

APRIL 2025

SUPERIOR SENIORS WEEKLY/MONTHLY DROP-IN ACTIVITIES



| SUN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT |
|-----|---|--------------------------------|---|--|--|---|
| | 31 GARDENERS UNITE 10-12pm <i>World Migratory Bird Planning</i> BINGOCIZE 1-2 pm | 1 MAHJONG 2-4 pm | 2 SENIOR WELCOME BREAKFAST 9-10:30am <i>Sgt. Solomon, HearingAid Checks, Poker Dealer's Class</i> | 3 EUCHRE 2-4 pm | 4 FIRST FRIDAYS <i>Talk to our Council members</i> 8-9:45 am POKER Dealer Lessons at 1 pm 2:30-4:45 pm | 5 |
| 6 | 7 GARDENERS UNITE 10-12pm <i>Container Gardening</i> BINGOCIZE 1-2 pm | 8 MAHJONG 2-4 pm | 9 CRAFTERS <i>Knitting</i> 10-12 pm | 10 BOOK CLUB <i>Frozen River by Ariel Lawson</i> 12:30 - 2 pm EUCHRE 2-4 pm | 11 POKER 2:30-4:45 pm | 12 |
| 13 | 14 GARDENERS UNITE 10-12pm <i>Transplanting Seedlings</i> BINGOCIZE 1-2 pm | 15 MAHJONG 2-4 pm | 16 CRAFTERS <i>Painting Plant Pots</i> 10-12pm | 17 EUCHRE 2-4 pm | 18 POKER 2:30-4:45 pm | 19 CHAT WITH THE CHIEF 9-10 am |
| 20 | 21 GARDENERS UNITE 10-12pm <i>Group Soil Renewal</i> | 22 MAHJONG 2-4 pm | 23 CRAFTERS <i>Continue Knitting</i> 10-12pm | 24 EUCHRE 2-4 pm | 25 POKER 2:30-4:45 pm | 26 |
| 27 | 28 GARDENERS UNITE 10-12 pm <i>Planning your garden</i> | 29 MAHJONG 2-4 pm | 30 CRAFTERS <i>Art Parts Field Trip</i> 10-12pm | | | |

Drop-In Activity Descriptions:

Activities are free of charge and provide a wonderful way to get out, gather with others and have fun. Check-in with the Guest Services staff at the Superior Community Center front desk and they will guide you to the location for each activity. To find more Superior Senior activities, programs and events please visit SuperiorColorado.gov/SuperiorSeniors.

- **Gardeners Unite:** Meet with other gardeners to discuss ideas and participate in hands-on gardening projects. **In partnership with Elena Vargas Neil, General Manager from Vargas Property Services.**
- **BINGOCIZE®:** Bingocize® isn't just another health program—it's a vibrant fusion of fitness and health education that seamlessly incorporates the beloved game of bingo!
- **Mahjong:** Keep your mind active by attending this open group. Mahjong will be taught each week and other games will be decided by attendees – many to choose from.
- **Crafters, Knitting & Crocheting:** Bring project supplies or make the project listed above. Gather with other crafters to socialize and have fun!
- **Mt. View Fire Blood Pressure Checks:** Ever wonder what your Blood Pressure reading is? Once a month you can find out!
- **Euchre:** Players at any level are welcome to enjoy this trick-taking card game. Euchre is an offshoot of Juckerspiel.
- **Senior Poker:** Come learn when it's time to hold em' or fold em' with senior drop-in Poker. This is for all skill levels and we will teach all new players how to play Texas Hold Em' style poker!

