

For the young at heart 55+

October | November | December 2026



Plantation Senior Division



The Recreation Services Supervisor, Jahmir Tolliver and Recreation Services Mangers, Martavis Policarpe and Arielle Riel are available to assist our seniors.

You can reach Jahmir Tolliver at the Jim Ward Community Center at 954-585-2345 or email: jtolliver@plantation.org

For Jim Ward Community Center and For all other inquiries, please call (954) 585-2344

WEEKLY FITNESS SCHEDULE

Athletic attire required (including sneakers) for classes. Class times may be subject to change.



Plantation Community Center



Central Park



Jim Ward

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CENTRAL PARK 954-452-2510 <i>Fees apply. See below.</i>					
High/Low Aerobics w/ Body Sculpt 9:30am-10:30am	Low Impact Aerobics 8:15am-9:15am	High/Low Aerobics w/ Body Sculpt 9:30am-10:30am	Low Impact Aerobics 8:15am-9:15am Zumba for All 9:30am-10:30am		
PLANTATION COMMUNITY CENTER 954-797-2180 <i>Free for Silver Sneakers members or pay fee to participate.</i>					
Senior Circuit 9:00am-10:00am	Dance Fit 9:00am-10:00am	Yoga Stretch 9:00am-10:00am	Senior Chair Exercise 9:00am-10:00am		
JIM WARD COMMUNITY CENTER 954-585-2344 <i>Fees apply. See below.</i> <i>*Free for Silver Sneaker Members</i>					
Ageless Grace* 11:00am-12:00pm		Aerobics 9:00am-10:00am	Aerobics 9:00am-10:00am		

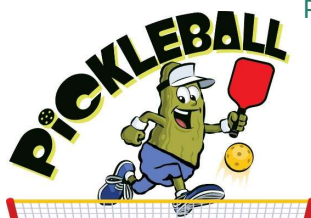
Weight Room Fees:

RESIDENT:

ID Cards\$3.00
 Daily Resident.....\$5.00
 Daily Non-Resident.....\$8.00
 Monthly.....\$10.00

Aerobics Class Fees

ID Cards\$3.00
 Daily Resident.....\$1.00
 Daily Non-Resident.....\$5.00
 Annual Resident.....\$25.00
 Annual Non-Res.....\$50.00



Pickleball courts are available for use at parks throughout the City.

All levels are welcome including beginners. For more info, call the Veltri Tennis Center at 954-513-3540

Pickleball Court Locations

Central Park

9151 NW 2nd Plantation, FL 33317

Deicke Park

1200 NW 106th Ave, Plantation, FL 33324

Seminole Park

6601 SW 16th St, Plantation, FL 33317

Volunteer Park

12050 W Sunrise Blvd, Plantation, FL 33324

Can't make it in person to register for senior events?

Register online!

Scan the QR code with your cell phone's camera

or

go the parks.plantation.org
click "Senior Events"

SCAN



Username: Email
Password: Last Name



In order to register online, you must have an account with the Parks and Recreation Department
If you do not have an account, come into one of our Recreation Facilities to have your account created.

It is highly recommended that you try logging into your account prior to registration dates

If you need assistance with online registration, call 954-585-2344

MEET THE PLANTATION SENIOR DIVISION TEAM



Jahmir Tolliver
Recreation Services Supervisor

With years of experience in parks and recreation, Jahmir Tolliver is passionate about building community through engaging programs and meaningful connections. He joined the City of Plantation in June 2026 and is excited to serve and connect with Plantation's senior community.



Martavis Policarpe
Recreation Services Manager

Martavis joined the City of Plantation team in January and has been making an impact ever since. A graduate of Florida International University (FIU) with a degree in Recreation & Sports Management, he enjoys creating fun, engaging experiences for patrons of all ages and bringing the community together through events and friendly competition.



Arielle Riel
Recreation Services Manager

Arielle has proudly served the City of Plantation since 2018 and loves creating engaging programs that help residents stay active, connected, and involved in the community. In her free time, she enjoys exploring nature, tending to her garden, and always looks forward to discovering something new outdoors.



The Seasoned Senior

October | November | December 2026

FREE WEEKLY EVENTS FOR SENIORS 55+

Ages 55+



Wednesdays

1:00 PM – 2:00 PM

Jim Ward Community Center
301 NW 46th Ave,
Plantation FL 33317
954-585-2344



PLANTATION
Parks & Recreation
Where Community and Fun Become One!

Senior Game Time

Ages 55+

Mondays and Thursdays

12:00PM – 4:00 PM

Doors open at 11:45 AM

**Learn new games or play
classic ones**

Games and light refreshments provided

Jim Ward Community Center
301 NW 46th Ave,
Plantation FL 33317
954-585-2344





Senior Trip to Hawaii Fluid Art

Get ready to pour, swirl, and create! Join us for a fun-filled Senior Trip to Hawaii Fluid Art in Pembroke Pines, where you'll explore your creative side and create a one-of-a-kind masterpiece to take home. No experience needed - just come ready to have fun! **COMPLIMENTARY DRINKS INCLUDED.** Afterwards we'll enjoy some good food and/or shopping at Pembroke Gardens.

Wednesday, October 21, 2026

ALOHA

Bus Leaves from
Jim Ward Community Center
301 NW 46th Ave
Plantation, FL 33317

Registration
Opens
September 21,
2026



\$32

Residents

\$35

Non-Residents



Departure at 9:00 AM
Return at 2:00 PM

Registration is available online at
parks.plantation.org or at any Plantation
Recreation Facilities!



For more information call 954-585-2344



@PlantationParks



55+

Senior JAZZ Brunch

Enjoy a delicious brunch while
listening to live music!

THURSDAY
NOVEMBER 5th 11 AM - 1PM



PLANTATION PRESERVE
GOLF COURSE & CLUB

7050 W Broward Blvd
Plantation, FL 33317

\$25- Residents
\$30-
Non-Residents

REGISTRATION OPENS OCTOBER 5TH

Space is limited. Pre-registration is required.

Registration available online at parks.plantation.org
and at all Plantation Recreation Facilities

For More Information,
Please Call 954-585-2344



Seniors FIELD TRIP

Let's Have a Great Time!



... FRIDAY, NOVEMBER 13, 2026 ...

MORIKAMI MUSEUM

AND JAPANESE GARDENS

... Delray Beach, FL ...



THEN ENJOY LUNCH AT

Delray
MARKETPLACE



DEPARTURE
9:30 AM

Departing from
Jim Ward
Community Center
301 NW 46th Ave.
Plantation, FL 33317



COST
\$20.00
PER PERSON



RETURN TIME
2:00 PM
Approximate
Return Time



**OPEN TO
SENIORS**
Registration
is required.



FOR MORE INFORMATION & TO REGISTER

954-585-2344

*Let's
Have a
Great Time!*



JOLLY

Holiday

SENIOR SOCIAL

FREE

Tuesday, December 15th, 2026
11 AM - 1 PM

55+



LIVE
MUSIC



SNACKS



GAMES &
RAFFLES

Jim Ward Community Center

301 NW 46TH Ave, Plantation, FL 33317

Registration Opens November 15th, 2026

Registration is available online at parks.plantation.org
and at all Plantation Recreation Facilities.

FOR MORE INFORMATION CALL
954-585-2344



UPCOMING PARKS AND RECREATION EVENTS

Turning 65
or new to
Medicare?
Call your
local licensed
sales agent

Humana®

Rosie Pomares

I speak Spanish

954-232-7396 (TTY: 711)

Monday – Friday

8 a.m. – 5 p.m., EST

GPomares1@humana.com

Reoccurring Events

4th Tuesday – **Yardy Party Jim Ward** 6 PM – 7 PM

Wednesdays – **Hump Day Food Trucks Volunteer Park** 5 PM – 9 PM

Tuesdays and Thursdays – **Teen Hang Time Jim Ward** 3 PM – 5 PM

Thursdays – **Table Tennis Nights Central Park** 6 PM – 8 PM

Saturdays – **Farmers Market Volunteer Park** 9 AM – 2 PM

Saturdays – **Yoga in the Park** 9 AM – 10 AM

**1st, 2nd, 5th Saturday: Liberty Tree Park*

**3rd and 4th Saturday: Jim Ward Park*

3rd Sunday – **Sound Healing Jim Ward Park** 9 AM – 10 AM



Saturday, October 10th

Community Garage Sale

Volunteer Park

7 AM - 12 PM

Saturday, October 17th

Family Fall Festival

Volunteer Park

10 AM – 2 PM

Wednesday, October 21st

Senior Trip- Hawaiian Fluid Art

Bus leaves from Jim Ward Community Center

9 AM – 2 PM

Saturday, October 24th

Trunk or Treat – RESIDENTS ONLY

Pine Island Park

6 PM – 8 PM

UPCOMING PARKS AND RECREATION EVENTS

November

Friday, November 7th

Rock the Park

Pine Island Park

7 PM – 10 PM

Thursday, November 5th

Senior Jazz Brunch

Plantation Preserve

11 AM - 1 PM

Tuesday, November 11th

Veterans Day Service

Veteran's Park

9:30 AM

Friday, November 13th

Senior Trip- Morikami Gardens and Museum

Bus leaves from Jim Ward Community Center

11 AM - 1 PM

Wednesday, November 18th

Movies in the Park –

Movie: Michael

Volunteer Park

Gates open at 6 PM

Saturday, November 21st

Holiday Parade

Starts at 46th and Broward and ends at City Hall

9 AM

Holiday Hours

Veterans Day | Wednesday, November 11th | 8 AM – 2 PM

Thanksgiving | Thursday, November 26th | Closed

Day After Thanksgiving | Friday, November 27th | 8 AM – 2 PM

Christmas Eve | Thursday, December 24th | 8 AM – 2 PM

Christmas | Friday, December 25th | Closed

New Years Eve | Thursday, December 31st | 8 AM – 2 PM

New Years Day | Friday, January 1st | Closed

December

Friday, December 4th

Rock the Park

Pine Island Park

7 PM – 10 PM

Saturday, December 5th

Light Up City Hall

City Hall

5 PM – 9 PM

Saturday, December 12th

Breakfast with Santa

Volunteer Park

9 AM – 11 AM

Saturday, December 19th

Plantation Boat Parade &

Movies in the Park

Movie: Polar Express

Pop Travers Park

6:00 PM

Wednesday, December 24th

Santa's Visit

Griswold Care Pairing for Broward County



Referring Compassionate In-Home Caregivers

Personal Care

Bathing ~ Dressing ~ Safety Supervision

Homemaking

Cooking ~ Pet Care ~ Housekeeping

Companionship

Appointments ~ Outings ~ Hobbies

and more!

License #: NR30211028



954-578-7189

LIVE
ASSURED



SENIOR CINEMA

Free Movies Showing Every Tuesday

JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

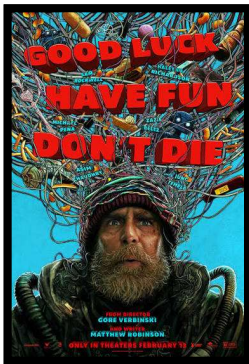
10:30 AM

2nd Showing

6:00 PM

october

Fresh popped popcorn will be served



Good Luck, Have Fun, Don't Die

October 6th

Rated: R

Sci-Fi/Comedy

Runtime: 2hr 14min

Claiming to be from the future, a man takes hostages at a Los Angeles diner to recruit unlikely heroes to help him save the world.

Solo Mio

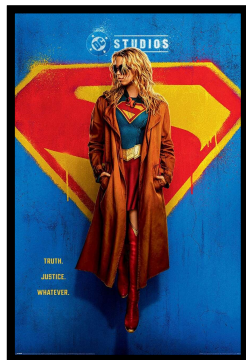
October 13th

Rated: PG

Romance/Comedy

Runtime: 1hr 40min

A wedding disaster leaves a groom stranded in Rome, heartbroken in the world's happiest city. However, with help from a determined local and a few meddling couples, his ruined honeymoon becomes an adventure that he never expected.



Supergirl

October 20th

Rated: PG-13

Action/Adventure

Runtime: 1hr 48min

When an unexpected and ruthless adversary strikes too close to home, Kara Zor-El, aka Supergirl, reluctantly joins forces with an unlikely companion on an epic, interstellar journey of vengeance and justice.

Voicemails for Isabelle

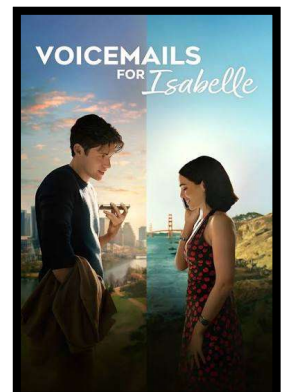
October 27th

Rated: PG-13

Romance

Runtime: 1hr 58min

Jill copes with her sister's death by leaving her voicemails chronicling her chaotic life in San Francisco. When the number is unknowingly reassigned, an elusive Austin real estate agent begins receiving the hilariously confessional messages.



Movies may be subject to change or cancellation. Call 954-585-2344 for more information.



SENIOR CINEMA

Free Movies Showing Every Tuesday

JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing

6:00 PM

november

Fresh popped popcorn will be served



No Movies November 3rd !

Tenzing

November 10th

Rated: PG

Drama/Action

Runtime: 2hr 5min

The untold and inspiring tale of one of the most important mountain climbers in history who, with Edmund Hillary, became the first person to reach the summit of Mount Everest.



Mandalorian and Grogu

November 17th

Rated: PG-13

Sci-Fi/Adventure

Runtime: 2hr 12mins

The evil Empire has fallen, and Imperial warlords remain scattered throughout the galaxy. As the fledgling New Republic works to protect everything the Rebellion fought for, they have enlisted the help of legendary Mandalorian bounty hunter Din Djarin and his young apprentice Grogu.

Death of Robin Hood

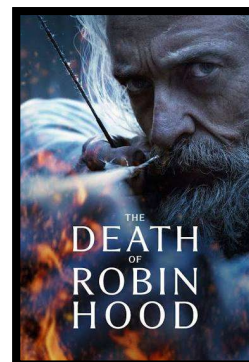
October 24th

Rated: R

Action/Adventure

Runtime: 2hr 2min

Grappling with his past after a life of crime and murder, Robin Hood finds himself gravely injured after a battle he thought would be his last. In the hands of a mysterious woman, he is offered a chance at salvation.



Movies may be subject to change or cancellation. Call 954-585-2344 for more information.



SENIOR CINEMA

Free Movies Showing Every Tuesday

JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing

6:00 PM

december

Fresh popped popcorn will be served



Meet Me in St. Louis

December 1st

Rated: G

Musical

Runtime: 1hr 53min

Young love and childish fears highlight a year in the life of a turn-of-the-century family in St. Louis, and their pending move to New York.

The Holiday

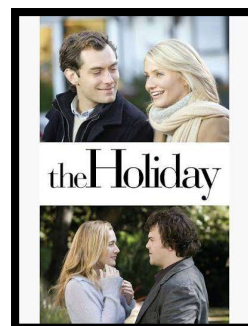
December 8th

Rated: PG-13

Romance/Comedy

Runtime: 2hr 12min

Amanda lives in LA and is a movie trailer editor. Iris lives in Surrey and is a journalist. The two decide to swap houses for two weeks at Christmas - both trying to forget their troubled love lives, until love finds them anyway.



Love, Actually

December 15th

Rated: R

Romance/Comedy

Runtime: 2hr 15min

Follows the lives of eight very different couples in dealing with their love lives in various loosely interrelated tales all set during a frantic month before Christmas in London, England.

No movies

December 22nd and December 29th.

Happy Holidays!

Movies may be subject to change or cancellation. Call 954-585-2344 for more information.

For more information, please visit or call our facilities.

Jim Ward Community Center

301 NW 46th Avenue
954-585-2344

Central Park Multipurpose Building

9151 NW 2nd Street
954-452-2510

Plantation Community Center

5555 Palm Tree Road
954-797-2180

Volunteer Park

12050 W. Sunrise Boulevard
954-452-2558

Follow us on social media



@PlantationParks

Thank you to our Sponsors

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GRISWOLD®

HOME CARE

For sponsorship opportunities contact Jahmir Tolliver at jtolliver@plantation.org or 954-585-2345

Want to stay up to date with Senior Division news and events? Join our e-mail list!

Name: _____

Email: _____



Or send an email to jreception@plantation.org
to receive the Seasoned Senior newsletter via email
or send suggestions for senior trips and specials events.