



The Seasoned Senior



PLANTATION
Parks & Recreation
Where Community and Fun Become One!

For the young at heart 55+

July | August | September 2025



Plantation Senior Division



The Recreation Services Supervisor, Marsha Fertil, and Recreation Services Managers, Antonio Palmer and Arielle Riel are available to assist our seniors

You can reach Marsha Fertil at the Jim Ward Community Center at 954-585-2345 or email: mfertil@plantation.org

For Jim Ward Community Center and For all other inquiries, please call (954) 585-2344

WEEKLY FITNESS SCHEDULE

Athletic attire required (including sneakers) for classes. Class times may be subject to change.



Plantation Community Center



Central Park



Jim Ward

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CENTRAL PARK 954-452-2510 <i>Fees apply. See below.</i>					
High/Low Aerobics w/ Body Sculpt 9:30am-10:30am	Low Impact Aerobics 8:15am-9:15am	High/Low Aerobics w/ Body Sculpt 9:30am-10:30am	Low Impact Aerobics 8:15am-9:15am Zumba for All 9:30am-10:30am		
PLANTATION COMMUNITY CENTER 954-797-2180 <i>Free for Silver Sneakers members or pay fee to participate.</i>					
Senior Circuit 9:00am-10:00am	Dance Fit 9:00am-10:00am	Yoga Stretch 9:00am-10:00am	Senior Chair Exercise 9:00am-10:00am		
JIM WARD COMMUNITY CENTER 954-585-2344 <i>Fees apply. See below.</i> <i>*Free for Silver Sneaker Members</i>					
*Ageless Grace 11:00am-12:00pm		Aerobics 9am-10am	Aerobics 9am-10am		*Ageless Grace 11:00am-12:00pm
<i>Ageless Grace is also available at the Helen B. Hoffman Plantation Library on Tuesdays at 2 PM</i>					

Weight Room Fees:

RESIDENT:

ID Cards\$3.00
 Daily Resident.....\$5.00
 Daily Non-Resident.....\$8.00
 Monthly.....\$10.00

Aerobics Class Fees

ID Cards\$3.00
 Daily Resident.....\$1.00
 Daily Non-Resident.....\$5.00
 Annual Resident.....\$25.00
 Annual Non-Res.....\$50.00



Pickleball courts are available for use at parks throughout the City.

All levels are welcome including beginners. For more info, call the Veltri Tennis Center at 954-513-3540

Pickleball Court Locations

Central Park

9151 NW 2nd Plantation, FL 33317

Deicke Park

1200 NW 106th Ave, Plantation, FL 33324

Seminole Park

6601 SW 16th St, Plantation, FL 33317

Volunteer Park

12050 W Sunrise Blvd, Plantation, FL 33324



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Parks & Recreation

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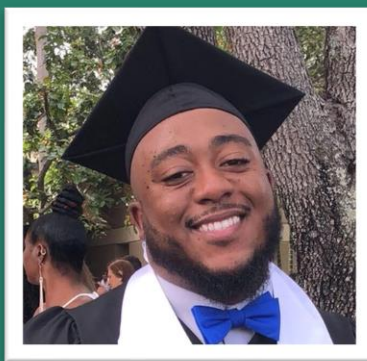
MEET THE PLANTATION SENIOR DIVISION TEAM



Marsha Fertil, CPRP

Recreation Services Supervisor

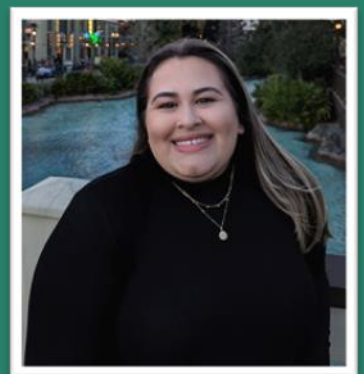
Marsha has worked with the City of Plantation in several capacities since 2011. She received her Bachelor's in Social Work from Florida Atlantic University. Marsha looks forward to helping the Senior Division have fun and build new memories.



Antonio Palmer

Recreation Services Manager

Antonio is the newest member of the Senior Division. He is proud graduate of The University of Miami with a degree in Sports Administration. Go Hurricanes!!! Antonio has 10 years of experience in Parks and Recreation and still exhibits the same passion he did all those years ago.



Arielle Riel

Recreation Services Manager

Arielle joined the City of Plantation in 2018 and recently graduated with a degree in General Education and Tourism and Hospitality. She's passionate about building community and always looks forward to Wednesday Bingo.

FREE WEEKLY EVENTS FOR SENIORS 55+

Ages 55+



Senior Bingo

Wednesdays
1:00 PM – 2:00 PM

Jim Ward Community Center
301 NW 46th Ave,
Plantation FL 33317
954-585-2344


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@PlantationParks

Fun
Prizes
snacks

Bingo cancelled Wednesday, August 27th


PLANTATION
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Senior Game Time

Ages 55+

Mondays and Thursdays
12:00PM – 4:00 PM
Doors open at 11:45 AM

Learn new games or play classic ones

Games and light refreshments provided

Jim Ward Community Center
301 NW 46th Ave,
Plantation FL 33317
954-585-2344

   @PlantationParks



SENIOR TRIP 55+



Baseball Game

MARLINS STADIUM



Miami Marlins

VS



Atlanta Braves

WEDNESDAY, AUGUST 27 2025

\$20

REGISTRATION OPENS JULY 28TH

*Registration available at all Plantation Recreation Facilities and
online at parks.plantation.org*

BUS LEAVES FROM JIM WARD COMMUNITY CENTER

301 NW 46TH AVE PLANTATION, FL 33317

BUS LEAVES AT 11:30 AM

BUS RETURNS AT 4:30 PM

FOR MORE INFO CALL 954-585-2344



DRUMFIT[®]

BEAT

**Equipment
Provided**



Tuesdays
9:45AM-10:45AM
OR
6:30PM-7:30PM

Monthly Sessions
\$25/Residents
\$35/Non-Residents
18+

Central Park
9151 Northwest 2nd St.
Plantation, FL 33324

For more information call
(954)452-2510

UPCOMING PARKS AND RECREATION EVENTS

Reoccurring Events

Wednesdays - **Hump Day Food Trucks** Volunteer Park 5 PM – 9 PM

*Tuesdays and Thursdays - **Teen Hang Time** – Jim Ward 3 PM – 6 PM

**beginning September 2nd*

Thursdays – **Table Tennis Nights** Central Park 6 PM – 8 PM

Saturdays - **Farmers Market** Volunteer Park 9 AM – 2 PM

Saturdays - **Yoga in the Park** Jim Ward 9 AM – 10 AM

*3rd Sunday – **Sound Healing** Liberty Tree Park 9 AM-10 AM



Friday, July 4th

Independence Day Parade

**Starts at 46th and Broward
and ends at City Hall
9 AM**

Patriotic Pool Party

**Aquatics Complex
10 AM - 2 PM**

Independence Day Celebration

Central Park

Gates open at 6 PM

Friday, July 11th

Daddy Daughter Dance

**Volunteer Park
7 PM – 9 PM**

Saturday, July 19th

Back to School BBQ

**Jim Ward Community Center
11 AM-1 PM**



Tuesday, August 5th

National Night Out

**Pine Island Park
5 PM – 9 PM**

Friday, August 1st

Mother Son Dance

**Volunteer Park
7 PM - 9 PM**

Wednesday, August 27th

Senior Trip – Marlins Baseball Game

Miami Marlins vs. Atlanta Braves

Bus leaves Jim Ward

11:30 AM – 4:30 PM

Monday, August 25th

Fall Classes Begin



Saturday, September 6th

Grandparent's Day Celebration

Plantation Community Center

Thursday, September 18th

Senior Hispanic Heritage Month Event

**Jim Ward Community Center
12 PM – 2 PM**

Saturday, September 20th

Volunteer Orientation

**Central Park
9 AM**

Thursday, September 25th

Senior Trip – Lauderdale by the Sea

**Bus leaves Jim Ward Community Center
11 AM – 1 PM**

Holiday Hours

Independence Day, Friday, July 4th | Closed

Labor Day, Monday, September 1st | 8 AM – 2 PM

july

JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing

6:00 PM

Fresh popped popcorn will be served

The Ballad of Wallis Island

July 1st

Rated: PG-13

Comedy

Runtime: 1hr 39 min

Old tensions resurface when former bandmates who were former lovers reunite for a private show at the island home of an eccentric millionaire.

Drop

July 8th

Rated: PG-13

Mystery | Drama

Runtime: 1hr 35min

A widowed mother's first date in years takes a terrifying turn when she's bombarded with anonymous threatening messages on her phone during their upscale dinner, leaving her questioning if her charming date is behind the harassment.

Black Bag

July 15th

Rated: R

Drama | Action

Runtime: 1hr 33min

When intelligence agent Kathryn Woodhouse is suspected of betraying the nation, her husband - also a legendary agent - faces the ultimate test of whether to be loyal to his marriage, or his country.

Last Breath

July 22nd

Rated: PG-13

Drama | Thriller

Runtime: 1hr 33min

A true story that follows seasoned deep-sea divers as they battle the raging elements to rescue their crew mate trapped hundreds of feet below the ocean's surface.

Deep Cover

July 29th

Rated: R

Drama | Comedy

Runtime: 1hr 40min

Three improv actors are asked to go undercover by the police in London's criminal underworld.



JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing

6:00 PM

Fresh popped popcorn will be served

august



The Amateur

August 5th

Rated: PG-13

Action | Thriller

Runtime: 2hr 2min

When his supervisors at the CIA refuse to take action after his wife is killed in a London terrorist attack, a decoder takes matters into his own hands.

Bob Trevino Likes It

August 12th

Rated: PG-13

Comedy | Drama

Runtime: 1hr 45min

When lonely 20-something Lily Trevino accidentally befriends a stranger online who shares the same name as her own self-centered father, encouragement and support from this new Bob Trevino could change her life.



Luckiest Man in America

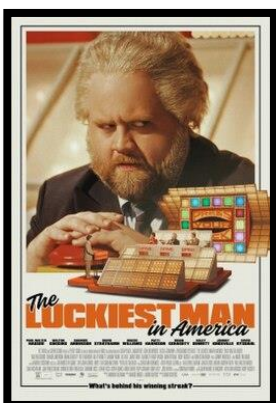
August 19th

Rated: R

Thriller

Runtime: 1hr 31mins

May 1984. An unemployed ice cream truck driver steps onto the game show Press Your Luck harboring a secret: the key to endless money. But his winning streak is threatened when the bewildered executives uncover his real motivations.



Juliet & Romeo (2025)

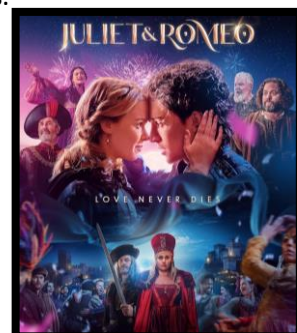
August 26th

Rated: PG-13

Musical

Runtime: 2hr 2min

The greatest love story of all time, set as an original pop musical. Based on the real story that inspired William Shakespeare's "Romeo and Juliet".



JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing

6:00 PM

Fresh popped popcorn will be served

september

Mission Impossible:

The Final Reckoning

September 2nd

Rated: PG-13

Action | Adventure

Runtime: 2hr 49 min

Ethan Hunt and the IMF team race against time to find the Entity, a rogue artificial intelligence that can destroy mankind.

2nd showing starts at 5:30 PM

I'll be Right There

September 9th

Rated: PG-13

Comedy | Drama

Runtime: 1hr 38min

A woman navigates the challenges of her pregnant daughter's wedding plans, her mother's health concerns, her son's uncertain future, and her own romantic dilemmas.

Materialists

September 16th

Rated: R

Romance | Comedy

Runtime: 1hr 56min

A young, ambitious New York City matchmaker finds herself torn between the perfect match and her imperfect ex.

Life of Chuck

September 23rd

Rated: R

Sci-Fi | Fantasy

Runtime: 1hr 51min

From childhood to adulthood, Charles "Chuck" Krantz experiences the wonder of love, the heartbreak of loss, and the multitudes contained in all of us.

Bride Hard

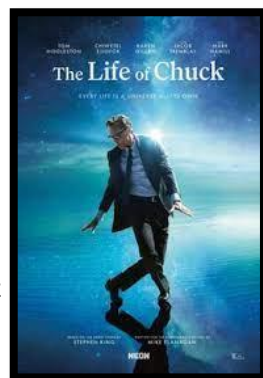
September 30th

Rated: R

Action | Comedy

Runtime: 1hr 45min

When a mercenary group takes a lavish wedding hostage, they have no idea what they are in for as the maid of honor is actually a secret agent ready to rain hellfire upon anyone who would ruin her best friend's wedding.



For more information, please visit or call our facilities.

Jim Ward Community Center Central Park Multipurpose Building

301 NW 46th Avenue
954-585-2344

9151 NW 2nd Street
954-452-2510

Plantation Community Center

5555 Palm Tree Road
954-797-2180

Volunteer Park

12050 W. Sunrise Boulevard
954-452-2558

Follow us on social media



@PlantationParks

*For sponsorship opportunities contact
Marsha Fertil at mfertil@plantation.org or 954-585-2345*

Want to stay up to date with Senior Division news and events? Join our e-mail list!

Name: _____

Email: _____



Or send an email to **seniors@plantation.org**
to receive the Seasoned Senior newsletter via email
or send suggestions for senior trips and specials events.