## IOWA STATE UNIVERSITY Extension and Outreach



# Nutrition Nuggets: FCS Teacher License Renewal Credit

#### **FEATURES**

- Curriculum training based on the scientific foundation of the 2015 2020 Dietary Guidelines.
- Teachers will become acquainted with the latest research in the field and the ability to employ various nutrition education tools and resources in the classroom.
- Introduces Family and Consumer Sciences classrooms to hot topics in nutrition as well as career opportunities and includes 8 lessons designed for two 50-minute or one 90-minute class period.

#### **SCHEDULE / LOCATIONS**

Participants will complete roughly 15 hours online training and attend 8 hours of workshop demonstrating lab-type activities associated with the curriculum.

January 2017 - complete online training | February 2017 - attend local workshop

Workshop locations: Corning, DeWitt, Epworth, Fort Dodge, Mount Pleasant, Sioux City

### **COST / CREDIT**

**\$70 charge** includes one teacher license renewal credit and workshop materials. Upon completion of training, participants will receive one credit of teacher license renewal and will be eligible for an additional credit should they choose to implement the curriculum in their classroom. Extra charges for additional credit apply.

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