

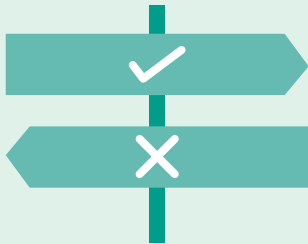


Summer is a time filled with joy and the perfect chance for families to nurture vital academic and social and emotional learning (SEL) skills. Here are five engaging ways to practice SEL at home and create lasting memories. Explore more via the [SEL Caregiver Guide](#).

Happier Human: 21 Self-Awareness Activities for Kids & Young Students:

This guide features uplifting activities such as practicing gratitude, positive affirmations, and using vision boards - perfect for summer! These experiences help children recognize their strengths and understand their emotions, fostering self-awareness and a positive mindset.

(Self Awareness, p.4)



How To Teach Kids Decision-Making Skills:

Summertime provides a perfect opportunity to practice good decision-making. Here's how families can support children through the decision-making process, boosting their sense of agency and value. **(Decision Making and Agency, p. 12)**

Tough Conversations with Teens:

This sheet has helpful tips for parents, families, and caregivers to practice ways to engage their teens this summer in conversations about healthy relationships.

(Relationship Skills, p. 11)

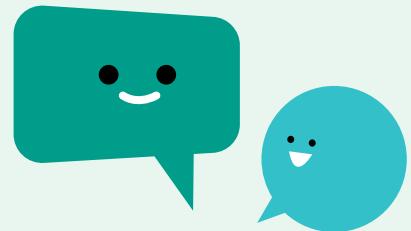


Chart of Responsibilities:

Summer is the perfect time to build independence and life skills at home! A Responsibility Chart helps tweens learn how to manage their daily routines, contribute to the household, and develop confidence. **(Self-Management, p.7)**

Ward Heritage Guides:

Enjoy the outdoors with your kids this summer and take advantage of the many walking trails of Washington, DC. This illustrated guide showcases how the wards have evolved over time, highlighting historic properties and other notable sites for families to explore. **(Social and Cultural Awareness, p.8)**

