





For the young at heart 55+

April | May | June 2025



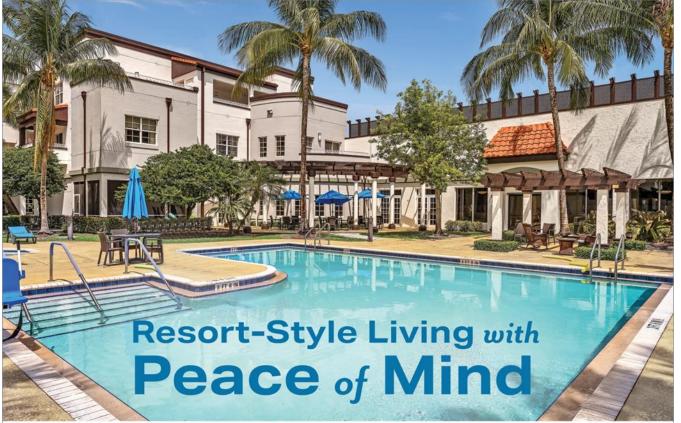
Plantation Senior Division





The Recreation Services Supervisor, Marsha Fertil, and Recreation Services Manager Arielle Riel are available to assist our seniors You can reach Marsha Fertil at the Jim Ward Community Center at 954-585-2345 or email: mfertil@plantation.org

For Jim Ward Community Center and For all other inquiries, please call (954) 585-2344





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WEEKLY FITNESS SCHEDULE

Athletic attire required (including sneakers) for classes

Plantation Community Center

TUESDAY

Central Park

THURSDAY

FRIDAY

Jim Ward

CENTRAL PARK 954-452-2510

Fees apply. See below.

High/Low Aerobics w/ Body Sculpt 9:30am-10:30am

MONDAY

Low Impact Aerobics 8:15am-9:15am **High/Low Aerobics** w/ Body Sculpt 9:30am-10:30am

WEDNESDAY

Low Impact Aerobics 8:15am-9:15am

Zumba for All 9:30am-10:30am

PLANTATION COMMUNITY CENTER 954-797-2180

Free for Silver Sneakers members or pay fee to participate.

Senior Circuit 9:00am-10:00am **Dance Fit** 9:00am-10:00am

Yoga Stretch 9:00am-10:00am

Senior Chair Exercise 9:00am-10:00am

JIM WARD COMMUNITY CENTER 954-585-2344

Fees apply. See below. *Free for Silver Sneaker Members

*Ageless Grace 11:00am-12:00pm

*JoyDanz 10:30am-11:30am

*Ageless Grace 11:00am-12:00pm

SATURDAY

Ageless Grace is also available at the Helen B. Hoffman Plantation Library on the 1^{st} and 3^{rd} Tuesdays of the month at 2 PM

Weight Room Fees:

RESIDENT:

ID Cards\$3.00 Daily Resident.....\$5.00 Daily Non-Resident.....\$8.00 Monthly.....\$10.00

Aerobics Class Fees

ID Cards	\$3.00
Daily Resident	\$1.00
Daily Non-Resident	\$5.00
Annual Resident	\$25.00
Annual Non–Res	\$50.00



Pickleball courts are available for use at Central Park! All levels are welcome including beginners. For more info call the Veltri Tennis Center at 954-513-3540





MEET THE PLANTATION SENIOR DIVISION TEAM



Marsha Fertil, CPRP
Recreation Services Supervisor
Marsha has worked with the City of
Plantation in several capacities since
2011 . She received her Bachelor's in
Social Work from Florida Atlantic
University. Marsha truly enjoys
planning special events and trips for
the senior community to enjoy!



Arielle Riel
Recreation Services Manager
Arielle joined the City of Plantation in
2018 and recently graduated with a
degree in General Education and
Tourism and Hospitality. She's
passionate about building community
and always looks forward to
Wednesday Bingo.



Get Fit, Get Healthy, **Get Active!**

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- Free Hearing Screening
- Major Insurance Carriers
- Medicare Professionals



SUNCOAST











** * South Florida

Senior / Boomer Lifestyle Expo

& Health Fair

Come meet our Vendors!

Free Event - Free Food &

Refreshments

Hourly Prize Drawings and

much more!













For Exhibiting Information Call Rob 954-580-8802

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www.GreaterSouthFloridaChamber.com



FREE WEEKLY EVENTS FOR SENIORS 55+







Senior Trip 55+

Everglades Airboat Ride

at Sawgrass Recreation Park

Enjoy an airboat ride through the beautiful Florida Everglades and an animal presentation.

> April 15th \$10 per person

Space is limited Registration is open

Registration available online at www.parks.plantation.org and at all Plantation Recreation Centers

Bus leaves from
Jim Ward Community Center
301 NW 46th Ave, Plantation, FL 33317
Departing at 9:30 AM
Returning at 12:30 PM









taste of

THURSDAY, MAY 22ND

Cost - \$15

ENJOY A MAGICAL NIGHT FEATURING A FANTASTIC DINNER AND DAZZLING ENTERTAINMENT

Registration opens April 23rd

Registration available at all Plantation Recreation Facilities and online at www.parks.plantation.org

JIM WARD COMMUNITY CENTER **301 NW 46TH AVE PLANTATION, FL 33317**

For more info call 954-585-2344







f o x oPlantationParks



UPCOMING PARKS AND RECREATION EVENTS

Reoccurring Events

Wednesdays - Hump Day Food Trucks Volunteer Park 5 PM – 9 PM Tuesdays and Thursdays - Teen Hang Time – Jim Ward 3 PM – 5 PM

Thursdays – Table Tennis Nights Central Park 6 PM – 8 PM

Saturdays - Farmers Market Volunteer Park 8 AM – 2 PM

Saturdays - Yoga in the Park 9 AM - 10 AM

*1st, 2nd, 5th Saturday: Liberty Tree Park

*3rd Saturday: Volunteer Park *4th Saturday: Jim Ward Park

3rd Sunday - Sound Healing Liberty Tree Park 9 AM-10 AM



Friday, April 4th
Senior Trip to the Delray Affair

Bus leaves from Jim Ward Community Center 9:30 AM – 3:00 PM

Saturday, April 5^h

Earth Day

Volunteer Park 4 PM – 6 PM

Saturday, April 5th
Candyland Express

Plantation Community Center 10 AM

Saturday, April 5th
Rock the Park feat. Caliente
Contemporary Latin

Pine Island Park
Gates open at 6 PM

Saturday, April 19th

Royal Egg Hunt

Pop Travers Park 10 AM

Friday, April 15th

Senior Trip to Sawgrass Recreational Center
Airboat Tour

Bus leaves from Jim Ward Community Center 9:30 AM – 12:30 PM

Wednesday, April 18th

Kid's Day Off

Grades K-5

Volunteer Park Community Center

Thursday, April 24th
Brush and Brunch
10 AM – 12 PM



UPCOMING PARKS AND RECREATION EVENTS



<u>Friday, May 2nd</u>

Senior Trip to the Boca Museum of Art

Bus leaves from Jim Ward Community Center 9:30 AM – 3:00 PM

Friday May 3rd

Rock the Park feat. Greggie and the Jets Elton John Tribute

Pine Island Park

Gates open at 6 PM

Saturday, May 10th

Mother's Day Celebration

Plantation Community Center

Thursday, May 15th

Senior Wellness Event

Jim Ward Community Center

10 AM - 2 PM

Thursday, March 22nd
A Taste of Magic

Jim Ward Community Center 4:00 PM – 6:00 PM

Saturday, May 17th

Kids to Park Day

Jim Ward

10 AM - 1 PM

Monday, May 26th

Memorial Day Service

Veteran's Park 9:30 AM

Monday, May 26th

Summer Class Registration Opens



Monday, June 9th
Summer Class Session Begins

Saturday, June 14th
Father's Day Celebration

Plantation Community Center

Free Movies Showing Every Tuesday

JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing

6:00PM

Fresh popped popcorn will be served

A seasoned showgirl must plan for her future when her show

The Last Showgirl

April 1st Rated: R

Drama

Runtime: 1hr 28min

abruptly closes after a 30-year run. A Real Pain (=)(=)(=)(=)

> April 8th Rated: R Comedy

Runtime: 1hr 30min

Mismatched cousins reunite for a tour through Poland to honor their beloved grandmother, but their old tensions resurface against the backdrop of their family history.

> The story of American photographer Lee Miller, a fashion model who became an acclaimed war correspondent for Vogue magazine during World War I



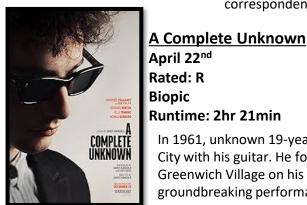


April 15th Rated: R

Drama

Runtime: 1hr 57min

Runtime: 2hr 21min



her love life into chaos.

In 1961, unknown 19-year-old Bob Dylan arrives in New York City with his guitar. He forges relationships with music icons of Greenwich Village on his meteoric rise, culminating in a groundbreaking performance that reverberates worldwide.

Picture This

April 29th Rated: R Drama

Runtime: 1hr 28min



Movies may be subject to change or cancellation. Call 954-585-2344 for more information.

Pia, a struggling photographer, receives a prediction: true love

awaits in her next five dates. With her sister's wedding looming

and her family playing matchmaker, her ex re-appears, throwing

SENIOR CINEMA

Free Movies Showing Every Tuesday

JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing

6:00PM

Fresh popped popcorn will be served

While serving as a juror in a high-profile murder trial, a family man finds himself struggling with a serious moral dilemma, one he could use to sway the jury verdict and potentially convict or free the wrong killer.

Juror #2 May 6th Rated: PG-

Drama

Runtime: 1hr 54min





We Live in Time

May 13th Rated: R Romance

Runtime: 1hr 35min

An up-and-coming chef and a recent divorcée find their lives forever changed when a chance encounter brings them together, in a decade-spanning, deeply moving romance.

Saturday Night

May 20th Rated: R

Drama

Runtime: 1hr 49min

a ferocious troupe of young comedians and writers changed television forever. Find out what happened behind the scenes in the 90 minutes leading up to the first broadcast of Saturday Night Live





The Fabulous Four

May 27th Rated: PG-13

Drama

Runtime: 1hr 44min

Lifelong friends travel to Key West, Fla., to be bridesmaids in a college girlfriend's surprise wedding. Over the course of one outrageous trip, sisterhoods are rekindled, the past resurfaces, and there are enough sparks, and romance to change all of their lives in unexpected ways.



Free Movies Showing Every Tuesday

JIM WARD COMMUNITY CENTER

301 NW 46th Ave, Plantation FL 33317

1st Showing

10:30 AM

2nd Showing **6:00PM**

Fresh popped popcorn will be served

A realtor is pulled back into the life he left behind after his former partner-in-crime resurfaces with an ominous message. With his crime-lord brother also on his trail, he must confront his past and the history he never fully buried.

Love Hurts

June 3rd Rated: R

Action/Comedy

Runtime: 1hr 23min





Here

June 10th

Rated: PG-13

Drama

Runtime: 1hr 44min

A generational story about families and the special place they

inhabit, sharing in love, loss, laughter, and life.

Hard Truths

June 17th Rated: R

Drama/Comedy Runtime: 1hr 37min



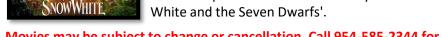
Pansy lashes out at family and strangers. Her constant criticism isolates her, except from her cheerful sister Chantelle, who remains sympathetic despite their differences.



June 17th Rated: PG Musical

Runtime: 1hr 49min

A princess joins forces with seven dwarfs to liberate her kingdom from her cruel stepmother the Evil Queen. A liveaction adaptation of the 1937 Disney animated film 'Snow White and the Seven Dwarfs'





For more information, please visit or call our facilities.

Jim Ward Community Center

301 NW 46th Avenue

954-585-2344

Plantation Community Center

5555 Palm Tree Road 954-797-2180 **Central Park Multipurpose Building**

9151 NW 2nd Street

954-452-2510

Volunteer Park

12050 W. Sunrise Boulevard

954-452-2558



@PlantationParks

Thank you to our Sponsors



For sponsorship opportunities contact Marsha Fertil at mfertil@plantation.org or 954-585-2345

Want to stay up to date with Senior Division news and events? Join our e-mail list!

Name:			



Or send an email to **seniors@plantation.org** to receive the Seasoned Senior newsletter via email or send suggestions for senior trips and specials events.