

ANNUAL IMPACT REPORT

Get Healthy Idaho

2023



VISION

Healthy people living and thriving in safe, healthy, and resilient communities

MISSION

To create the conditions that ensure all people can achieve optimal health and resiliency

	<i>Activities</i>	<i>Details</i>	<i>Outcome</i>
27 GHI Community Progress Calls	Monthly progress updates with GHI communities: Elmore, Bannock, and Clearwater River Valley.	Progress updates scheduled on monthly cadence with each community. Milestones tracked, successes shared, TA provided.	<ul style="list-style-type: none"> GHI team is better informed of community progress and achievements. Better accountability to grant funders & reporting
6 Presentations	Presented to a mix of internal and external stakeholders, via in-person meetings, conferences and virtual platforms.	Audience: Idaho's federal delegation staff, DPH staff, CCAI annual meeting, Idaho Community Health Center Association staff, and ITD Board members.	<ul style="list-style-type: none"> Raising awareness of GHI plan update, community progress, health equity, and injury prevention
3 Communities Funded	One new community was awarded funds, increasing the number of awarded communities from 2 to 3.	An increase in funding from the PHI Grant and Diabetes Prevention grant enabled GHI to award a new community in 2023.	<ul style="list-style-type: none"> The Clearwater Economic Development Association was awarded funds to support the communities of Kamiah and Orofino
3 Newsletters	Released 3 Get Healthy Idaho Newsletters in 2023.	The Newsletter shared progress and stories from GHI community leaders, upcoming events, and population health data.	<ul style="list-style-type: none"> Statewide presence GHI Listserv reaches over 200 recipients
2 Learning Collaboratives	Facilitated 2 collaborative learning opportunities with GHI community leads.	Topics allow for the sharing of knowledge and best-practices between community leads.	<p>Topics:</p> <ul style="list-style-type: none"> Sustainability Community Engagement

Funding Summary



Funding contributions increased from SFY23 to SFY24



GHI Community Successes

Projects	Details	Outcomes
<p>Elmore County</p> <p>Western Idaho Community Health Collaborative</p> 	<p>In August 2023, Elmore County GHI leaders assisted with the hiring of Elmore County's first Community Paramedic, helping launch the Elmore County Community Health EMS (CHEMS) program in September of 2023. CHEMS is a proven model that provides coordinated care to address root causes of preventable and non-emergent 911 calls by providing disease management education, addressing social influencers of health, and doing patient assessments after hospital discharge.</p> <p>In September 2023, the Elmore County Pathways, Trails and Open Spaces Action Plan was published. This plan details the need for improvements to outdoor recreation amenities in Elmore County to improve residents' physical and mental health. The plan also specifies thirteen priority projects that, if undertaken, would have a positive impact on outdoor recreation in the County.</p>	<ul style="list-style-type: none"> • Since September 2023, the Elmore County CHEMS program has seen a total of 97 patients for reasons including, but not limited to, diabetes education, fall prevention, breathing assists, and well-person checks. • In gathering public opinion and feedback for the Elmore County Pathways, Trails and Open Spaces Action Plan, GHI project leaders were able to reach 450 Elmore County residents through surveys, individual interviews, and open house-style forums.
<p>Bannock County</p> <p>United Way of Southeastern Idaho</p> 	<p>January 2023 Bannock County GHI project leaders launched its pilot program Ride United, which offers free transportation for health-related activities for community members who are patients of the county's free clinic, crisis and recovery centers, and mental health providers.</p> <p>In December 2023, Ride United celebrated ONE YEAR of providing free health-related rides to community members in need.</p>	<ul style="list-style-type: none"> • 2023, Ride United delivered 2,432 total rides (14,442 total miles) to promote access to health and health-promoting services. • 2023, GHI project leaders successfully launched three public awareness campaigns about Ride United through TV, radio, newsletters and social media.
<p>Kamiah/Orofino</p> <p>Clearwater Economic Development Association</p> 	<p>In October 2023, the Clearwater River Corridor Collaborative kicked off the first of its monthly GHI meetings with multi-sector, regional partners. The CRC Collaborative includes representatives from two area hospitals, the Idaho Food Bank, elected officials, local public health, community developers, education, and youth organizations.</p>	<ul style="list-style-type: none"> • The Collaborative will build on existing health care and related regional assessments in north central Idaho, focusing on the communities of Orofino and Kamiah, to identify community health priorities.

Idaho's State Health Improvement Plan (aka Get Healthy Idaho), highlights the state's greatest health challenges and charts a path to collaboratively address them with partners and stakeholders.

50+

Cross-Department staff contributed to GHI Plan Update

3

Health Priority Work Groups: Behavioral Health, Diabetes/Obesity, Unintentional Injury

16

Strategies, under 4 health priority goals

52

Activities to promote, protect, and improve health

Results Based Accountability™ (RBA):

A data-driven, decision-making process to strategically move to greater action. Starting with the "ends" in mind (what difference are we trying to make?), GHI team worked with staff to develop an actionable plan to address four priority health challenges: Behavioral Health, Diabetes, Obesity, and Unintentional Injury.



Projects

Details

Outcome

RBA Training and Certification

3 members of GHI team completed RBA training from Clear Impact

- 2 team members fully certified
- 60+ DHW staff attended RBA working sessions

RBA supported action plan development across the Division

RBA action plans developed for GHI plan update and DHW-ACEs strategic work group

GHI Plan Update: Cross-Department Plan

- 4 priority goals, 16 strategies, 52 activities

ACEs work group:

- 4 priority areas identified and formed into Action Teams
 - Community Resources & Schools; Community Protective Factors; Information/Education; and Screening, Resources & Care.

GHI Team: Year in review



The Get Healthy Idaho strategy is built around three pillars:

- 1) Using data to identify needs;
- 2) Cultivating local partnerships to build capacity and empower transformational change; and
- 3) Investing in people and partners who know what works to improve health at the community level.

Through GHI, the Department is investing in efforts that empower communities to identify the root causes of health challenges that prevent many Idahoans from being as healthy as possible. The investment enables each community to develop and implement unique, local solutions that transform systems and lead to sustainable improvements in health.

In addition to funding communities, the GHI team supports, participates in, and leads numerous efforts and partnerships working to promote, protect, and improve the health of Idahoans.

Some of these partnerships include:

- Idaho Injury Prevention Collective, in partnership with Idaho Transportation Department – Office of Highway Safety
- Idaho Funders Network
- Alzheimer’s Disease and Related Dementias (ADRD) Alliance
- Healthy Eating, Active Living (HEAL) Idaho
- Idaho Cardiovascular Health Learning Collaborative
- Idaho Health Equity Task Force
- IDHW Adverse Childhood Experiences (ACEs) Work Group
- Our Path Home – Executive Committee

Spring Highlight

Finalized the GHI-Health Improvement Plan Update in April with leadership final approval and publication in June. The plan update was submitted to the Public Health Accreditation Board (PHAB) as an example of the Division’s alignment with re-accreditation requirements for statewide health improvement planning.

Autumn Highlight

Kicked off the 5-year Statewide Health Assessment cycle with a review and synthesis of 32 current Community Health Needs Assessments and population health assessments covering nearly every community in Idaho.

Summer Highlight

Released opportunity to fund a third GHI community in North Central Idaho in May. Four proposals were received. Awarded funding to the Clearwater Economic Development Association (CEDA) focused on the communities of Kamiah and Orofino in the upper Clearwater River Valley.

Winter Highlight

Get Healthy Idaho was recognized by ASTHO in a December [blog post](#) for creatively utilizing the CDC’s PHHS Block Grant to support Social Determinants of Health and health equity initiatives.

GHI Team: 2024 Outlook



FEBRUARY

5-YEAR STATEWIDE HEALTH
ASSESSMENT QUALITATIVE
DATA COLLECTION KICKOFF

MARCH

GHI PLAN UPDATE: YEAR 4
PUBLICATION

MAY

IDAHO'S HEALTH PRIORITIES
CONFERENCE: DAY 3 - GHI
LISTENING SESSIONS

JUNE

TO BE ANNOUNCED: GHI
FUNDING OPPORTUNITY #4

AUGUST

STATEWIDE HEALTH
ASSESSMENT - LANDSCAPE
ANALYSIS COMPLETED

SEPTEMBER

STATEWIDE HEALTH ASSESSMENT
STAKEHOLDER CONVENING &
PRIORITY SETTING

OCTOBER

GHI COMMUNITY #4 AWARDED

OCTOBER

DETERMINE STATEWIDE HEALTH
IMPROVEMENT PLAN STRATEGIES

We'd like to thank all GHI funders for their *generous support*



Acknowledgements

The GHI team would like to thank the generous support of our leaders:

Division Administrator:

Elke Shaw-Tulloch

Deputy Division Administrator:

Traci Berreth

Bureau Chief of Equity & Strategic Partnerships:

Palina Louangketh

With special gratitude to all GHI funding partners: The Preventive Health & Health Services Block Grant; Substance Use Prevention & Treatment Block Grant; Receipts from Ryan White HIV Cares program; EMS Dedicated funds; Overdose Data to Action in States grant; Maternal and Child Health Block Grant; grant funds from the Diabetes, Heart Disease and Stroke Prevention Program; and the Public Health Infrastructure Grant.