



JULY 2026 SUPERIOR SENIORS (60+)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 SENIOR WELCOME BREAKFAST 9:00-10:30 am PREDIABETES SUPPORT GROUP 10:30-11:30 am	2 EUCHRE 2:00-4:00 pm	3 FIRST FRIDAYS CANCELLED POKER 2:30-4:45 pm	4 4TH OF JULY CELEBRATION* 9:00 am-12:00 pm *At Community Park COMMUNITY CENTER CLOSED AT 1 PM
5 GARDEN AND GROW GROUP (ALL AGES) 2:00-3:00 pm	6 GARDENERS UNITE 10:00 am-12:00 pm MOVE & GROOVE BINGO 1:00-2:00 pm CARD GAMES 2:00-4:00 pm	7 MAH JONGG 2:00-4:00 pm	8 CREATIVE COLLECTIVE 10:00 am-12:00 pm	9 BOOK CLUB 12:30-2:00 pm EUCHRE 2:00-4:00pm	10 POKER 2:30-4:45pm	11 DRUM CIRCLE-CANCELLED
12 TECH CLINIC* 1:00-3:00 pm *Register online CREATE IN COMMUNITY (ALL AGES) 4:00-5:00 pm	13 GARDENERS UNITE 10:00 am-12:00 pm MOVE & GROOVE BINGO 1:00-2:00 pm CARD GAMES 2:00-4:00 pm	14 MAH JONGG 2:00-4:00 pm	15 CREATIVE COLLECTIVE* 10:00 am-12:00 pm *At Civic Space SUMMER MARKET* 5:00-8:00 pm *Downtown Superior	16 EUCHRE 2:00-4:00 pm	17 POKER 2:30-4:45 pm	18 CHAT WITH THE CHIEF 9:00-10:00 am NALOXONE TRAINING 10:30-12:30pm
19	20 GARDENERS UNITE 10:00 am-12:00 pm MOVE & GROOVE BINGO 1:00-2:00 pm CARD GAMES 2:00-4:00 pm	21 MAH JONGG 2:00-4:00 pm	22 CREATIVE COLLECTIVE* 10:00 am-12:00 pm *At Civic Space	23 EUCHRE 2:00-4:00 pm	24 POKER 2:30-4:45 pm	25 WALK WITH A DOC 9:00-10:00 am SPEED PUZZLE COMPETITION* 12:00-2:00 pm *At Civic Space
26 CREATE IN COMMUNITY (ALL AGES) 4:00-5:00 pm VETERANS MEET-UP 4:00-5:30 pm	27 GARDENERS UNITE 10:00 am-12:00 pm MOVE & GROOVE BINGO 1:00-2:00 pm CARD GAMES 2:00-4:00 pm	28 MAH JONGG 2:00-4:00 pm	29 CREATIVE COLLECTIVE 10:00 am-12:00 pm	30 EUCHRE 2:00-4:00 pm	31 POKER 2:30-4:45 pm CAPS BFFS -WE ARE AS GODS* 6:00-8:00 pm *At Civic Space	



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WEEKLY DROP IN TOPICS		ADDITIONAL NOTES AND ACTIVITIES
<u>GARDENERS UNITE</u> 10:00am-12:00pm	<u>CREATIVE COLLECTIVE</u> 10:00am-12:00pm	<p>7/1 Welcome Breakfast - Free breakfast and a chance to make new friends!</p> <p>7/5 Garden and Grow Group - All ages gardening group.</p> <p>7/11 Drum Circle - Cancelled this month!</p> <p>7/12 Tech Clinic - Register for a timeslot online or first-come first served.</p> <p>7/12 & 7/26 Create in Community - All ages craft group.</p> <p>7/25 Speed Puzzle Competition - Register your team to compete and puzzle as fast as you can!</p> <p>7/26 Walk with a Doc - Meet at Wildflower Park for a casual walk and a talk about heart health.</p>
<p>7/6 - Clean out planters.</p> <p>7/13 - Weed mitigation presentation w/ Vargas.</p> <p>7/20 - Crafting air dry clay frogs.</p> <p>7/27 - Community garden visit.</p>	<p>7/8 - Crochet granny squares for SCC</p> <p>7/15 - Tree of Life (please register)</p> <p>7/22 - Tree of Life (please register)</p> <p>7/29 - Crochet granny squares for SCC</p>	

Activities are free of charge and provide a great way to get out, gather, and have fun. Check in with the Guest Services staff at the front desk and they will guide you to the activity. To find more information on senior activities, programs, and events, please visit

SuperiorColorado.gov/SuperiorSeniors.

Activity Descriptions

- **GARDENERS UNITE:** Connect with fellow gardening enthusiasts, share tips and ideas, and learn through hands-on gardening projects. It's a fun, welcoming space to grow your skills.
- **MOVE & GROOVE BINGO:** In this fun Bingo twist, we alternate between calling a few numbers of Bingo and a minute of exercise focusing on strength, flexibility, and balance. Get your weekly movement in and dance it out after every win!
- **CARD GAMES:** Avoid scoring points in hearts, bid and win tricks in spades, or lay down sets and runs in rummy. Bring some friends or make new ones while enjoying classic card games of your choice.
- **MAH JONGG:** A classic tile-based game of skill, strategy, and chance that originated in China and is traditionally played with four players. We play the American version, using a yearly hands card from the National Mah Jongg League for added variety and challenge.
- **CREATIVE COLLECTIVE:** Come find some friends and get creative with our laid-back craft group! All skill levels are welcome, and we have materials for knitting, crocheting, and more. Bring your own project or participate in a pre-planned activity.
- **EUCHRE:** Players at any level are welcome to enjoy this trick-taking card game. Euchre is an offshoot of Juckerspiel, a game that became widely popular throughout Europe during the Napoleonic era.
- **POKER:** Players of any skill level are welcome, and we will teach you the rules and strategies. It is free to enter, and points are tallied through the quarter. Try to win the end-of-season tournament and hoist the trophy!
- **WALK WITH A DOC:** An international nonprofit that aims to get people of all ages, fitness levels, and backgrounds moving and talking with their local health providers.