

May Telephone Topics

brought to you by The Mather of Evanston

Pick up the phone and dial up free, fun, and interesting topics from the comfort of your home. All you need is your telephone!

Step 1: Find a topic you're interested in

Step 2: At the time listed for the program, dial in from any phone by calling (855) 880-1246

Step 3: Enter the meeting ID when prompted: 386 399 7030#

Step 4: Listen and enjoy. All calls are free.

Storytelling with Caroline, Caroline Latta, Theatre Department, Columbia College Chicago

Friday, May 1, 1pm

Hear a master storyteller read a thought-provoking short story, followed by discussion.

Caregiving & Creativity Chat, Sharon Smith, Mather & Ruthe Guerry, Art Therapist

Tuesday, May 5, 11am

Caregivers and care receivers: Learn how to relieve stress through creativity exercises and get resources for better self-care.

April Showers by Heather Braoudakis, Vocalist

Tuesday, May 5, 1pm

Enjoy the songs of spring from showers to sunshine to flowers.

Home Makeover Like a Designer, Karen Carpino, Registered Interior Designer

Wednesday, May 6, 1pm

Learn some techniques designers use to organize and rearrange home furnishings in order to make over your rooms.

Poetry by Marion Mango, Poet and Writer

Thursday, May 7, 1pm

Join us to listen or share favorite poetry that you have written or admire.

Going Up!, Kate Marrs, Presenter

Tuesday, May 12, 11am

Creating positive energy is easy! Learn ways to find humor in your everyday connections with other people.

Dean Martin by Brian Salgado, Presenter

Tuesday, May 12, 1pm

Hear about the life, career, and music of one of the most popular and enduring entertainers of the mid-twentieth century.

Game Time with Jeanne: Comedy Hour by Jeanne Roppolo, Author, Storyteller

Wednesday, May 13, 1pm

Join in our comedy hour with new and old friends as we laugh our way to a healthier future.

Cary Grant by Rich Lang, Media Historian

Thursday, May 14, 11am

Rich will discuss the life and career of this actor whose looks, style, and flair for romantic comedy made him one of Hollywood's most popular and enduring stars.

First Ladies: Sarah Polk by Ricki Saady, Presenter

Friday, May 15, 11am

Learn the story of this First Lady best remembered for being lively, charming, intelligent, and a good conversationalist.

Marvelous Musicals on the Air by Walter Podrazik, Author, Watching TV: Eight Decades of American Television

Wednesday, May 20, 11am

Hear how TV has brought musicals from the stage to our living rooms, from Groucho Marx in *The Mikado* to John Legend in *Jesus Christ Superstar*.

Storytelling with Michael, Michael Menendian, Theater Director

Friday, May 22 1pm

Sit back and enjoy a tale delivered by a master storyteller, then join a discussion about the story.

Outrageous Women in History by Jeanne Roppolo, Author, Storyteller & Motivational Speaker

Wednesday, May 27, 1pm

Let's celebrate the courageous warriors, queens, and intellectuals who were lost, forgotten, or overlooked in history.

Frank Sinatra by Rich Lang, Media Historian

Thursday, May 28, 11pm

Rich explores the life and career of one of the most popular and influential musical artists of the twentieth century.

Microgreens: Health Benefits & Nutrition by Lisa Nigro, Wellness Advocate & Certified Caregiving Consultant

Thursday, May 28, 1pm

Let's talk about what they are, where they come from, and how they are grown.

