

Complete the Wellness Self-Assessment!

The DC HealthyTots Program (HTA), a partner with the Child and Adult Care Food Program (CACFP), have released the Office of the State Superintendent of Education (OSSE) Wellness Guidelines Self-Assessment Quickbase application. All licensed child development facilities will receive an email from Quickbase to access the OSSE Wellness Guidelines Self-Assessment Quickbase application. Facilities are encouraged to complete the self-assessment.

What are the Wellness Guidelines?

The [OSSE Early Learning Wellness Guidelines for Child Care Facilities](#) are a collection of specific actions that can help child development facilities in DC integrate key components of wellness into their education programming and facility operations.

Here are some benefits of following the OSSE Wellness Guidelines for Child Care Facilities.



- 1. Improved Health Outcomes:** Ensuring children have access to essential immunizations, health screenings, and early intervention services, leading to healthier and happier children.
- 2. Enhanced Early Learning Experiences:** Integrating health education and promotion strategies into early learning education curricula, equipping children with the knowledge and skills to make healthy choices.
- 3. Stronger Foundations:** Collaborating to provide comprehensive health services and support, fostering a strong foundation for children's lifelong physical, social, and emotional well-being.
- 4. Thriving Families:** Connecting families to comprehensive resources and building a supportive network, empowering them to nurture their children's health and development.
- 5. Mutual Advantages:** Fostering a reciprocal partnership where child development facilities gain access to health expertise and resources.
- 6. Strengthened Communities:** Building a collaborative network that supports the health and development of children and families, creating a more vibrant and resilient community.

For any questions, please contact Sheena King, HTA Program Specialist

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