

Contest Subject Content

First through Eighth Grade

How would you demonstrate or promote the following in your school or community following Dr. King's principle of non-violence:

- Courage
- Truth
- Justice
- Compassion
- Dignity
- Humility
- Service

You may submit one of the following:

- Written (essay, poem, song)
- Artwork
- Photography
- Video

Video can be individual or group
All must be original content, if not your submission will be automatically disqualified.

Contest Prizes

First through Second Grade:
1st place
2nd place

Third through Fourth Grade:
1st place
2nd place

Fifth through Sixth Grade:
1st place
2nd place

Seventh through Eighth Grade:
1st place
2nd place

**Winners will be awarded on
Monday, January 20, 2020 at the
State of Iowa Dr. Martin Luther
King, Jr. Celebration in Des Moines.**

The first prize winner from each grade division may have his or her piece submitted to the Des Moines Register for possible publication.

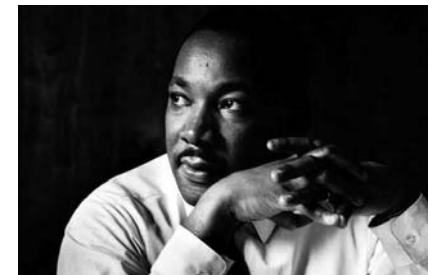
**MLK Call 2 Serve Contest
Iowa Department of Human Rights
Lucas State Office Building
321 E 12th St.
Des Moines, IA 50319**

**Phone: 515-281-3274
Fax: 515-242-6119
Email: dhr.icsaa@iowa.gov**

Iowa Department
of Human Rights
Office on the Status
of African-Americans

Dr. Martin Luther King, Jr. Call 2 Serve Contest

**Due Date:
December 20, 2019**



Call to Volunteer Service

Dr. Martin Luther King, Jr., one of the great civil rights leaders, recognized the power and ability of community to achieve common goals when united in the belief of justice. Today, his legacy is honored in a federal holiday commemorating his achievements, but also encouraging a national day of service reflecting his teachings in nonviolence and social justice. Instead of a day off, people of all ages are encouraged to make it a day ON, where people can come together to improve lives, bridge social barriers and help cultivate the image of community Dr. King envisioned.

Dr. King stated, "Human progress is neither automatic nor inevitable...Every step toward the goal of justice requires sacrifice, suffering and struggle; the tireless exertions and passionate concern of dedicated individuals." Civic engagement refers not only to individual volunteerism, but includes efforts to directly address a public issue while working with others in the community. This MLK Day, you are called to make a difference in your community and the world.

To learn about opportunities in your community or to register your own project, please visit www.volunteeriowa.org or www.mlkday.gov.

Contest Rules

All entries must be submitted on or before Friday, **December 20, 2019**.

Any entry received after this date will not be accepted into the contest. Only one entry per individual or group.

- All art, photography, or videos must include a one paragraph explanation of how the entry relates to the subject content
- Videos must be recorded on CD, DVD, or YouTube and submitted electronically (1-3 minutes in length)

Submission Guidelines

- All entries may be hand-written or typed. Typed entries must be double spaced and use at least an 11 point font.
- Official cover sheet must be attached to the entry.
- Contestants must have their parents' or guardians' permission and signature on the cover sheet, waiver/release form, and copyright transfer agreement, in the event that the piece is published in newspapers or on the internet.

Entries with attached cover letters may be submitted by postal mail and sent to the following address, email, or fax.

Iowa Department of Human Rights
Office on the Status of African Americans
Attn: MLK Call 2 Serve Contest
Lucas State Office Building
321 E. 12th St.
Des Moines, IA 50319
EMAIL: Dhr.icsaa@iowa.gov
FAX: 515-242-6119

Contest Sponsors

- Iowa Department of Human Rights (Office on the Status of African-Americans)
- State of Iowa MLK Day Planning Committee

We invite you to get involved and make a difference in your community!

