or a Fitness Room member to purchase a personal training package; the only requirement is that you're age 18 or older! Choose between 5 or 10 sessions in either 30 or 60 minutes lengths.

To receive the discount, you must pre-purchase a package (i.e., no discount if you buy sessions one at a time) and must use the same trainer for all sessions. Personal training passes expire 6 months from the date of issue. Sign up today at the Levy Center's office and you'll be on the road to a healthier tomorrow! **847-448-8250**.

*Virtual options may be available dependent on the Personal Trainer

Fee for 30-minute sessions:

1 session, \$30; 5-session package, \$135;
10-session package, \$270

Fee for 60-minute sessions:

1 session, \$43; 5-session package, \$194;
10-session package, \$387.