



# Human Sciences Connections in FCS and CTE

## 2017 Iowa Family and Consumer Sciences Educators (an Affiliate of Iowa ACTE) and Iowa Affiliate AAFCS Annual Conference

June 11-13, 2017 \*\*\*\*\* Gateway Hotel and Iowa State University Campus, Ames, Iowa  
Co-sponsored by the Iowa Department of Education in collaboration with IFCSE and Iowa Affiliate AAFCS

### President's Message:

Hello! I hope you will join us this year at the 2017 Iowa Family and Consumer Sciences Educators Conference. The conference will be held in Ames on Sunday, June 11 through Tuesday, June 13. This year, we have the opportunity to partner with Iowa State University College of Human Sciences and the Iowa Affiliate AAFCS to provide an outstanding opportunity to share resources, network, gain ideas through collaboration, and boost your passion for FCS!

The theme of the 2017 conference is **Human Services Connections in FCS and CTE**. The timing is perfect, as we begin to move forward with the new Iowa CTE redesign. The conference will start Sunday afternoon at the Gateway Hotel with keynote speaker Gayla Randel from the Kansas Department of Education. Gayla will share her expertise as the Kansas FCS Consultant and lead us through a CTE Curriculum Redesign work session.

On Monday, we will spend the day on the Iowa State University campus and partner with the College of Human Sciences and the Iowa Affiliate of the American Association of Family and Consumer Sciences. Dean Jolly will address the participants Monday morning followed by over 15 breakout sessions to choose from. There is a little something for everyone!

Our luncheon speaker will be Minnesota FCS author and professional, Mary Gunderson. Her presentation titled, "Hey


World, We're Still Here!" will encourage us to reflect and think of strategies to market our profession.

We are excited to offer several different tour options Monday afternoon to learn more about opportunities at ISU. We have set aside time Monday afternoon to Iowa Affiliate AAFCS Annual Meeting and Awards. Iowa AAFCS will have a Silent Auction throughout the day on campus.

The IFCSE Awards Banquet will be held at Reiman Gardens with keynote speaker Al Kerns empowering and motivating FCS professionals. During this time, we will have the opportunity to showcase our talented colleagues and their many accomplishments. Be sure to take a few minutes to submit the BEST Award self nomination for all of the great work you do in your school and community. You will also find in this brochure the nomination form for our association awards. Take a few minutes to nominate your colleagues for one of these awards.

On Tuesday, we will start the morning with FCS related exhibits and vendors showcasing new products and curriculum materials, the IFCSE Business Meeting and breakout sessions. Our luncheon keynote speaker will be Lisa Stange, FCS Consultant with the Iowa Department of Education. Lisa will provide valuable information about CTE in Iowa and how the new redesign will impact your FCS program.

As we work to build partnerships with others, and connect to STEM initiatives, we are also able to collaborate with the ISU's Biotechnology Workshop on campus. Those wishing to participate in both the conference and the workshop will register for both



opportunities. Through the workshop you will learn how to prepare and instruct the laboratories in DNA extraction and quantification from various sources, DNA transformation, DNA fingerprinting, antibiotic resistance, biofuels, and more. Educators will prepare and perform the lab protocols as the students would do in class. Participants will share some of the conference time with the ISU Biotech Workshop on Sunday, Monday and Tuesday afternoons. The workshop will continue on Wednesday. There is an opportunity to earn a stipend and graduate credit for the Biotech Workshop. Contact Mike Zeller, Biotechnology Outreach Education Coordinator at: [mzeller@iastate.edu](mailto:mzeller@iastate.edu). Click on this link to register for this special workshop.

[http://www.biotech.iastate.edu/%20summer-training-courses-for-educators/?utm\\_medium=email&utm\\_source=govdelivery](http://www.biotech.iastate.edu/%20summer-training-courses-for-educators/?utm_medium=email&utm_source=govdelivery)

Each year, IFCSE sets a goal to provide scholarships to FCEDS students getting ready to student teach. We invite you to bring items to donate Silent Auction and help contribute to this fantastic opportunity. I look forward to seeing you all at the IFCSE Conference this summer on June 11th - 13th.

Please register online today using this link:

<https://goo.gl/forms/ZnK52vNZ7FR98cRs2>.

Kelsie Engelken  
2016-2017 IFCSE President



## Conference Objectives:

- **Examine challenges and opportunities for Family and Consumer Sciences Professionals**
- **Participate in concurrent sessions directed towards professional needs and interests**
- **Network and share classroom materials and embrace the CTE redesign.**
- **Expand participants vision of the future by examining societal trends.**

## Conference Keynote Speakers:

### Sunday Afternoon/Evening:

### Gayla Randel



Gayla Randel, CFCS has a BS in Vocational Home Economics Education and MS in Adult, Continuing and Occupational Education from Kansas State University, with twenty years in Kansas public schools as a 7-12 FCS teacher and Family, Career and Community Leaders of

America (FCCLA) adviser. She traded the classroom for the boardroom in 2010 as an education program consultant for Family and Consumer Sciences (FCS) and related career clusters. Professionally, she is a member of both K-ACTE and AAFCS, becoming

nationally certified in Family and Consumer Sciences and holds numerous state and national awards for her work in CTE and Family and Consumer Sciences Administration. She has presented multiple workshops concerning marketing Family and Consumer Sciences Education, teaching through manipulatives, youth leadership development and integrating student leadership in the classroom.

More recently she has presented at various state and national conferences on career readiness, Career and Technical Education's role in today's schools, the STEM and FCS connection, twenty-first century skills in the FCS classroom and the Human Services career cluster connection to FCS today. She presently serves as the Advocacy Chair of the National Association of State Administrators of Family and Consumer Sciences and recently appointed to the National Coalition for Family and Consumer Sciences Education as the Family and Consumer Sciences Education Association (FCSEA) representative.

She lives in Frankfort, Kansas with her husband Dennis of 34 years and has two children who have just entered the workforce.

## Monday Luncheon:

### Mary Gunderson



**“Hey World, We’re Still Here!”**

### ***Sponsored by AAFCS Iowa Affiliate***

Home Economics Journalism major Mary Gunderson (ISU '1977) is a modern-day speaking coach, award-winning cookbook author and consultant. She offers a prescriptive look at today's human eco-system and how your work transforms students into Life Skills Masters.

Mary Gunderson developed her Iowa State University education into a career of writing and speaking about food and food history. She was a staff writer for the Minneapolis *Star* Food Section and magazine editor for *Farm Journal* and *Better Homes and Gardens*. She continues as an independent writer. Mary is the author of seven cookbooks including the award-winning, best seller “The Food Journal of Lewis & Clark: Recipes for an Expedition (History Cooks(R), 2003).

Mary would like you to email her your responses to the questions below to help guide her keynote:

[t6311p@gmail.com](mailto:t6311p@gmail.com)

What do you wish everyone knew about Family & Consumer Sciences?

What's the best kept secret about Family & Consumer Sciences?

What's missing when Family & Consumer Sciences is gone?

## Monday Evening:

### Al Kerns



### What Are You Doin' to Make it Better? Fundamentals for Educators

Al Kerns began his teaching and coaching career in January of 1978. After teaching one semester at Hudson, Iowa, Al began teaching and coaching at Parkersburg, Iowa. He continued his career as an educator with Aplington-Parkersburg Schools until his retirement in 2014. He has kept in contact with young people by curriculum sales, speaking opportunities, Ed Thomas Legacy Leadership Academies and as an Instructional Coach at A-P.

During his teaching career at Parkersburg and Aplington/Parkersburg Schools, Al has taught psychology, sociology, character and leadership, health, and elementary p.e. He has coached football, girls track, and 6 on 6 girls basketball. His girls track team won a state championship in 2001 and finished as state runner-up 4 times. He was a long time assistant for football coach Ed Thomas whose football program won state titles and had legendary success.

Al has had the opportunity to present to a wide variety of adult and student audiences over the years. His message relates to effective team building, character and leadership, and overcoming adversity.

## Tuesday Luncheon:

### Message from the State



### Lisa Stange, FCS Consultant, Iowa Department of Education

State CTE Consultant,  
Family & Consumer  
Sciences.

Lisa received her B.S. degree in Home Economics Education from Iowa State University and her M.A. Ed from Viterbo University and is a National Board Certified Educator in Career and Technical Education. With 23 plus years of experience in secondary and middle schools teaching FCS courses that include ProStart, School-to-Work, Health, Math, and Science, she spent 5 years at the university level coordinating and teaching Family & Consumer Sciences Education and Studies (FCEDS) majors at Iowa State University. The FCS Education program at Iowa State more than doubled largely because of Lisa's efforts and she worked hard to ensure that the program spread its reach and regained visibility across the state. She has also worked closely with state officials to make sure that Iowa State offers the programming that those

seeking licensure needed to become endorsed truly understand and comprehend what FCS is today as a part of Career and Technical Education.

In addition to her work as a Career and Technical Education Consultant at the Department, Lisa serves on the Iowa FCCLA state board as the State Adviser and is the DE liaison to Iowa ACTE. This past March, she organized the annual trip for a group of Career and Technical Education Student Organization (CTSO) students, including an FCCLA student and adviser, to Washington DC to attend the National Policy Seminar and speak with their representatives about the importance of CTE programming. A member of both AAFCS and ACTE, as well as NASAFACS (State Administrators for FCS), she has been heavily involved in CTE at the local (IFCSE), state (IACTE) and regional (ACTE) level and is a graduate of the first ACTE leadership training program. Her strong presence in professional associations that involve FCS in the state and nation led her to recent work which involves leadership in the teacher shortage arena.

## **Graduate Credit:**

We are in the process of getting approval for one graduate credit through Viterbo University for attending this conference and completing the coursework. To receive credit, you are expected to attend all conference sessions, complete course readings and assignments.

## **2017 IFCSE / Iowa Affiliate AAFCS Conference Registration:**

**Save money and register prior to May 20, 2017!**

**Go to this link to Register for this conference:**

<https://goo.gl/forms/ZnK52vNZ7FR98cRs2>.

Be sure to print a copy of the form before submitting and send your payment to:

IFCSE Conference

% Kristie Kuhse, Coordinator

216 Elm Street

Waverly, IA 50677

## **Questions:**

Contact Kristie Kuhse at 319-240-2095 or

[kristie.kuhse@wsr.k12.ia.us](mailto:kristie.kuhse@wsr.k12.ia.us)

## Sunday, June 11, 2017

### Gateway Hotel - Ames

1:30-2:30 PM Registration  
Gateway Hotel Lobby

2:30 PM – 3:45 PM Welcome/Greetings

Keynote Speaker: Gayla Randel

4:00 – 5:15 PM Curriculum Work session -  
Facilitator - Gayla Randel

Human Services (comprehensive)  
and Middle School

OR: ISU Biotech Workshop for Teachers (At ISU)

5:15-6:30 PM Dinner at the hotel

IFCSE Student Scholarship Fund Silent Auction  
Begins

6:45-8:00 PM Curriculum work session  
Human Services (comprehensive)  
and Middle School

8:00 PM Key leader Hospitality Rooms

## Monday, June 12, 2017

Shared day with Iowa Affiliate AAFCS @

Iowa State University - College of Human  
Sciences - MacKay and LeBaron Hall

*Registered participants will receive information through email  
about parking near campus and riding CyRide the first part  
of June.*

7:30-8:30 AM Registration - LeBaron Hall  
Continental Breakfast -Tea Room

Sponsored by ISU College of Human Sciences

Iowa Affiliate AAFCS Silent Auction throughout the  
morning to support the IA AAFCS Teacher of the Year.

8:30 -9:00 AM Welcome/Greetings

9:00-9:30 AM Update on the College of  
Human Sciences-  
Dean Jolly

9:45 -10:30 AM **Breakout Session 1**

1.Creative Thinking Strategies

Dr. Elena Karpova

Associate Professor in the Department of Apparel, Events,  
and Hospitality Management at Iowa State University. She  
has academia and industry experience in both, Russia and  
the US. Her areas of expertise include creative thinking,  
global issues in the textile and apparel industry, and  
development of skills for successful industry professionals.

Participants will discuss and practice creative thinking  
strategies to use in their daily lives as well as their  
classrooms to bring out everyone's creative potential.

## 2. Connecting Today's Students to Tomorrow's Careers

Erin Swancut - session repeated

Erin is a Work-Based Learning Coordinator (Intermediary) with Cedar Valley Career Connections at Hawkeye Community College. She also serves as the co-chair for the Iowa Intermediary Network.

Come learn how to utilize your Iowa Intermediary Network to build bridges between classrooms and businesses. Hear how you can partner with regional intermediary to compliment your existing work-based programs. Our goal is to support educators in preparing students for the modern workforce. Intermediaries establish connections with local employers to provide relevant, work-based learning activities, create career exploration opportunities, and improve workplace readiness skills for students to assist them in making informed post-secondary education and career decisions.

## 3. Easy Tech Lessons You Can Do to Teach Personal Finance

JoAnn Kuster

An entrepreneur and business journalist, Joanne has been creating educational products, content, and programs since launching her business at 25 with a board game that reached audiences in 50 states and 13 countries. Continuing to carve a niche in leading others to build personal finance and entrepreneurial skills, Joanne brought Money Smart Week™ to Iowa and led that initiative to boost the financial savvy for tens of thousands of Iowans. She writes the Money Godmother® blog and is author of several publications and books. A native Iowan and graduate of Iowa State University, Joanne has served on several boards and foundations and has received awards for community leadership. As a first-generation college grad, the mother of three and grandmother of four, Joanne understands how developing financial skills at any age paves the path to success.

“Be Smart with Your On-Line Cart” and “DASH for the STASH” offer two quick and easy ways to teach personal

finance concepts. Learn how other teachers integrate these two lessons as creator Joanne Kuster gives you the details.

## 4. Successful Service Learning in an Apparel Construction Class

Sharon Wirth

Sharon Wirth is a lab coordinator and instructor in the Apparel, Merchandising and Design program at Iowa State University in Ames, IA. and has been involved in teaching apparel construction at Iowa State for 15 years. During that time period, she has constantly developed new teaching materials, methods and projects to reach the broad spectrum of students who enroll in the beginning apparel construction course. In her free time, she enjoys exploring textile art, Ames history and historic preservation.

Explore including a service learning project in your apparel construction class and the many benefits it offers to students. This session will focus on what began as sewing "pillowcase dresses" for the Little Dresses for Africa program and has grown into also creating shorts for boys. Learn about the techniques involved in teaching such a project, how to ensure successful outcomes for students, and successful end products for donation to those in need creating a win-win-win project.

## 5. Nuggets for FCS Classrooms

Dr. Ruth Litchfield

Professor and Associate Chair of the Department of Food Science and Human Nutrition. She also serves as a State Nutrition Extension Specialist. Dr. Litchfield has been engaged in nutrition education for various audiences (consumers, older adults, patients, youth, professionals) for 30 years.

This session will provide an overview of Dietary Guidelines for Americans 2015-2020. Changes to the Dietary Guidelines will be highlighted. A professional development activity for FCS educators, which includes curriculum designed for the FCS classroom will be presented. Hot topics as well as career opportunities in food and nutrition are included in the curriculum.

## 10:45-11:30 AM Breakout Session 2

### 1. From Neurons to Belonging: Getting beyond Inclusion towards Belonging

**John Paul Chaisson Cardenas & Bengu Tekinalp**  
4-H Youth Development Program Leader  
for ISU Extension and Outreach

John-Paul has been recognized at the local, state and national level for his work with youth for underserved and underrepresented communities. John-Paul has held several public offices including State Director of Equity and Civil Rights at the Washington State Office of the Superintendent of Public Instruction (WA State Department of Education), four terms as Iowa Latino Affairs Commissioner before being appointed by then Governor to lead the Division of Latino Affairs. In previous roles he has served as the Executive Director at the Latino Community Fund, and was the Public Policy Lead and Product Development Manager at the Northwest Area Foundation in St. Paul, MN, where he oversaw an eight-state multimillion-dollar portfolio designed to build assets, reduce poverty and improve the lives of rural youth, families and communities. Previous academic appointment include National Training and Technical Assistance Director at the National Resource Center for Family-Centered Practice, the Executive Director of the Institute for the Support of Latino/a Families and Communities, and a co-founder of the Disproportionate Minority Confinement/contact Research Center, all at the University of Iowa.

New research about how our brain works can help inform how we can better engage youth and families from underserved, underrepresented and marginalized communities. Using the Positive Youth Development foundational Concept of "Belonging" the speakers will explore how our brain and our systems may be getting in the way of success. The conversation will also explore how we can use inclusion and belonging frameworks to enhance our reach and retention with all groups, including our traditional clients.

### 2. The Fashion Side of STEM

**Sara Marcketti, Ph.D.**

Sara is a professor of apparel, merchandising, and design and associate director of the Center for Excellence in Learning and Teaching, Iowa State University. Co-authored books include: Survey of Historic Costume (6th edition), Textiles (12th edition), and Knock-it-off: A history of design piracy.

Fashion, both historically and contemporarily, has been influenced and contributed to advances in science, technology, engineering, and mathematics (STEM). From the ground-breaking: introduction of new fibers and machines that changed [and continue to change] the ways apparel is created and consumed. To the more mundane: pattern grading [the scaling of a garment to different sizes], fashion is usually at the forefront of new advances. This presentation will provide an overview of the ways in which fashion intersects with STEM and ideas for hands-on practice with STEM and fashion principles.

### 3. College of Human Sciences International Programs -College of Human Sciences

This session will provide an overview of the types of international opportunities available to Iowa State University students. The focus will be on options specifically for College of Human Sciences students.

### 4. How to Describe Sensory Attributes for Food Erica Beirman

Erica is the coordinator for the Department of Food Science & Human Nutrition Culinary Science program. She teaches food prep lab for Family and Consumer Science students. She is a senior lecturer and has been teaching for 9 years. Prior to teaching she worked for ISU Dining for 10 years as a manager in the residential facilities.

Learn how to describe sensory attributes for food, not your



reaction to food. Groups will have an opportunity to work as a team to appropriately describe the sensory attributes for the teams assigned food item.

### 5. Reading and Writing for Real K-12 Learning-

Emily Hayden, a native Nebraskan who earned her PhD from the University of Nebraska Lincoln in 2010 after teaching for 17 years in K-12 public schools in Lincoln and Omaha. At Iowa State she teaches and mentors undergraduate and graduate students who tutor in the Duffelmeyer Reading Improvement Clinic, and she is part of the Language, Literacy, and Learning (L3) group.

How to choose books K-12 students will actually read, and make writing a real thing.

**11:45 AM-12:30 PM**

### **Breakout Session 3**

#### 1. FCCLA Peer Education Project Ideas - Janet Mann

Janet is a FCS teacher/FCCLA Adviser at West Monona. She serves as the State FCCLA Peer Education Team Coordinator. Janet and her husband Terry farm in Northwest Iowa, raising grain, cattle and custom raise hogs for Murphy Brown. They have two daughters, Jenna, son-in-law Adam and grandson Myron, and Jewel just graduated from WSC.

This session will help you to visualize the possibilities of Peer Education

#### 2. Your Retirement: Be Ready!

Barb Wollan

Since 1995 Barb Wollan has been a Human Sciences Specialist in Family Finance for Iowa State University Extension serving eight central Iowa counties, and has authored several ISU Extension retirement publications. She earned a Master's in Family Social Science from the University of Minnesota and a Bachelor's in Home Economics Education from North Dakota State University. She has been a member of AAFCS since 1978 and is currently Vice President for Finance for the Iowa affiliate.

No matter your age, now is the time to take steps toward a financially secure retirement. Gain insight into key issues and discover useful tools to help you assess your readiness, set realistic goals, and build the future you want!

#### 3. Growing our own through FCS

Troy A. Anderson

Troy is the ISU Program Coordinator/ Lecturer Family & Consumer Sciences Education & Studies (FCEdS) and Family and Consumer Sciences Student Officers

This session will focus on Iowa State University Family and Consumer Sciences projects that are used in creating a sustainable program. Highlights projects and events used in the branding of program partnerships locally and internationally. Students will put forward strategies that teachers can use to get involved in raising awareness of our program and help to create an impact across Iowa.

#### 4. Connecting Today's Students to Tomorrow's Careers -Session Repeated

Erin Swancut

#### 5. The Distinction other than an A:

Reimagining the "Tell me about yourself" Question  
Dr. Raedene Copeland

Tenured Associate Professor of Apparel Merchandising at Seattle Pacific University.

Dr. Raedene Copeland is passionate about empowering individuals through the use of practical, creative and entrepreneurial approaches to achieving their goals. She teaches a range of business and socio-cultural courses which allows her to stay on the cutting edge of best practices for global brand development. In addition to her academic background, Dr. Copeland has also worked in the industry where she gained valuable experience in sales, customer service, management and crafting strong individual and business brands for success. Her academic and industry experiences have underscored the importance of good

leadership, moral integrity and a synergistic approach to ensuring that individuals' strengths and talents are aligned with the best matched tasks. Having migrated from Trinidad and Tobago to pursue her education, Dr. Copeland understands firsthand the opportunities, challenges, and rewards of broadening the scope of one's experience by learning the richness of new cultures and perspectives. Thus she has many invaluable insights on intercultural diversity and succeeding in environments where you are not the status quo. This global perspective is key to her strategic approach to dominating the competition. Academically, Dr. Copeland has published work on the Thailand apparel industry, Trinidad Carnival, and Active Learning Spaces. She has also received grants for projects exploring global cultures and acclimatizing to new environments. She is the chair of SPU's faculty diversity committee and believes that service is integral to her brand identity.

This workshop addresses the need for students to develop their personal brands at an earlier stage, especially in this tech age. In this fluid and multi-faceted technology age of social media, this generation is now stuck in their phones and building 'online' vs 'in-person' communication confidence. This is evident in the classroom and their overall desire to market themselves. Over my tenure as a professor and brand development strategist, what I have found is not that individuals are not assertive in their quest for opportunities, but only few develop the mastery of how to 'sell' themselves and communicate their distinct worth to land the limited coveted internships and full-time jobs in the industry.

This session will explore the keys to developing a distinct personal brand to stand out in a competitive landscape. The goal is develop these skills yourself, so you can coach your students to communicate in a more distinctive way!

12:30-1:00 PM Luncheon

1:15 -2:00 PM Keynote Speaker: Mary Gunderson

**“Hey World, We’re Still Here”**

2:15 -4:00 PM Campus Tours /Activities

**Choose One Option:**

Child Development Lab school

Textile Museum

Food Safety Labs

ISU Alumni Hall

Textiles and Apparel Lab

ISU Biotech Workshop for Teachers\*\*required for those taking Biotech Course

4:00-5:30 PM Iowa Affiliate AAFCS Annual Meeting and Awards

6:00-8:30 PM **IFCSE Awards Banquet**  
**Reiman Gardens**

Self Guided Tour of the gardens prior to the banquet, followed by dinner, awards and speaker.

**Keynote Speaker: Al Kerns**

**“What are you doin’ to make it better?”**  
**Fundamentals for Educators**

**Tuesday, June 13, 2017**  
**At the Gateway Hotel**

7:00-8:00 AM Breakfast

7:30-10:00 AM Exhibits - Gateway Hotel

10:00-10:30 AM IFCSE Business Meeting

**10:30-11:30 AM Breakout Sessions**

## 1. CDA: The Best First Step in the Early Childhood Career Pathway

Pam Mahoney, T.E.A.C.H. Counselor and Best Practice Specialist at Iowa Association for the Education of Young Children. Former Child Care Center Director for over 30 years and Adjunct Professor at Central College in Pella, Iowa.

Participants will develop an understanding of the Child Development Associate Credential (CDA) and become familiar with eligibility and requirements needed to a CDA for high school students. Learn how T.E.A.C.H. Early Childhood Iowa can assist in the CDA process. Participants will also discuss the challenges school faculty and students face navigating the ECE pathway.

## 2. Avoiding the 7 Year Itch!

### Courtney Teghtmeyer

Courtney just finished her 6th year teaching FCS at Clarke High School in Osceola, Iowa. She was the 2016 IFCSE New Teacher of the Year. Courtney is also a FCCLA Adviser.

Burned out? Stressed out? Does the education system have you questioning whether you can stay in the profession long-term? In this session, you will learn some of Courtney's tips and tricks to stay excited about teaching each day and renew your passion for FCS.

## 3. From Student to Professional: Tips to Help You Successfully Navigate Your Career Path

### Lisa Passolano

Lisa is a Recruitment Manager for Bright Horizons Family Solutions

In many fields, the transition from student to professional can be daunting. In the early childhood field, this is further complicated by the perception that early childhood is not a "professional" career. While this perception is changing as national and state initiatives focus on professionalizing the field and increasing quality, there is much more work to be done. Changing this perception begins with early childhood teachers themselves. Being prepared to present yourself

professionally, meeting the professional expectations of typical ECE careers, and having a long-term plan for your career path are essential strategies to turning a child care teacher *job* into an early childhood professional *career*. This session is aimed at students or recent graduates, but is relevant to anyone considering change or seeking to gain more insight into interviewing, resume building or presenting yourself as a professional.

## 4. PBL--It Can Be Fun!

### Kristin Bandy and Carrie Van Mersbergen

Carrie Van Mersbergen, MFCS, has been teaching Family and Consumer Sciences for 15 years, the past 13 at her alma mater, Oskaloosa Senior High School. Teaching assignments include Fashion, Interior Design, Child Development/Parenting, Independent Living, and Peer Helping/People Helping. Carrie serves as the Career and Technical Education PLC Facilitator and is a mentor for new and incoming teachers to the Oskaloosa School District. She is raising the 5th generation on the family acreage outside of Oskaloosa. Her four children, Elizabeth and Paige, both at ISU, Spencer, a 10th grader at OHS, and Faith, a 6th grader at OMS, keep her busy with countless activities.

Kristen has been a FCS teacher for over 20 years. Kristen currently works in Oskaloosa as a Family and Consumer Sciences teacher in Foods and Nutrition. She is the Work Based Learning Coordinator at both Eddyville-Blakesburg-Fremont and Oskaloosa High Schools. Kristen is in her third year of serving on the Iowa Work Based Learners Executive Board and is currently secretary. She serves on the FCS Program Management Committee as the Chairman. Kristen also serves on the local YMCA Board. Oskaloosa is in their 6th year of teaching PB's in their classrooms.

This session will go over the basics of what a true Project Based Learning (PBL) is and give examples of how we use them in our classrooms. Topics include: Student assessment, setting up a PBL, the 6 A's of a quality PBL, and the importance of Public Presentation. We'll be covering Foods, Interior Design, and Fashion PBLs, some of which are cross-curricular. We would love to hear what you do in

your classroom, especially in other FCS areas, as well!

## 5. Standards Based Grading Work Session

### Session Facilitators: Key Leaders

Do you have questions about SBG? Learn more about how to incorporate into your classroom.

11:30 AM-12:45 PM          Lunch

## Keynote: Lisa Stange – Iowa DE Update

Scholarship Silent Auction Closes

**1:00-1:45 PM**

## Breakout Sessions

### 1. Magic in the Middle

Kristie Kuhse

Kristie Kuhse, Waverly-Shell Rock Middle School FCS Teacher, Fuel Up to Play 60 Advisor and FCCLA Advisor

In this session, Kristie will share several ways to strengthen family and community connections to validate and add value to FCS in your classroom and community. She was a Finalist for 2017 Iowa Teacher of the Year and a 2016 AAFCS Teacher of the Year Merit Finalist.

### 2. Quality Work Based Learning Programs

Kristin Bandy

Kristen has been a Work Based Learning Coordinator for 19 years. She started her work at Fairfield High School, starting up that program with 30 students per year. Kristen currently works in Oskaloosa as a Family and Consumer Sciences teacher and runs the Work Based Learning programs at both Eddyville-Blakesburg-Fremont and Oskaloosa High Schools, providing real world work experience for over 50 students a year. Kristen enjoys building the school, community and business relationships that prove beneficial for both districts as well as the business public. Kristen is in her third year of serving on the Iowa Work Based Learners Executive Board

and is currently secretary. She is also on the FCS Program Management Committee as the Chairman and on the local YMCA Board.

This session will go over the basics of what a quality Work Based Learning consists of. You should come away from this session with a better understanding of the purpose, operations, and standards of Iowa Work Based Learning. Some topics that will be covered include program timelines, training agreements, role of the teacher coordinator, and performance evaluations.

### 3. Developing Career Focused Savvy Consumers Erin Kurt

Erin Kurt is the Vice President of District Operations at Junior Achievement of Eastern Iowa. Since starting with the organization in 2005 as the Education Director, Erin and the team has grown the number of students served by more than double. She is responsible for working with more than 60 districts throughout Eastern Iowa to ensure that JAEI is helping meet the needs of the district in educating students about career readiness and financial literacy.

Explore the programs and apps offered by Junior Achievement that focus on maximizing students' potential in today's workforce. Using the sixteen career clusters, nationally-known assessments and personal reflection, JA programs encourage students to find the career that utilize their skills, interests and values while being financially confident. Incorporating community mentors, technology and engaging activities, learn how JA can partner with your classroom.

### 4. ProStart & Iowa's Restaurant/Hospitality Industry - Feeding Dreams & Building Futures

May Schaben

May Schaben is the Executive Director of the Iowa Restaurant Association Education Foundation and State Coordinator for the Iowa ProStart Program. She works

closely with school districts that have adopted the ProStart Program and serves as a liaison between Iowa ProStart Educators and the National Restaurant Association Educational Foundation.

ProStart is one of the largest industry-supported Career and Technical Education programs in the nation. The Iowa Restaurant Association Education Foundation, along with Iowa ProStart Educators, is working to develop a professional and highly-skilled hospitality workforce in the state of Iowa. The Foundation builds connections between educational entities and industry employers seeking trained, qualified students and job candidates. Learn more about the exciting, ever-changing, high-demand hospitality industry and how the ProStart program can set your students up for success.

### **2:00-3:00 PM**                      **Ed Camp Discussions**

Round table discussion topics determined by the participants and facilitated by Key Leaders

-Teachers participating in the Biotech for Teachers Workshop attend sessions on campus.

3:00 PM Conference Ends

### **HOTEL RESERVATIONS:**

IFCSE has a block of rooms reserved at the Gateway Hotel and Conference Center

2100 Green Hills Dr, Ames, IA 50014

Phone: (515) 292-8600 or 800-FOR-AMES

When making reservations be sure to reference: Iowa Family and Consumer Sciences Educators

### **Conference Room Rate -**

\$129 per night plus taxes

Reservations need to be made by **May 12, 2017** to receive this rate.

Limited number of rooms available.

ISU Biotech Workshop for Teachers continues on campus.

### **IFCSE Awards Information: B.E.S.T. Award Applications**

Remember to keep track of your points for our Family and Consumer Sciences BEST award. BEST stands for Belong, Excel, Study, and Travel, our way of encouraging and recognizing FCS educators to be active in their communities and professions.


Members earning at least 100 points (with some in each category) will receive recognition based on points earned for activities like: Graduate credits, business/industry visits, professional committees, and community/school involvement.

Forms are provided on the IFCSE Website BEST is an excellent way to show your involvement for your professional development as well as being an artifact for your teaching portfolios!

**B.E.S.T. Award Application are due May 30, 2017.**

### **IFCSE Awards:**

Submit your nominations by May 12, 2017 for the



following IFCSE Association Awards that will be given in June. Award descriptions and details are available on the nomination form.

Educator of the Year

Outstanding New Educator

Student of the Year

Friends Award

Lifetime Achievement Award

