

Recreation



Town of
SuperiorSM



Register for programs and
get up-to-date information
at superlorrec.com

Summer
2024
MAY - AUGUST



Welcome
to the
SUMMER
2024
Recreation
Guide!

In this guide, you will find information about upcoming programs, events and volunteer opportunities in the Town of Superior. There are possibilities for everyone! Explore the options and register at superiorrec.com to start making the most of your Summer. If you have questions or need assistance, please feel free to reach out via email at tospros@superiorcolorado.gov, in person at the Superior Community Center, 1500 Coalton Road or via phone at (303) 554-9005. We would love to hear from you. Have a great Summer!

–The Town of Superior Parks, Recreation and Open Space Department

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Look for **SF** = Senior Friendly



Encouraging
VIBRANT & MEANINGFUL
Community



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➔ Watch for LINKS
 throughout the Guide.

Additionally click on many more
 areas including programs to
 register or to find more info!



town events & volunteering



This summer will be filled with fun!

Here's a quick glance at what is planned. Be sure to also check the Town events webpage as there is sure to be more! superiorcolorado.gov/events



TOWN OF SUPERIOR | Events

DOWNTOWN SUPERIOR SUMMER CONCERT SERIES

6:30–8:15 p.m.
Saturday Evenings

(Superior Commons Amphitheater, 2130 Creek View Way) Gather with neighbors, family and friends; enjoy a beautiful summer night, live music, food truck fair and 21+ beverage services. Visit the Town event webpage for the full list of summer concert bands.



FLICK & FLOAT

8:00–11:00 p.m. | North Pool

June 21: Under the Boardwalk
July 26: Trolls Band Together

Back by popular demand! Watch a movie and lounge in (or out) of the pool. Grab some popcorn and a treat too! Capacity is limited, be sure to sign up with your Civic Rec account at superiorrec.com.

BIKE TO WORK DAY

June 26, 6:30–9:00 a.m.

(Downtown Superior Coal Creek Trail near the 36 underpass). Pedal over for not just one but two stations featuring fun swag, cool beverages and tasty treats hosted by the Town and Superior Chamber.



SUPERIOR 4TH OF JULY FESTIVITIES

July 4, 7:00 a.m.–3:00 p.m.

Our traditional full-day of fourth FUN awaits! Get ready for the mile race, to watch or participate in the Town parade, eat delicious pancakes and enjoy some classic carnival fun at the 4th festival, and more!

SAVE THE DATE

SUPERIOR CHILI & BEER FEST!

September 7, 2–6 p.m.
Community Park

VOLUNTEER!

JOIN OUR VOLUNTEER VILLAGE!

Volunteering is a great way to give back to the community, join a group of like-minded people, meet new friends and help keep our community at its best. Join the Superior Volunteer Village today! Superiorcolorado.gov/volunteer





TOWN ARTS

The **Town of Superior Arts Program** brings a wide range of creativity to the community in the form of small events, exhibits and public art. With support from the Cultural Arts and Public Spaces (CAPS) advisory committee, the ARTery and public art collections continue to grow! Check out the [Town Arts webpage](#) for more information.



Gregory-Fields, Watcher & Seer

SUPERIOR ARTERY UPDATE!

In 2020 and 2021, the Cultural Arts & Public Spaces (CAPS) advisory committee implemented a pilot art path around the Superior Community Center called the Superior ARTery. CAPS is currently working on the ARTery Phase 2, a path that will eventually stretch from Original Town, through Downtown Superior and Rock Creek, to the vicinity of Eldorado PK-8. The ARTery path will be a combination of walking and cycling routes that are activated with sculptural public art installations, murals, and other creative offerings.

SUPERIOR PET SNAPS



OPENING RECEPTION

May 30, 6 – 7:30 p.m.

Superior Community Center, 1500 Coalton Road

Superior SNAPS is an annual open competition photo contest for Superior residents of all ages. This year's exhibit features the beloved pets from the Town whether they have fur, feathers, scales, prickles or fins! Exhibition will run late May through September, 2024.

Superior community center

1500 Coalton Road



Welcome to the Superior Community Center

– your dedicated space for community connection and support!
The SCC offers enrichment programs for all ages and interests, meeting rooms, engaging workspaces, live entertainment, and a great place to meet friends. Don't be a stranger! Come see us at the Superior Community Center, where togetherness thrives!

Community Center Hours:

Monday–Thursday	8 a.m. to 8 p.m.
Friday–Saturday	8 a.m. to 10 p.m.
Sunday	Noon to 6 p.m.

Check out all of the ways you can enjoy the center below. Have questions? Give us a ring at (303) 554-9005.

THE COMMUNITY CENTER HAS IT ALL!



A special
LIBRARY AREA
for readers



Small and large
MEETING ROOMS
that can be arranged for your needs



FLEXIBLE SEATING
for both comfort and lounging
or work and productivity



STADIUM SEATING
for small performances, educational
conferences or professional seminars



AMPLE NATURAL LIGHT
from skylights and glass garage doors



WI-FI & TECHNOLOGY
to meet the demands of personal
and professional needs



Visit superiorcommunitycenter.com

NEW CAFE *Coming Soon*

The Tap & Café are temporarily closed. The Town is seeking a new food and beverage vendor for this space.
Stay tuned for more details.

COME CHECK IT OUT!



MODERN INDUSTRIAL
design that incorporates the arts and engages the senses



A dedicated youth room called
THE SPOT



IN-HOUSE CAFÉ & TAP
serving delicious bites and drinks



GAME NIGHTS ON FRIDAYS
LIVE MUSIC ON SATURDAYS

Submit a Program Proposal

Do you have an idea for a program or service you think would benefit the residents of Superior? Visit superiorcommunitycenter.com to find the [Program Proposal form](#) and view submission dates. Email form to tospros@superiorcolorado.gov.

Currently accepting room rentals through August 2024.

Room reservations for the months of September through December will open on Aug. 1. All fees for use of any of the four rooms in the Superior Community Center by Town of Superior residents, resident businesses and resident organizations shall be waived, for up to two reservations per month. Visit superiorcommunitycenter.com to reserve a room.





ENRICHMENT PROGRAMS

CBArt Classes for Toddlers/Youth/Adult

**** PLEASE NOTE **** Once the Session starts you can register for DROP IN classes by clicking on Drop In - CBArt Classes for Toddlers/Youth.



Unique, multi-cultural, trilingual (English, Spanish and French) artistic experiences for all ages in a friendly and supportive environment. Check out the options below:

CINCO DE MAYO ART & CRAFTS: A FAMILY CULTURAL CELEBRATION

Age: 1yr 6m+ | Community Center

Drawing inspiration from vibrant Mexican Folk Art, families can join in the creation of their own art and crafts to celebrate "Cinco de Mayo." Explore the richness of Mexican culture while crafting items such as sombreros, paper tacos, and colorful "ojo de Dios." These are just a few of the crafts that participants can enjoy, letting their creativity shine as they make their unique creations.

Note: First family member fee is \$36; additional family members cost \$5 each.

5/05 Sunday 2-4 p.m. \$36

TODDLER ART BLAST

Age: 1yr 6m-4 | Community Center

Join us for a delightful art and craft experience designed for kids aged 18 months to 4 years old, along with their parents or caregivers. Together, we'll create unforgettable art pieces, engage in sensory and play-based exploration, and, above all, have a fantastic time bonding and enjoying the activities. Drop In fee: \$32 per class.

5/01-5/15	Wednesday	10-10:45 a.m.	\$81
6/05	Wednesday	10-10:45 a.m.	\$32
7/03-7/31	Wednesday	10-10:45 a.m.	\$81
8/14-8/28	Wednesday	10-10:45 a.m.	\$81

AN ARTVENTURE: EXPLORING THE MASTERS

Age: 4-8 | Community Center

Ignite your kid's creativity and imagination with classes inspired by the world's art masters. Dive into the lives and styles of renowned artists, discover diverse world cultures, languages, and unique art forms. With a range of mediums, students will create extraordinary masterpieces in every class. Drop In fee: \$32 per class.

5/04-5/18	Saturday	1-2 p.m.	\$81
6/01-6/29	Saturday	1-2 p.m.	\$108
7/06-7/27	Saturday	1-2 p.m.	\$108
8/03-8/31	Saturday	1-2 p.m.	\$135

JUNIORS ARTVENTURE: EXPLORING A COLORFUL WORLD OF CREATIVITY


Age: 8-13 | Community Center

Spark your child's creativity and imagination with these art classes, inspired by renowned masters. Delve into the lives, styles, cultures, and languages of artists. Unleash their artistic potential using diverse mediums to create exceptional masterpieces in every class. Drop In fee: \$32 per class.

5/04-5/18	Saturday	11 a.m.-Noon	\$81
6/01-6/29	Saturday	11 a.m.-Noon	\$108
7/06-7/27	Saturday	11 a.m.-Noon	\$108
8/03-8/31	Saturday	11 a.m.-Noon	\$135

SF = Senior Friendly





➔ Click on program names
or sections to register!

CREATIVE CONNECTIONS: AN INTENTIONAL AFTERNOON OF ART & CRAFT FOR ALL AGES

Age: 4+ | Community Center

Join us for a vibrant gathering fostering creativity, love, and kindness across generations. This unique program celebrates intentional connections through artistic expression, offering activities that unleash potential and cultivate compassion. Connect with different ages in our community through the universal language of art, creating memorable and enriching experiences grounded in love and kindness. Ideal for family bonding.

Note: First family member fee is \$36; additional family members cost \$5 each. You'll see the option to add more family members during the registration check out process.

5/19	Sunday	4-5:30 p.m.	\$36
6/23	Sunday	4-5:30 p.m.	\$36
7/21	Sunday	4-5:30 p.m.	\$36
8/18	Sunday	4-5:30 p.m.	\$36

TOAST 'N TINKER SF

Age: 15+ | Community Center

Join us for an evening filled with fun, friendship, and creativity! Unleash your inner artist and create your own masterpiece while enjoying the company of others in our community. Relax and indulge in engaging conversations, and a delightful atmosphere. Arrive early to check in, secure your seat, and if desired, order drinks and food from the Café, which will be available for purchase. Come join us for a remarkable night of artistic delight that you won't soon forget!

Floral Impressionist Vase

5/10	Friday	6-8 p.m.	\$40
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Mama Bird Sunset

6/21	Friday	6-8 p.m.	\$40
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By the Beach

7/12	Friday	6-8 p.m.	\$40
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Summer Landscape at the Lake

8/09	Friday	6-8 p.m.	\$40
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Art Camps:

ART CAMP I: ART AROUND THE WORLD WEEK!

Age: 5-12 | Community Center

Children will get the chance to explore art from diverse cultures, try out various techniques, and participate in the creation of multicultural artwork. Some example projects include Japanese origami, African tribal masks, Mexican papel picado banners, and more.

6/10-6/14	Weekdays	9 a.m.-Noon	\$240
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ART CAMP II: MAGICAL CREATURES ART WEEK

Age: 5-12 | Community Center

Children will embark on the journey of creating drawings and paintings showcasing mythical creatures, crafting fantasy landscapes, and sculpting magical beings. Explore projects such as fairy houses, dragon masks, unicorn-inspired canvases, and more.

6/24-6/28	Weekdays	9 a.m.-Noon	\$240
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ART CAMP III: RECYCLED ART ECO-WEEK

Age: 5-12 | Community Center

Children will embrace the utilization of recycled materials in artistic expressions, deepen their understanding of environmental conservation, and participate in eco-friendly projects. Explore endeavors like crafting sculptures from recycled materials, creating art with recycled paper, and assembling eco-inspired collages, among others.

7/08-7/12 Weekdays 9 a.m.-Noon \$240

ART CAMP IV: MIXED MEDIA MADNESS WEEK

Age: 5-12 | Community Center

Introduce children to a range of art materials and techniques, covering painting, drawing, collage, and more. Engage them in projects like creating mixed media self-portraits, crafting 3D collages, and collaborating on art installations using a variety of materials.

7/22-7/26 Weekdays 9 a.m.-Noon \$240

ART CAMP V: CELEBRATE ART AND NATURE CONNECTION WEEK

Age: 5-12 | Community Center

Merge art with nature as children explore outdoor spaces and undertake projects inspired by the beauty of the natural world to craft nature-inspired masterpieces. Engage in activities such as crafting nature-inspired mandalas, pressing leaves and flowers, painting rocks, and creating birdhouse masterpieces, among other creative endeavors.

8/05-8/09 Weekdays 9 a.m.-Noon \$240

Snapology School Break Camps

Snapology teaches STEM/STEAM concepts to children through hands-on, interactive play, using LEGO bricks and other fun learning tools. Our instructors are experienced teachers who teach to the children's abilities in a safe, inclusive, social, and fun environment! Register for Snapology in the mornings and afternoons to play all day! There will be a fun supervised lunch break in between.



AMUSEMENT PARK ADVENTURES

Age: 6-12 | Community Center

Every child loves to go to the amusement park and ride their favorite rides, but have they ever thought about how to build one and the people who design them? In Snapology's Amusement Park Adventures, students get to become designers of their own amusement park rides. While building with LEGO bricks and power functions, they will learn physics and engineering concepts as well as problem solving skills, all while having a blast!

6/17-6/21 Weekdays 9 a.m.-Noon \$225

SUPERPOWERS

Age: 5-12 | Community Center

In Snapology's Science of Superpowers program, students explore the world of their favorite superheroes, while building with LEGO® bricks. Students learn about forces, energy, and problem solving as they build models inspired by Superman, Batman, and all their favorite heroes. Experimentation and fun are crucial components of this 'super' educational program!

6/17-6/21 Weekdays 1-4 p.m. \$225



JEDI ROBOTICS

Age: 6-12 | Community Center

Robotics inspired by Star Wars® and space travel! Come on an adventure, building and programming functional robots using LEGO® bricks in this super-fun program. Learn about space, space travel, and, of course, Star Wars®! Build different robots each day!

6/24-6/28 Weekdays 9 a.m.-Noon \$225

JEDI MASTERS

Age: 5-12 | Community Center

If you love Star Wars®, this is the camp for you! Come participate in Star Wars®-themed activities, build scenes from the movie, build spaceships, lightsabers, you name it. May the Force be with you.

6/24-6/28 Weekdays 1-4 p.m. \$225

SNAPOLOGY OLYMPICS

Age: 6-12 | Community Center

Summer 2024 means OLYMPICS! In Snapology's Olympics camp, students will build with LEGO® bricks, work in teams, and compete in sport-themed challenges. Your child will focus on sports, while learning important STEAM concepts. Your child is sure to have a blast, as they build, learn, and play!

7/08-7/12 Weekdays 9 a.m.-Noon \$225

SUPERHEROES

Age: 5-12 | Community Center

To the Batcave LEGO® fans! Design your own superhero, create your own adventure, and build cool new superhero sets. Have a blast as you create your own fantasy world of superheroes. What kind of superpowers do you have?

7/08-7/12 Weekdays 1-4 p.m. \$225

SNAPOLOGY SCIENTISTS

Age: 6-12 | Community Center

Does your child love to experiment and ask questions about the world around them? If so, it sounds like you already have a little scientist on your hands! Snapology's Scientists program helps children explore their curiosities and cultivate a deep love for science by experiencing the different domains of scientific study. Students will engage with concepts from the fields of astronomy, earth science, biology, chemistry, and physics using LEGO® bricks and other interactive learning tools. We make science fun, exciting, and approachable at Snapology!

7/15-7/19 Weekdays 9 a.m.-Noon \$225

SNAPOLOGY MINIFIGURES

Age: 5-12 | Community Center

In Snapology's Minifigure Mania class, we let your little builder play with our secret stash of minifigures! Not only that, but we really put our minifigures to the test by creating special playgrounds for them, designing unique flying tests, and seeing how well they do on our carefully engineered structures! Join us as we shrink ourselves to minifigure size and explore the world of minifigures!

7/15-7/19 Weekdays 1-4 p.m. \$225

➔ Click on program names
or sections to register!



Mad Science of Colorado

Summer is just around the corner! Mad Science camps offer a combination of hands on science, outdoor games, and cool demonstrations for kids grads K-5.

CRACKING THE CASE: FORENSIC SCIENCE, INVESTIGATION, AND SPY-CRAFT!

Age: 6-11 | Community Center

Inquisitive young scientists will be blown away by this camp! Campers will work together to solve mock crime scenes using logic, critical and analytical thinking, curiosity, and methodical deductive reasoning. They will learn about careers in security, law enforcement, forensic science, crime scene investigation, anatomy, and more! Think you can crack the case? **Please note that all criminal scenarios presented in this camp are fictional, non-violent, and age-appropriate!**

6/17-6/21 Weekdays 9 a.m.-Noon \$236

STEM SAMPLER

Age: 6-11 | Community Center

For those who want to learn a little bit of everything! Grab your lab coats and get ready to discover the exciting world of STEM as you explore five different science and engineering concepts with Mad Science. Learn the science behind secret codes, how cameras works, create potions with the science of chemistry, and much, much more! If you want to attend a Mad Science camp and don't know where to start, this is our most popular camp!

7/15-7/19 Weekdays 9 a.m.-Noon \$236

➔ Click on program names
or sections to register!

Louisville Public Library Programs

Programs and events facilitated by Louisville Library Staff at the Superior Community Center.



FAMILY STORYTIME

Age: 2-5 | Community Center

Join the Louisville Public Library staff for a storytime the whole family can enjoy! While the books, songs, and rhymes will be targeted at ages 2-5, older and younger siblings are welcome. Registration is not required.

5/07-8/27 Tuesday 9-9:30 a.m. FREE

A BUTTERFLY'S LIFE SLIDE PROGRAM **SF**

Age: 12+ | Community Center

Are you curious about butterflies or ever wondered where monarchs go during their incredible migration? Join volunteer naturalists for a beginner's guide to our colorful local butterflies. This slide program will review the amazing life cycle of butterflies, and will cover basic information on behavior, host plants, identification tips, and more.

5/11 Saturday 2-3:30 p.m. FREE

Empowered Play: Center for Child and Family Therapy

Join a professional play therapist for 30 minutes of fun-filled learning about feelings and coping skills. Using songs, books, and movement activities, your child will learn life-long skills to self-regulate; each week comes with tips and a handout for parents, as well! *Donation-based class (recommended \$5)

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EMPOWERED EMOTIONS: PLAYTIME AND STORIES FOR KIDS AND GROWN UPS!

All Ages | Community Center

We will combine a story-time setting with social-emotional learning to enhance children's abilities to identify, handle, and move through difficult feelings. Support will also be offered to parents in the form of psychoeducation in a very digestible and easy-to-use format. After the 30 min class, a play therapist will stay for an additional 10 min to answer any questions parents have about emotional skills, challenging behaviors, etc.

5/08-5/22	Wednesday	10-10:40 a.m.	\$5
6/05-6/26	Wednesday	10-10:40 a.m.	\$5
7/10-7/31	Wednesday	10-10:40 a.m.	\$5
8/07-8/28	Wednesday	10-10:40 a.m.	\$5

Decoden Cream Glue Craft Classes

BEGINNERS CLASS

Age: 7-15 | Community Center

Indulge in the world of creative crafting with our Simulated Cream Glue Crafting Course! This engaging course is designed for children aged 7 and above, where they will explore the art of crafting personalized accessories using cream glue. From whimsical hairpins and charming phone cases to delightful picture frames and functional stationery holders, participants will embark on a journey of artistic expression and innovation.

5/11	Saturday	11 a.m.-Noon	\$40
6/08	Saturday	11 a.m.-Noon	\$40
7/06	Saturday	11 a.m.-Noon	\$40
8/03	Saturday	11 a.m.-Noon	\$40

THREE CLASS SERIES

Age: 7-15 | Community Center

Indulge in the world of creative crafting with our Simulated Cream Glue Crafting Series! In this series of classes participants will gradually progress from simple designs (e.g., hairpins, small mirrors) to relatively larger items like combs, phone cases, pencil cases, and larger containers, participants will embark on a journey of artistic expression and innovation.

5/18-6/01	Saturday	11 a.m.-Noon	\$105
6/15-6/29	Saturday	11 a.m.-Noon	\$105
7/13-7/27	Saturday	11 a.m.-Noon	\$105
8/10-8/24	Saturday	11 a.m.-Noon	\$105

Teen Activities

TEEN NIGHTS

Age: 13-17 | Superior Community Center and North Pool

Light Up your Friday Night! Join us for our Teen Nights from 5:30 -9 p.m. this summer! Get ready for a ping pong tournaments, silent disco, video games, pizza, and FUN! This FREE event offers a safe space for teens ages (13 and up) to connect and make friends. Registration is required (limited spots!).

Panic at the Silent Disco

5/24	Friday	6-9 p.m.	FREE
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Galaxy Nights

6/21	Friday	6-9 p.m.	FREE
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Teen Movie Night at North Pool

7/18	Thursday	8-10:30 p.m.	FREE
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S'more Than You Can Handle

8/02	Friday	6-9 p.m.	FREE
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COLLEGE PREPARATION SAT/ACT MASTERY LAB

Age: 14-20 | Community Center

Unlock your full potential with our innovative SAT/ACT Mastery Lab – a dynamic program designed to elevate your test-taking skills and boost your confidence. Learn effective strategies tailored to conquer each section of the SAT. Join us for an engaging learning experience that goes beyond traditional methods, offering a blend of interactive sessions, personalized strategies, and cutting-edge resources.

6/01-7/27 Saturday 9-11 a.m. \$225

Superior Improv Co.

Superior Improv Co. is for anyone with a desire to practice improv, sketch-comedy or stand-up act material in a safe, supportive and entertaining space. All skill levels welcome. Learn more about us at SuperiorImprov.co.



TEEN IMPROV

Age: 12-19 | Community Center

For any TEEN (12-19) with a desire to explore improv in a safe, entertaining environment. Designed with simple team-driven exercises to gain confidence over their unique perspective, talent, brilliance and humor. No experience necessary!

Session 1

5/31-6/21 Friday 3-5 p.m. \$125

Session 2

6/28-7/26 Friday 3-5 p.m. \$125

1A - IMPROV, INTRO

Age: 18+ | Community Center

For anyone with a desire to explore improv in a safe, entertaining environment. Designed with simple team-driven exercises to gain confidence over your unique perspective, talent, brilliance and humor. No experience necessary.

5/01-6/12 Wednesday 6-8 p.m. \$140

1B - IMPROV, INTRO

Age: 18+ | Community Center

Level 1B, Intro. Designed to further realize capacities for listening, reacting, being in the moment and building upon the ideas of others. Short-form games are selected to build long-form improv technique for Level 2A/3A classes. No experience necessary.

6/19-7/31 Wednesday 6-8 p.m. \$140

2A - IMPROV, INTERMEDIATE

Age: 18+ | Community Center

For improvisers with a solid understanding of foundational skills and concepts, this intermediate class is designed for students to further explore and gain confidence in long-form improv-comedy formats.

5/06-6/17 Monday 6-8 p.m. \$155

2B - IMPROV, INTERMEDIATE

Age: 18+ | Community Center

For improvisers with a solid understanding of foundational skills and concepts, this class is designed for students to further explore and gain confidence in long-form improv-comedy formats. See full description for 2B at SuperiorImprov.co/classes.

6/24-8/05 Monday 6-8 p.m. \$155



Click on program names
or sections to register!

3B - MUSICAL IMPROV, INTRO

Age: 18+ | Community Center

Explore fundamentals of musical improv & improvised song. Even if you've never made up a song before, you'll soon be belting like a pro! Open to performers of all musical & improv skill levels. See full description for 3B at SuperiorImprov.co/classes.

4/30-6/25 Tuesday 6-8 p.m. \$175

3C - MUSICAL IMPROV, INTERMEDIATE

Age: 18+ | Community Center

Further explore performance aspects of musical improv, improvised song and full format shows. Open to most performers of all musical & improv skill levels, 3A/3B experience recommended. See full description for 3C at SuperiorImprov.co/classes.

7/09-8/13 Tuesday 6-8 p.m. \$175

FICTION WRITING & PUBLISHING 1

Age: 18+ | Community Center

For those beginning their fiction writing journey or those seeking their first publication. Participants will engage in exercises toward building a solid plot outline and the first five chapters of a first novel. See full class description at SuperiorImprov.co/classes.

5/13-6/24 Monday 6-8 p.m. \$140

VIDEO PRODUCTION 1

Age: 18+ | Community Center

By conceiving, planning, and executing short creative productions, participants explore how video techniques are used to structure meaning with lights, camera, and action. See required class materials and full description at SuperiorImprov.co/classes.

6/06-8/01 Thursday 6-8 p.m. \$225

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American Heart Association

AMERICAN HEART ASSOCIATION HEARTSAVER CPR AED **SF**

Age: 11+ | Community Center

The American Heart Association Heartsaver CPR AED Course provides the highest quality training in the lifesaving skills of CPR and how to use an AED. The course empowers students to act with confidence in the event of an emergency at work, home, or in the community. Heartsaver CPR AED is designed for anyone with little or no medical training who needs CPR AED training and a course completion card for job, regulatory (e.g., OSHA), or other requirements. This course can also be taken by anyone who wants to be prepared to act in an emergency.

6/09 Sunday 3:30-5:30 p.m. \$70

Disaster Preparedness

WILDFIRE RESILIENT COMMUNITY

All Ages | Community Center

Town of Superior's Disaster Preparedness and Recovery Department and Wildfire Partners present how to help create a wildfire resilient community. Learn about best practices for hardening homes, structures and landscapes for wildfire mitigation. Working together on these efforts is necessary to keep our community safe, come and ask questions!

7/19 Friday 6-7 p.m. FREE





Enrichment Seminars

INVESTING 101 **SF**

Age: 18+ | Community Center

This weekly class will review seven different topics across personal finance and investing: How responsible investing can be beneficial for an individual long-term, bonds, stocks, retirement and education accounts, portfolio construction, real estate, and investing internationally. The information presented will be a combination of general knowledge, how specific investment vehicles work, risk considerations, and options for beginning to invest in each market will be covered in the class.

5/01-6/05	Wednesday	6-7 p.m.	FREE
6/26-8/14	Wednesday	6-7 p.m.	FREE

Learn Spanish Colorado

Our goal is to inspire people who want to be globally connected through learning the enticing Spanish language and culture of Spanish speaking countries. See class offerings below.

ADULT SPANISH **SF**

Age: 18+ | Community Center

Learn Spanish Colorado specializes in teaching Spanish classes for adults. We are dedicated to find the best teaching methods to reach the individual necessities of our students. In these classes you will find:

- Native instructor
- Interactive, fun, and practical classes with an established curriculum
- Classes focus on communication and culture
- Level and pace depends on student's needs
- Small classes (1-6)
- Inexpensive

5/07-6/25	Tuesday	9-10:30 a.m.	\$240
7/09-8/27	Tuesday	9-10:30 a.m.	\$240

Indian Cooking Classes

MAY: KICK OFF SUMMER WITH THESE INDIAN DELICACIES! GLUTEN FREE **SF**

Age: 18+ | Community Center

Let's create this flavorful meal together in class. Join me in learning how to create this beautiful meal from scratch! Participants will enjoy the meal after class!

Mughalai Pulao: One of the best rice varieties you will find, which is rich with the addition of fruits and nuts and also flavorful at the same time.

Mushroom pepper fry: Distinct south-Indian dish, the heat from the pepper and the texture of the mushroom makes this dish hearty and flavorful!

5/04	Saturday	Noon-1:30 p.m.	\$60
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JUNE: BRINGING YOU EXQUISITE MUMBAI BEACH/ STREET FOOD! NOT TO MISS VEGETARIAN CLASS **SF**

Age: 18+ | Community Center

Let's create this flavorful meal together in class. Join me in learning how to create this beautiful meal from scratch! Participants will enjoy the meal after class!

Peanut salad: Steamed peanuts tossed with some add ons to boost the flavor. High in protein and rich in antioxidants.

Pav Bhaji: A street food dish consisting of a thick vegetable curry (bhaji) served with a soft bread roll (pav).

6/08	Saturday	Noon-1:30 p.m.	\$60
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SF = Senior Friendly

➔ Click on program names
or sections to register!



JULY: LEARN TO MAKE INDIAN RESTAURANT DISHES AT HOME! HANDS-ON/VEGETARIAN **SF**

Age: 18+ | Community Center

This is a not to miss class! Join me in learning how to create this beautiful meal from scratch! Participants will enjoy the meal after class!

Phulka: Soft melt in the mouth flatbread, made using whole wheat flour. It is generally cooked on a slotted griddle.

Kadai Paneer: An amazingly flavorful dish made using cottage cheese, bell peppers and fragrant fresh spice blend.

7/05 Friday 6-7:30 p.m. \$60

AUGUST: HAVE YOU TRIED THIS AT AN INDIAN RESTAURANT YET? COME LEARN AND MAKE IT! **SF**

Age: 18+ | Community Center

Let's create this flavorful meal together in class. Join me in learning how to create this beautiful nut free meal from scratch! Participants will enjoy the meal after class!

Restaurant style Jeera Pulao: Non sticky, fluffy, and flavorful basmati rice seasoned with fragrant cumin seeds.

Chicken Jalfrezi: Jalfrezi means "hot-fry". Made with boneless skinless chicken and vegetables including bell peppers, onions and tomatoes.

8/16 Friday 6-7:30 p.m. \$60

Musical Enrichment **SF**

UKULELE JAM!

All Ages | Community Center

All ages and abilities ukulele jam! Come jam and have fun while having the opportunity to practice your ukulele skills in a fun, supportive environment with players of all abilities. Registration is not required.

5/06-8/26 Monday 4-6 p.m. FREE

OPEN MIC NIGHTS!

Age: 15+ | Community Center

Are you a new local musician looking to have your music be heard? Sign up for a Open Mic Night and play to a supportive audience of peers and surrounding community members in a professionally-hosted, live-performance setting!

Music from 6pm-7:45pm (15 minute/3 song sets for solo/duo musicians) on the second and fourth Wednesday of each month. Signups in-person at 5:30 p.m. Hosted by Robert Rowe.

5/08-8/28 Wednesdays 5:30-7:45 p.m. FREE

COMMUNITY CHOIR

Age: 14+ | Community Center

This is a non-auditioned choir for the community of Superior (and friends). No prior experience needed; you bring your joy --or curiosity-- of singing, and the director will facilitate the rest! Rehearsals are held once a week for 1.5 hours, and performances are TBA (not required, but highly encouraged!) No class on 7/4.

5/02-8/29 Thursday 6:30-8 p.m. \$5





WELLNESS

Wellness is important because it impacts so many areas of life. If you are looking to live life to your fullest potential check out the programs below.

GUIDED MEDITATION AND SOUND BATH

Join Reiki Master Crystal Chinn for a guided meditation and sound bath experience. Through this group session you will experience deeply-immersive, full-body listening that intentionally uses sound to invite gentle yet powerful therapeutic and restorative processes to nurture your mind and body. Participants please bring your own yoga mat, blanket, pillow (anything to make your experience comfortable such as an eye pillow). Children need to be accompanied by an adult and able to lay quietly during the hour long session. Class will open 15 min prior to start time to settle in.

Age: 10-17 | Community Center

5/19	Sunday	2-3 p.m.	\$15
7/21	Sunday	2-3 p.m.	\$15
8/18	Sunday	2-3 p.m.	\$15

Age: 18+ | Community Center

5/19	Sunday	2-3 p.m.	\$25
7/21	Sunday	2-3 p.m.	\$25
8/18	Sunday	2-3 p.m.	\$25

*Fees are for each date on a drop-in basis.

FOOD-AS-MEDICINE: WEIGHT LOSS, OPTIMAL HEALTH & LONGEVITY SERIES **SF**

Age: 16-90 | Community Center

Start your summer off with this dynamic and empowering Culinary Food-as-Medicine lecture series that will equip you with the knowledge, skills and resources to live your best healthiest life. Reach your health goals from weight loss, disease prevention to potential reversal to optimal health, vitality and longevity. Come learn, taste, experience and be empowered to make the simple yet powerful and dynamic changes to live your best healthiest & happiest life. To get you off to a successful start included with this lecture series is a Quick Start Guide with shopping list, recipes, menu planning, cooking tips and more.

5/04-5/18 Saturday 10-11:30 a.m. \$95

YOGA THERAPY

Age: 21-65 | Community Center

This class is appropriate for adults 21 - 65. Yoga Therapy is a slow, mindful, and restorative type of yoga movement. Bring a yoga mat and a large towel to class. Wear warm moveable clothing.

- To physically and psychologically rehabilitate
- To restore mind and body
- To ease pain and discomfort
- To regain mobility
- To relax
- To heal

For more information about Marlene Prinzing, M.A. please visit: theprinzingmethod.com/

5/06-6/17	Monday	5:15-6:30 p.m.	\$150
6/24-7/29	Monday	5:15-6:30 p.m.	\$150



➔ Click on program names or sections to register!



MINDFUL SELF-COMPASSION - BUILDING RESILIENCE & STRENGTH IN DIFFICULT TIMES **SF**

Age: 18+ | Community Center

In this workshop you'll have the opportunity to immerse yourself in some of the key practices and exercises of the full 8-week MSC program with an emphasis on building resilience and strength in distress or experiencing emotional turmoil. Everyone is welcome! No previous MSC group attendance is required.

MSC teaches core principles that enable participants to respond to difficult moments in their lives with kindness, care and understanding. Self-compassion includes the capacity to comfort, soothe and validate ourselves, but also to protect and provide for ourselves, and to motivate ourselves to achieve our goals. Fortunately, anyone can learn self-compassion.

5/18 Saturday 9 a.m.-Noon \$50

SENIOR ACTIVITIES

NEW! PAINTING TOWARD INNER PEACE WITH ALCOHOL INKS

Age: 50+ | Community Center

Alcohol ink artist and professional speaker, Debra Jason, guides you in painting abstract designs because it is less stressful than a realistic or representational work of art. She provides guidance, positive reinforcement and a FUN, optimistic outlook on creativity. During this program you're encouraged to let go of your pursuit for perfection and let imperfection lead the way while listening to the creative whispers of your heart. Experience the joy of creating something from nothing with this free-flowing medium. Even if you think you're not an artist, join us and discover that there's an artist in everyone!

6/07-6/21 Friday 11:15 a.m.-12:15 p.m. \$150

SF = Senior Friendly

EUCHRE

Age: 60+ | Community Center

Join us on Thursdays for drop in cards and fun!

Players at any level are welcome to enjoy this trick-taking card game. Euchre is an offshoot of Juckerspiel, a game that became widely popular throughout Europe during the Napoleonic era. Registration can be done in advance or on the day you drop in to play.

5/02-5/30	Thursday	2-4 p.m.	FREE
6/06-6/27	Thursday	2-4 p.m.	FREE
7/11-7/25	Thursday	2-4 p.m.	FREE
8/01-8/29	Thursday	2-4 p.m.	FREE

FOUNTAIN OF YOUTH GROUP FOR SENIORS

Age: 60+ | Community Center

This is a group for Seniors 60 and older who want to enhance their life satisfaction. The facilitator is a licensed professional counselor who is also a senior and will be participant in the process. She will educate regarding the latest information on the ageing process, physically, mentally, emotionally and socially. Giving support regarding challenges with health, grief, family and beliefs. Join us and make connections with other Seniors in the community. Registration can be done in advance or on the day you attend.

5/06-6/10	Monday	1-2:30 p.m.	FREE
6/17-7/29	Monday	1-2:30 p.m.	FREE





Senior Brown Bag Lunch

Enjoy lunch with other seniors and a special guest speaker! Bring your lunch, learn something new, and connect with other seniors! Registration can be done in advance or on the day you drop in for lunch.

MAY: SENIOR BROWN BAG LUNCH

Age: 60+ | Community Center

Topic: Fitness Mastery: Expert Tips for Safe and Effective Exercise

Presenter: Red Fox Gym, Adam Dobrez

Discover how to boost your fitness levels safely and effectively at our tailored information session! Join Adam as he demonstrates low-impact exercises designed to prevent injury while also ramping up your muscle strength and energy levels. Gain valuable insights and practical tips on enhancing your flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance. Don't miss out on this opportunity to elevate your fitness journey with expert guidance!

5/21 Tuesday Noon-1 p.m. FREE

JUNE: SENIOR BROWN BAG LUNCH

Age: 60+ | Community Center

Topic: Harnessing Home Equity for Financial Security

Presenters: The Bodner Team, Gabe Bodner

Join Gabe, a seasoned home financing expert and advocate for redefining retirement planning. Discover how his innovative approach, which includes leveraging home equity, can secure financial stability in retirement. With a passion for guiding seniors through retirement complexities, Gabe empowers them with personalized mortgage solutions, focusing on enhancing cash flow and minimizing tax burdens. Join us to explore how Gabe's expertise can pave the way for a more secure retirement journey.

6/18 Tuesday Noon-1 p.m. FREE

JULY: SENIOR BROWN BAG LUNCH

Age: 60+ | Community Center

Title: A Seminar for Seniors to Reclaim Their Garage Space

Presenters: California Closets, Lora Covington

Join us for a special seminar tailored for senior citizens on reclaiming your garage space with custom-designed storage solutions! Learn how to maximize your garage's potential and create a clutter-free environment that suits your needs. Our experts will guide you through the process of designing storage systems that accommodate your belongings while maintaining accessibility and organization. Don't miss this opportunity to transform your garage into a functional and enjoyable space!

7/16 Tuesday Noon-1 p.m. FREE

AUGUST: SENIOR BROWN BAG LUNCH

Age: 60+ | Community Center

Title: Nutrition Essentials for Seniors: Enhance Well-being Through Healthy Choices

Presenters: AdventHealth Avista

Join us for a nutrition class tailored specifically for senior citizens! Discover the keys to maintaining a healthy and balanced diet as you age. Our experienced instructors will provide practical tips and valuable insights on making nutritious choices that support overall well-being. Learn how to optimize your nutrition to boost energy levels, support cognitive function, and promote longevity. Don't miss this opportunity to prioritize your health and vitality through proper nutrition!

8/20 Tuesday Noon-1 p.m. FREE

Senior Seminars

THINKFIRST TO PREVENT FALLS

Age: 60+ | Community Center

This FREE program was designed to help individuals recognize their concerns about falling as well as the hazards in their home and communities that contribute

➔ Click on program names
or sections to register!

to falls. The program is a two hour presentation that will review: home safety, talking to your doctor, medications, nutrition and more. Class is co-taught by Whitney Todaro, Occupational Therapist and Sharon Wilson, Physical Therapist.

5/17 **Friday** **10 a.m.-Noon** **FREE**

MEDICARE EDUCATIONAL SEMINAR

Age: 30+ | Community Center

While obtaining Medicare coverage is something most of us will experience in our lives eventually, it can be confusing to know when and how to make this transition and then how to choose a plan to supplement Original Medicare that best suits your needs.

In this 1-hour Medicare 101 educational seminar we will explain the basics of Original Medicare and how and when to apply. We will explain the options available for supplementing the gaps that Original Medicare leaves. We discuss how prescription drug coverage works and programs available to assist Medicare beneficiaries with the cost of their medications. We will go over penalties that can be incurred if you miss your enrollment window and how to avoid them. We will explain IRMAA (Income Related Monthly Adjustment Amount), how it's determined, what to expect and how to potentially appeal. People in all walks of life can benefit from a better understanding of Medicare. The goal is to educate so that when Medicare comes up, you know what questions to ask and can make informed decisions.

5/04	Saturday	10-11 a.m.	FREE
5/14	Tuesday	5:30-6:30 p.m.	FREE
6/11	Tuesday	5:30-6:30 p.m.	FREE
6/22	Saturday	10-11 a.m.	FREE
7/23	Tuesday	5:30-6:30 p.m.	FREE
7/27	Saturday	10-11 a.m.	FREE
8/20	Tuesday	5:30-6:30 p.m.	FREE
8/24	Saturday	10-11 a.m.	FREE

SPORTS & FITNESS

Denver Dance Authority

PRE-K ACROBATICS AND TUMBLING

Age: 3-5 | Community Center

Pre-k students of Superior will have the opportunity to learn tumbling skills on a 33' inflatable tumble track. With hands-on spotting and specialized instruction, our expert teachers provide a structured, fun and physically challenging class for each student. Students will learn to do a number of skills including handstands, dive rolls, backbends, cartwheels and much more.

6/04-6/25	Tuesday	5-5:30 p.m.	\$90
7/09-7/30	Tuesday	5-5:30 p.m.	\$90

BEGINNING ACROBATICS AND TUMBLING

Age: 5-8 | Community Center

This high energy, fun class is for kids ages 5-8 who are interested in athletic tricks! Students will perform acrobatic and tumbling skills on a 33' inflatable tumble track, where they will learn to flip, fly, and fall safely. Skills focused on in this level are dive rolls, cartwheels, assisted handsprings, and assisted aerials.

6/04-6/25	Tuesday	5:30-6:30 p.m.	\$115
7/09-7/30	Tuesday	5:30-6:30 p.m.	\$115

INTERMEDIATE ACROBATICS AND TUMBLING

Age: 8-12 | Community Center

An exhilarating and challenging class for active kids of all experience levels looking to learn some seriously fun tricks! We teach everything from a cartwheel to a full twist on a 33' inflatable tumble track. Students will start the class with warm ups and conditioning, followed by drills and then finally, the skill of the day. This class focuses on cartwheels, roundoffs, aerials, front and back handsprings, and flips.

6/04-6/25	Tuesday	6:30-7:30 p.m.	\$115
7/09-7/30	Tuesday	6:30-7:30 p.m.	\$115

junior tennis programs



Junior Tennis Programs

RABBITS

Age: 4-5 | North Pool Tennis Courts

Rabbits focuses on the introduction to tennis for students four and five years old. This includes working on mobility and agility skills with eye, hand, and foot coordination drills and games. Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships and have lots of fun! Students are required to bring a racket and water to class.

5/01-5/25	Wed, Sat	4:30-5:30 p.m.	Varied
5/28-6/22	Tue-Thu, Sat	9-10 a.m.	Varied
6/25-7/20	Tue-Thu, Sat	9-10 a.m.	Varied
7/23-8/17	Tue-Thu, Sat	9-10 a.m.	Varied

HOT SHOTS

Age: 6-8 | North Pool Tennis Courts

Hot Shots focuses on the introduction and development of students eight years old and younger to Tennis. This includes working on mobility and agility skills with eye, hand, and foot coordination drills and games. Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships, and have lots of fun! Students are required to bring a racket and water to class.

5/02-5/25	Tue, Thu, Sat	4:30-5:30 p.m.	Varied
5/28-6/22	Tue-Thu, Sat	10-11 a.m.	Varied
6/25-7/20	Tue-Thu, Sat	10-11 a.m.	Varied
7/23-8/17	Tue-Thu, Sat	10-11 a.m.	Varied



Coach Charlie

Hi! I'm Charlie Warner and look forward to bringing Tennis to the Town of Superior. As a tennis professional with over 43 years of coaching, I have developed a unique style of teaching with an ability to teach all levels and ages. The all new Tennis programming that will be available for all to see and experience in Superior is under the iluv10s.com banner. We offer Tennis for everyone. This includes NTRP 4.5 plus competitors, adults from beginner through NTRP 4.0 league players, and youths from 4 year olds to advanced 17 year olds.

We also offer PRIVATE LESSONS to all levels with three levels of pros available for teaching – Junior Pros (\$40/hr – for kids in our Youth Program); Junior Head Pro (\$50/hr – for juniors and adults alike); USPTA Elite Pros – Charlie Warner and Dan Gray (former director of the Denver Tennis Club) (\$70/hr – for all). We offer package deals as well. Register for private lessons at iluv10s.com. (All private lessons must be set up in direct correspondence between clients, pros and Charlie Warner.)



junior tennis programs

JUNIOR STROKES

Age: 8-11 | North Pool Tennis Courts

Junior Strokes focuses on the introduction and development of students eleven years old and younger to Tennis. This includes working on mobility and agility skills with eye, hand, and foot coordination drills and games. Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships, and have lots of fun! Students are required to bring a racket and water to class.

5/02-5/25	Tue, Thu, Sat	5:30-6:30 p.m.	Varied
5/28-6/22	Tue-Thu, Sat	11 a.m.-Noon	Varied
6/25-7/20	Tue-Thu, Sat	11 a.m.-Noon	Varied
7/23-8/17	Tue-Thu, Sat	11 a.m.-Noon	Varied

SKILLS & GAMES

Age: 11-16 | North Pool Tennis Courts

Skills & Games focuses on the introduction and development of students eleven years old and younger to Tennis. This includes working on mobility and agility skills with eye, hand, and foot coordination drills and games. Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships, and have lots of fun! Students are required to bring a racket and water to class.

5/01-5/24	Wed, Fri	5:30-7 p.m.	Varied
5/28-6/22	Tue-Thu, Sat	Noon-1:30 p.m.	Varied
6/25-7/20	Tue-Thu, Sat	Noon-1:30 p.m.	Varied
7/23-8/17	Tue-Thu, Sat	Noon-1:30 p.m.	Varied

Junior Elite Tennis Programs

ELITE PROGRAMS TIER 3 & 4

Age: 10-17 | North Pool Tennis Courts

The Tier 3 Elite class includes High School Junior Varsity, Middle School, twelve and under tournament and ranked ten and under players.

The Tier 4 Elite class is for serious fourteen and under juniors ready to be competitive Tennis players!

To participate in this performance class, you must meet the following requirements:

- Ten years old or older
- Can hit with some consistency.
- Show a serious and focused attitude.
- Willing to work and play hard.

Class spots are limited and all students are evaluated by the tennis coaches. This class is great for players who are looking to play High School tennis and are interested in starting to play tournaments.

If you are a talented ten and under player who is having trouble finding the right fit for your game, try this class.

5/02-5/23	Tue, Thu	6:30-8 p.m.	Varied
5/05-5/19	Sunday	3:30-5 p.m.	Varied
5/28-6/20	Tue, Thu	5-6:30 p.m.	Varied
6/02-6/23	Sunday	3:30-5 p.m.	Varied
6/25-7/18	Tue, Thu	5-6:30 p.m.	Varied
6/30-7/21	Sunday	3:30-5 p.m.	Varied
7/23-8/15	Tue, Thu	5-6:30 p.m.	Varied
7/28-8/18	Sunday	3:30-5 p.m.	Varied



Click on program names or sections to register!



junior tennis programs



ORANGE

Age: 7-11 | North Pool Tennis Courts

The Orange Elite class is for serious ten and under juniors who are ready for a competitive Tennis game!

To participate in this performance class, you must meet the following requirements:

- Ten years old or younger.
- Can hit with some consistency.
- Show a serious and focused attitude.
- Willing to work and play hard.

Class spots are limited and all students are evaluated by the tennis coaches. This class is great for learning technique and understanding how to use the court during point play. Students are required to bring a racket and water to class.

5/06-5/27	Monday, Friday	4:30-6 p.m.	Varied
5/28-6/20	Tue, Thu	3:30-5 p.m.	Varied
6/25-7/18	Tue, Thu	3:30-5 p.m.	Varied
7/23-8/15	Tue, Thu	3:30-5 p.m.	Varied

Junior Tennis Events

12 & UNDER MATCH PLAY

Age: 12/under | North Pool Tennis Courts

Test your skills against other players. Play real sets in singles and doubles. Get coached and compete for rankings and prizes.

5/04-5/25	Saturday	Noon-2 p.m.	\$20/day
5/31-8/16	Monday, Friday	9-11 a.m.	\$20/day

13 - 17 MATCH PLAY

Age: 13-17 | North Pool Tennis Courts

Test your skills against other players. Play real sets in singles and doubles. Get coached and compete for rankings and prizes.

5/04-5/25	Saturday	2-4 p.m.	\$25/day
5/31-8/16	Monday, Friday	11 a.m.-1 p.m.	\$25/day

Adult Tennis Programs

DRILL & PLAY

Age: 18+ | North Pool Tennis Courts

This is the traditional drill clinic that is popular with most players. 3.0-4.0 NTRP levels with a lot of movement, drilling, and game play. Let's party!

4/29-5/24	Monday, Friday	7:30-9 p.m.	Varied
5/05-5/19	Sunday	Noon-1:30 p.m.	Varied
5/29-6/24	Monday, Wed	7:30-9 p.m.	Varied
6/02-6/23	Sunday	Noon-1:30 p.m.	Varied
6/26-7/22	Mon, Wed	7:30-9 p.m.	Varied
6/30-7/21	Sunday	Noon-1:30 p.m.	Varied
7/24-8/14	Mon, Wed	7:30-9 p.m.	Varied
7/28-8/18	Sunday	Noon-1:30 p.m.	Varied

STROKE OF THE WEEK

Age: 18+ | North Pool Tennis Courts

This class focuses on particular shots and moves. Each class has a purpose. Learn and put into action the tennis stroke of the week. For singles and doubles.

5/01-5/24	Monday, Friday	10:30 a.m.-Noon	Varied
5/06-5/22	Wednesday	1-2:30 p.m.	Varied
5/29-6/24	Mon, Wed, Sat	3-4:30 p.m.	Varied
6/26-7/22	Mon, Wed, Sat	3-4:30 p.m.	Varied
7/24-8/17	Mon, Wed, Sat	3-4:30 p.m.	Varied

TOO JUICY!

Age: 18+ | North Pool Tennis Courts

By invitation only! This class is for serious tournament and league players 3.0-4.0 NTRP Levels. Drills revolve around playing scenarios while using proper techniques.

5/02-5/23	Tu, Th, Su	10:30 a.m.-Noon	Varied
5/28-6/20	Tue, Thu	2-3:30 p.m.	Varied
6/02-6/23	Sunday	10:30 a.m.-Noon	Varied
6/25-7/18	Tue, Thu	2-3:30 p.m.	Varied
6/30-7/21	Sunday	10:30 a.m.-Noon	Varied
7/23-8/15	Tue, Thu	2-3:30 p.m.	Varied
7/28-8/18	Sunday	10:30 a.m.-Noon	Varied

adult tennis programs

START UP

Age: 18+ | North Pool Tennis Courts

An introductory class for beginners and a refresher course for people who have been out of the game for a while.

Learn the latest techniques while having fun!

5/03-5/24	Tu, Fr, Su	9-10:30 a.m.	Varied
5/29-6/24	Mon, Wed, Sat	2-3:30 p.m.	Varied
6/26-7/22	Mon, Wed, Sat	2-3:30 p.m.	Varied
7/24-8/17	Mon, Wed, Sat	2-3:30 p.m.	Varied

Adult Elite Programs

TIER 1 & 2

Age: 12+ | North Pool Tennis Courts

The Tier 2 Elite Class includes 3.5/4.0 adult league and tournament players, high school varsity, sixteen, fourteen, and twelve and under ranked tournament players. Tier 2 is great for players who are already competing at a higher level of play. They will develop a better thought process and understanding of how to create patterns during point play.

The Tier 1 Elite Class includes 4.5+ adult league and tournament players, top high school varsity, 18, 16, 14 and under ranked tournament players with a UTR of 8 or better. Tier 1 is designed for players who are already competing at a high level. They will learn better point patterns and develop a solid style of play.

To participate in this performance class, you must meet the following requirements:

- Twelve years old or older (must be able to handle power).
- Compete in tournaments and league play.
- Can hit with good consistency.
- Starting to develop weapons on court.
- Have a serious and focused attitude.
- Willing to work hard.

Class spots are limited and all students are evaluated by the tennis coaches. This class is only for people who can compete against strong players. Players must be evaluated by the teaching staff.

5/06-5/20	Monday	6-7:30 p.m.	Varied
5/01-5/22	Wednesday	7-8:30 p.m.	Varied
5/29-6/24	Mon, Wed	6-7:30 p.m.	Varied
6/26-7/22	Mon, Wed	6-7:30 p.m.	Varied
7/24-8/14	Mon, Wed	6-7:30 p.m.	Varied

Adult Tennis Events

TOP DOG COMPETITIONS

Age: 18+ | North Pool Tennis Courts

Compete once a week in a round robin format for points! All who participate will be eligible for the Top Dog! title and prizes. This is open to levels 3.0 - 4.5.

Men's Top Dog

5/02-5/23	Thursday	8-10 p.m.	\$25/day
5/30-8/15	Thursday	6:30-8:30 p.m.	\$25/day

Mixed Top Dog

5/04-5/25	Saturday	4-5:30 p.m.	\$25/day
6/01-8/17	Saturday	4:30-6:30 p.m.	\$25/day

Women's Top Dog

5/07-5/21	Tuesday	8-10 p.m.	\$25/day
5/28-8/13	Tuesday	6:30-8:30 p.m.	\$25/day

OPEN MATCH PLAY

Age: 18+ | North Pool Tennis Courts

Open Round Robin competition where players compete for points, position, and prizes. Open for players NTRP 4.0 and above.

5/04-5/25	Sunday	1:30-3:30 p.m.	\$25/day
6/02-8/18	Sunday	1:30-3:30 p.m.	\$25/day



Click on program names or sections to register!



ENRICHMENT PROGRAMS

Basics to Camping

Does anybody else look at what it takes to get into "camping" and think, "There's just so much to it."? Well we are here to break down Camping to its basics so that you, your friends, and your family can get outside to enjoy this beautiful world! This 3 part series is designed to help answer your questions about obtaining permits, getting the right equipment, and how to best be safe in the great outdoors! Be sure to join us on a journey where every step taken can lead to new adventures! Attendance to each class counts as 1 entry in a raffle to win an America is Beautiful Park Pass or a Colorado State Park Pass.

OUTDOOR TRIP PLANNING & PARK PASSES

All Ages | Community Center

Embark on a journey of exploration and adventure with our Outdoor Trip Planning and Park Passes class! While this course is aimed at more novice adventurers, people of all ages and skills are welcomed. This course is designed to equip you with the essential skills and knowledge of planning unforgettable outdoor trips while utilizing the wide variety of park passes this country has to offer.

5/10 Friday 6-7:30 p.m. FREE

TYPES OF CAMPING AND CAMPING GEAR

All Ages | Purple Park

Embark on an exploration of the diverse world of camping and equip yourself with the knowledge and skills needed for a successful outdoor adventure. This course dives into the various types of camping experiences, from serene backpacking excursions to family-friendly car camping trips!

6/14 Friday 2-3:30 p.m. FREE

THE TEN ESSENTIALS

All Ages | Purple Park

Become a savvy and well-prepared outdoor enthusiast with our class covering the Ten Essentials!

What you'll learn:

- The history of the Ten Essentials
- Navigation
- Illumination
- Protection from the elements
- First Aid
- Fire starters
- Nutrition
- Hydration
- Emergency shelters

7/12 Friday 2-3:30 p.m. FREE

Environmental Education

STORIES IN THE PARK

The Town of Superior and Louisville Public Library are partnering together to provide quality literature programs to the community. Come out and take advantage of this free program and enjoy Stories in the Park, followed by a craft. Please register at the Louisville Public Library's event calendar louisville-library.org/browse-find/test/calendar.

Age: 2-6 | Purple Park

6/21 Friday 9 a.m.-Noon FREE

Age: 2-6 | Wildflower Park

7/19 Friday 9 a.m.-Noon FREE



➡ Click on program names
or sections to register!

LITTLE CRITTERS

Age: 3-5 | Multiple Locations

Little Critters is an early childhood environmental education program for ages 3-5*. Program sessions will alternate between Town of Superior locations and Eldorado Canyon State Park. View the schedule online and register through the Eldorado Canyon State Park link. Each week, the program will focus on a different nature art theme, offering a creative and hands on opportunity for young children to engage with the natural environment. If you'd like to attend on the days in Eldorado Canyon State Park, you must have a State Parks Pass or pay the fee to enter at the entry gate. *Children must be accompanied by an adult during little critters event.

6/07-8/30 Fridays 10-11 a.m. FREE

BEGINNING BIRD WALK SF

All Ages | Autrey Park

Learn the basics of backyard bird watching! Colorado is in one of the major bird migration pathways and hosts many birds during nesting season as well as our year round resident bird species. Bring your binoculars and meet at the parking lot by the dog park. Environmental education programs delivered by wildlife biologist Ashley DeLaup.

5/18 Saturday 9-11 a.m. FREE

PRAIRIE PLANT IDENTIFICATION SF

Age: All Ages | Open Space

Register through Butterfly Pavilion website: butterflies.org.

Join Butterfly Pavilion's Urban Prairies Project in exploring the intricate beauty of Colorado's prairie plant species! Learn identification techniques and botanical features of some resilient and incredible species, while gaining insight into how to use your new found skills to help benefit Superior Open Space!

8/07 Wednesday 5:30-7:00 PM FREE

PRAIRIE ECOSYSTEMS 101 SF

Age: All Ages | Community Center

Register through Butterfly Pavilion website: butterflies.org.

Join Butterfly Pavilion's Urban Prairies Project in exploring the resilient and beautiful wild that we call the prairie! Learn what makes these ecosystems what they are, who calls these spaces home, and what impact you can have on their conservation.

8/14 Wednesday 5:30-7:00 PM FREE

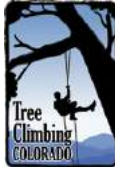


outdoor programs



Tree Climbing

Your childhood is calling. Why choose a view from under trees when you can go up them? Learn climbing techniques and hardware developed from tree works, cavers, and rock climbers that allow tree canopy scientists to conduct studies. The only difference? We are doing it just for fun! Swing from branches, recapture your own childhood and let your children have an awesome experience.



Easy to learn, safe, all equipment and instruction provided. Must be in good health. Long pants, boots, eye protection, and gloves are recommended! No drop offs please.

RECREATIONAL TECHNICAL CLIMB SESSION

Age: 7+ | Community Park

Recreational tree climbing gets kids, youth, adults, couples, and families off the ground and into the canopy. Up here, you can enjoy the views of the surrounding landscape and get a new view on your life while having fun and exercise! This program is highly adaptable to fit individuals with different physical needs! Equipment will be provided. Boots are recommended.

5/12	Sunday	10:30 a.m.-12:30 p.m.	\$60
6/09	Sunday	10:30 a.m.-12:30 p.m.	\$60
7/21	Sunday	10:30 a.m.-12:30 p.m.	\$60
8/18	Sunday	10:30 a.m.-12:30 p.m.	\$60



SPORTS & FITNESS

Mountain Biking

INTRO TO MOUNTAIN BIKING

Age: 13-18 | Autrey Park and Coalton Trailhead

In this four-week novice-level clinic, you'll be paired with a BICP (Bike Instructor Certification Program) certified coach to cover MTB Foundation Skills and climbing, descending and cornering techniques. This is an introductory class at the novice level. Participants will learn and practice new skills during the first two sessions at Autrey Park. The third and fourth sessions will take place at Coalton Trailhead. We are excited to ride with you!

Participants will need to provide their own mountain bikes and safety gear (rented or owned) for this program.

6/14-7/05 Fridays 5:30-7:30 p.m. \$200

Pickleball Programs SF

Pickleball is the fastest growing sport in the United States. It combines exercising, competing and using your mind, while socializing and having fun with friends. Unlike many sports, pickleball is something men, women and children can spend time playing and enjoying together.

LEARN TO PLAY PICKLEBALL CLINICS

Age: 16+ | Autrey Park Pickleball Courts

This clinic is for newbies! You will learn some basic techniques, rules and scoring! Paddles are available for use during the lesson.

6/01	Saturday	9-11 a.m.	\$40
7/13	Saturday	9-11 a.m.	\$40
8/10	Saturday	9-11 a.m.	\$40

➔ Click on program names or sections to register!



BEGINNER PICKLEBALL SKILLS & DRILLS

Age: 16+ | Autrey Park Pickleball Courts

This class is a good follow up to a "Learn to Play" class. Players should know how to score. This clinic will help those struggling with some consistency and need some coaching on technique and strategy. The first hour will be drills followed by an additional half hour of coached game play.

6/03	Monday	8:30-10 a.m.	\$30
6/24	Monday	10-11:30 a.m.	\$30
7/08	Monday	8:30-10 a.m.	\$30
7/29	Monday	10-11:30 a.m.	\$30
8/05	Monday	8:30-10 a.m.	\$30
8/26	Monday	10-11:30 a.m.	\$30

ADVANCED BEGINNER PICKLEBALL SKILLS & DRILLS CLASSES

Age: 16+ | Autrey Park Pickleball Courts

Players should know basic shots, rules, and how to score. This clinic will help those practice playing with some consistency and need some coaching on technique and strategy. The first hour will be drills followed by an additional half hour of coached game play.

5/30	Thursday	9:30-11 a.m.	\$30
6/03	Monday	10-11:30 a.m.	\$30
6/24	Monday	8:30-10 a.m.	\$30
7/08	Monday	10-11:30 a.m.	\$30
7/29	Monday	8:30-10 a.m.	\$30
8/05	Monday	10-11:30 a.m.	\$30
8/26	Monday	8:30-10 a.m.	\$30

Junior Pickleball Programs

Pickleball is an upcoming sport in the United States, with more youth participating in the sport than ever before. These programs are designed for children who are interested in the sport and will be coached by Kathy Mihelic and her team!

SMASHERS

Age: 10-12 | Autrey Park Pickleball Courts

Kids will have a blast learning the basic techniques, rules, and scoring of pickleball. The goal is to have fun while learning the fastest growing sport in the United States!

6/10	Monday	8:30-10 a.m.	\$30
7/15	Monday	8:30-10 a.m.	\$30
8/12	Monday	10-11:30 a.m.	\$30

SLAMMERS

Age: 13-15 | Autrey Park Pickleball Courts

Kids will have a blast learning the basic techniques, rules, and scoring of pickleball. The goal is to have fun while learning the fastest growing sport in the United States!

6/10	Monday	10-11:30 a.m.	\$30
7/15	Monday	10-11:30 a.m.	\$30
8/12	Monday	8:30-10 a.m.	\$30

Pickleball Mixers / Coached Game Play

Ever struggled with finding pickleball players around your skill level to play with? Ever wanted to meet other pickleball players to rally with on the court? These mixers will help with that!

BEGINNER MIXER

Age: 16+ | Autrey Park Pickleball Courts

This is for players who have taken the "Learn to Play" class. Come mingle and enjoy friendly game play with other who are getting into the swing of pickleball. A coach will be there to help answer questions about rules, strategy, help observe, coach play, and help rotate players on different courts. Players MUST have some familiarity with scoring and pickleball.

6/24	Monday	9-11 a.m.	\$25
7/15	Monday	5-7 p.m.	\$25
8/18	Sunday	9-11 a.m.	\$25

outdoor programs



ADVANCED BEGINNER MIXER

Age: 16+ | Autrey Park Pickleball Courts

This will be a social mixer for recreational players who are confident in scoring and rules, have been playing a while, and are ready for some friendly competition. There will be three courts of doubles play. A timer is set for 10 minutes. At the end of 10 minutes, the winning teams moves up a court and splits partners. Losers move down a court and split partners. A coach will monitor play and help coordinate the mixer.

6/02	Sunday	9-11 a.m.	\$25
7/14	Sunday	8-10 a.m.	\$25
8/11	Sunday	8-10 a.m.	\$25

INTERMEDIATE MIXER

Age: 16+ | Autrey Park Pickleball Courts

This will be a social mixer for players who are confident in scoring, rules, and have been playing competitive recreational play or novice level tournaments. There will be three courts of doubles play. A timer is set for 10 minutes. At the end of 10 minutes, the winning teams move up a court and split partners. The losing teams will move down a court and split partners. Coach Kathy will monitor play and help coordinate the mixer.

6/17	Monday	10 a.m.-Noon	\$25
6/23	Sunday	9-11 a.m.	\$25
7/22	Monday	10 a.m.-Noon	\$25
8/19	Monday	10 a.m.-Noon	\$25

ADVANCED INTERMEDIATE LEVEL MIXER

Age: 16+ | Autrey Park Pickleball Courts

3.5 Level+. This will be a social mixer for players who are confident in scoring, rules, and have been playing competitive recreational play or sanctioned tournaments. These players should know strategy and are confident playing at the NVZ. Players should also have the consistency of maintaining a rally of 15 or more shots without errors. There will be three courts of doubles play. A timer is set for 10 minutes. At the end of 10 minutes, the winning teams move up a court and split partners. Losers move down a court and split partners. Coach Kathy will monitor play and help coordinate the mixer.

6/02	Sunday	11 a.m.-1 p.m.	\$25
7/14	Sunday	10 a.m.-Noon	\$25
8/11	Sunday	10 a.m.-Noon	\$25

➔ Click on program names or sections to register!



Coach Kathy

Kathy Mihelic is a PPR (Professional Pickleball Registry) Certified Professional, Silver Medalist for USA Pickleball Nationals in 2021 and 2022, and Team HEAD Penn Pickleball sponsored player. Kathy and her team of certified coaches are available to teach private, semi-private, and group lessons. Email Kathy at KathrynMihelic@gmail.com.



outdoor
programs

TGA Premier Golf

TGA introduces the life-long sport of golf at a young age through programs that provide a fun and enriching experience for children while being a convenient and affordable option for parents. Our dedicated coaching staff help students develop their skills and a passion for golf while using the sport as a vehicle for delivering curriculums that are loaded with educational concepts including STEM and life skills such as respect, honesty, perseverance and sportsmanship.



TGA stands for: Teach, Grow, Achieve – these concepts are the foundation of every program we offer. We invite you to give your child the advantage of learning and playing golf in an environment that will benefit them for a lifetime.

JUNIOR GOLF CAMP

Age: 5-14 | Purple Park

Tee it up with us this summer! Our curriculum is specially designed by industry-leading golf professionals and education specialists to ensure that lesson plans are age-appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette lessons, educational components, character development lessons, and physical activity as they advance through

the five-level program. Our screened instructors have a passion for working with children and are trained to help your student-athlete develop a strong foundation of skills and knowledge as well as a passion for the sport.

*TGA provides all equipment. *On the final day, all students receive a hat clip and handbook corresponding to the level they just completed. TGA guarantees a coach-student ratio of 1-8 or better.

Age: 5-9 | Purple Park

6/03-6/06	Monday-Thursday	9-11 a.m.	\$185
6/17-6/20	Monday-Thursday	9-11 a.m.	\$185
7/08-7/11	Monday-Thursday	9-11 a.m.	\$185
7/22-7/25	Monday-Thursday	9-11 a.m.	\$185

Age: 10-14 | Purple Park

6/10-6/13	Monday-Thursday	9-11 a.m.	\$185
6/24-6/27	Monday-Thursday	9-11 a.m.	\$185
7/15-7/18	Monday-Thursday	9-11 a.m.	\$185
7/29-8/01	Monday-Thursday	9-11 a.m.	\$185

Walk with a Doc

WALK WITH A DOC ^{SF}

All Ages | Wildflower Park

Walk with a Doc is an international nonprofit that aims to get people of all ages, fitness levels, and backgrounds moving and talking with their local health providers! Partnering with Boulder Community Health, we are hosting a monthly walking event where important health topics are present by our local health providers, followed by a group walking session. You'd be surprised what walking can do for your health! Additional information can be found here: walkwithadoc.org/join-a-walk/locations/superiorco/

5/11	Saturday	9-10 a.m.	FREE
6/29	Saturday	9-10 a.m.	FREE
7/27	Saturday	9-10 a.m.	FREE
8/31	Saturday	9-10 a.m.	FREE



outdoor programs



➔ Click on program names or sections to register!

Soccer Camp

MARCELO BALBOA SOCCER CAMP

Age: 7-15 | Community Park

Make new friends, learn new skills and have a ball at the Marcelo Balboa Soccer Camp! Former US National Team player and National Soccer Hall of Fame inductee Marcelo Balboa brings knowledge and experience to this camp from his years as a player and coach. Camps are offered in a fun and challenging environment where participants can develop as individuals and soccer players. Cleats or running shoes are required, shin guards are recommended. All skill levels are welcome. Bring a snack, water bottle and soccer ball. Please wear sunscreen!

2 Week Discount 15% or 3 Week Discount 20% | Sibling Discount \$20. Please Note: Discounts apply upon checkout

Week 1			
6/03-6/07	Weekdays	9 a.m.-Noon	\$160
Week 2			
7/22-7/26	Weekdays	9 a.m.-Noon	\$160
Week 3			
8/05-8/09	Weekdays	9 a.m.-Noon	\$160

Youth Ultimate Disc Camps from GRUPY

Throw a frisbee (disc) to a friend and have fun learning to play 5v5 Ultimate with elite club and college players as the coaches for these GRUPY summer camps. Ultimate is an exciting, non-contact team sport with non-stop movement similar to soccer but is played with a flying disc (frisbee) on a field with two end zones similar to football. Youth Ultimate games are played with two teams of five players who throw the disc to open teammates down the field. Each team defends their end zone and a point is scored when a player catches the disc in the end zone.



COED YOUTH ULTIMATE DISC CAMP

Age: 10-14 | Superior Commons

Camps are open to ALL genders ages 10-14 years old. All skill levels are welcome! Each participant will receive a free GRUPY disc! All equipment is provided for the camp. Bring a refillable water bottle and a snack. Wear running shoes or soccer-style cleats and comfortable clothing. Don't forget to apply sunscreen!

Sibling Discount: \$15 off when siblings sign up for the same session! Early-bird Discount: \$10 off when registering during the month of April.

6/10-6/13	Monday-Thursday	9 a.m.-Noon	\$120
6/24-6/27	Monday-Thursday	9 a.m.-Noon	\$120
7/15-7/18	Monday-Thursday	9 a.m.-Noon	\$120





aquatics program

Town of Superior Pools

NORTH POOL

1650 S. Indiana St.
(303) 554-5658

OPEN SWIM HOURS:

M–F: 11:30 a.m.–8 p.m.
Sa & Su: 11 a.m.–8 p.m.

SOUTH POOL

3300 Huron Peak Ave.
(303) 499-3786

OPEN SWIM HOURS:

M–F: 10:30 a.m.–8 p.m.
Sa & Su: 10:30 a.m.–8 p.m.

Please visit superiorrec.com for pool hours, current pool schedule and rules.

The Town of Superior has two outdoor pools, North Pool and South Pool. The North Pool facility features a heated leisure pool and heated children’s wading pool. The South Pool facility features a heated leisure pool with a slide, climbing wall, mushroom fountain and a heated children’s wading pool. Both facilities offer a designated lane for lap swimming. The North Pool lap lane is 25 meters long and the South Pool lap lane is 25 yards long.

North and South Pool will open to the public on Friday, May 24, 2024.

Pool Entry for Summer 2024

Resident Splash Pass – Your free ticket to summer fun! All Ages – Free. Take full advantage of the summer by signing up for your Resident Splash Pass and cooling off at the pool. By registering for your Resident Splash Pass, you will enjoy access to both Town of Superior outdoor pools. Admission to

the pools is free for residents, but a no-cost Resident Splash Pass is required for entry. Stop by the Superior Community Center or at the pools once they open to renew a SplashPass from last year or obtain a new one.

Resident Splash Passes provide:

- Free admission during Open Swim Hours
- Notification of pool events and closures (opt-out available)
- Acknowledgment and acceptance of important pool rules that are in place for your safety

Pool Party Rental Information

North and South Pool can be reserved for daytime pool parties during normal operating hours. North Pool can also be reserved for after-hours private rental. For the most up-to-date information on pool party rentals or to make a reservation, please visit superiorrec.com.

Pool Guest Policy

All non-resident guests **MUST** be accompanied at all times by a resident (age nine or older) with a Resident Splash Pass while at the pools. Fees for guests are:

- Age –5 – **Free**
- Age 6 and up – **\$5**

For the most up-to-date information on guest policies or to purchase a guest pass, please visit superiorrec.com.



ROCK CREEK FLYERS Swim Team

2024 HOME DUAL SWIM MEETS:

Sa	6/15	8 a.m.–2 p.m.	North Pool
Sa	6/29	8 a.m.–2 p.m.	
Sa	7/20	8 a.m.–2 p.m.	

SPECIALTY MEET: 6/25 6–8 p.m.

**PRE-TEAM SWIM MEETS:
7/10 & 7/17 6–8 p.m.**
rockcreekfliers.com

Elevations Athletics Masters Swim Team

The Masters Swim Team is run by a team of experienced coaches from Elevation Athletics. The Masters team is open to swimmers of all abilities and commitment levels that want to swim with other adults in a fun and challenging environment. Our coaches provide structured workouts meant to improve your technique, endurance and speed. **Program runs from May 28-September 2.** Practice is held at the North Pool:



M/W/F 5:30–6:30 a.m.
T/TH 11:30 a.m.–1 p.m.
Sa 9:30–11:00 a.m.

Register at superiorrec.com.

Class Offering	Fee
10-Punch Pass	\$100
20-Punch Pass	\$200
Whole Summer Pass	\$300

group swim lesson overview



The purpose of the Town of Superior Group Swim Lesson Program is to develop swimming competency, water safety skills, efficient swimming skills, and confidence in a safe and fun environment.

How Do I Enroll My Child?

The summer Group Swim Lesson Class Schedule can be found online at superiorrec.com. If necessary, please reference the "Which group swim lesson class is right for your child?" chart to assist in choosing the most appropriate class during registration. Please note that participants will be screened on the first day of class and possibly moved to a more appropriate level, if required.

The online registration option at superiorrec.com provides the easiest way to register and the most accurate information on when classes are full, added or canceled.

Registration is on a first-come, first-filled basis. Don't wait! Classes fill quickly, and attending regularly without interruption is crucial for success.

How Can I Help My Child Succeed in Swim Lessons?

The first day of class, students' skill levels will be tested to make sure they are in the appropriate classes. If it is determined after the session begins that your child needs to be placed into a different skill level for the session, please discuss with the on-site Swim Lesson Coordinator. If there is room in another class, we will make the transfer and the class roster will be updated. If we are unable to place your child into a different class for the session, you will need to go online and register for a future session or request a class refund or household credit.

Each child progresses differently. Many swimmers need to enroll in the same level class for a minimum of two to three sessions. If your child is enrolled in a current ongoing session, and you want to register for a future session, it is highly recommended that you speak to your child's instructor before registering. Your child's instructor will know best what level to recommend. Doing this will also

help prevent confusion or uncertainty down the road if it's determined your child is not in the appropriate class.

Don't wait if you have questions or concerns regarding your child's lessons. The solutions are easiest when issues are addressed immediately. Talk with your child's instructor or the Swim Lesson Coordinator:

Paul Garboczi
paul@elevationswim.com



Registration Helpful Hints

Be sure to verify at registration that your phone number and email address are accurate. Correct contact information is critical for proper notification due to cancellations, changes or waitlist enrollment opportunities.

If the desired class is full, add your child's name to the waitlist. There may be cancellations before the start of the session due to low enrollment or a new class may be created and offered for existing waitlists.

Class sizes are a minimum of three children and a maximum of six. Classes with only two children registered may be subject to cancellation and, with parent/guardian permission, child will be transferred to a different class time in the same session. Parent/guardian can also request a class refund or household credit.

What If...

My child is sick? Please be considerate of other participants. Do not bring your child to lessons if they do not feel well. There are no credits or make-up lessons for missed classes.

Inclement weather? If a class is cancelled due to inclement weather you be notified by the Elevation Athletics Swim Lesson Coordinator. Makeup lessons will be held on Fridays, if weather permits.

Other Options?

Private swim lessons are available for all ages. To learn more, visit superiorrec.com.



group swim lesson overview

WHICH GROUP SWIM LESSON CLASS IS RIGHT FOR YOUR CHILD?

This chart outlines the critical prerequisite skills that determine class placement. Follow the chart to identify the class that best suits your child's skill level.



IMPORTANT NOTES

- Level 1 and 2 (Parent-child) require adult participation in the pool. Children age 6 months–3 years need a parent in the water with them. Children age 3–5 years need a parent sitting on deck with them.
- Repetition of skills and levels is an important part of the learning process. Please estimate your child's ability level as accurately as possible to ensure they have the best experience.
- If on the first day of class it is determined that your child is best suited for a different class level, we will do our best to accommodate your child and make the transfer.

group swim lesson description

The Town of Superior's Group Swim Lesson program, in partnership with Elevation Athletics, has been designed using established teaching models and proven methods of progression. These lessons will teach your child all of the skills that they need to be safe, confident and capable swimmers. Each level in our program will focus on teaching a variety of new swimming skills while also emphasizing and building upon the skills that were learned in previous levels. A description of each level in our program can be found below.



Parent/Child LEVEL 1 (6 months–5 years)

SKILLS LEARNED IN LEVEL 1: Submersion, bubbles, floating with help.

CLASS SIZE: 4 swimmers

Parents of kids aged 6 months–3 years are in the water with their child, who will take turns working with the instructor and with their parent. Parents of kids aged 3–5 years sit at the pool edge with their child in between turns working with the instructor.

Parent/Child LEVEL 2 (6 months–5 years)

SKILLS LEARNED IN LEVEL 2: Independent floating on front and back, introduction to streamlines and kicks.

CLASS SIZE: 4 swimmers

Parents of kids aged 6 months–3 years are in the water with their child, who will take turns working with the instructor and with their parent. Parents of kids aged 3–5 years sit at the pool edge with their child in between turns working with the instructor.

LEVEL 1: Water Acclimation (5+ years)

SKILLS LEARNED IN LEVEL 1: Submersion, bubbles, floating with help.

CLASS SIZE: 4 swimmers

Level 1 is the first introduction to the water for swimmers who are not yet comfortable going under water and floating on their back. Level 1 instructors use games and gentle techniques to build your swimmer's confidence and get them comfortable in the water. Depending on your child's age, you may be in the water with them.

LEVEL 2: Beginner Water Safety (5+ years)

SKILLS LEARNED IN LEVEL 2: Independent floating on front and back, introduction to streamlines and kicks.

CLASS SIZE: 4 swimmers

Level 2 is for swimmers who are comfortable going underwater and floating with help. Level 2 instructors start teaching independent skills like floating, streamlines and kicking to teach basic water safety and set up the foundation for stroke development. Depending on your child's age, you may be in the water with them.

LEVEL 3: Advanced Water Safety, (3+ years)

SKILLS LEARNED IN LEVEL 3: Independent kicking and streamlines on front and back, jumps and rollovers, introduction to freestyle and backstroke.

CLASS SIZE: 4 swimmers

Level 3 is for swimmers who can float, glide and kick independently with horizontal body position. Level 3 instructors teach swimmers to kick 5 yards with horizontal body position on front and back, jump in water over their heads, rollover and float. Swimmers in Level 3 will be introduced to coordinating arms and legs for freestyle and backstroke. Level 3 swimmers need to be independent in the water with no parental involvement.



group swim lesson description

LEVEL 4: Beginner Stroke Development

(5+ years)

SKILLS LEARNED IN LEVEL 4: Freestyle with rollover breathing and backstroke for 10 yards, introduction to dives and treading water.

CLASS SIZE: 4 swimmers

Level 4 is for swimmers who can kick 5 yards on front and back with horizontal body position, rollover and float independently, and understand how to coordinate arms and legs for freestyle and backstroke. Level 4 instructors teach fundamentally sound freestyle and backstroke by building from the legs up in order to prepare swimmers for a lifetime of fun, fast and safe swimming. Level 4 swimmers need to be independent in the water with no parental involvement.

LEVEL 5: Advanced Stroke Development

(5+ years)

SKILLS LEARNED IN LEVEL 5: Freestyle with side-breathing and backstroke for 25 yards, diving and treading water, introduction to dolphin kick

CLASS SIZE: 6 swimmers

Level 5 is for swimmers who can swim 10 yards of freestyle with rollover breathing and backstroke, and are safe in water over their heads. In Level 5 swimmers learn correct technique for freestyle (with side-breathing) and backstroke, build their fitness to swim 25 yards, and learn how to perform racing dives and tread water. Level 5 swimmers need to be independent in the water without an in-water instructor.

LEVEL 6: Stroke Refinement (5+ years)

SKILLS LEARNED IN LEVEL 6: Breaststroke and butterfly for 25 yards, freestyle and backstroke for 50 yards, introduction to racing starts and turns.

CLASS SIZE: 6 swimmers

Level 6 is for swimmers who can swim 25 yards freestyle and backstroke with correct technique, and can dive and tread water. In Level 6 swimmers will learn the basic technique for breaststroke and butterfly, build up to swimming 50 yards freestyle and backstroke, and learn the basics of racing starts and turns for all four competitive strokes. Level 6 swimmers need to be independent in the water without an in-water instructor.

Youth/Adult Private and Semiprivate Swim Lessons

These 30-minute sessions are taught by experienced coaches and instructors. These lessons are available to all ages and ability levels and are great for those who want to continue improving in between sessions of group lessons. These lessons are one on one with an instructor who will work with the swimmer and parent to determine the ability level of the swimmer and what skills the swimmer wants to improve on. Participant Age Range(s): 3 years and older



Register for private and semiprivate swim lessons at superiorrec.com. Youth ages 3–17 and adults ages 18+.

PROGRAM	FEE
1 Private Lesson	\$45
2 Private Lessons	\$85
4 Private Lessons	\$160
1 Semiprivate Lesson (2 swimmers per lesson)	\$75
2 Semiprivate Lessons (2 swimmers per lesson)	\$140
4 Semiprivate Lessons (2 swimmers per lesson)	\$190

group
swim lesson
schedule



NORTH POOL M–Th • Resident Fee \$75 • Non-Resident Fee \$85

SESSION 1: 6/3–6/13

SESSION 2: 6/17–6/27

SESSION 3: 7/8–7/18

SESSION 4: 7/22–8/1

Level 1: Parent-Child	10:05 - 10:35 A.M.	—	—
Level 1 : 5 Years and Up	—	10:40 - 11:10 A.M.	—
Level 2: Parent-Child	—	10:40 - 11:10 A.M.	—
Level 2: 5 Years and Up	10:05 - 10:35 A.M.	—	11:15 - 11:45 A.M.
Level 3	10:05 - 10:35 A.M.	10:40 - 11:10 A.M.	—
Level 4	10:05 - 10:35 A.M.	—	11:15 - 11:45 A.M.
Level 5	—	10:40 - 11:10 A.M.	11:15 - 11:45 A.M.
Level 6	—	—	11:15 - 11:45 A.M.





*group
swim lesson
schedule*

SOUTH POOL M–Th • Resident Fee \$75 • Non-Resident Fee \$85

	SESSION 1: 6/3–6/13	SESSION 2: 6/17–6/27	SESSION 3: 7/8–7/18	SESSION 4: 7/22–8/1
Level 1: Parent-Child	—	—	—	9:55 - 10:25 A.M.
Level 1 : 5 Years and Up	—	—	9:20 - 9:50 A.M.	9:55 - 10:25 A.M.
Level 2: Parent-Child	—	—	9:20 - 9:50 A.M.	—
Level 2: 5 Years and Up	—	—	9:20 - 9:50 A.M.	9:55 - 10:25 A.M.
Level 3	8:45 - 9:15 A.M.	—	9:20 - 9:50 A.M.	9:55 - 10:25 A.M.
Level 4	8:45 - 9:15 A.M.	—	—	—
Level 5	8:45 - 9:15 A.M.	—	—	—
Level 6	8:45 - 9:15 A.M.	—	—	—

SOUTH POOL Saturdays • Resident Fee \$37.50 • Non-Resident Fee \$47.50

	SESSION 1: 6/8–6/29	SESSION 2: 7/13–8/3	
Level 1: Parent-Child	—	—	9:55 - 10:25 A.M.
Level 1 : 5 Years and Up	—	9:20 - 9:50 A.M.	9:55 - 10:25 A.M.
Level 2: Parent-Child	—	9:20 - 9:50 A.M.	—
Level 2: 5 Years and Up	—	9:20 - 9:50 A.M.	9:55 - 10:25 A.M.
Level 3	8:45 - 9:15 A.M.	9:20 - 9:50 A.M.	9:55 - 10:25 A.M.
Level 4	8:45 - 9:15 A.M.	—	—
Level 5	8:45 - 9:15 A.M.	—	—
Level 6	8:45 - 9:15 A.M.	—	—

For the most up-to-date information on aquatic programming, please visit superiorrec.com.



Pool Events

FLICK & FLOAT

All Ages | North Pool

We're going to the movies...in the pool. Join us at the Superior North Pool for a FREE family movie night. You bring the floaties, snacks and swim gear, and we'll bring the big screen. Registration required at superiorrec.com.



UNDER THE BOARDWALK

All Ages | North Pool

Under The Boardwalk at the Jersey Shore, a land crab townie falls in love with a sea crab tourist, but tensions between their families rise. When a storm casts the duo far from home, their love will lead them on an adventure.

6/21 Friday 8-11 p.m. FREE

TROLLS BAND TOGETHER

All Ages | North Pool

Trolls Band Together - When Branch's bro Floyd is kidnapped for his musical talents by a pair of nefarious pop- star villains - Velvet and Veneer - Branch and Poppy embark on a harrowing and emotional journey to reunite the other brothers and rescue Floyd from a fate even worse than pop-culture obscurity.

7/26 Friday 8-11 p.m. FREE

NEW! FAMILY SWIM NIGHTS AT SOUTH POOL.

Every other Thursday, starting June 13th. With Themes and Food Trucks!

DOG DAZE AT SUPERIOR SOUTH POOL

It's a day for your dogs. Bring your furry friends up to South Pool for a day of excitement just for dogs. Dogs can jump and play in the summer heat, while cooling off in the pool. Dogs only allowed in the pool today, no humans please.

Date: Thursday, September 5, 2024

Location: South Pool, 3300 Huron Peak Ave.

Time: 3:00 p.m. – 7:00 p.m.

➔ Click on program names or sections to register!





WANTED!

UPBEAT AND ENTHUSIASTIC TEAM MEMBERS
TO FILL OUTDOOR SUMMER POOL POSITIONS!



GUARD

OPPORTUNITIES FOR

**Pool Manager
Assistant Pool Manager
Lifeguard
Front Desk Attendant**

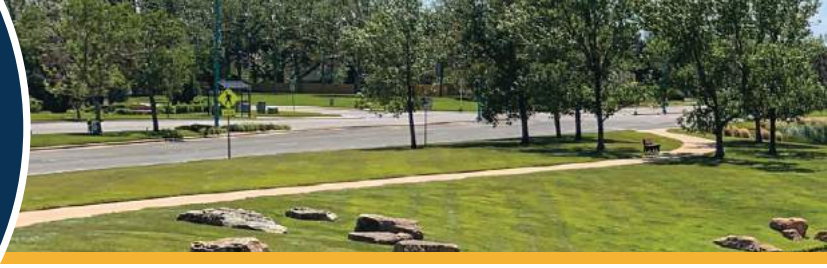
THE PERKS

**Flexible Hours
Competitive Pay
Fun Outdoor
Work Environment
Staff Uniform Provided
Staff Bonus Program**

APPLY ONLINE AT [SuperiorColorado.gov/careers](https://www.SuperiorColorado.gov/careers)



athletic
fields, parks
& pavilions



	Available for Reservation	Walking Trail Access	Parking	Barbeque Grill	Picnic Tables	Electricity	Drinking Fountain	Restrooms	Pavilions	Playground Equipment	Disc Golf Park
CABIN PARK • 2837 Flint Ct.		✓			✓					✓	
CASTLE PARK • 3924 S. Torreys Peak		✓			✓					✓	
CIRCLE PARK • Rock Creek Pkwy.		✓			✓						
COMMUNITY PARK • 1350 Coalton Road	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
FIRE STATION PARK • 3181 Torreys Peak Drive		✓			✓					✓	
GRASSO PARK • 124 E. William St.		✓			✓						
ASTI PARK* • 110 Maple St.	✓	✓		✓	✓			✓			
NORTH POOL PARK • 1650 S. Indiana St.		✓			✓			✓		✓	
PIRATE PARK • 1412 Hyacinth Way		✓			✓					✓	
PURPLE PARK • 1310 S. Pitkin Ave.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
RIVERBEND • 1055 E. Riverbend St.		✓			✓						
SOUTH POOL PARK • 3300 Huron Peak Ave.	✓	✓	✓		✓				✓	✓	
FOUNDERS PARK • 601 W. Coal Creek Drive					✓			✓		✓	
AUTREY PARK • Rock Creek Pkwy. & Honey Creek Lane	✓	✓	✓		✓		✓	✓			✓
WILDFLOWER PARK • 3151 S. Indiana St.	✓	✓		✓	✓	✓	✓	✓	✓	✓	
SUPERIOR COMMONS • 2130 Creek View Drive	✓	✓	✓			✓	✓	✓		✓	

* Temporarily closed. Please visit superiorrec.com for updates.



Dog Park	Bike Park	Skate Park	Basketball Court	Sand Volleyball	Tennis Court	Playing Fields	Ball Field	Turf Field	Pickleball Courts
			✓			✓	✓	✓	
					✓				
				✓					
		✓							
			✓			✓	✓		
✓	✓	✓							✓
			✓	✓		✓			
						✓			

Athletic Field Reservations

The Town of Superior has many athletic fields suitable for seasonal, occasional and tournament play. All Town of Superior athletic fields are open to the public for use on a first-come, first-served basis. To obtain exclusive use of a field, complete and submit a [Sports Complex Permit Application](#) to tospros@superiorcolorado.gov. Applications can be found online at superiorrec.com. Field reservations must be paid for prior to use.

- Williams Turf and the West multi-purpose field are available to rent year-round.
- Baseball fields are available to rent from April-November and are closed for field preservation from December-March.
- Superior Commons Athletic Field is available to rent from April-October. The field is closed November-March for field preservation.

Park/Pavilion Reservations

Come and enjoy the outdoors at one of Superior's beautiful parks.

- Park/Pavilion reservations are available to reserve online from May-October reservation dates. Park facilities may be used on a first come, first served basis from November-April.

Park/pavilion reservations may be made online beginning April 1 each year at superiorrec.com.



How Do I
Register?



How do I register for Town of Superior programs?



Register Online

Visit superiorrec.com and click the "Program Registration" button, log in and sign up for the program(s) of your choice!

For questions or assistance with program registration, please call (303) 554-9005 or email tospros@superiorcolorado.gov.



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Superior, CO 80027

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