

Levy Senior Center

Art and Dance Classes

Winter 2021

Adult & Senior Salsa Dancing

The Latin music we hear today has its origins in Cuba where the blending of African drum rhythms and Spanish guitar evolved into a variety of Latin American music. We will be working on foundation patterns, the dance hold and Cuban motions. Come join us for seven weeks of fun, exercise and meet others who want to enjoy evenings of Salsa dancing. This program is perfect for beginner salsa dancers. Steve Mosco of Evanston DanceTech has been teaching ballroom dance for more than 40 years. He is particularly pleased to be working with the Levy Senior Center, just a few walking minutes from his family's home in south Evanston. No partner required. This program will be offered via zoom only. No class Monday, January 18.

Mondays, January 4 – February 22

Time: 5:30pm-6:30pm

Code: 544173A1

Fee: \$42 Levy Member/\$57 Non-Member

Clay Hand Building and Glazing

Using a variety of clay, tools, methods and imagination, learn how to hand build. Slab roller and extruder are available for use. Fee includes instruction, firing and supplies. Space is limited. In-person program only. Instructor: Vivian Visser. No class Monday, January 18.

Mondays, January 4 – February 22

Time: 9:30 a.m. -12:30 p.m., Code: 544118A1

Time: 1 p.m. – 4 p.m., Code: 544118B1

Fee: \$81 Levy Member; \$96 Non-Member

Mosaic Tile - Stained Glass

Discover the art of mosaic using stained glass. Learn about basic techniques, tools and materials involved in creating mosaic art. This class covers cutting, adhesives, substrates, design layout, and grouting. Fee includes materials, just bring yourself. Participants will pick up and take home materials from the Levy Senior Center. This program is virtual only. Zoom link will be emailed prior to the class. Instructor: Vivian Visser.

Fridays, January 8 – March 12

Time: 9:30-11:30am

Code: 544633A1

Fee: \$100 Levy Member/ \$115 Non-Member

Continuing Line Dancing

This class is for dancers with some previous line dance experience. No time will be given to learning basic steps. The dance level of this class is "high beginner." This class is being offered virtually only. Instructor: Billie Jean Darling.

Wednesdays, January 6 – February 24

Time: 2:15 p.m.-3:15 p.m.

Fee: \$48 Levy Senior Member/\$63 Non-Member

Code: 544628A1

Line Dance Practice

Wednesdays, 1-2pm

We'll keep it simple! If you haven't danced for a while and are looking for a refresher class or if you would just prefer less complicated choreography - this is the class for you. Knowledge of basic steps, terminology and some previous line dance experience would be helpful. This class is being offered virtually only. Instructor: Billie Jean Darling.

Date: Wednesdays, January 6 – February 24

Time: 1 p.m. – 2 p.m.

Code: 544623A1

Fee: \$48 Levy Member/\$63 Non-Member

Move it or Lose It

Wednesdays, 11:30:12:15pm

A movement class designed to improve balance, coordination, cognition, strength and mobility. This class uses light exercises adapted from a fall prevention program while increasing your mind and body. This program is a fun way to dance your way to health and balance. This program is being offered in-person and virtual. Instructor: Nichola Goss

Date: Wednesdays, January 6 – March 24

Time: 11:30 a.m. - 12:15 p.m.

Fee: \$25 Levy Member / \$40 Non-Member

Code: 544350A1 In-person

Code:544350B1 Virtual

Adult & Senior Ballet Class

Wednesdays, 10:30-11:15am

Regain your ballet technique or try for the first time. Come and practice your plies and tendus. We will enjoy a classical ballet class format with barre, center adagio and allegro. All exercises are encouraging our bodies to explore grace and strength. Ability to modify. This program is being offered in-person and virtually. Instructor: Nichola Goss. Location: Dance Room.

Date: Wednesdays, January 6 – March 24

Time: 10:30 a.m. -11:15 a.m.

Fee: \$48 Levy Member / \$63 Non-Member

Code: 544631A1 Virtual

Code: 544631B1 In-person

Adult Draw and Paint

Through observation and invention, we will explore drawing and painting techniques. A variety of materials will be used. Each week we will look at an artist for inspiration. Personal style will be encouraged. No previous experience necessary. Color, form and composition will be addressed. Both acrylic and watercolor paint will be used. Individual supply kits will be given for personal use. Register early, because space is limited to seven students. In-person program only.

Date: Thursdays, January 7 – February 25

Time: 3 p.m. to 4:30 p.m.

Fee: \$90 Levy Member / \$105 Non-Member

Code: 544634A1