



# AUGUST 2026 SUPERIOR SENIORS (60+) - CIVIC SPACE

| Sunday                                 | Monday                                                                                                                    | Tuesday                                                                           | Wednesday                                                                                                                                         | Thursday                                                       | Friday                                                                    | Saturday                                                |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------|
| 2                                      | 3<br>MOVE AND GROOVE BINGO<br>1:00-2:00 pm<br><br>CARD GAMES<br>2:00-4:00 pm                                              | 4<br>MAH JONGG<br>2:00-4:00 pm                                                    | 5<br>PREDIABETES SUPPORT GROUP<br>10:30-11:30 am<br><br>WELCOME HAPPY HOUR<br>4:30-6:30 pm                                                        | 6<br>EUCHRE<br>2:00-4:00 pm                                    | 7<br>FIRST FRIDAYS<br>7:45-10am<br><br>POKER<br>2:30-4:45 pm              | 1<br>8<br>DRUM CIRCLE*<br>2:00-4:00 pm<br>*At the Plaza |
| 9                                      | 10<br>MOVE AND GROOVE BINGO<br>1:00-2:00 pm<br><br>CARD GAMES<br>2:00-4:00 pm                                             | 11<br>MAH JONGG<br>2:00-4:00 pm                                                   | 12<br>HEARING CLINIC*<br>9:30 am-12:00 pm<br><br>CREATIVE COLLECTIVE<br>10:00 am-12:00 pm<br><br>TECH CLINIC*<br>1:00-3:00 pm<br>*Register online | 13<br>BOOK CLUB<br>12:30-2:00 pm<br><br>EUCHRE<br>2:00-4:00 pm | 14<br>POKER<br>2:30-4:45 pm                                               | 15<br>CHAT WITH THE CHIEF<br>9:00-10:00 am              |
| 16                                     | 17<br>MOVE AND GROOVE BINGO<br>1:00-2:00 pm<br><br>CARD GAMES<br>2:00-4:00 pm                                             | 18<br>FREE LECTURE-TINNITUS TALK<br>1:00-2:00 pm<br><br>MAH JONGG<br>2:00-4:00 pm | 19<br>CREATIVE COLLECTIVE<br>10:00 am-12:00 pm<br><br>BLOOD DRIVE<br>11:00 am-2:00 pm                                                             | 20<br>EUCHRE<br>2:00-4:00 pm                                   | 21<br>POKER<br>2:30-4:45 pm                                               | 22                                                      |
| 23                                     | 24<br>MOVE AND GROOVE BINGO<br>1:00-2:00 pm<br><br>CARD GAMES<br>2:00-4:00 pm                                             | 25<br>MAH JONGG<br>2:00-4:00 pm                                                   | 26<br>CREATIVE COLLECTIVE<br>10:00 am-12:00 pm                                                                                                    | 27<br>EUCHRE<br>2:00-4:00 pm                                   | 28<br>POKER<br>2:30-4:45 pm<br><br>CAPS BFFS - THE AI DOC<br>6:00-8:00 pm | 29                                                      |
| 30<br>VETERANS MEET-UP<br>4:00-5:30 pm | 31<br>GARDENERS UNITE<br>10:00 am-12:00 pm<br><br>MOVE AND GROOVE BINGO<br>1:00-2:00 pm<br><br>CARD GAMES<br>2:00-4:00 pm |                                                                                   |                                                                                                                                                   |                                                                |                                                                           |                                                         |



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| WEEKLY DROP IN TOPICS                                                                                              |                                                                                                                                 | ADDITIONAL NOTES AND ACTIVITIES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b><u>GARDENERS UNITE</u></b><br/>10:00am-12:00pm</p> <p>8/3 - 8/24 - No meeting.<br/>8/31 - Harvest Party!</p> | <p><b><u>CREATIVE COLLECTIVE</u></b><br/>10:00am-12:00pm</p> <p>8/5 - 8/26 - "Yarn Bombing",<br/>crocheting granny squares.</p> | <p>8/5 <b>Welcome Happy Hour</b> - A place to meet friends, find out current activities, and enjoy food, mocktails, and non-alcoholic drinks.</p> <p>8/8 <b>Drum Circle</b> - Drums may be borrowed on a first-come first served basis.</p> <p>8/12 <b>Hearing Clinic</b> - Free hearing check. Register for a timeslot online.</p> <p>8/12 <b>Tech Clinic</b> - Register for a timeslot online or first-come first served.</p> <p>8/13 <b>Book Club</b> - Discussing "Teo of Golden" by Allen Levy</p> <p>8/18 <b>Tinnitus Lecture</b> - Learn about tinnitus from hearing professionals.</p> |

Activities are free of charge and provide a great way to get out, gather, and have fun. Check in with the Guest Services staff at the front desk and they will guide you to the activity. To find more information on senior activities, programs, and events, please visit

[SuperiorColorado.gov/SuperiorSeniors](https://SuperiorColorado.gov/SuperiorSeniors).

## Activity Descriptions

- **GARDENERS UNITE:** Connect with fellow gardening enthusiasts, share tips and ideas, and learn through hands-on gardening projects. It's a fun, welcoming space to grow your skills.
- **MOVE & GROOVE BINGO:** In this fun Bingo twist, we alternate between calling a few numbers of Bingo and a minute of exercise focusing on strength, flexibility, and balance. Get your weekly movement in and dance it out after every win!
- **CARD GAMES:** Avoid scoring points in hearts, bid and win tricks in spades, or lay down sets and runs in rummy. Bring some friends or make new ones while enjoying classic card games of your choice.
- **MAH JONGG:** A classic tile-based game of skill, strategy, and chance that originated in China and is traditionally played with four players. We play the American version, using a yearly hands card from the National Mah Jongg League for added variety and challenge.
- **CREATIVE COLLECTIVE:** Come find some friends and get creative with our laid-back craft group! All skill levels are welcome, and we have materials for knitting, crocheting, and more. Bring your own project or participate in a pre-planned activity.
- **EUCHRE:** Players at any level are welcome to enjoy this trick-taking card game. Euchre is an offshoot of Juckerspiel, a game that became widely popular throughout Europe during the Napoleonic era.
- **POKER:** Players of any skill level are welcome, and we will teach you the rules and strategies. It is free to enter, and points are tallied through the quarter. Try to win the end-of-season tournament and hoist the trophy!
- **WALK WITH A DOC:** An international nonprofit that aims to get people of all ages, fitness levels, and backgrounds moving and talking with their local health providers.