

Downtown Youth Wellness Center

725 East Santa Clara Street, Suite 105, San Jose, CA 95112 • 408-961-4645

February/ Febrero 2024

Sunday CLOSED	Monday OPEN: 10am – 7pm	Tuesday OPEN: 10am – 7pm	Wednesday OPEN: 10am – 7pm	Thursday OPEN: 10am – 7pm	Friday OPEN: 10am – 7pm	Saturday CLOSED
				1 Art & Vibe Poetry 4pm-5pm	2 Movie Night Animated Love 4pm-5:30pm	3
4	5 Musical Monday 4pm-5pm	6 Movie Night Rom Com 4:30pm-6pm	7 Drop in Resource Hour 4pm-5pm	8 Art & Vibe Appreciation Card Making 4PM-5PM	9 Cooking Class: Stir Fry Noodles 4pm-5:30pm	10
11	12 Self Care Monday Spa Day & Yoga 4pm-5:30pm	13 Healthy Relationships Workshop 4pm-5pm	14 Self Love Day Celebration! 4pm-6pm	15 Art & Vibe Wax Bead 4PM-5PM	16 Board Game Night 4pm-5:30pm	17
18	19 Musical Monday 4pm-5pm	20 Black History Month Movie Night/Discussion: Hidden Figures 4pm-6pm	21 Drop in Resource Hour 4pm-5pm	22 Art & Vibe Painting 4PM-5PM	23 Cooking Class: Spaghetti with meat & red sauce 4PM-5:30PM	24
25	26 Self Care Monday Spa Day & Yoga 4pm-5:30pm	27 Open When... Letter Making 4pm-5pm	28 Special Coffee Shop Talk- Understanding Anxiety 4pm-5pm	29 Art & Vibe Affirmation Bracelets 4pm-5pm		